

Bare Facts

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Official Publication of the Lake Edun Foundation, Inc.

July 1, 2014

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38° 58' 7" North; 95° 47' 56" West

Open House July 12

We continue to be impressed by the interest and passion of those who are taking advantage of our Open Houses. Almost without exception, they ask good questions and have high expectations for any Naturist venue to meet. We are particularly encouraged by all the couples considering membership.

Our next Open House is scheduled for Saturday, July 12 from Noon to 3 PM. We know many are curious about naturism. This curiosity often tempered by apprehension. That is why we ask everyone to remain clothed during our Open House: to make the first visit easier. At 3, it becomes clothing-optional; After 5, we expect visitors to respect our dress code.

Suggest Lake Edun to your friends, family and co-workers. Its safe for them and just maybe, they'll discover they enjoy it. Offer. You may be surprised by the response.

Be A Better Photographer

We are fortunate to be able to offer our very popular Photography seminar again on July 6. In past years, this has been well attended and always gets great reviews on our annual survey.

If photography is among your interests, take this opportunity to learn more and improve your techniques.

Women's Issues

Last year, Francine came to our special place from Nebraska to address issues uniquely common to women. Her presentation was highly successful and well received by all.

Francine will be on hand again this year on July 12. Be sure to tell your shy female friends about this exceptional opportunity.

Explore The Benefits Yoga Offers

Sketchy Kansas weather forced postponement of our first-ever demonstration of Yoga for our supporters.

For many years, respondents to our annual survey have asked about yoga. There is clearly an interest in learning more about this discipline and how it can impact Naturists. This year, for the first time, we will host an introduction to yoga.

On July 12, Bradley will be on hand to explain what yoga is and some of its benefits. We will also learn some of the yoga positions practitioners find most relaxing.

If yoga is something you have been curious about, you won't want to miss this presentation. After learning more about yoga and some of the moves, each participant can decide if they wish to pursue yoga further.

Items We Need

Please see our website at lakeedun.com for more details.

- ! Non-motorized boats
- ! Large water storage tank
- ! Lawn or lounge chairs
- ! Plastic barrels
- ! Concrete pavers
- ! Aluminum cans, etc

What Kind Of Tree Is That

Many take for granted that our special place is a veritable botanical garden of assorted trees and plants. How often have we wondered about the trees we see so often? How often have we wondered what Poison Ivy really looks like?

Regular visitors will notice that we have started a process of identifying many of our trees. This is merely the beginning of an extensive project. We hope Eduners find it instructive.

On July 26, an arborist will be on hand to guide us through our wonderland of nature. He can identify the many plants we see regularly and explain their purpose in the environment.

If you are only moderately interested in all Nature has to offer, you won't want to miss this excursion.

Random Thoughts And Reflections

Thank you, Ted ... a long-time supporter, who spent several hours pulling grass and weeds from both beaches. It has really made them look great. Eduners are a wonderful bunch!

Thank you, Dave. In response to our appeal for a new bench grinder last month, Dave came to the rescue. It has already been pressed into service. We hope all Eduners thank others who do so much to make our special place truly special.

At least one Eduner has expressed an interest in employing tradesmen who share our values. If you are a painter, plumber, electrician, etc. interested in working for other Eduners, let us know. We will attempt to maintain a registry.

There are still some Mulberries available. If you have not yet tried this delicious fruit, don't delay.

Our trained, professional massage therapist has received outstanding reviews. If this is a service you find beneficial, be sure to treat yourself during his final visit this season on July 12. Don't be reluctant to enjoy this relaxation.

We are fortunate to have a near armada of various non-motorized boats available for our supporters to use when they visit. If you have a canoe, paddle-boat, small sail boat, etc. you would be willing to donate, talk with us. We would appreciate having additional water craft available. Best of all, it is tax deductible.

