

Bare Facts

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38° 58' 7" North; 95° 47' 56" West

Enjoy A Sauna

About twice a month through the cold, Winter, we host a sauna at our special place. Those who have joined in know how relaxing these evenings can be. If you have not taken time to join in, be sure to check our schedule and plan to indulge yourself.

Some characterize the experience as taking a shower from the inside. It's almost like the cares and concerns we accumulate during the day drip off your body with the sweat. At the end of the evening, one feels wonderfully relaxed.

Those seeking an even more intense experience can jump into the lake mid way through the sauna. After relaxing in the heat for 20-30 minutes, the body has sufficient heat stored that a quick jump into frigid water is amazingly invigorating.

If you have not participated in a sauna lately, be sure to check our schedule and plan to attend one. If there is a special date on which you would like to have a sauna scheduled, contact us in advance. Maybe we can plan to accommodate your schedule.

Please make a special note: Last month our schedule showed a sauna on November 28. That has been changed to the 21st. Also, so far we have only one sauna scheduled for December. The December issue of *Bare Facts* will carry additional dates depending on the requests we receive from Eduners. Be sure to let us know your preferences.

From The Mail Bag

Dear Lake Edun,

After reading your website, I was sold. Enclosed is my money for a single membership.

I couldn't send the form because I don't have a computer at this time. Here's my info.

– Bart, near Wichita

Thanks for the vote of confidence, Bart.

Canada's Wreck Beach

Beach activist Judy Williams thinks public sex could ultimately ruin the beach. For 27 years, she's been at the helm of the Wreck Beach Preservation Society, defending Canada's first clothing-optional beach against a "never-ending and ceaseless onslaught" of attacks. After 80 years as a tacit clothing-optional zone, and drawing as many as 12,000 users in a day, Wreck has no legal protection.

Williams isn't paranoid. On May 28, the superintendent of parks banned nudity at Wreck's "sister" naturist beach in San Onofre, California. The reason: a ranger had complained that the nude beach was attracting public sex. California, like B.C., tolerates some clothing-optional areas, but there's no legal protection in either jurisdiction. And Williams is concerned the same thing could happen here. Both nudity and public sex are still Canadian Criminal Code violations.

Halloween Party Was Wonderful

Our annual Halloween Party was a wonderful event for all who participated. Plenty of great food and pleasant conversation with other Eduners.

As always, our host, Dave, was superb and the spread of food available was truly awesome. If anyone left hungry, it wasn't for lack of choices.

Dave's hot tub, of course, is the high point of his gatherings. Most participants took time to soak and relax both upon arrival and prior to leaving.

We thank Dave for his hospitality and look forward to another gathering at his home in the future.

Consider A Donation

As we approach the end of the year, many consider supporting their favorite tax deductible organizations with special gifts. If you are in this category, we hope you will consider a special gift to the Lake Edun Foundation along with your other year-end giving.

We realize it has been a difficult year for many of our members and supporters. The tough economy has also impacted our visitors and our budget. We are very interested in continuing to keep LEF functions affordable to most. This is only possible when those who can, contribute a little extra.

If the economy has been kind (or at least not brutal) to you this past year, we hope you will consider being "kind" to the Lake Edun Foundation now. It is the combined small and large gifts of so many that make it possible to provide a superior program enjoyed by hundreds of people from across the Midwest.

Annual Meeting Report

As required by our by-laws, members of the Lake Edun Foundation held their annual meeting the evening of October 30, 2009.

During a general discussion of the past season. All agreed Tobi, Riley, SuzieQ, Chuck, Tractor Doug, Brent, and others did a steller job making our special place particularly special.

In recognition of her outstanding service, an award for Volunteer of the Year was presented to SuzieQ on behalf of the Board for all her assistance over the course of the summer. Thank you SuzieQ for everything!

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Nov 7; Sat; 5-7; Board of Directors

Nov 7; Sat; 8-10; Sauna

Nov 20; Fri; 8-10; HN Swim

Nov 21; Sat; 8-10; Sauna

Dec 5; Sat; 10-12; Board of Directors

Dec 5; Sat; 8-10; Sauna

Can You Believe It!

A Virginia man was ticketed for indecent exposure after he was caught in the buff, in his own home – alone.

Mr. Williamson got up at 5:30 a.m. Monday and went to the kitchen to make some coffee. He was naked, but he was alone in his house, so he didn't think it mattered.

