

Bare Facts

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38° 58' 7" North; 95° 47' 56" West

Annual Meeting Scheduled

Our annual meeting will be held on October 30, following our Halloween Party. We have this meeting every year to review our operation for the past year and to get input from members about what they would like to see in the future. We will also elect a new Board of Directors. This is a wonderful opportunity for Eduners to learn more about our operation and make suggestions for improvements or for next year's activities. We will also discuss the survey many Eduners completed and consider various improvements for the future.

All Eduners should consider a position on our Board. On the last page of this issue is a listing of Board responsibilities. Take time to review it and decide how you might make a meaningful contribution to our continued success. It is through the dedication of individuals who assist with their time and energy that we are able to provide a wonderful program and facility for our members to enjoy at reasonable cost.

This meeting will mark the end of another great season for us. Each year our special place seems to become even more beautiful. Please take time to thank all the Board members who have contributed to make this a wonderful year. Members will find directions enclosed.

Sauna Season Is Here Again

As weather cools, our sauna is warming up. It is a great way to spend a Saturday evening with a group of friendly like-minded Eduners. Some have referred to a sauna as the same as taking a shower from the inside out.

Thanks to a team of sauna hosts, it is open every Saturday from 8-10. Be sure you schedule one or more to join us.

Random Thoughts And Reflections

Elsewhere in this issue of Bare Facts is another discussion about our Legal Defense Fund. It is important that we demonstrate our level of commitment to our those aligned against us. We seek to achieve 100% participation in this drive. Even if your situation is tight, you can afford something. Make your pledge or donation of just \$1. That will get us to 100%. If you can afford more, please do so. Remember, donations of more than \$100 put much more than that into our fund, because of the two challenges.

Eduners are providing great information about changes they would like to see at our special place on the questionnaire enclosed with the last issue of *Bare Facts*. About 15% have returned it. The Board will use this information to make plans for future improvements. If you have not yet returned yours, please do so soon. Your input is important.

We have a number of projects to complete to ready our special place for Winter and make it even better next year. We will put more sand on North Beach; do some trail work, etc. Plan to join us the weekend of the 15th to assist.

Halloween Party For Eduners

This year, our fun filled annual Halloween celebration will be at the same location as last year. Festivities will begin at 6:30 on October 30. We will enjoy a pot luck dinner and everyone's creative costumes. So, dream up your best, most creative, costume for this event. We will also use this gathering as our annual meeting.

Our host will provide pop, chips, dip, paper plates, napkins and plastic-ware. Eduners provide their favorite dish.

Members will find directions enclosed. If you are not yet a member, now is the time to become one. Use the form in this issue of *Bare Facts* to indicate you interest in joining our hearty band of naturists.

This is a wonderful, natural forested setting to celebrate Halloween and will be a fun evening. Did I mention the hot tub? If you missed last year, don't miss again!

Call For Articles

For a number of years Bare Facts has been the most visible form of information, education, and outreach for the Lake Edun Foundation. There is a great deal of pride that has gone into this publication. Those that have read it over the years have been treated to intelligent commentary and analysis about naturism, personal stories, travel reports, letters, and who will ever forget the contribution of Biology Bill.

In this tradition of excellence, a call is going out to the women of Lake Edun to more fully make your voices heard in the pages of Bare Facts. An issue of Bare Facts largely from women's perspectives is the needed kickoff for what is hoped will be ongoing contributions from the female half of the membership. Ladies: Lake Edun and naturism needs to hear your voices.

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Oct 2; Sat; 8-10; Sauna

Oct 9; Sat; 10-12; Board of Directors Meeting

Oct 9; Sat; 5 on; Main meadow closed for private party

Oct 9; Sat; 10-12; Sauna

Oct 15; Fri; 8-10; HN Swim

Oct 16; Sat; 12-4; Work Day

Oct 16; Sat; 8-10; Sauna

Oct 17; Sun; 12-4 Work Day

Oct 23; Sat; 8-10; Sauna

Oct 30; Sat; 6:30; Halloween Party; Annual Meeting

follows Halloween Party

Nov 6; Sat; 8-10; Sauna

Nov 13; Sat; 10-12; Board of Directors Meeting

Nov 13; Sat; 10-12; Sauna

Nov 19; Fri; 8-10; HN Swim

Nov 20; Sat; 8-10; Sauna

Nov 27; Sat; Thanksgiving Leftovers Party

Nov 27; Sat; 8-10; Sauna

REPORT FROM THE CHAIR

By BORNNUDE

Board of Directors

The next Board of Directors meeting is Saturday, October 9, 2004 at 10:00 a.m. at the Barn. All members are invited to be present. Anyone wishing to submit an item for the agenda is welcome to do that also.

