

Bare Facts

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38° 58' 7" North; 95° 47' 56" West

Annual Meeting Scheduled

The Lake Edun Foundation is a not for profit educational foundation governed by a volunteer board of directors who set policy and work to fulfill our mission. We meet on a monthly basis, usually at our special place, to work on our agenda. As we approach our annual meeting, it is time to elect a new Board. All Eduners should consider a position on this body. The only requirement for a board position is to be a member in good standing of LEF. Our Annual Meeting will be held on Saturday, October 30 beginning at 6:30. Complete details will be included in the next issue of *Bare Facts*.

While the Board sets policy, it is a working board. Each member is expected to assume responsibility for some aspect of our mission. A complete list of board responsibilities can be found later in this issue of *Bare Facts*.

Our mission is to educate the citizens of Kansas and western Missouri on the beneficial impact living a clothing-free lifestyle can have on the individual, the family and our society, in general.

Items We Need

Every month we run a brief listing of some items that would help us out. Nearly all of us have some items for which we no longer have a use but might still have a useful life. That is why we include this listing.

This month, we are adding some new items. We need some more 5 gal. plastic buckets. They have a variety of uses to us and frequently are thrown away by those who receive them.

We also will need wood for our sauna. We find clean scrap lumber works best. This can be the bits cut off when remodeling such as 2x4 or 1x2. It is surprising how much wood we consume during sauna season.

If any Eduners or supporters have an old electric drill they no longer use, we can put it to use in the barn.

Also, a large water storage tank is needed for our irrigation system on the West side of the lake. It does not need to be suitable for drinking water. But, it does need to be large, perhaps 10,000 gal. If you have one to donate or know where one is available cheap, please contact us.

Traditionally, at the end of our season, we take a load of aluminum to the recycle center. Perhaps you have been saving your old cans and other aluminum. It's time to bring it with you next time you visit our special place.

Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats
- Lawn or Lounge Chairs
- Concrete pavers
- Large water storage tank
- Wood for the sauna
- Wooden Cable Spools
- Aluminum cans, etc
- Plastic Barrels
- Electric Drill
- 5 gal. buckets

Take The Survey

Later in this issue of *Bare Facts*, is an important survey for all our members and supporters. The Board will use the results to set our direction for the next year. Because some of the issues covered involve how we allocate our budget, we hope a large segment of our membership and supporters will share their opinion.

So ... PLEASE ... do it now. Answer the questions, and return it to us. You may mail it to the address above or scan & email it to Maxine. Either way, the results are important and will be used.

We will share the results with all our membership at the Annual Meeting on October 30.

35 Tons Of Sand

On Friday, August 27, we received two truck loads of sand destined for North Beach. They were dumped in a pile measuring approximately 33 feet long, 12 feet wide, and about 4-5 feet high. By Noon on Sunday, Tractor Doug and Larry had moved it all to transform North Beach.

See the new look at North Beach on your next visit. Don't hesitate to squish it around with your toes. It feels good!

Lake Edun FaceBook Page Update

FaceBook continues to be a forum for those interested in our Foundation to learn more about our activities and keep current on daily activities. If you are so inclined, you may find us at www.facebook.com/lakeedun. We hope you will check it out and "like" us. That way, you can follow the most current news.

Movie Screening Successful

We were honored to be a selected site for the screening of the new, independent film, *Clothes-Minded Movie*, on August 6. After a brief introduction by the director, and resolution of some technical difficulties, we were able to see his work-in-progress. It was followed by some questions and a social gathering Eduners enjoy so much.

About 25 Eduners and friends gathered for this event which, by all accounts, was a success.

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Sept 5; Sun; 1-3; Board of Directors

Sept 6; Mon; Labor Day

Sept 17; Fri; 8:30-10:30; HN Swim

Sept 18; Sat; 8-10; Sauna

Oct 9; Sat; 8-10; Sauna

Oct 10; Sun; 1-3; Board of Directors

Oct 15; Fri; 8:30-10:30; HN Swim

Oct 23; Sat; Sauna

Oct 30; Sat; 6:30; Halloween Party & Annual Meeting

From The Mail Bag

Dear Lake Edun,

David [not his real name; a high school student] and I wanted to thank you for last Saturday. David had a blast and really looks forward to coming back as do I. So many friendly people, Webb. It really helped put him at complete ease. Chuck was very helpful showing us around the Lake trails and pointing out other interesting facts about Lake Edun. I think that was the highlight for me and Dave. In his words, it was, oddly enough, one of the most relaxing days he/we have had in a very long time. If you don't see us this Saturday, we definitely plan on coming back the Saturday of Labor Day. So many things have changed there, and for the absolute better! Great job!