You would be wrong.

A woman and her 7-year-old son were cutting through Williamson's front yard from a nearby path. Through his front window, they saw Williamson having coffee in his birthday suit.

Police showed up and arrested him. Williamson said he had no idea anyone could see him, but police said they believed he wanted to be seen by the public.

If convicted, Williamson could face one year in jail and a \$2,000 fine. He plans to fight the charge. "If I stood and seemed comfortable in my kitchen, it's natural. It's my kitchen," he said.

I'm curious. How do you determine someone "wanted" to be seen? The fact that the window wasn't draped doesn't prove intent. It was pre dawn, making it impossible to know anyone was outside, much less know someone would cut across, presumably trespassing on your property.

The positive from this story is that in an online poll, 99% said they didn't believe he should have been charged and 88% said they walked around their home naked also. In addition, all of those sending in a written response were appalled that the police ticked this gentleman. They all were equally incensed at the woman who cut across the lawn and called the police to complain. After all, she was trespassing and legitimately could be called a peeping tom. Ticket her! You can bet if the roles were reversed, it would have gone down that way. [Ed.]

More Fashion Industry Stupidity

Does the fashion industry hate women? Perhaps not, but they do seem to hate real women. The chronicle of chronic fashion industry insults to real women grows daily. This recent example involving model Filippa Hamilton and Ralph Lauren adds to the documentation of the callous manipulation this industry excels in.

Adding insult to injury, Filippa Hamilton, the model who was airbrushed to the point of appearing cadaverous in a recent Ralph Lauren ad reports that she was fired from the fashion company for being too fat!

Filippa says she was released from her contract in April because she wasn't thin enough. "They fired me because they said I was overweight and couldn't fit in their clothes anymore." The 23 year old Filippa has been working for Ralph Lauren since she was 15.

"I was shocked to see that super-skinny girl with my face," the 5-foot-10, 120 pound model says about when she saw her body digitally reduced in the now controversial ad. "It's very sad, I think, that Ralph Lauren could do something like that."

Filippa's attorney commented "the image is a gross distortion of how she really looks and which we fear will be extremely

damaging to her."

Polo Ralph Lauren released a statement saying Filippa is "a beautiful and healthy" woman, but their relationship ended "as a result of her inability to meet the obligations under her contract with us."

Fortunately Filippa has come back swinging at Lauren by appearing on the Today Show to decry how Lauren had treated her. Lauren corporate spokesman claimed this was a single time mistake, and not company directed. It was later learned another model had undergone the same distorting photoshop treatment when her grotesquely thinned image was seen in an Australian store display.

How Much Vitamin D Do You Need?

The following is an excerpt from Dr. Mercola's informative web-site about the benefits of vitamin D. Go to: <http://articles.mercola.com/sites/artuckles/archive/2009/10/Vitamin-D-Esperts-Reveal-the-Truth.aspx> for the full story which also includes a video from University of California Television. While we naturists probably obtain our full complement of vitamin D in summer months, keeping up over the winter with adequate vitamin D supplements is a problem for us also. All our readers are strongly encouraged to follow up on this vital information to protect our health and that of our loved ones. [Ed.]

"When it comes to the benefits of optimizing your vitamin D levels, the evidence is simply overwhelming. Research shows you can drastically reduce your risk of cancer and countless other chronic diseases by getting safe sun exposure, using a safe tanning bed, or taking a high-quality supplement [Vitamin D3]....

As a result of flawed assumptions about sun exposure, and the subsequent recommendations, a vast majority of people are deficient in vitamin D.... Over 95 percent of U.S. senior citizens may be deficient, along with 85 percent of the American public.... Under summer conditions it is frequently possible to generate about 20,000 units of vitamin D by exposing your skin to the sun.... Most adults will need about FIVE THOUSAND units of vitamin D every day...about 10 percent or more need significantly more than 5,000 units....

Based on the most recent research, the current recommendation is 35 IU's of vitamin D per pound of body weight. So for a child weighing 40 pounds, the recommended average dose would be 1,400 IU's daily, and for a 170-pound adult, the dose would be nearly 6,000 IU's. However, it's important to realize that vitamin D requirements are highly individual, as your vitamin D status is dependent on numerous factors, such as the color of your skin, your location, and how much sunshine you're exposed to on a regular basis.

