

Bare Facts

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Official Publication of the Lake Edun Foundation, Inc.

May 1, 2011

Box 1982; Topeka, KS 66601 • Voice Mail: 785-478-BARN • e-mail: benude@lakeedun.com • Website: www.lakeedun.com
38° 58' 7" North; 95° 47' 56" West

First Monthly Birthday Bash

This year, we will host a Birthday Bash from May thru September for anyone celebrating their birthday during the month. LEF will provide a celebratory cake. We hope all other Eduners will bring appropriate pot luck fare.

Our first monthly Birthday Bash will be May 21. If the weather cooperates a gaggle of our friends and supporters on hand will get this tradition off to a good start. Be there to share the celebration with our honored friends for the month.

Open House Season Begins

Every year, we try to make it easy for those wishing to learn more about the benefits of Naturism to visit our special place

Our first open house of the season is scheduled for Saturday, May 14 from Noon until 3. We all know people who are curious about naturism. They may be co-workers, friends or family. They are awaiting an invitation so they can learn more. Offer. You may be surprised by the response.

During an open house, we ask everyone to remain clothed. This allows interested visitors an opportunity to explore our beautiful facility, ask questions of others who are on hand, and decide if it is right for them.

At 3, it becomes clothing-optional. After 5, we expect everyone to embrace our dress code. Don't be shy; ask a friend.

Plan To Compete With Your Home Brew

The last weekend in July, we will have a competition for the best naked home brew. Contestants can submit beer, wine or root beer. The winner will be chosen by those Eduners still able to navigate after they have sampled all.

In preparation for this, on June 4, we will have a talk and demonstration on various ways to make and care for home brew. We want all entrants to bring their best sample.

If you already brew your own plan to enter this contest. If it is something you have contemplated, take advantage of the talk on June 4 and be ready on July 30.

Random Thoughts And Reflections

If you do not receive our periodic emails, you may wish to consider asking us to add your email address to our list. We only send one email every week or two so, we promise, we will not abuse your inbox. It's an easy way to keep up with last minute changes and receive reminders about events. Send your email address to benude@lakeedun.com.

Thank you Jerome for the projector and the work gloves.

Sauna season is fast approaching the end. May 17 will be the final scheduled sauna. If you have enjoyed the sauna experience lately, there are still two chances remaining.

Once again, time has come to change our lock. Members will find the new combination enclosed.

Work Day Progress Report

Our season has started with a number of very productive work days. We thank all who have assisted. Listing all we have accomplished will, no doubt, leave out some significant tasks ... but, we'll try:

We have made major progress extending the North Road across creek #3 to the west side of the property. This is an on-going, multi-year project but it is wonderful to see real progress this year.

We have completed cutting all the trees off the dam. This is necessary to insure the long-term integrity of the dam.

We have transplanted some small cedars close to the road where they will serve as sight barriers.

We have re-seeded many of the trails and some of the camping areas where grass had become thin.

We have worked to clean up the barn and cleaned the fridge. Unfortunately, a soft drink can had frozen and exploded over the winter. It was not a pretty sight!

We have moved gravel to some of the frequently damp areas on North Trail to make walking during wetter months easier.

We have repaired most of the water diversions to help prevent erosion.

As you can see, we have accomplished much to make our special place even better this year. We still have plenty to do so, if you are able, plan to participate in a future workdays.

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

May 7; Sat; World Naked Gardening Day
May 8; Sun; 10-12; Board of Directors
May 8; Sun; 12-4; Work Day
May 8; Sun; 5-7; Sauna
May 14; Sat; 12-3; Open House
May 17; Tues; 8-10; Sauna & Full Moon
May 20; Fri; 8-10; HN Swim
May 21; Sat; May Birthday Bash & Pot Luck
May 27-30; Memorial Day Weekend
June 4; Sat; 2-3; Home Brew Demonstration
June 4; Sat; Dusk; Evening program
June 15; Mulberry season begins
June 11; Sat; World Naked Bike Ride
June 11; Sat; 12-3; Open House
June 11; Sat; Dusk; Evening program
June 12; Sun; Family Day
June 12; Sun; 1-3; Board of Directors
June 17; Fri; 8:30-10:30; HN Swim
June 18-19; Former Member Reunion
June 18; Sat; June Birthday Bash & Pot Luck
June 18; Sat; 8pm; Commitment ceremony
June 18; Sat; Dusk; Evening program
June 25; Sat; Tie Dye

Apathy? . . . Who Cares?

