

Bare Facts

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38° 58' 7" North; 95° 47' 56" West

Annual Meeting Scheduled

Sometimes forget the Lake Edun Foundation is an educational, not-for-profit foundation governed by a volunteer board of directors. It sets policy and works to fulfill our mission. As we approach our annual meeting, it is time to elect a new Board. All Eduners should consider a position on this body. The only requirement for a board position is to be a member in good standing. Our Annual Meeting will be held on Saturday, October 27 beginning at 6:30. Complete details will be included in the next issue of *Bare Facts*.

This year, selection of board members will be particularly important. Webb, our long-time supporter, has announced he intends to dial back his involvement. While he assures us his enthusiastic support for our mission remains strong, he has made clear he is anxious to reduce his involvement. He assures us he will remain available to consult with new board members and guide any transition.

The Board both sets policy and is a working board. Each member is expected to assume responsibility for some aspect of our mission. A complete list of board responsibilities can be found later in this issue of *Bare Facts*. We have many new members. We hope some will consider a board position so the board reflects our membership. Men, women, seniors, couples with families at home, and NUTs (Naturists Under Thirty). We want the board to be truly representative.

Our mission is to educate the citizens of Kansas and western Missouri on the beneficial impact living a clothing-free lifestyle can have on the individual, the family and our society, in general.

Fall Work Days Scheduled

We rely on the combined efforts of our members in both Spring and Fall to open and close our season. We customarily schedule more work days than are typically required because we never know what Kansas weather will do to our schedule.

In the Fall, we basically secure everything and prepare it for the cold weather. If you are available, we hope you will join us. It really isn't difficult and, with enough help, can be fun. Our volunteers are what keep our membership costs so reasonable. We appreciate everyone's assistance.

Then, after the leaves have fallen and it has become legitimately Kansas Cold, the Winter Warriors take over. This is a group of dedicated volunteers who take on some of the major projects required to move us ahead. Typically, because of weather considerations, these are best done during cold weather when the chiggers, ticks and poison ivy are not a problem. Some of our projects include cutting Cedar trees, clearing the North Road and keeping the dam clear. Last year, we made major progress in all three areas and we thank the small, dedicated group who helped.

Report On August Activities

We tried something new in August, this year. Every Saturday we scheduled a trained massage therapist to dispense their special skills on anxious Eduners. Judging from the lines of those patiently waiting, it was a huge success.

But, that was not the only activity for Eduners as summer came to a close. We had a large number on hand for our final Open House. Our membership numbers continue to grow. We are gratified by this show of support.

Wine and cheese tasting on the 18th was moderately well supported. Pepper Jack cheese was the clear favorite of those participating. We had four different versions to choose from.

Wine, on the other hand was a delicious selection of varieties. It occurs to us, after the fact, that if each participant brings a bottle of wine, once they are all opened, we have a lot of wine. And, of course, it would be a shame not to drink it. From what we recall of the evening, it was wonderful.

As the month approaches a conclusion, our weather has changed. Finally, some rain! A welcome sight. We suspect the grass and trees will appreciate it even more than we.

Sauna Season Begins

Hard to believe: Just two weeks ago we could take a sauna by walking outside. Now, we are scheduling regular saunas.

Cooler temperatures mean sauna season is just around the corner. Sitting in the heat of the sauna can be amazingly relaxing. If you have experienced a mid-winter sweat while the snow covers the ground, you have enjoyed this wonder. If you have never had this experience, plan to join us at least once this sauna-season. Our first sauna is scheduled for Wednesday evening, September 19, beginning at 7 pm..

DON'T FORGET

Sept 1; Sat; Dusk; Evening program
Sept 2; Sun; Dusk; Evening program
Sept 3; Mon; Labor Day
Sept 8; Sat; Dusk; Evening program
Sept 9; Sun; 12-4; Work Day
Sept 9; Sun; 4-6; Board of Directors
Sept 19; Wed; 7-9; Sauna
Sept 29; Sat; 12-4; Work Day
Sept 29; Sat; 8-10; Sauna
Oct 13; Sat; 12-4; Work Day
Oct 13; Sat; 8-10; Sauna
Oct 14; Sun; 12-4; Work Day
Oct 14; Sun; 4-6; Board of Directors
Oct 18; Thurs; 7-9; Sauna
Oct 20; Sat; 12-4; Work Day
Oct 23; Tues; 7-9; Sauna
Oct 27; Sat; 6:30; Halloween Party; Annual Meeting follows

From The Mail Bag

Dear Lake Edun,

I really appreciate the weekly newsletters [emails]. It's been crazy over here in Ellsworth, and I haven't made it over like I had planned. Definitely will be before too long. I know weather will be changing.