So, although these recommendations may put you closer to the ballpark of what most people likely need, it is simply impossible to make a blanket recommendation that will cover everyone's needs." – Dr. Mercola

Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats
- Wooden Cable Spools
- Lawn or Lounge Chairs
- Aluminum cans, etc

Official Nude Hiking Trail In Germany

This story is delayed a bit but it's too good to let pass unnoticed. Of course, it makes me wonder why it took German nudists over 100 years to get an official nude use hiking trail. Oh well – better late than never. [Ed.]

The first nudist hiking trail in Germany has opened to keen naturists and use is restricted only to those with no clothes. The small village of Dankerode is also home to a camping ground and restaurant. The owner of the campsite and eatery initiated the nude hiking trail that spans 11 miles through the mountain range of Harz.

May 2010 will mark the official opening celebrations, as it signals the start of the hiking season. However, the trail is actually already open. Many users say they will avoid the official opening ceremony. The naked walkers fear there will be too much press on site and images of their often secret hobby will be published across the world for everyone to see.

An 11-mile trail, which runs between the town of Dankerode and the Wippertal dam near Leipzig, is due to formally open next May, though some enthusiasts have already tried the route out.

The owner of a nearby campsite has led the campaign to create the nudist trail that meanders up and down the Harz mountain range, a popular hiking destination in central Germany, overcoming some local protests by pointing out its potential boost for tourism.

The new hiking trail has won praise for giving nudists an opportunity to express themselves more freely

Hikers who prefer to be clothed on their hikes and who deem seeing nudity unacceptable have been warned to stay away if they do not wish to see naked walkers. The trail leads to a local lake that has been notorious for many years as a place to swim naked. This was one of the decisive factors for creating the special pathway. Germans are considered to be far more open minded about nudism than many other countries in Europe and the majority of the German people are reported to have no problem with the new trail.

As one of the leaders in getting the trail designated for clothing optional use said, "To the locals I would say: hike and let hike. To the nude hikers, I would say: Mind the brambles and high thistles..."

Given Germany's history as the birthplace of modern naturism, it may seem like a no brainer to have a designated nude use hiking trail. However, even in Germany objection to nudity is not absent and had to be overcome.

Unfortunately, one jarring note in the news account was to say that the lake destination was *notorious* for many years due to its being a historic destination for skinnydipping. Even more unfortunate is that it is inconceivable that such a trail would be approved in the U.S.

Consider how simple nudity is treated in America. For example, notice the determined effort by the California Parks Department to close San Onofre Beach to nude use. Recently, the California Supreme Court refused to hear a case brought by NAC and The Friends of San Onofre to stop the Parks Department from ticketing nude beach users. The Depart-

ment's reason was to stop people from open sexual activity near the beach. Rather than patrol and ticket offenders, the preferred solution is simply to end nude use. Apparently, if people wear swim suits they are not going to engage in sex.

This is an astounding discovery. Obviously this must work, because who has ever heard of the authorities closing a beach to people in swim suits due to open sexual activity? Extrapolating from this brilliant insight, and being civic minded, I would strongly recommend that the authorities force us all to wear clothing at all times as this would end all prostitution and probably all other lewd behavior. Just think of the billions in law enforcement costs that would at once be saved. This is a stroke of genius. Who knew? Remember, you heard about it here first. [Ed.]

Daring To Be Bare

When it comes to the press, Australians aren't any better than Americans when dealing with naturism. The following excerpts from an article illustrate the standard themes reporters seem duty bound to address. Obviously, they think these are the concerns of their readership about the quaint ways of nudists.

Despite the introduction to naturist values given by her hosts, when the reporter tries it for herself, she panics and beats a hasty retreat to get dressed. Once again, the press leaves the average reader with the impression that indeed, naturists are wacky and thanking God that, "I'm not one of those crazy fools!" What a putz! More about this next month. [Ed.]

"I'm assured that sex is not on anyone's mind and that true nudists take their clothes off to feel free, shed the trappings of the material world and liberate themselves of society's hang-ups. So why can't I stop thinking about sex? If there's a deviant impostor in their midst, it's me..."

"I thought it was a great idea. So I went with him to check out a nudist place and even though I wasn't nude myself, I started shaking in my boots. That's when I had to ask myself, 'What's making me feel like this?'..."