Annual Meeting

The notice of the annual meeting is in this newsletter. Of equal importance is the potluck dinner that also occurs that day. Everyone's participation is needed. I can promise you that the venue for our annual meeting is spectacular. The home where we will be is unique. The setting for the hot tub is absolutely wonderful. This is a members only event and will include elections.

New Board Members

We are looking for new members for the board. A description of responsibilities are included in this newsletter. Essentially there are just parts to the job. We have 2 hour board meetings once a month. The board members are responsible for overseeing a particular area and recruiting people to help. Most importantly, we spend the winter meetings planning for the following summer. Having done this for several years, I can assure you that it is far more fun and rewarding than it is difficult and burdensome.

Pledging Opportunity

Enclosed is information about making a pledge to help with our on-going battles. While the battle is going well, the funding needs to increase. We anticipate that we may be getting close. In the words of Winston Churchill, "We are not at the beginning of the end, but we are at the end of beginning." There are currently two challenge grants outstanding. Anyone wishing to make another one, please let us know. Even with just the two challenge grants we have, your contribution has a multiplier attached to it so that you put this in more than your contribution.

September Board Meeting

Routine financial and housekeeping issues were dealt with. Ernie reported about his visit with the Heartland Naturists at their swim last month. The board began discussing the possibility of cooperative ventures with the Heartland Naturists. As a part of this, the board reviewed the financial structure of Camp Gaea to assist us in determining how to best be competitive. Day Use fees and Associate Memberships are also being reviewed. Our structure does not seem to be as good as it should be in terms of gaining new members in this group. Ernie will continue discussions with Heartland Naturists. Webb reported he is presenting before an ethics class at Allen County Community College.

Reminder

The lake will closed the evening of October 9th for a private fraternity party; we will hold the sauna as scheduled.

Challenge Grants Make Dollars Go Further

Our legal defense fund received two challenges which make our tax-deductible donations go further and together, will help make it easy to reach our goals. The first, from Born Nude, will match, dollar for dollar, the first \$100 of

the first ten gifts greater than \$100. So, if you donate \$500, it becomes \$600; if you donate \$200, it increases to \$300.

The second is open-ended. An anonymous donor will make a gift equal to 150% of the average of the five largest pledges received by October 15. So, if we receive five pledges totaling \$5,000, we fleece Mr. Anonymous an additional \$1,500. Best of all, whatever members force Born Nude to contribute counts toward this average.

So, hopefully all Eduners and friends (including YOU) will reach deep into their pockets and make generous, tax-deductible gifts or pledges early so we can maximize the effects of these two generous challenges.

A Personal Tale

Dear Lake Edun,

I noticed as I read in your Bare Facts newsletter, you were asking for stories from members or guests. Well, I will soon be a guest as of 9-25-04, and I wanted to share my story with your staff and other members alike.

I am a 47 year old, who is a child at heart. I have been a nudist ever since I was young at the age of 12-13. At that age, I would deliberately go naked in front of family, just to see what they would say, and of course, I was right, "Get some clothes on." Being brought up in a strong Christian background and a fundamental Baptist church where my father was a leader "deacon", nudity, was "taboo" and modestly was in.

I've always wanted to go naked when I saw the opportunity, whether sleeping nude, or just walking around inside the house. As I got a few years older into my middle teens, which was about 1973, the streaking craze came about, where hundreds of college students from different campuses across the country, would go and run butt naked. I thought, mmm, now that sounds like fun. So, I dared myself to sneak out of my parent's home and literally go naked outside. However, I didn't wander off very in fear of getting caught, or getting locked out (that would be embarrassing and a tough one to explain).

As I got older and graduated from high school, I went on to Bible College in Kansas City. I was in my 20's or early 30's. Now, at a Bible school you would never think that students roamed the hallways butt naked, at least some of the men did. I don't know about the women. In the dormitories, they would dash to and from the shower room, some had a towel and some didn't. I thought alright here is another chance, so, I went naked from my room (down the hallway) to the shower or restroom. I figured if others can do, so can I.