DON'T FORGET

- July 4-6; Clothing Independence Weekend
- July 6; Sun; 3-5; Photography Seminar
- July 12; Sat; 10-5; Massage
- July 12; Sat; 12-3; Open House
- July 12; Sat; 2:30-3:30; Women's Forum Seminar
- July 12; Sat; 6-8; Explore Naturist Yoga
- July 13; Sun; 2-4; Board of Directors
- July 19-20; Camping with the Astronomer
- July 26; Sat; 10-?; Walk with the Arborist
- Aug 9; Sat; 12-3; Open House
- Aug 16; Sat; 6-8; Wine & Cheese

The Buff Astronomer – July, 2014

Independence month brings long summer days and relatively short summer nights. The big increase in humidity last month has given us a full lake and few clear nights to observe the heavens. However, each viewable night has blessed us with views of three fascinating planets, Jupiter, Mars and Saturn. Mars and Saturn are still in view, but at the end of June we lost Jupiter as it moves too close to daytime to be seen. But the good news is that Jupiter will be back in August as it emerges from the other side.

Saturn remains in the Constellation Libra this month and still gives us a great view of her rings, still tipped at a good angle. On July 21, Saturn actually spends a few minutes stationary near the star Zubenelgenubi. (That's easy enough for me to say) You won't be able to detect the lack of movement, but it is a good chance to see something special.

Mars is still in the constellation Virgo, and is easy to find if you follow the arc of the handle of the Big Dipper to get to Arcturus in Bootes and then continue the arc to Spica in Virgo. Mars will be near-by. We are passing Mars as our inner track around the sun takes us on a sprint where we will circle and pass Mars again in a little over 700 days. "Earth Laps Mars" will be the Solar System headline.

An average meteor shower, that can produce up to 20 meteors an hour at its peak, begins on July 12 and continues until August 23. This should be a great time of year to see meteors, as the moon is waning at this time and the peak show is July 28 - 29 when the moon is a sliver in size. Meteors will radiate from the constellation Aquarius, but can appear anywhere in the sky.

Not that we don't want more rainfall, but we are doing a reverse rain dance for our Camping with the Astronomer on the night of July 19 (Saturday). At least one telescope, several binoculars, and sky charts on the iPad should give us a good chance to see what is up in the night sky in Mid-July. Will be seeing you there, near the South Beach for a great evening show.

From The Mail Bag

Dear Lake Edun,

My wife and I had a great time at the Open House. I would like to send you an additional \$75 and upgrade to a couples membership. Let me know if that is OK and I'll get that check in the mail.
– Thanks, Brad

Congratulations, Brad. We are glad your wife decided to join you at our special place.

Dear Lake Edun,

Will you be having any of the forums for women to be introduced to nudism? She does not like her body, though I believe she is beautiful. Do you have any suggestions?

– Tim

At your suggestion, Tim, we contacted Francine and succeeded in getting her to make her presentation to women once again this year. Please try to get your friend to be on hand for the Open House/Women's Issues seminar July 12.

Casting Call, Or Your 15 Minutes Of Fame

We received an appeal from Lande Yoosuf with Crybaby Media in New York City. It seems they are working on a new and unique travel show for a major cable network that involves exploring all types of Nourist places including cruises, resorts, etc. They need a fun couple to host this travel show together.

The host couple should be married or dating for years. They should love each other but are not afraid to be outspoken and unfiltered. Knowledge of the naturist lifestyle, she says, is a plus but not mandatory. Of course, the chosen couple will be hosting the show naked while they travel around.

If this sounds like you or anyone you know, please e-mail [Lande](#) as soon as possible. If you are selected as the host couple, please let us know and be sure they visit our special place.

FaceBook Backs Down

Rejoice! Facebook has finally lifted its nonsensical ban on exposed nipples in breastfeeding pictures. The restriction was quietly lifted without a formal announcement, after a not-so-quiet campaign called #FreeTheNipple garnered international attention.

Many people have been engaged in trying to get this policy changed by Facebook. The focus of the initiative was to persuade the social media giant to recognize it has a double standard toward women. On the one hand, it allows hostile content including violence, as well as content that sexually objectifies women. On the other hand, it prohibits pictures which feature the female nipple performing its natural function: Breastfeeding. The campaign against gender-based discrimination and the "obscenity double standard" worked. After 60,000 tweets and 15 advertisers left the social media site the policy is changing.

The author notes both men and women need to change our attitudes about the female body. She asserts that sexual objectification of the female body is pervasive in American culture. Research has shown that while the male body is perceived as a whole, the female body is reduced to its parts.

We are all encouraged to have this skewed view since every other magazine cover and billboard blatantly uses sexualized female body parts to sell products.