[Reprinted from *The Naturist Society*]

The single biggest threat to naturism today happens to be apathy. It's all too easy to sit back and leave everything to the "wave makers." They'll do it. Whatever it is, they'll do it right? Sure, until they're either burned out or gone. Then who does it?

Some of oldest Network organizations are falling prey to this mindset right now. And now, in naturism as well as in my home state it's frightening to think of what may be the status quo in just a short year from now.

Naturism has been consumed by apathy at every turn. Our grassroots movement has stalled, hopefully temporarily, and our movers and shakers are tired, and understandably so. Never have so few done so much for so many! But it's not too late to turn this around – it is, after all, the year of making waves, and that has your name written all over it!

Think about it. All it takes is each naturist to make a single drop to generate a tsunami of naturist growth. That being said, where will you start? Are you the next TNS wave maker? No action that benefits naturism is too small!

To Show Or Not To Show?

That's the question produces of material for American Television have to ponder. Following Janet Jackson's costume malfunction, fines for showing taboo body parts has skyrocketed. In the good old days a maximum fine of a few thousand dollars by the FCC could be levied. Now the fines range from \$27,000 to \$275,000 per incident.

Unfortunately, the hysteria over one exposed nipple didn't end there. Now the human body is under federal assault as never before. This impinges not only on a few folks in show business, but raises concerns about all displays of naked human flesh on TV. This includes not only living actors, but also artistic depictions of human nudity, regardless of the media used.

According to a producer of a documentary about European art, thought has to be given to showing works of the great masters for fear of incurring an FCC fine. He thinks showing, for example, the magnificent statue of David may still be acceptable. However, other works could be iffy. This mix of government and self-censorship is certainly problematic.

By default, who can afford to risk a complaint and possibly a bankrupting fine? The penalties are so extreme only censorship lies in its wake. Few would advocate that there be no limits on what can be shown on television to anyone at anytime. That being said, some maturity of judgment would say that works of art from the masters are not prurient, sordid, salacious, degrading, or harmful. The same could be said for a number of other depictions of human nudity in non sexual contexts. The question comes to mind, could the highly acclaimed art history programs of Sir Kenneth Clarke and others be aired on network TV today. How preposterous to even have to consider such a question.

According to one TV producer, like it or not, that has to be considered. Go to: <http://blog.seattlepi.com/rickstevens/2009/09/14/european-nudes-on-american-tv/>

Here is his take on the situation:

"Because of strict FCC regulations on nudity, my television program has to be careful about which art we show. Because I show art featuring naked bodies, my shows are flagged by the network and, in some more conservative markets, programmers play it safe by airing me after 10 p.m., when things are less restrictive. In recent years, programmers actually got a list of how many seconds of marble penis and canvas breast were showing in each episode. They couldn't inflict a Titian painting or a Bernini statue on their viewership in those more conservative communities without taking heat."

Perhaps it's a symptom of the times. The world as it once was is tumbling down about our shoulders, uncertainty abounds. Who is to blame, what can be done? Can the comfort of a more predictable past be restored? In a word, No!

Yet many in society search for some tangible way to restore order in the midst of perceived growing chaos and decline. Possibly, Janet Jackson's lovely nipple served as a tangible, if temporary symbol of the "world gone bad," that we as a nation could shove back under cover, thus restoring the moral order.

Sadly, such trivialities do not reestablish world order, nor demonstrate great moral depths. In the end it was only one woman's nipple exposed for less than half a second. Nothing more – a minor ripple in a far more sinister and dangerous period of human history. Yet, now half forgotten, it casts a lengthening, censorious shadow across our minds. [Ed.]

Nude Racer

When it comes to all things running, Runners World is the magazine all serious runners turn to. So, now they have caught wind of nude 5K runs at naturist clubs and interviewed Pete Williams about his participation in organizing a clothing optional 5K at Cypress Cove in Florida.

Pete is a fitness instructor who has a radio show called, Fitness Buff Radio Show.

The introduction to the interview is as follows:

"Readers, do you enjoy road racing but feel that shorts and singlets are just too... *restricting*? If so, you should meet Pete Williams.

"Pete is a triathlete and journalist who last year, in his words, 'launched a business organizing clothing-optional runs in Florida.'