I remember back in the 60's, the hippie movement was going on, ie. Woodstock, etc. and people were running around either half naked or totally in their birthday suits. Being born in 1956, I wasn't too old at that time, but old enough where I can remember a little. I've always heard in the news about streakers at ball games, or other sporting events, and that has always intrigued me. Not that I would be brave enough to do it, but I just liked the idea, and thought it would be fun.

Once I got older and into my 40's, I have my own place, and can go nude all I want. However, I never realized until

I bought a computer, how much nudity was acceptable in acceptable places, that is. Two months ago, I found out about Lake Edun through the news, so I decided to check it out. I have ALWAYS wanted to go to a nudist facility, ie, camp, etc. I thought, why not. I checked out the facility through their web site, www.lakeedun.com.

I saw the pictures they had online, and that looked like Genesis all over again, in the Garden of Eden. I thought, now there is a whole lot of Adam and Eve's walking around enjoying nature. That is definitely for me, I have made arrangements to be there at Lake Edun the weekend of September 25th.

Not only have I found that web site, I also found another site on the web, that encouraged me even more, and that was www.clothesfree.com. The International Naturists Association, INA, I thought WOW, this is cool, an international nudist/naturists association. I read everything I could read, and joined the association. So, now I have a membership card that tells me and others that I belong to a naturists organization.

For the past week, I've been up 'til wee hours in the morning, ie, 2-5 am, cause I am a night owl. Anyway, I live in a private mobile home area, where there is little light. Yep, I went out and around butt naked, with only a pair of sandals. I never felt so FREE, it felt so great. I thought if this feels great I can only imagine what it's going to feel like spending a day or so being totally nude in 60 acres of Lake Edun. My only regret is that I wished I had found out about all of this earlier in my life. I have always wondered what it would have been like to have been raised in a family of nudists or naturists.

In the nude,

- Mark KC, MO.

The Naturist Society

Many or perhaps all Eduners are familiar with The Naturist Society, or TNS. The most visible contact most of us have with The Naturist Society is through the pages of the Society's quarterly publication, *Nude and Natural*, more commonly known as *N*. Without a doubt, this publication is the premiere naturist/nudist publication in the world. What they do behind the scenes in support of Naturism, however, is even more important.

Two years ago, due to health reasons, Lee Baxandall founder and owner of TNS sold the operation to three highly capable associates. They have carried on the Society's business in the tradition of Lee Baxandall. If you visit Oshkosh, as we did last summer, you can visit the unassuming business offices of TNS on the shores of a local lake.

Lee's activism for his vision of naturism promoted the idea of free-beaches and the right of naturists to use other public lands. Associated with TNS is NAC or Naturist Action Committee. This is the legal arm of TNS that forcefully acts through the courts, state legislatures, county, and city governments to protect naturist's rights. Then there is the Naturist Education Foundation that provides education in support of naturism. Finally, Lee started the TNS Gatherings that annually take place in different regions of the country. All of this is well documented in the pages of *N*.

I can't imagine not wanting to be a part of this great pioneering organization that has done so much for the spread, protection, and respectability of the naturist movement. It was a moment of pride when I received my first membership card from TNS. I was officially a naturist! I can't imagine doing without my subscription to *N*, or without my TNS membership.

An added benefit of being a TNS and Lake Edun member is that when you visit clubs around the country, even those not specifically TNS affiliated, you are welcomed and may receive a discount. My wife and I have made use of this benefit from California to Florida. It's the card! Don't leave home without it!

Taking Stock

By: *Michael*

It's hard to believe that the outdoor season at Lake Edun is almost over and sauna season is about to begin. Unfortunately, the wet weather shortened this season even further. Still, it's been an eventful year.

A lot of activities have taken place at Lake Edun this year. At Lety's suggestion, saunas were made a weekly event; there was a delightful Christmas party at Bruce and JoAnnes; going to swims with Heartland Naturists in Lenexa; open houses where several had the opportunity to visit and meet our members; the July 4th festivities and superb fireworks; the regular weekend campouts with shared meals and good fun around the campfire; the Easter Egg hunt; welcoming first timers and new members; and who can forget the ever popular board of director's meetings??