I am still considering membership, however, at this time, finances prohibit a commitment right now. I am saving up for a trip to Georgia and Florida that must have priority at this point. At the request of his parents, I am taking Dave there to meet his biological father, who he has never met, but once, for 2 hours, when he was 5. They asked me Sunday.

A funny side note, when I told Dave that I agreed to take him there and his biological father lived on the Atlantic Coast, the first thing he asked was not how far it was, how much will it cost, are we going to fly or drive, etc, but, if there were any nude beaches around there we could go to. I will happily pay your daily use fees until that time.

Thanks again from me and David!

– Vance

Dear Lake Edun,

I was at Lake Edun yesterday and enjoyed a wonderful sunny (yet not too hot) afternoon in my skin.

However, traveling from Wichita I failed to bring enough cash for my donation and my tolls. I apologize, because I've been a faithful visitor the last 6 years or so and this was the first time this happened. I'm mailing my donation today.

Thank you!

– Jesse

Dear Lake Edun,

Thanks for the information and quick response.

Social nudity won't be a problem as I frequented the Kiva Retreat Center in Santa Cruz, the Esalen Institute in Big Sur, and numerous recreational areas in California, Oregon, and Washington State.

I am looking forward to learning about the community, overnight opportunities, and finding quiet places to practice my meditation and Tai Chi.

– Paul F.

Dear Lake Edun,

Hi there! We are new to all of this and I have a few questions...

First off, my boyfriend and I had a great time visiting! We didn't feel uncomfortable and we met a couple of really nice people!

We were wondering about becoming members and if the membership went from January to December or if it's a year from when we sign up! [It runs for 365 days.]

A nice couple that we met were from Nebraska. They seemed really super nice and actually everyone we met made us feel so welcome and the best part is we didn't have to be someone that we are not. We are all equal at Lake Edun and that is the best experience of it all.

We were interested in getting in a game of sand volleyball but there weren't very many people at that time. Do you have games scheduled or a good time to come out when people will play?

I saw that you have an open house this weekend. I think that is a great idea for new people and we are going to pass the word around.

Thank you again... for a great experience!

– Jennifer

Dear Lake Edun,

My wife and I spent two days at Lake Edun about a week ago. We absolutely LOVED it and will definitely be back. We are planning on coming back on September 17 and 18.

While we there, we talked with the caretaker (Larry). He told us that any fees we paid would be applied toward a membership if we wanted to buy one. He also said that a membership was good for a calendar year. The first day we were there we gave a \$40 donation, and the second day, \$35. It is our understanding that due to our distance we would qualify for an "Associate Membership", but that "Associate Memberships" are "Restricted". Can you explain what the restrictions are? [We anticipate Associate Members won't visit as often, perhaps 3-4 times per year.] Also- does the membership run from the date we purchase it through the next 12 months, or are memberships from January-December? [365 days from the date you begin to pay for it.]

We really enjoyed your facilities and can't wait to come back.

– Dave and Kimberly S.

Dear Lake Edun,

I was required to work in Kansas City for 9 days and began looking on the net for something to do over the weekend. What a treasure you folks in Topeka have in Lake Edun. The facilities are beautiful – the people friendly. Had a great time today, though got a tad burned. Its fun and educational to talk with folks that are like-minded in some respects, but different in others. If I was a local I'd be here every weekend. Thanks for giving this area such a prize, and I shall return.

– Bill H. from South Carolina

Dear Lake Edun,

Thanks for the response. Don't think I can get by Wed, but I do have a question. I enjoyed last weekend so much, that I want to bring my tent when I return in Sept. and stay from Friday afternoon till Sunday. What would be the charge? And I have some flexibility in scheduling, Which weekend would it be more likely to find a jovial crowd at dear old Lake Edun?

– Bill H.

Dear Lake Edun,

Thanks so much for the hospitality today. Even though the weather threatened to put a damper on the day all afternoon long, it held out long enough for me to have a thoroughly memorable experience. Rest assured, I will be back as often as able.

Larry was an especially helpful and welcoming host.

– Bill K.