Again thanks, and I truly wish I lived closer. I would enjoy spending a great amount of time volunteering at Lake Eden.

Again thanks.

– Dennis

First Time Experience

by Brian, Recent Convert

I am a life-long Topekan in my mid-thirties. All my life I have been a "follow the rules...play it safe" kind of guy. In recent years I have come to realize that I have never been bold, never really taken a chance. Since life is all about experiences, I decided to break out of my comfort zone.

When I heard of the last Lake Edun Open House, I thought of attending, yet didn't. When the opportunity came again I decided to "just do it". When I mentioned it to my friend Doug, he decided to come too. He was worried about two straight guys being mistaken for otherwise, to which I said, "who cares what people think!"

To be honest I was nervous. Although I am comfortable with my body, I am definitely not a male model and could stand to lose 30 pounds. We planned to get to the Lake well before the 3PM "optional" time, but arrived just as 3 o'clock struck and found Webb "going natural". I just kept telling myself, "you can do this...this is not the first time you've been nude around others...and it won't be the last".

Doug and I walked around fully dressed, marvelling at how peaceful and well-kept Lake Edun really is. There were a few people around, some dressed, some not. When we came to the swimming beach I said to Doug, "I don't want to make you uncomfortable, but I think I want to try it. 'When in Rome...'" He wasn't so sure, but was willing to let ME enjoy the full experience (he decided to just take off his shirt).

So, in front of God, a dozen strangers, and my best friend....I took it all off. I tried to be respectful of my friend's own comfort zone, but I enjoyed just letting everything hang loose. But, laying on a secluded beach is one thing, being comfortable around others is another. So when leaving I decided to remain bare until reaching the barn. After a few moments of nerves, I found that I could enjoy a friendly, jovial conversation with Webb while still nude.

To close, I am appreciative for the experience to breakout of my comfort zone. I hope to plan another visit to Lake Edun. It is truly a relaxing and peaceful experience.

Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats
- Chipper we can borrow
- Lawn or lounge chairs
- Large water storage tank
- Plastic barrels
- Concrete pavers
- Aluminum cans, etc
- Cable spools

French Police Take Indecent Stand Against "Indecency"

There are strange things going on no matter where you look. Europe, that bastion of naturism, or so we have been led to believe, continues to surprise. Take this item from France, for example.

French police have warned Paris residents against taking their clothes off for sunbathing in the capital's parks or the banks of the river Seine.

Minimum dress code requirements have been set in an effort to maintain decorum in the city and the police will crack down hard on infringements.

When the temperature rises to an uncomfortable degree, police say it's ok to put on your best swim suit and lay out on the grass or on the banks of the Seine. But their dress has to be, "decent and in accordance with good morals and public order." Further, anyone that allows the genital area or breasts to be seen constitutes sexual exhibition and is punishable by a year in prison.

Read it for yourself [here](#).

Burning Man Bru Haha

Organizers of the Burning Man arts festival which has been held annually since 1991 and operates under a federal permit issued by the Bureau of Land Management have filed a federal lawsuit against local officials for imposing an ordinance that could require participants to wear clothing and otherwise tone things down a bit at the event dedicated to radical self-expression.

Burning Man takes place over Labor Day weekend. This year's event is expected to draw some 60,000 people who will camp out and create a temporary city in the desert. The festival features elaborate art installations, music, a gift-based economy free of advertising and plenty of free-spirited people.

There is always plenty of nudity at Burning Man. Starting in 2013, the local festival ordinance will enable sheriff's deputies to regulate activities they consider to be "obscene, indecent, vulgar, or lewd."

The ordinance also could prohibit children from attending.

Burning Man organizers say these rules will change the nature of Burning Man, and it's not within the authority of Pershing County to do that.

More information on the Burning Man Festival and this incident can be found [here](#).

Support Naturism, Join TNS

Sometimes we forget how much others do to support those things that are most important to us. That is certainly the case for the Naturist Society.

From their superb publications to their tireless support for the rights of Naturist across the country, we always count on the Naturist Society to represent our interests. They need to count on us. Show your support by [joining](#) TNS today.

Annual Meeting And Board of Directors Responsibilities

2012-2013

Our Annual Meeting, as required by our By-Laws, is scheduled for October 27, 2012. This is an opportunity for our Board of Directors to report on progress and plans to the membership; it is also an opportunity for members to bring suggestions and concerns to the Board. We hope all Eduners will plan to attend this important meeting.

We also hope some members will consider running for a position on the Board. It is the Board that makes everything happen for the foundation. They make the plans and allocate our budget. Please don't wait to be asked. If you have an interest, review the responsibilities and take some time to give back to an organization that gives so much to all of us.