The crucial question is how does showing even more exposed body parts on Facebook help women? The writer suggests first that pictures of nursing mothers aren't about selling anything. Second, seeing a female breast being used to feed a baby is a powerful reminder that they have a function that can sustain another human life and aren't there only for you to ogle. Third, it is ironic users can post near-pornographic shots of themselves in provocative clothing and positions, but not a completely non-sexual photo of a mother and baby bonding. It is just painful. As has been said before, "Controlling female nudity is about controlling women."

Interested readers can find the complete story [here](#).

Mirror, Mirror On The Wall

Hearing of a college student willing to out herself as a naturist *and* credit naturism with playing a healing role in her life in her college newspaper is noteworthy. However, this is what happened and she makes a very credible argument.

Naturists have long claimed a number of health and psychological benefits derived from our lifestyle. There are a few medical and psychological studies that support these claims. We know of no studies showing any form of harm. Despite these pieces of evidence which should suggest more study is necessary, the overall societal prejudice toward nudity hampers good, scientific research and either minimizes or negates self reports of benefits from social nudity.

Despite this handicap, personal testimony is still valuable when talking to people you know about naturism. For the uninitiated, the thought of being nude around other people arouses a visceral fear of vulnerability to scorn. Learning from others that this is unfounded allows a person to manage their fear and consider our claims. [Ed.]

When you look in the mirror, do you see a positive or negative image of yourself?

Writing in her college newspaper a female student presents her perspective on the tyranny caused by our continual comparing of our bodies to others. She says this takes the form of desiring perfection instead of being comfortable with what we are. It is this continuous negative judgment of our own bodies that prevents us from living happier lives, and also can lead to more destructive medical conditions such as depression, anxiety, and eating disorders.

Referring to her youth, she says she used to have really low self-esteem because she was not satisfied with her physical appearance. She describes herself as being a scrawny little girl, and then she suddenly grew larger after reaching puberty.

Her weight then became a problem. She was teased for being shorter than other girls. This pressure pushed her to exercise excessively to the point where she once blacked out while running on a treadmill. She says she became obsessed with getting rid of her “flaws” so she could feel socially accepted, rather than appreciating and enriching her natural beauty.

With this background the author turns to her introduction to nudism or naturism which started when she first started going to Wreck Beach, a clothing-optional beach. At first, the thought of going nude in public was terrifying, especially for someone not comfortable with their own body.

Wreck Beach opened her eyes to how body image should be viewed. With a community comfortable enough to happily run or lay around naked on a public beach, anyone who is afraid to leave his or her comfort zone is welcome. She says stripping down to just her skin challenged her negative perceptions of her body, allowed her to embrace her “flaws,” and stop focusing on them as though they defined her.

The author reminds her readers there is no perfect body, certainly not over the life span. We have to resist society’s idea of an ideal body. Humans are born with widely varying body features and differences that change as we age and all are in the “normal” range for human growth and development.

Whatever these differences, shaming others for not having a narrowly defined ideal body is not acceptable.

Accepting our bodies is not always easy. They change, they grow, they shrink and they become exhausted, but we need to learn not to feel inferior, no matter our appearance. Our self concept and feeling of worth should not be based on comparing ourselves to others. At the same time we can become more fit, healthy, and appreciate our wonderful bodies.

The writer encourages everyone to develop a healthy lifestyle; to celebrate our body and never forget to be comfortable in our own skin.

Readers can learn here complete story [here](#).

Deep In The Heart Of Texas

We are used to women in New York striking out boldly in support of women’s top freedom. However, interesting things are going on in South Texas. Perhaps it isn’t so surprising when you consider that Texas is right up there with Florida in having a large number of nudist/naturist landed clubs.

Regardless of this, making a public stand for top freedom is no small act of courage in the face of traditional views about women’s breasts. However, it appears that state law allows women to be top free where men are allowed to do so. Despite this, very few women dare take advantage of the law.

The event organizer makes some important observations that are consistent with naturist values. She seeks to normalize the sight of bare breasts as not being solely sexual nor that the naked body is innately sexual. Second, she wants people to stop blaming women for misconduct by men toward women. With this, we can agree. [Ed.]