"Such races are not new, of course," says Pete, "but I teamed with training group friends who also put on triathlons here in the Tampa Bay area, bringing professional race management to a category usually loosely run by the nudist clubs themselves."

(Now for the mandatory, gratuitous journalist condescending attempt at humor – yuk yuk). "This is important when it comes to clothing-optional races. You don't want folks out there just running around willy-nilly." (What a pin head).

Their first event, last October's Bare Dare 5-K, attracted a field of 200 runners from 13 states and Canada; Pete expects

300 or more at the same race this fall. If you're looking for a spring event, Pete's outfit is hosting Streak the Cove 5-K on May 22, also at a Florida resort.

Wanting to get to the bottom of this, I stripped to my socks, sat on a towel, and sent Pete a few questions via e-mail. Here's an edited version of what he had to say. For the full interview go to: <http://rwdaily.runnersworld.com/2011/04/no-clothes-no-chafing-no-problem.html/print/>

Getting the word out that there are people who conduct life in the nude and participate in all the areas of life the general public enjoys is a good thing. Every little bit of good publicity helps. But to be honest, the online version of Runner's World is probably read by a pretty small number of people. [Ed.]

Nude In New York

Photo artist Erica Simone has created a series of photographs of herself nude on the streets of New York city. The premise for her project is to explore the role of clothing in general in defining ourselves in society. She rightly defines clothing as a tool, which is a very useful conceptualization.

Unlike the other tools we commonly use in daily life, clothing also carries a moral burden in the minds of most people. That is, clothing guards moral behavior merely by preventing the sight of the bare body. Yours and my bodies that are implicitly believed to cause or be a source of immoral behavior – sex, and by extension, lust.

The thought crossed Ms Simone's mind, "What would the world feel like naked?" She articulates a commonly expressed understanding that clothing is used to designate status and demand preferential treatment. She also raises the question of whether nudity is inherently equated to sex.

Ms Simone says she isn't a nudist, but she asks classic naturist questions. This is interesting. Of course re-inventing the wheel is always a thrill to those involved in the project. That aside, we salute Ms Simone's vision and the quality of her work. It would be nice if a few million others would separate themselves from the mind numbed crowd. Let's hope her efforts are one more step that moves some people in the right direction. [Ed]

To see the photo's along with the following essay go to: <http://www.nue-york.com/#!>

As once an Angeleno in Paris, and now a Parisian in New York, really my mind is stuck in the stars. Photography has become a true passion and within it, a never-ending drive to try and challenge everything, even if it means getting naked in the freezing snow...

"Nue York: Self-Portraits of a Bare Urban Citizen" bloomed from an initial questioning about clothing and its importance in society today. Fashion and what we wear act as a language: they allow us to silently portray who we are or want to be, offering society an impression on us - whatever that may be. Fashion also tends to segregate and place us into various social categories as well as communicate a certain mood or particular feeling. This tool is quite precious to civil society and as most people, I organically use clothing as a way of portraying my own image. However, in a city like

New York, the fashion industry has a massive impact: people tend to be very concerned with appearance and the materialistic side of it, which became very real while I was photographing Fashion Week a few years back.

As I watched an image-absorbed union of people care more about the sales at Barney's than the homeless people they step over on the street, I began to ponder: "What would the world feel like naked? What if we didn't have clothing to portray who we want to be or feel as individuals? What if we couldn't show off our social status to deserve the treatment we wanted from others? What if all we had were our bodies?" These questions raised many various issues and these issues raised many various questions.

From there, my photographic project was born. With a tripod and a couple ounces of adrenaline, I took to the streets bare to see what a typical New York day would be like. At first, I wasn't so sure what was going to happen or what was going to come of it all, but as the collection progressed, more and more issues became aware to me. For example: "Why can we be arrested for being naked in the street, when as human beings, we are born naked?" I can understand that it would be socially unacceptable or morally discouraged, but for it to be in some cases prohibited by law...? This all seemed quite bizarre and really more so a violation of human rights.

Another question that arose was that of sexuality. "Is nudity inherently sexual or is nudity just a part of being human? Why does society typically equate nudity to sex? And how does the variety of body types come into equation when asking that question?" Each person's answer is different.

To clarify, I'm not an exhibitionist or a nudist – I'm an artist looking to humorously poke at some interesting thoughts about society and question who we are and portray as human beings. It's now up to the viewer to answer those questions, as he/she likes.