NOTICE

We learned recently that Jimmy C., who visited us for the first time in June, passed away about five weeks later. His letter appeared in the July issue of *Bare Facts*. Jimmy's wife called with the news and to thank us for providing such a wonderful atmosphere. She said that Jimmy had a positive and fulfilling experience and looked forward to visiting again. Unfortunately, that wasn't to be.

We remember Jimmy and are saddened by the news.

Want To Get Naked?

Recently my wife handed me the magazine she had been reading. She figured I would be interested. Not knowing what was going on, I looked at the article she wanted me to see. It's title, *Want to Get Naked?* Intriguing. What goes here?

The author, Amy Spencer talked about her experience of going to Korean spa with her sister. Her surprise was to be confronted by a room full of naked women.

Amy duly explained her lifelong creds as a clothing compulsive textile. For example, "I barely towel off naked after a shower, let alone do household chores that way!" The latter a reference to a friend's comment about being fearful of someone coming to her door and catch her vacuuming naked.

The writer wonders what it is about some people considering their birthday suits as cause for celebration while the majority sees them as cause to cover up?

The biggest reason she suggest it that it's purely emotional. She's highly self conscious. Tellingly, her reason for this discomfort is the suspicion that everyone would be looking. Not just looking, but judging, for being naked, "...is like exposing the truth of who I am: confident, sure, but sometimes insecure, scared, and not always feeling like I'm good enough. There's no hiding your flaws when you're in the buff."

However, while at the spa there was a moment of insight. The author realized that her body was just one of the many there and none of them rivaled the retouched bodies in the media. Her conclusion: "...but they were beautiful for how different and real they were. They had wide thighs, tiny boobs, rippling butts. And my body, in its own unique way, fits into life's motley collection, as different and divine as the rest."

She adds a very telling observation, "If being naked is, as I've come to believe, about fully owning your true self, I want to be on that train!" This is a brilliant message. Bless you Amy! You have reached enlightenment.

A sidebar to the article was the reported reader opinion that 61% feel pretty good about looking at themselves naked – flaws or no flaws, while 26% said they miss the past and 13% dread the future.

Do you suspect that Amy and her family just might become naturists at some future point? She may be part of the non joiner generation, but her spirit is in solidarity with naturism.

Health doesn't publish its monthly circulation, but it's a national magazine and has offices across the country. Their website claims that advertisers can reach over 15 million consumers. Who would have guessed?

Some other demographics are that 76% of readers are women, the median reader age is 48, with a median income of \$58,226, and 58% are married. These are impressive numbers. Naturists couldn't ask for a better format to have their views presented from an unbiased source.

For the full article see the September 2010 issue of Health magazine [Ed.].

Nervous Naturist

In our never ending search to bring you the best on the internet from the naturist perspective here is an offering that is truly worth the look. In this case the LadyGod1va blog. Go to: <http://ladygod1va.wordpress.com/>

I believe you will be as impressed as I am with this young woman. She lives in the UK and first came to my attention for her video of her nude appearance on the 9th plinth. Learn what that is all about when viewing the video.

LadyGod1va is an unabashed supporter of nudity since becoming a naturist 11 years ago. Most recently she was featured on the cover of the Canadian naturist magazine, *Going Natural*.

With her permission, we are reprinting one of her thought provoking and challenging blog posts as a sample of her writing and thinking. Perhaps some of you would be willing to send a response to her two questions for inclusion in the next *Bare Facts*. [Ed.]

By ladygod1va

First of all, I would like to thank all who have sent me emails, commented on blogs, on pictures and twitter, congratulating me for my effort to bring this subject into the public discussions and giving me encouragement to do more.

My effort is not without pain. Whilst the naturists may think I did well, there are large numbers of people who think I'm quite mad. So... I've been thinking...

I have a choice to make. Do I fight this prejudice and ignorance or crawl back into hiding behind my garden fence?

But the genie is out and you can't turn the clock back... so I have no choice but to fight. Whilst I am quite happy to fight my own fight, no one is treating this as a personal fight... it's a group thing. I am part of the group of people around the world who think the freedom to be nude is our right as human beings. OR am I? Are these just words or are people out there who genuinely believe in this and are willing to do something about it.

I've been using my blog, twitter and Skinbook for a few weeks now and trying to understand their purpose and how I can use them to promote naturism/nudity?

I can't figure out the purpose. There are very few blogs and those that are written don't really have any debate going on, most people seem to leave short, same old comments on nude female photos which attract more comments than others. I was expecting to find a lot more organization of events, people having local events as well as international events etc. So – can you please help me to decide how best to use these sites. I am not looking for sex, I don't see the point in one to one chat, I think web cam stuff sounds bit seedy, ... I know that we all share one thing in common, that is we support the right to be nude, whether as an individual or a group.