A Rio Grande Valley woman organized a picnic last Saturday in a local park where she invited men and women to remove their shirts in a collective expression of equality and freedom.

They are set to do it again this Saturday, with the intention to “spark a dialogue” about equal rights, rape culture and the public’s role to change attitudes and social norms.

The organizer of the activity says it’s about being able to be topless in places where men are allowed to be topless. In addition, it’s also tied into equality and taking control of our body. She and her compatriots would like to help make seeing bare breasts at a park, yard or beach as normal as seeing a bare-chested man.

The former model says she doesn’t believe that the naked body is innately sexual. Further, she says she doesn’t believe that women should bear the responsibility of making other people think sexual thoughts. The onus rightly needs to be placed squarely on the person who can’t look at breasts without thinking about sex, not the woman for being topless or looking the way she does.

The woman organizing the event notes there is nothing legally preventing their actions. According to state law, men and women are allowed to be topless in public. What is prohibited in public is indecent exposure and disorderly conduct, but neither list includes exposed body parts above the waist.

Follow this incredible story for yourself [here](#). [here](#).

The Vandals Live!

Ever since an East Germanic tribe gained a much deserved reputation for wanton destruction after their romp across Europe and North Africa which culminated in the sack of Rome in 455, such thuggish behavior has been called Vandalism. It seems some people gain a perverse sense of pleasure out of destroying natural or human works of beauty.

Such is the case in an East Memphis neighborhood. Neighbors have complained about some yard art for the last 18 months. The objects in question are a number of statues in a front yard that many deem inappropriate and they want them moved.

Someone took matters into their own hands and splashed red paint on one of the statues. The statue stands in a front yard next to a topless one which, now, is also missing an arm.

One neighbor commented, "If someone has a grudge on him or they are picking on him, I think they should leave him alone."

Another neighbor evaluated the statues as being, "...kind of risqué." Furthermore, the naked sculptures are close to an elementary school and a bus stop. The exposure of women's breasts and the presence of little children in the neighborhood were thought to be too much in the opinion of a neighbor.

Having said this, the same neighbor added, "by now, the neighborhood's gotten used to the naked statues." As a result, he doubts that the damage was done by a neighbor. He suspects that bored kids are at fault.

The property owner says he will make repairs and keep the art in his yard.

Interestingly, another neighbor who says he doesn't like the statues, stands by the property owner, but thinks that other people should leave them alone. He adds, "Vandalism is against the law, putting stuff in your yard's not."

It's too bad about the vandalism, but the attitude of the neighbors is refreshing. It's fine for them to disapprove of their neighbors taste in art. However, they reject destroying private property or seeking to destroy the property owner in public opinion. It would be advancement in civil society to return to this time honored American value.

Naturists and others of course strongly reject any suggestion that the sight of breasts has any damaging effect on children. Witness the fact that in most major American cities, examples of nude public art abound, especially if they date prior to WWII. Even after the mid 1940's public buildings and civic art installations featuring nude figures were not uncommon.

Should anyone take the time to visit the Lincoln memorial, frescos featuring numerous nude figures and bare breasts can be readily seen. Our ancestors didn't freak out at the sight of bare breasts in a time of far greater modesty in dress than is accepted as the norm today.

Something else that caught my attention is this story is the statement made by a neighbor that since the statues have been there so long, "...the neighborhood's gotten used to the naked statues." They have become used to the nudity, imagine that? The truth is staring the neighbors in the face so blatantly that they don't recognize it. The repetition of seeing the bare

breasts day after day had a normalizing effect on the viewers. The "shock" wore off and they ignored the sight.

That's what it means to normalize seeing the human body. Before too long, people become desensitized to something and the old paradigm of accepted truth about what is moral fades away and a new normal emerges. Naturists and others have been saying this for over a century.

It is true that all change isn't for the better and people rightfully need to use caution and good judgment when adopting a change of values. However, naturism has been a lengthy cross cultural laboratory in which to test the proposition that body acceptance is a positive benefit to humanity.

Someday we may no longer be reading of complaints about mere "naked" statues.

The entire article is available [here](#).

Naked Liberation

The ambivalence so many of us have toward our bodies is a scandal of international proportions. The self inflicted wounds that come from consuming fashion trends as though they possess real substance is an insult to our intelligence and being. Yet the unholy fruit of our obsession to fall in line with the opinion makers who blatantly manipulate our emotions is a well spring of despair and alienation from our bodies and other people.