Edun Airways Offers No Clothing Section

By Tom Mulhall

This story hit all the newswires recently. It's most certainly from someone's imagination. But it is fun, all the same.

Dekan Archipelago, South Pacific 4/1/11- Edun Airways to offer the First No Clothing Section on their Flights

With the cost of fuel skyrocketing, budget airline, Edun Airways located in the exotic South Pacific archipelago in the Dekan Island chain is always looking for innovative ways to save money and pass those savings on to their passengers. Edun was the first airline to install coin operated washrooms, 50 cents for one flush, \$1.00 for three. Airline President Ima Tsidun explained at the time, "Why should the guy with a big bladder have to pay the same amount as a person with a tiny one. Do you know how much it costs to carry water on jets?"

However, it's their latest cost savings program that the whole airline industry is really talking about. It's the introduction of the very first No Clothing Section. President Ima Tsidun explained. "It costs a lot of money to fly luggage. Some women were traveling with 10 dresses and 20 pairs of shoes which is kind of silly since the Dekan Islands are famous for their nude beaches. So we imposed luggage fees and every-

one switched to heavy carry ons. Next, we imposed carry on fees, then some passengers started wearing 5-6 layers of clothing to get around that rule. The only fair way to properly charge passengers is to create a No Clothing Section on each flight. The more you wear, the more you pay.”

The program is very simple. The first flip flops, sunglasses, and towel go free, after that, you pay as you wear. A 3 piece suit costs an extra \$5.00, going topless only \$2.50, and wearing just your birthday suit of course is free.

Plus, there are a couple of extra unexpected benefits. The air conditioning at the terminal and on the flights can be turned up a few degrees and security check ins are now a breeze for those opting for the No Clothing Section.

All the other major air carriers in the world are anxiously waiting to see how much money this latest move saves Dekan Airways. Confidentially, many CEO’s have stated off the record that this sounds like the latest trend in the airlines ever vigilant fight to keep ticket prices low for tourists.

Human Planet

The BBC has an amazing series on the Discovery Channel about various tribal peoples from around the world. The particular episode that caught my attention was filmed in Southwest Ethiopia. This particular episode showed the annual stick fighting tournament between the different villages of the Suri people.

The fights serve both ritual and practical purposes. Men fight to gain personal and village honor, to settle grudges, and to gain a reputation that will enhance their chances in gaining a desirable wife. The down side is that death can occur, not to mention serious injuries.

That being said, what is notable is the combatants fight nude while flailing at each other with long one inch diameter sticks. It is an incredible spectacle.

While watching the scenes of men in full frontal nudity in the middle of the afternoon on my TV a fascinating thought crossed my mind. We Americans had to endure a full blast display of outrage over less than a second of Janet Jackson’s breast at a Super Bowl. This led to FCC hearings and monster fines against the network. Yet, here I was watching men’s penises flapping unfettered in full sunlight. How could this be permissible?

I’m sure no babies will be born blind due to their mom’s seeing these men, but why no hue and cry from the keepers of public decency? My suspicion is that it’s the old “National Geographic” escape clause. That is, we are just depicting tribal peoples, (primitives) in their natural cultural, (uncivilized) dress. Hey, it’s anthropology.

I am glad that this series is documenting the life ways of indigenous peoples around the world. Their cultural heritage deserves being preserved. Most such peoples and their traditional ways will not survive much longer. The world becomes smaller, more homogenized, and more bland.

Seeing these men gives us a glimpse of our human heritage unfettered by modern trivialities about the importance of clothing and petty prudery. [Ed.]

To see scenes from the program of the stick fighting, go to:

<http://www.funnyordie.com/videos/276ce7c665/human-planet-timothy-allen-on-stick-fighting>

Job Openings In The News

A wonderful opportunity – if you are willing to move to England.

Nude House was set up in 1977 by naturist Chris Taylor and is a division of a larger firm Songbird, sells a promotional e-commerce application called ‘Move your Mouse.’

Taylor, who believes the firm is the only one in the world to offer proper employment opportunities to fellow naturists, is now looking for ‘lots of very attractive, nude young girls – 20-39’, who he warns should be practicing naturists, to sell its software. The company is also looking for “attractive young, nude men” to perform the same function... and a number of web coders are likewise required....