Speaking personally, my visits to Lake Edun are a special treat in which a special joy in living is rekindled each time I am there. Even my three hour drive is made endurable by the anticipation of my destination, plus listening to my favorite Hawaiian music. I become invigorated. There is a sense of joy and an added lightness of step. I become more outgoing and social. I can even get up with the sun and enjoy a walk around the lake each morning, always in the hope of catching sight of a deer or other wildlife.

Guess what? After three years of such walks with not a deer in sight, I spotted two on my last visit. I always have had the fantasy that without clothes on I would be one with nature, wildlife would be less startled. I decisively laid that theory to rest as both deer immediately bounded away. Before you say anything, I firmly reject the possibility that it was the sight of the bare me that startled them. lol

I can't begin to tell you how much of a kick it is to welcome first timers. It takes me back to my first time with social nudity, with all the jitters and insecurities that generated. I met some really great people this summer whose presence contributes to the richness of Lake Edun. Thanks for associating your lives with ours.

More sobering is the ongoing challenge to our existence. The last issue of Bare Facts spoke about this at some length. How we collectively respond to this will make all the difference. Should we not succeed, there is nothing that can replace what we all will have lost. Should we succeed, we can go on enjoying and expanding upon the good things of this and past years.

Public Nudity

Author unknown

Recently, people have shown concern about the fact that women are allowed to roam around topless in the streets of Toronto, and there is no question that some people find public nudity offensive. However, whether people should be offended is debatable; their reaction is often closer to confusion or embarrassment.

The human body deserves to be shown and respected both for its beauty and its so-called "imperfections." In the appropriate places and situations, public nudity can be comfortable, healthy and can ultimately break social barriers, which hinder communication between people.

There are appropriate times and places for anyone who would like to roam around nude. Exposing oneself in the city might not be a good idea. It could lead to sexual harassment or legal consequences. But what is wrong with people expressing themselves at a local park, beach or on their own front lawn?

Anyone who has spent any amount of time in ill-fitting, uncomfortable clothing knows how good it feels when clothing is not being worn. Clothing is, by nature, something foreign to the body. Yet, clothing does have some practical uses. It keeps us warm, protects us when doing dangerous work, satisfies our esthetic sense with color and decoration, to name a few. Clearly, clothes do not exist simply to "hide" our bodies.

Nudity brings a tremendous feeling of freedom. Once you have been swimming nude, you'll never understand why anyone would want to wear clothes in the water. Medical research has shown clothing can be unhealthy in certain situations. For example, evidence supports the hypothesis that wet, clingy swimsuits can constrict the flow of bodily fluids. Eliminate the swimsuit, and you've eliminated that

problem. Furthermore, it is beneficial to mental health to be expressive. In a free society, people should be free to express themselves and do what they want as long as their freedom doesn't impede the freedom of others, endanger them, or remove their fundamental rights.

Nudity breaks a lot of social barriers that hinder communication between people, because there are no Armani suits, gang colors, uniforms, or social trends to define social status. Under present Canadian law, it is not an offence to be nude on an "isolated" beach. Yet, this suggests when nude, a person is no longer fit to be seen, and must be separated from others. Surely, this is a prejudicial point of view.

Nudity also takes away the artificial inhibitions that society has forced upon us when we were born. If you think about it, the parts we cover are arbitrary. We cover the genital area because of its sexual nature. In fact, an equally sexual body part is the lips. Nevertheless, people walk around exposing their lips without causing mass arousal.

Too much emphasis is put on the perfect body by a clothing-obsessed society. Most people know almost no one has a perfect body, and beauty can be found in bodies of all shapes, sizes, colors, and ages – many of them exhibiting life's scars.

Nudity is a means to the goal of body acceptance. When nude, the full beauty of the human body is exposed. With the support of other nudists, each person can develop appreciation for the wonder of their body. People can find release from the tyranny of societies superficial, impossible standards and find wholeness, allowing them to focus their energy on giving the gift of themselves to the world.

People must realize we are all naked underneath our clothes. Whether social nudity can break some of the barriers that separate people or not, it all comes down to this; being nude is comfortable, healthy and most of all, its fun!

Pledge to the Lake Edun Legal Defense Fund

We don't want to allow the county to hassle us out of existence! Our Goal is to raise money for the Legal Defense Fund to complete the counter suit and close the books! Help us reach 100% participation. We need your help:

- 1) Continue your membership.
 - A. Contact others you know who may not have renewed theirs.
 - B. Introduce Lake Edun to new friends.
- 2) Become more involved directly with Lake Edun.
 - A. Serve in direct ways (more opportunities coming!)
 - B. Continue your relationships outside of our beautiful facility.