The truth is the deceitful fashion makers care nothing for the impact on the masses beyond extracting every last penny to purchase their products. In this market, buyer beware! The psychological power wielded infects the minds and emotions of the unsuspecting in a thousand carefully crafted images and messages. It is a seduction of the spirit with no pity or mercy. It empties the soul and leads some to death.

The trend makers seek to create unease, dissatisfaction with every aspect of our lives. Their cure is their product. So successful are they that they have millions of unpaid advocates repeating their pitch to their friends. We all want to fit in, so we all too easily succumb to the lie. Our insecurities are used against us and in the end we surrender ourselves to their wishes.

For some of the more vulnerable, the need to fit in is carried to the extreme with tragic results. [Ed]

Nothing is more empowering than being healthy, strong, and naked.

When was the last time you looked at your body in all its naked glory? I mean really looked at it without all those judgmental criticisms? Just understanding, and accepting your body in all its perfectly imperfect brilliance?

I had the opportunity to model for an art nude yoga photo shoot last year. It was the most empowering and liberating experience of my life. Previously I have always been too afraid to share the magic of nakedness with anyone.

You see, I've had a long struggle coming to terms with my body. At 15 I was diagnosed with anorexia nervosa which progressed to a near-death experience at age 19 with me weighing just over 55 pounds. Five years later and adding almost 55 pounds, I have transformed those struggles into

strengths.

Physically, I am strong. Mentally, I can now help others with the same struggles, regain their health. Emotionally, I'm at peace with my body and with myself.

Healing, transformation, and growth have come through years of self-awareness, self-discipline, self-acceptance, and self-love to become strong, healthy, and courageous enough to bare all and let myself be deeply seen. This journey has given me the awareness that being naked and vulnerable means you are alive.

It is my belief that daily naked time should be at the top of your to-do list. Why?

1. Your body tells your unique story
2. To embrace your completeness
3. To experience vulnerability
4. To show the world that you are uniquely beautiful
5. To face your fears and liberate yourself

Make your own to-do list and learn more [here](#).

What Is Beauty?

We humans are fascinated by other humans. Other humans are just like us, but also different at the same time. It is only with another human that we can enter into an "I-Thou" relationship. It is this interplay that provides endless fascination.

This is the formulation made a part of the lexicon by philosopher Martin Buber, (see Wikipedia). His main proposition is that we may address existence in two ways:

- ! The attitude of the "I" towards an "It," towards an object that is separate in itself, which we either use or experience.
- ! The attitude of the "I" towards "Thou," in a relationship in which the other is not separated by discrete bounds.

The "It" of *I-It* refers to the world of experience and sensation. By contrast, the word pairs *I-Thou* describes the world of relations. This is the "I" that does not objectify any "It" but rather acknowledges a living relationship. *I-Thou* relationships are sustained in the spirit and mind of an "I" for however long the feeling or idea of relationship is the dominant mode of perception.

Experience is all physical, but these relationships involve a great deal of spirituality. The twofold nature of the world means that our being in the world has two aspects: the aspect of experience, which is perceived as I-It, and the aspect of relation, which is perceived as I-Thou.

Naturists, whether we think about it in these terms or not, when actively living our gymnosophy, are implicitly living Buber's I-Thou understanding of other persons we meet. It is this attribute of naturism that elevates our self understanding and relationship with others above objectification and exploitation.

The removal of our clothing with each other explicitly states we accept and accord other persons the dignity of being persons. In a naturist context our mutual nakedness signifies much more than the shedding of clothes in defiance of the norms of society.

Indeed, our nudity in a social context signifies our aspiration to live out our belief in the inherent goodness of the body; the inherent worth of other persons; and the presentation of the self without judgment as we are physically and emotionally.

Naturism invokes social nudity with the above presuppositions not for the sake of nudity in itself, but as a concrete expression of our core values. The compulsive wearing of clothing is an expression of our mistrust of other people and discomfort both with our own body and the body of others. Compulsive wearing of clothes is meant as a device to protect us from others who we fear will harm us in some manner. While unintended, compulsive clothing promotes anxiety, fear, and self loathing.