"It took me a while to realize that it was me, my problem. I learnt that I had to let go of the material values in my mind, which are represented by the clothes we wear or the flash car or the big house or whatever. Those things aren't important, but the attitude towards them is. It's a mind process..."

"Nudism as a social movement doesn't get much attention these days. Nudists are usually lumped into two categories by the rest of us: slightly mad ageing hippies or those using nudism as a flimsy excuse for orgies..."

"...I scurry back to my caravan and yank on my clothes. Clearly, I have some issues to work through before I can comprehend liberation through nudity, but I'm not sure I can be bothered. I'm not convinced that, for me, this is the best path for spiritual growth."

These days, the ideals of the nudist movement almost seem quaint and it seems naive to think that just by shedding our clothes we can make the world a better place. Then again, I could be wrong. For the full story go to: <http://www.news.com.au/couriermail/story/0,,20451908-23272,00.html>

What Is The Meaning Of Naturism?

Every now and then I become philosophical about naturism. You know, contemplating the meaning of life, death, the universe, and everything. Actually, ever since I became a naturist I've been trying to get my head around what it all means.

When looked at seriously, naturism isn't so simple. Well, people can have some very simple reasons for loving to be nude, but some of us can't just leave it at that. No, we have to poke and prod and discover different levels of meaning for naturism. That's what's so neat about naturism. It isn't any one thing, neatly tied up with a ribbon. Rather, it's many things to different people. This rich array of meaning offers something for everyone who wants to explore who they are in their body and how they fit in their world. Some are motivated by their political ideology, (sometimes nudity isn't just about being nude) while others are motivated by personal experiences and ideals.

The following excerpts from a well written article about Canada's Wreck Beach offers interesting points of view about what naturism means to a number of people. See <http://www.straight.com/node/155646> for the full article. [Ed.]

Speaking of Wreck Beach, one observer stated that she believes the beach's iconoclastic role has remained. In 2008, she says, Vancouver is missing a "commons," a truly public area where everyone can gather as equals and not be harassed on the basis of class. But nudity still shreds social stratification. "Vancouver is turning into a money-talks town," she pointed out. "When you're at the beach, you're not consuming, you don't own the property, and you're not producing."

Meanwhile, Korky who was 22 in the '60's, and a declared social revolutionary, helped to organize the Wreck Beach nude-in. He is once more a Vancouver archetype, this time as an aging ex-hippie. He outlined why naturism was more than just nudity. "This was a way to overturn imperialism, the patriarchy, capitalism, all kinds of oppressions. And it was the sexual revolution."

Responding to the article, another naturist commented that, Naturism is the great human equalizer. It's about accepting yourself and others for who you are and not what you look like, own, or wear. It's about de-stressing, relaxing, getting back to innocence. When I sit on my back deck in the morning or evening, contemplating my surroundings, I really feel close to God. I feel my batteries being recharged.

He adds, nudism is like going barefoot all over. After a rough day and you take your shoes off, you know how good your feet feel? That's the same way the rest of you feels when you disrobe.

Surveys have proven that except for fears derived from artificial cultural taboos, over 85% of all Americans are at least sympathetic to nudists' beliefs. I hope this enlightens any who may not understand our way of shedding tension, aggression, and anxiety (medically proven). We have a lower divorce rate and strong family ties.

Twenty year-old regular Sasha is discovering the meaning of naturism for herself. When she first tried the beach at 18,

naturism as a philosophy was foreign to her. Now, she said, she gets it, and it's still relevant.

She was looking for something more genuine than the typical bikini clad "meat market" beaches she had been frequenting. She found it at Wreck.

"You just get over yourself....I feel like it's definitely anti the majority of society....Wreck symbolizes somewhere you can go and just be your essence, because there's nothing attached to you. That's the nudist concept. There's no bullshit surrounding you. You're just being enveloped in the experience."

ESPN Sports Magazine Body Issue

The October 19 issue of ESPN Sports Magazine is devoted to the body – of athletes. The issue has nude photos of six well known athletes on six variations of its cover, three men and three women. Go to the following web site: <http://sports.espn.go.com/espn/news/story?id=4537381> Included is an article written by the magazine sports writers about the annual nude volleyball tournament at Pennsylvania's White Thorn Lodge nudist club. Your editor has visited this club and can assure you it's a great place.

The writers have a video commentary about their assignment to cover this athletic event. Their written account can be found at this web address. Additionally there are a number of short videos showing the behind the scenes production of the body issue.