My belief is that we need to tackle the prejudice towards nudity, we are not going to get the world to accept it as norm, but we must attempt to get the world to accept that it is our right if we select to practice it. This is no different to many other campaigns against prejudices going on and gone on in the past.

I don't believe for a minute this or any other campaign can be conducted without casualties. Of course if you come out and state you like being in the nude, someone will think less of you or worse attack you in some way. But if we go on hiding behind high fences, are we doing anything more to progress

this way of living. Is the only thing we can do – talk about how unfair the world is amongst ourselves? Are we really going to get anywhere by crying on each other's shoulders and looking at pictures of how free we have been able to act when no one was looking?

So, what do we want to do? Look at the photos or do something positive...whatever that might be. What would you like to see happening? What would you be able to do? How far can you go? How proud are you of being yourself?

I have 2 questions that I would like your help in:

1. What are you willing to do to follow your belief that while respecting the rights of others you have the right to be nude?
2. Are we using these internet sites to their best effect? What would you like to be able to do? What would you like to see the end of?

If you think the only thing open to you is to rummage around the internet looking at people's naturist (or other) photos – well no harm in that. The internet is an excellent means of communication and I'm sure you will get what you desire.

If you agree or disagree with me, I would like to see a debate. Looking inwards, let's examine our own intent, ability and use of the internet. I'm happy to address any comments, but please don't take anything said above personally. It's my view only. You have the right to ignore it!

Lake Edun Foundation, Inc.
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**Membership Application
 Change of Address Form**
Please Print

Name: First _____ MI ____ Last _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ DOB _____ E-mail Address _____

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:

	Single	Couple	Amount
Lake Edun Foundation Membership	275.00	350.00	_____
Associate Member (Over 125 miles away)	175.00	250.00	_____
Recession Discount – if you need help	(50.00)	(75.00)	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
<i>Lake Edun Exposed</i> – Video		25.00	_____
<i>Lake Edun Exposed</i> – DVD		50.00	_____
Naturist Society Membership		55.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation - Improve our Educational Program			_____
Tax Deductible Donation - Legal Defense Fund			_____

Total Enclosed - Check, Money Order, or Credit Card _____

Charge my Visa; MasterCard Discover # _____ Exp. ____ / ____ \$ _____

Note: There is a \$30 charge for any checks returned unpaid for any reason.

Annual Meeting And Board of Directors Responsibilities

2010

Our Annual Meeting, as required by our By-Laws is scheduled for October 30. This is an opportunity for our Board of Directors to report on progress and plans to the membership; it is also an opportunity for members to bring suggestions and concerns to the Board. We hope all Eduners will plan to attend this important meeting.

We also hope some members will consider running for a position on the Board. It is the Board that makes everything happen for the foundation. They make the plans and allocate our budget. Please don't wait to be asked. If you have an interest, review the responsibilities and take some time to give back to an organization that has given so much to all of us.

The Board of Directors sets policy and implements the program for the Lake Edun Foundation. Board members meet monthly as a group and as needed with their committee. Each member of the Board chairs a committee with specific responsibilities and makes periodic contributions to *Bare Facts*.

President:

Preside at all meetings of the Board of Directors. Sit as an ex officio member of all committees.

Secretary:

Keep minutes of meetings of both the Board of Directors and members. Maintain membership records. Correspond with members and with others for the Foundation.

Maintain contact with all appropriate national organizations including TNS, NEC and NAC. Educate our membership on the function and importance of these organizations. Encourage support among our members for these groups.

Treasurer:

Account for all money and property owned by the Foundation. Pay all legitimate invoices in a timely manner as directed by the Board. Make regular financial reports to the Board.

Facilities and Conservation:

Insure we meet our obligations for conservation, maintenance and improvement as required by the terms of our lease. Organize resources, including work days, toward achievement of these obligations. Coordinate with other committees to insure their requirements are met. Provide advice for members on their agricultural activities and garden plots.

Our lease requires we maintain a rustic, natural setting. This committee must plan ways that will tend to encourage suitable plant and wildlife growth. This includes planting trees and shrubs and attracting compatible wildlife. This does not mean all plants and wildlife are desirable. Poison ivy and other noxious and annoying plants must be discouraged. Likewise, beaver that kill trees or muskrat that damage the dam are not desirable. Our objective is to balance the needs of desirable plants and wildlife against our lease requirements.