C. Write for *Bare Facts*. Tell us what you have gained from Lake Edun.

- 3) Help complete the Legal Battle – *Pledge!*

Consider this:

We could easily cover costs of the Legal battle if:

- Eating out 1 meal 1/month for 10 months = \$100
- 2 movies/month for 10 months = \$100
- A couple eating 1 meal 1/month for 10 months = \$200

I/we are willing to make this commitment to protect what we have at Lake Edun. (Keep in mind our challenge grant that will match dollar-for-dollar the first \$100 of any pledge greater than \$100.)

To that goal I/we pledge:

___ \$100 ___ \$200 ___ \$500
___ \$10/mon ___ \$20/mon ___ \$50/mon
___ \$20/mon ___ \$40/mon ___ \$100/mon
___ Other: [Tell us how much; tell us how often]

___ Other to be paid:
___ /mon [From October, '04 until July, '05]
___ /mon [From October, '04 until February, '05]

If you wish, we can automatically charge your credit card for monthly pledges.

From The Mailbag

For some time I've questioned our society's tendency to view nudism as some form of aberrant behavior, but it is only within the last year or so that I've come to see it as a potentially rewarding lifestyle. My wife and I have started to skinny-dip (usually after dark, at Clinton and Perry Lakes) but we're a bit put off by the necessity of having to sneak around to accomplish what is – to us – a healthier and more natural way to swim and experience nature.

So, we've begun to consider trying naturism, and since we live near your property, it seems to be the obvious place to start. However, I have some questions that I haven't been able to find the answer to elsewhere. For one, since we're beginners and a bit shy (social nudity is a big step from lurking around a beach until dark, waiting for everyone to leave and hoping a ranger doesn't show up). Can we start by visiting Lake Edun on a weekday? Is it usually a bit quieter during this time?

Is there any way to visit as a guest to see if this lifestyle suits us? Any recommendations for first-timers?

I'm a health care professional from a small, very conservative town and while I don't feel I should have to justify this sort of thing, that is not being realistic. Does Lake Edun keep memberships private? Do busy-bodies occa-

sionally attempt to obtain member information to "smear" anyone? Again, I know I shouldn't allow the narrow-minded to control my personal agendas, but we are living in a period that encourages the politics of self-destruction.

Finally, I have a question that I don't know how to phrase as delicately as I'd like, so I'll be blunt – how do men handle the occasional erection that I'm sure will happen from time to time? I understand that staring isn't really encouraged at naturist retreats and lewdness isn't tolerated. Anyway, I'd appreciate an honest reply to this question, despite its being somewhat crass.

- Thanks, Sean

We're always open & you're always welcome. You must register at the barn. Nudity is required of adults. All of our lists are confidential. Since everyone is nude, busybodies aren't likely to wander in. The "male" problem is very rare. The atmosphere just isn't sexual. You can sit down with a towel on your lap. This time of year a quick dip in the lake would work very well. We need full names and a postal mailing address to send full information.

- Bornnude

Items We Need

- Wheel Barrow
- Pitch Forks
- Chipper/shredder we can use about once a month
- Tops for trash cans
- Variable speed, reversible drill

Lake Edun Foundation, Inc.

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**Membership Application
Change of Address Form**
Please Print

Name: First _____ MI _____ Last _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ DOB _____ E-mail Address _____

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If, you are a couple not living together, make a copy of this form for the other individual. (NB: a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours per year may deduct \$50. One

subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:

	Single	Couple	Amount
Lake Edun Foundation Membership	250.00	300.00	_____
Associate Member (Over 125 miles away) - deduct	(100.00)	(100.00)	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
Student Membership (full-time student)	150.00	200.00	_____
Separate Mailing Address for members		12.00	_____
<i>Lake Edun Exposed</i> – Video		35.00	_____
<i>Lake Edun Exposed</i> – DVD		50.00	_____
Naturist Society Membership		50.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation - Legal Defense Fund			_____

Total Enclosed - Check, Money Order, or Credit Card _____

Please charge my Visa; MasterCard # _____ Exp. ____ / ____ \$ _____

Note: There is a \$30 charge for any checks returned unpaid for any reason.