The Board sets policy and implements the program for the Foundation. Members meet monthly as a group. Each Board member chairs a committee with specific responsibilities and makes periodic contributions to *Bare Facts*.

President:

Preside at all meetings of the Board of Directors. Sit as an ex officio member of all committees.

Recording Secretary:

Keep minutes of all meetings of the Foundation. Maintain contact with all appropriate national organizations including TNS, NEC and NAC. Educate our membership on the function and importance of these organizations. Encourage support among our members for these groups.

Secretary/Treasurer:

Check our P.O. Box and reply to inquiries received by mail or email. Update our database so we have accurate mailing address, email address, and an accurate record of payments received. Make bank deposits and pay legitimate invoices. Prepare monthly financial statements. File our 990 taxes and annual form with the State of Kansas. Account for all property and money owned by the Foundation. Run labels for *Bare Facts*. Print out and mail member cards. Periodically print member lists for the board & caretaker.

Promotion/Publicity:

Send out our weekly emails [Currently done by Maxine].

Suggest updates & changes for our web page to our Web master. Post updates on Facebook. We really need someone to do more with these. We should probably also do something with twitter, linkedin and other networking sites.

The promotion and publicity committee should work in concert with the Education Committee to arrange for appropriate publicity of our foundation with the objective of improving the public perception of nude recreation in general and increasing membership in the Foundation. We want to present nude recreation as a healthy alternative to other forms of family entertainment. We should strive to be featured positively in news stories twice during the year.

Facilities and Conservation:

Supervise the Caretaker. Insure projects are undertaken in a priority consistent with the Board's directives. Keep a list of special projects we can work on. Be present for all work days. Handle personnel matters. Arrange for hosts for winter saunas and summer movie nights. Make recommendations to the board regarding development and improvements.

Insure we meet our obligations for conservation, maintenance and improvement as required by the terms of our lease. Organize resources, including work days, toward achievement of these obligations. Coordinate with other committees to insure their requirements are met.

Education/Outreach:

Implement the educational mission of the Foundation to the public through seminars, press releases, articles, presentations, meetings, interviews, etc.

Education & Outreach committee is responsible for spreading the word on the beneficial impact naturism can have on the individual, the family, and our community.

Bare Facts Editor & Publisher serve on this committee. Our monthly newsletter is an important component of our educational mission. Edit, write articles for, produce, print and mail our monthly newsletter. We strive to make *Bare Facts* a respected source for information on body acceptance, the history of common nudity, and the impact living a clothing-free lifestyle can have on the family and our society.

The **Web Master** also serves on this committee. Maintain and enhance our presence on the Internet. Keep our web presence vital and relevant.

Social:

We realize not everyone will be comfortable with the Naturist lifestyle at first. The Social Committee must plan and coordinate special activities throughout the year that implement our educational objectives with our membership and permit members and guests to learn firsthand about the benefits of naturism. It should plan indoor events during winter months when use of our leased facility is not practical. It should make a special effort to conduct events that will attract women and families to the Foundation. Major summer activities should be limited to not more than one per month.

Member Relations:

The overall purpose of this committee is to improve membership retention. Screen new applicants. Make a recommendation to the Board concerning their suitability for membership. Maintain contact with members; determine problems or conflicts that may develop with their membership. Work with the Social Committee to develop meaningful activities for all members. Remind members we have not seen about upcoming activities. Keep all members active and interested in the Foundation.

True Christians Are Naked Christians, As Wearing Clothes Is Devil Worship

The following tongue-in-cheek analysis of the Biblical creation story we all are so familiar with has a certain ring of truth. Indeed, the culturally enforced myth that the human body has to always be clothed to be moral, modest, and chaste is unquestioned in much of the world. But maybe, just maybe that isn't necessarily so. Could it be that all our fathers and mothers for hundreds of generations were deceived?

Terry Alexander just might have stumbled on to something, however humorously and inaccurately he reports the story. For example, it was the Tree of the Knowledge of Good and Evil, not the Tree of Life, whose fruit was eaten by the first nude twosome. Regardless of this, that we have continued to believe a lie, (i.e., nudity is evil) that is honored by time doesn't make it any less a lie.

However he reaches his conclusion, I like it! Lol. So free your minds, listen to Brother Terry and be edified. [Ed.]

By Terry L Alexander

If you really believe in God why shouldn't you be walking around naked? God created man and woman and that they were completely naked and content with being naked. MOF God must sit around naked too, because the human race was created in his image.

It's very obvious, in the Bible, that God has no problem at all with complete nudity. If God was a prude, like most of the people are, he might have made a man and woman who weren't naked but had fur or clothes or some type of covering. He didn't, he created them in his image, naked.