A web page for new applicants ... stipulates: “Nude means no clothes whatsoever and no shoes either,” adding, “Each of you – male or female – will behave decorously.”

“...The response we’ve had so far has been modest, but we would like to take more people on.”

The aim is to recruit up to 17 staff and interviews will be held in the nude so that he is certain people will feel comfortable in the office environment.....

Andrew Welch, commercial manager of British Naturism, gave credit to Taylor for “creating an environment where naturism could happen”, although he added: “It doesn’t sound like it would be terribly successful but an idea like this would generate a lot of attention and interest.”

Now if I only had some computer skills and the foresight to be born forty years later. Who knows...?

For those interested, go to: <http://www.hrzone.co.uk/topic/business-lifestyle/naked-office-recruiting/110727> [Ed.]

Penis Talk

Last month the topic of insecurity was about women and their labia. This month the topic is about men’s insecurities about their penis size.

Lawrence Barraclough decided to go on a journey of discovery to learn why men are so insecure about their penis size and why men can’t bring themselves to talk about this subject with anyone.

Lawrence was chiefly motivated to make his film to document his struggle in coming to terms with his own penis size and to help other men who are concerned about their penis size also. In exploring this with professionals, once again the influence of porn on perceptions of what is normal or desirable in penis size is raised. One suggested many men want “monster porn star” penis size. In reality, this is entirely unrealistic.

A 2005 survey of men found that nearly half of them were unhappy with their penis size, yet claimed theirs was average in size. The message is that they want their penis to be larger.

Lawrence goes to great lengths to find a way to get men together to talk about their penis size. However, nothing he tried was successful. One sex therapist suggested that men

are fearful other men will laugh at them if they said their penis is small.

Unfortunately, some men resort to self inflicted measures that have disastrous results, requiring corrective surgery. However, others have joined the plastic surgery craze to enlarge their penis. Sadly, Lawrence discovers, as with many women, this solution doesn't bring lasting satisfaction either.

Lawrence approaches this very personal journey with grace and humor. Fortunately, he comes to terms with his penis size and that his penis size isn't the key to finding happiness. In the process he does discover an effective means to help men become more realistic.

His final attempt to help men involves a photography exhibit at an art gallery after asking seventy five or more men to submit a photo of their penis to be shown. This is a variation of the very effective art gallery showing of casts of numerous women's vulva. Suddenly, men could look at other men and discover the variety of what is normal and they fit right in as part of the norm.

In Lawrence's description of his documentary, he says, "My Penis And Everyone Else's challenges society's stereotypes of masculinity as well as getting to the heart of why men are so fixated with their members." Emotional, revelatory, and intensely engaging, this film takes on one of society's last taboos and culminates in one of the most daring exhibitions ever seen in the UK, as Lawrence puts together the world's largest collection of penis portraiture ever seen!

"I do think pornography and the way it seeped into culture has had some effect because it's so saturated, it's so become a norm that people are seeing sex and their bodies through a completely distorted lens." – Rowan Peeling, Former Editor of the Erotic Review.

The process of learning what it means to be human is an individual and ongoing project for each of us. Within our society various forces come at us, shaping us either positively or negatively. We all, male and female, have a major life task before us. Ideally, each of us will be able to sort all this out in the task of coming to self acceptance.

Naturism overtly engages participants in coming to terms with their physical selves. It does so by starting with the premise that the body is good in all its parts and functions. Participants are accepted as they are. The liberating factor is that all are nude, vulnerable, and open to inspection yet, without the judgments rampant in clothed society.

Cast aside is the clothing used to hide, flatter, or intimidate. There is recognition an element of falseness is associated with mandatory clothing. Frequently clothing serves more as a disguise designed to convey a message we want others to read than it is about who we really are. Naturists dispense with this layer of misdirection. It then becomes the person who takes center stage. In this counterintuitive context the truth of us is both seen and valued, and this is empowering.

We thank Lawrence for his courageous, inspiring, and informative journey. Go to: <http://topdocumentaryfilms.com/my-penis-and-everyone-elses/> [Ed.]