Blessedly, the usual trite jokes about nudity that seem obligatory for most reporters are missing. Eddie Matz, the senior ESPN writer, does a good job giving an account of the reactions to the nudity of the five from ESPN who participated in the tournament. He does it with the right balance of humor and good writing style to give the reader a good feel for the tournament and the atmosphere. His is a good presentation of social nudity that is fun and normalizes the experience of nudity for the reader.

You can get the flavor of the writing from this excerpt. "On Saturday morning, the only thing that has changed is the sky, which has brightened all the way to a deep gray. It is still chilly, and we are still on another planet. Dozens of angular, naked bodies have already flooded the courts to practice. Then there's us, the Breakfast Club, on Court 1, doing hitting lines, fully clothed. "None of us is ready to get naked," says Michele. But by the time the ref (naked) blows the first whistle, we're all rocking birthday suits. As it turns out, it's not unlike rocking a new pair of prescription glasses. At first we're very conscious of the difference, but before long we don't even notice. Everyone else is doing what we're doing, so by definition, it's normal. And playing a very high level of volleyball, we all get caught up in the game. "At first I felt unprotected," Carol says later. "Like, just because I had my clothes off I was going to get hit in the crotch. But after about five minutes, I totally forgot I was naked." Between points is a different story. "That's when I noticed everything," says Michele. "I thought my boobs would hurt from bouncing around, but during the game I didn't even feel them. The only time they bothered me was between plays." What bothers me between plays is not knowing how to interact with my teammates." [Ed.]

The Abernathys

By: Mark Partin

"You need to put some clothes on," Judy said. "They'll be over any minute." She was rinsing breakfast dishes and glancing out the window toward Martha and Don's house.

Randy grunted and continued reading the paper at the kitchen table.

Judy hummed softly while she finished the dishes and then leaned against the counter, her eyes moving between the clock on the wall and the Abernathy's house next door. She picked up her coffee cup and sipped at it. "Maybe we should outright tell them," she said finally.

Randy looked up from his paper and grunted again. "Yeah, right! Wanna see a couple of Bible-thumpers go ballistic? Tell them you're nudists." He grunted again and returned to his paper, arranging it loudly.

She nodded and sipped her coffee. A few moments later, she spoke again. "Maybe they wouldn't take it so badly. You know— if we tell them the right way?"

"And what way would that be?" Randy continued to read.

She straightened the loose dress she had slipped into before starting the dishes. It was usually hanging on the back of the pantry door for the rare unexpected visitor, but she had been wearing it a lot more since their new neighbors moved in. Martha tended to peer through the back door window before knocking and Judy had acquired a low-level paranoia as a result. "I don't know," she said with a sigh.

Randy looked up. "Let's just face it. Tina and Tom moving out and the Abernathy's moving in was the worst thing that could have happened. We're just going to have to wait until they move and hope we get a nice nudist couple next to us again."

The Abernathy and Hogan houses were situated at the top of the hill in the center of the subdivision. They looked down on the rest of their neighbors like a couple of ranger towers. Randy had imagined himself as Zeus on Mount Olympus on more than one occasion. A high privacy fence enclosed both backyards and ensured that no one could see in without propping a ladder against it and peering over the top. The Hogan's and Wilsons hadn't bothered to separate their yards since they were all nudists and were typically enjoying each other's company anyway. It was the perfect combination of suburb living and privacy – until Tom's company transferred him and the Abernathy's moved in.

Randy phoned the Home Owner's Association about installing an additional section of privacy fence between their yards after he met Don the first time. The office secretary informed him of the recent change in Association rules that prohibited new privacy fences. She went on to say that a rule change that would have forced existing fences to be removed was considered. It was defeated after angry homeowners faced with the cost of removing those fences arrived with lawyers in tow.

Ralph was livid. He made a mental note to start attending the monthly bore-sessions. She further explained that the Association wanted to foster a more open community where neighbors socialized and were friendlier, instead of creating compartmentalized properties where the residents would hide from each other. Ralph laughed at the irony and hung up the phone.

He had considered putting up the fence without informing the Association, but he was sure that straight-laced Don would have something to say about that. Despite Randy's disagreement with the Association, he thought it would be best to avoid getting off on the wrong foot with the new neighbors.