In short, this is a societal demand that produces alienation from our self and consequently from others.

Certainly, members of the dominate society are unaware of the implications of their rigid belief system, or they choose to deny the existence of the fruit of their belief system. Whatever the reason, once our eyes have been opened to the dehumanizing and traumatizing outcomes the compulsive clothing ideology produces, we see the world through new eyes.

Certainly it can't be said that all participants in social nudity uniformly live out our values. Like all people, each naturist is in a process of growth toward fully living naturist values. Still, it is a good road to be on in our journey through life.

The excerpt below from a larger essay is an example of a person who has changed their approach to nude modeling in light of a searching personal inventory of what her values are. The occasion for what she has to say is the result of being asked, what is beauty? I thought her take on what constitutes beauty was thoughtful and a different way of talking about beauty that I haven't seen elsewhere. It certainly adds a dimension of understanding that rang true to me and adds a fitting coda to this essay.

Carefully read the following words and see if you agree that the aspirations of naturist gymnosophy in an I-Thou relationship epitomizes beauty. [Ed.]

What is beauty? The answer to that question is based upon each individual and their definition of beauty. Beauty for me does not focus solely on one's physical attributes. Beauty is the way we choose to interact with people. Beauty is remaining kind, open and understanding of someone else's view point or outlook on life. Beauty is anything capable of putting a smile on your face or making you feel good for a moment or even a lifetime. Beauty is the reflection of my soul projected onto the individuals I choose to surround myself with. Soul Beautiful. It's the aura you're automatically drawn to.

She has since dedicated herself to making images that are a celebration of nudity and the human form. In place of exploitation, she now collaborates in making art that inspires speculation and wonder. In many ways it was her experience of the darker side of modeling that led her to discover a new life full of creative self expression that she is truly proud of.

For the full story, go [here](#).

Naked Fashion Show

Nudity is used by people for a variety of reasons to promote their agenda. An organization in Montreal, Canada is a case in point. They are trying to obtain donations to support teaching sex education classes in the high schools since the government has dropped this from the curriculum.

I may be wrong, but I'm wondering how many high school students will be in attendance to see the nude models? The news release says they are using real people to give more realistic examples of the beauty of the human body. This is to counter the glamorized imagery seen in the media that they correctly say contributes to a negative self-image and low confidence.

Well and good, but again, will the school kids be in the audience? Or as is more likely the adult donors will be the only ones in attendance? Is the nudity just a gimmick to draw a rich crowd of sophisticated swells? The poster for the event shows a nude frontal picture of a young woman that looks young enough to still be an adolescent and she is gorgeous. That seems to me to be identical to the mass media portrayal of nudity which they say is a damaging distortion of reality.

It can be agreed a healthy self-image is valuable asset to everyone. However, having a healthy self-image is more than physical appearance. Core values and character are crucial to

feeling good about yourself. Perhaps encouraging high school kids to visit Bare Oaks Naturist resort would go a long way toward both good sex education and improved self-image. Probably would cost less also. Just a thought. [Ed.]

A healthy self-image is the foundation for a healthy personal development, and a great place to start when teaching Sexual Health to teens.

On June 26, 2014, the Sexual Health Network of Quebec (SHNQ) will hosted Stripped, a Naked Fashion Show and fundraiser to raise funds to provide sexual health programs at no cost to the schools after the government discontinued funding such programs.

At Stripped, SHNQ intends to show the true beauty of real men and women who have bravely volunteered to appear nude as an effort to help raise funds for Sexual Education.

Too often, people, especially at a young age, strive to compare themselves to the unrealistic portrayals of beauty and relationships propagated by mass media, which are often unattainable and only perpetuate a negative self-image and low confidence.

An interesting concept. Decide for yourself after you read the entire story [here](#).

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**Membership Application
Change of Address Form**
Please Print

Name: First _____ MI _____ Last _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ DOB _____ E-mail Address _____

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:

	Single	Couple	Amount
Lake Edun Foundation Membership	275.00	350.00	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
Associate Member (Over 125 miles away)	175.00	250.00	_____
NUTs Membership (Must be under 30)	75.00		_____
Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
<i>Lake Edun Exposed</i> – DVD or video		45.00	_____
Naturist Society Membership		60.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
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