"Being naked approaches being revolutionary; going bare-foot is merely populism." – John Updike

Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats
- Lawn or lounge chairs
- Concrete pavers
- Large water storage tank
- 5 gal. buckets
- Aluminum cans, etc
- Plastic barrels

More From The Intellectual Donut Hole

I'm sure we all have heard the lecture at some time in our life about how bad it is to make stereotypical generalizations about groups or about individuals from a particular group. Probably less frequently we have been warned to be aware of projecting our own fears, and prejudices onto others as such statements say more about us than it does about whoever is the target of such statements.

The following is a case study in stereotyping and projection with the requisite dose of condescension. See: <http://blog.dianahsieh.com/2009/06/on-nudism.shtml>

"I'm not stuffy about my own nudity, in the sense that I don't much care if other people see me naked. However, I presume that other people don't wish to see me naked, hopefully just as much as I *really* don't want to see them naked. Even if a person is not repulsive, I'm just not interested in observing them in all their glory. Rolls of fat, saggy breasts, and/or a shriveled frank and beans don't augment a person's appeal to the eye. So outside a sexual context, I'd much, much rather admire even the most attractive person in flattering clothing than naked. They'll surely look better. Conversely, if someone other than Paul did want to see me naked, that would be creepy. It would indicate a most unwelcome kind of interest in me.

In any case, the point about all that is to say that (1) I'm not prudish about nudity but (2) nudism completely baffles me. Why do some people – mostly men, it seems – feel a need to put their usually less-than-attractive bodies on display? I just don't get it...."

The author wants us to know she is otherwise broad minded in that she fully supports public breast feeding. "The objections to that practice strike me as prudish, precisely because the practice of breast feeding is good and proper."

Another example of distorted thinking about the body is as follows:

"Nakedness works best as an enigma, wrapped in some really good lingerie. Honestly, the harsh light of regular, day to day activity wasn't meant to display any of us in our most flattering light." Go to: <http://mamapundit.com/2009/06/my-eyes-they-burn/>

Both writers gush with their haughty distaste for nudism. Neither can think in any terms other than sexual arousal for seeing the naked body. Neither writer in reality values, much less appreciates the human body when its reality is revealed.

Notice the derogatory descriptors chosen by the first writer, "repulsive," "rolls of fat," "sagging breasts," "shriveled frank and beans," "their usually less than attractive bodies on display." The puerile motive she assigns naturists is that they want to be on "display," as in put on a show. Maybe even like peacocks? Thank goodness she didn't resort to prance,

strut, gambol, and traipse as descriptors. I really would have "hurled" if she had.

The rationale she gives is that such sights don't appeal to the eye. In other words, they don't appeal to the eye of the voyeur, or the sexual consumer. Is that how the writer really wants to pigeon hole herself? Hardly! But the logic of her statement implies this. Countering this, she says even if attractive, she much prefers to admire a person in their clothing.

This is consistent with the second writer who opines that nakedness is an enigma, best wrapped in lingerie. Otherwise, none of us are fit to be seen in the light of day. Such demeaning hyperbole is shocking and sad at the same time. One can only speculate about the one dimensional influences rampant in our society that distort and warp our beliefs about the body.

The first writer blatantly adds the caveat that she approves seeing naked bodies if in a sexual context. Just can't get past the nudity equals sex paradigm can she?

How sad! She can never visit an art museum - it's those nudes you know! Of course if they are attractive nudes, well who knows...?

It is good to know she isn't prudish or stuffy about nudity should anyone see her naked. What an amazing contradiction with everything else she says. But, who says you have to be logical to spout your opinions? Did I mention, condescending?

The writers of these opinions both share and reinforce their own prejudices. In this they have a lot in common with a whole lot of people. This helps them feel a sense of belonging. We all want to "belong." It's just that we can "belong" to whatever group we wish without having to express contempt for others. That's more in keeping with bullying.

Conversely, naturists can be courageous, secure in knowing who we are and stand up to bullies, going toe to toe. Our gymnosophy is sensible, affirming the goodness of our bodies, and that we openly accept others on equal terms, just as they are. Naturism enhances our inherent self worth, and promotes both equality between the sexes, and personal liberty.

I can heartily agree with the first writer when she says, "I just don't get it." That's for sure!

Keep the faith everyone. Losing our shackles is worth it. [Ed.]

Lake Edun Foundation, Inc.
P.O. Box 1982
Topeka, KS 66601-1982
(785) 478-BARN

Membership Application
Change of Address Form
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All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:

	Single	Couple	Amount
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NUTS Membership (Must be under 30)	75.00		_____
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