Judy shook her head slowly and pursed her lips. "Martha told me last week that they don't plan to move again. She said they were going to retire right in that house." She looked glumly at the cup between her hands.

Randy looked up at her. "That so?"

She nodded. "That was just before she told me about the camping retreat they went on this weekend with their church group."

Randy grunted, shook his head, and went back to reading.

Martha and Donald Abernathy were nice people. They were parents and grandparents, like Randy and Judy. They were in their mid-fifties, also like Randy and Judy. But they were uptight and conservative, unlike Randy and Judy.

Randy and Judy liked to kick back on the weekends. Their favorite activity was to nap in their loungers and enjoy the sun while soft music played on the radio. Randy was happy to just watch the grass grow until it began to tickle his rear while he was sunbathing. Only then was it time to heed the Association rules and gas up the mower.

Don, however, was typically mowing his grass by 8:00AM. Every Saturday. Sometimes twice in one week. After mowing, there was raking, pruning, and rearranging the mulch. Only God and Don knew why the mulch needed rearranging, but there he was every Saturday morning, just before breaking for lunch, raking the mulch this way and that.

Martha was always nearby, pulling weeds or planting flowers in the beds that Tina had neglected in favor of long naps and a golden tan. Her floppy hat ensured that she always worked in shade and her garden gloves ensured that she never touched the earth that she was tending. She was simultaneously close to nature and apart from it. Judy watched her one day and commented that it was like someone going to a symphony concert and wearing earplugs. Randy thought that was about right.

Martha and Don emerged from the patio door at the back of the house. Judy could tell that they were bickering as usual. It wasn't mean-spirited bickering. It never was, as far as Judy and Randy could tell. It was more of a childish picking at each other. It was the kind that was cute at first, but turned annoying quickly. Judy had learned, to both her and Randy's relief, that if either was distracted, they wouldn't bicker nearly as much.

Judy had also tried separating them, but found that they wound up bickering with an imaginary counterpart. That didn't work out at all. How could you interrupt a conversation with an imaginary person?

Don started to close their patio door, but Martha said something to him and he went back inside, waving her off like a pesky fly. He returned a few moments later with a large brown bag with twine handles and closed the door behind himself.

Judy sighed. "They're on their way." Randy didn't move. She

tossed the hand towel at him, crumpling the paper in his hands.

He looked up, annoyed.

“Clothes, mister!” She smiled.

With a grumble, he made his way out to find some clothes.

When he returned, wearing shorts and a half-buttoned shirt, they were already talking excitedly about the trip and passing pictures around.

“Oh, yes,” Martha said loudly. “This picture was taken by the gazebo near the large tree in the last photo.”

Randy glanced into the paper bag and groaned at its fullness. Great, he thought. He rolled his eyes and sat down heavily at the table.

After two pots of coffee, Martha dropped the last picture back into the bag. An uneasy quiet fell on the Abernathy’s and they stole nervous glances at each other.

“We wanted to tell you something,” Martha said abruptly, then nudged Don. “Go ahead honey. Tell them.”

Don looked at Martha blankly for a moment and then back to Ralph and Judy. He cleared his throat and took a sip of water. “Well, it’s like this.” He studied his hands on the table and plowed forward. “We went camping, but not at church retreat. I mean, we did go with some Christian friends of ours, but not as part of a church-sanctioned event, you see?”

“It was sort of a campground,” Martha added, smiling weakly. “Isn’t that right, honey? Go on, tell them.” She nudged him again and Don stared at her with a jab on the tip of his tongue. He restrained himself and turned back to Randy and Judy.

Randy and Judy looked at each other, their eyebrows raised.

“It’s like this,” Don said, then stopped. “What I mean to say is... Well...”

“Oh Donald,” Martha interrupted, exasperated. “What he’s trying to say is that we went to a nudist resort.”

“What?” Judy said, sincerely shocked.

Don nodded slowly. “We’re nudists,” he said ashamedly.

Randy and Judy looked between them, their mouths hanging slack.

Martha held up a hand. “Now wait, it’s not like you think. It’s not all Sodom and Gomorrah out there. Some very nice people are nudists. Aren’t they, honey?”

He nodded quickly. “And Christians too,” he added.

Randy and Judy looked at each other, wide-eyed, and then laughed hysterically.

“Don,” Randy said, trying to catch his breath, “have we got somethin’ to tell you.”

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Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
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