Promotion/Publicity

The promotion and publicity committee should work in concert with the Education Committee to arrange for appropriate publicity of our foundation with the objective of improving the public perception of nude recreation in general and increasing membership in the Foundation. We want to present nude recreation as a healthy alternative to other forms of family entertainment. We should strive to be featured positively in news stories twice during the year.

Member Relations:

The overall purpose of this committee is to improve membership retention. Screen new applicants. Make a recommendation to the Board concerning their suitability for membership. Maintain contact with members; determine problems or conflicts that may develop with their membership. Work with the Social Committee to develop meaningful activities for all members. Remind members we have not seen about upcoming activities. Keep all members active and interested in the Foundation.

Education/Outreach:

Implement the educational mission of the Foundation to the public through seminars, press releases, articles, presentations, meetings, interviews, etc.

Education & Outreach committee is responsible for spreading the word on the beneficial impact naturism can have on the individual, the family, and our community.

Bare Facts Editor serves on this committee. Edit, write articles for, produce, print and mail our monthly newsletter.

The **Web Master** also serves on this committee. Maintain and enhance our presence on the Internet.

Social:

We realize not everyone will be comfortable with the Nautist lifestyle at first. The Social Committee must plan and coordinate special activities throughout the year that implement our educational objectives with our membership and permit members and guests to learn firsthand about the benefits of naturism. It should plan indoor events during winter months when use of our leased facility is not practical. It should make a special effort to conduct events that will attract women and families to the Foundation. Major summer activities should be limited to not more than one per month.

Return to Edun is a sub-committee. If appropriate, it plans the annual Return to Edun celebration including entertainment, security, and all aspects required for the safe execution of this event. Our objective for Return to Edun is to host an event to provide an enjoyable introduction to nude recreation for those who may not have tried it in the past. This committee should plan an event that is safe, enjoyable, and attracts new people to try the clothing-free lifestyle and then join the Lake Edun Foundation.

Survey

By nearly all measurers, 2010 has been a wonderful year for the Lake Edun Foundation. As we bring this year to an end, we are making plans for the next year. As part of the process, we seek input from all our supporters and friends. Please take a few minutes to complete this survey and return it either by mail to P.O. Box 1982; Topeka, KS 66601, or email it to maxine@lakeedun.com, or drop it in the slot in the barn on your next visit. A large response is important so we plan properly. Please do this SOON. If you wish, write your name at the top.

1. Are you a member of the Lake Edun Foundation? Yes; No
2. Approximately how many times did you visit Lake Edun in 2010?
 None; Once; 2-5; 6-10; More than 10 times.
3. If you visited Lake Edun, were you comfortable during your visit? Yes; No
4. Did you camp overnight on any of your visits? Yes; No
5. What did you find most appealing about Lake Edun?

6. What did you find most least appealing about Lake Edun?

7. If you visited Lake Edun less than 5 times, what prevented you from visiting more often?

8. Did you ever come to Lake Edun for any of our Saturday Night movies? Yes; No
9. We will be working on our budget for next year soon. Please tell us how we should budget funds available for improvements. Please rank these in order of desire ability to you with 1 as **most** and 8 **least** desirable.
____ Complete repairs to existing lounge chairs and purchase more.
____ Purchase a new projector so we can continue to show Saturday Night Movies.
____ Install a water filter for the shower and sink.
____ Purchase a wind surfing board for use on the lake.
____ Purchase other non-motorized boats for use on the lake.
____ Make more trails.
____ Complete the North Road to the other side of the lake.
____ Other _____

10. One person suggested we plan a Family Day for a Sunday in early June, 2011. During this day, only visitors accompanied by their family would be permitted to visit the lake.
If we planned a family day, would you visit with your family? Yes; No
Do you think a family day is a good idea? Yes; No; No opinion
11. If there were a clothing-optional Bed and Breakfast near Lake Edun, would you stay at the Bed and Breakfast? Yes; No
Would a nearby B&B make it easier for you to visit Lake Edun? Yes; No
12. The Naturist Society conducts a number of "Gatherings" at various sites around the country. These are social and educational opportunities for Naturists to share with one another. If we planned a trip to a Gathering, would you be interested in joining us? Yes; No
13. Do you have any other comments or suggestions we should take into consideration as we make plans for next year?