That kinda makes the question, "If God is comfortable with nudity and nakedness why are so many supposedly religious people horrified by nudity?" Not surprisingly, God's cool with it, why aren't they? Perhaps they aren't as religious as they claim to be, or like most people they pick and choose what part of the Bible they want to believe and throw the rest out. That isn't truly religious.

Matter of fact wearing clothes is sacrilegious and is actually a way of showing that you worship the Devil. The more expensive the clothes the more involved in Devil worship you are. Fashion models are pawns belonging to the Devil and the clothes they induce you to buy makes the Devil stronger.

Say what? Clothes are the Devils creation. Yep, for sure. Obviously they weren't Gods creation as he created naked people. So how did the Devil get us to wear clothes? Well, you have

**In Truth, the
only true
Christian is a
Naked
Christian**

**If you really
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to go back to the Garden of Eden and the tree of life.

Adam and Eve wandered happily through the Garden of Eden for quite some time, totally naked and happy with it. When Eve, that evil woman, lead the good man Adam astray. Women have been leading men astray since Eve first did it to Adam, even to this day. But, that's a subject for another day.

Anyway, Eve and the serpent talked Adam into eating the fruit from the tree of life. The absolutely forbidden fruit. Now before Eve and the serpent could convince Adam the serpent first had to convince Eve. Evidently it was pretty easy to do and it's still easy for women to be lead astray to this day. Oops, digression, again. My bad.

Anyway, after Eve and the serpent convinced Adam to eat from the tree of life, see there, a woman leading man astray, as usual, they both saw that they were naked, and covered themselves. So you see, actually wearing clothes pays tribute to the Devil and makes him stronger as he has so warped our minds that we think nakedness is bad even though God created us naked.

So all you religious people, stop paying tribute to the Devil and start paying tribute to God by living as he created man and woman. Naked. If you aren't naked you will be labeled a Devil worshiper or worse, a heretic. Stop paying tribute to the fashion designers by not buying the Devils goods they are selling.

In Truth, the only true Christian is a Naked Christian. For the complete story, go [here](#).

Eden's Children

As with all movements that survive over time there is an ebb and flow of enthusiasm, creativity, and energy. Much angst and despair has been expressed over the future of naturism with the graying of the current generation. Probably the post WWII naturists had similar feelings.

Back in the 1920's and 1930's, there was an abundance of highly optimistic enthusiasm. It was predicted that social nudity would become so widely practiced and accepted in the not too distant future that naturist parks would no longer be needed. Public hostility to nudity would then become a thing of the past. Sorry, didn't happen.

Lots of things have radically changed in culture since those heady days, but acceptance of public nudity hasn't been one of them. Indeed, that vision for the future seems more remote than ever.

No doubt post WWII naturists had to wonder what the future held for them in a war ravaged Europe. Instead of despair, they went to work and rebuilt naturism. Anyone who does a Google search for European naturist locations will be astounded at how many there are.

American and European naturists are again at a crossroads. Post war and sixties generation folks wonder who will follow after them as for a number of years fewer younger people

were participating in social nudity.

It is encouraging that The Nudist Idea as historian Cec Cinder chronicled is experiencing a spontaneous renewal. It's a renewal arising among the young, not directed by the older generation that is starting to appear and flourish.

Photographer Sarah Aubel has made it a project to document some of these young people who will carry the nudist idea forward. The website below will direct you to some of her photographs and the essay below which explains her vision.

I particularly appreciate her articulate differentiation between naturist's nudity and the exhibitionism of commercial nudity and pornography. Her powerful insight is in distinguishing the, "sexual body from a natural body." Her pictures demonstrate the aesthetic of simple nudity in its beauty, moral modesty, and simple truthfulness, a distinction lost on the knee jerk reaction of the crowd. [Ed.]

Nietzsche said "being free is living nude and without shame."

Since its birth in the 1880's, Naturism has always been a victim of an awkward confusion. Even now that nudity is extremely publicized by the mass-media, and pornographic images have never been so easily accessible, this way of life still suffers from an image or reputation of inappropriate behavior.

To understand it, it is imperative that we make a distinction between an intimate body, such as a sexual body, from a natural body. It's with this differentiation that this very important notion of modesty will mark the difference between Naturism and Exhibitionism. As such, the body loses its worth as an object of seduction. The eyes do not linger, there is nothing to see, everything is there.

We must even more importantly distinguish Nudism, the simple fact of enjoying being nude, from Naturism, which advocates reconciliation with nature and an attachment to moral values. Being nude is not a goal in itself, but a way to access this harmony with the elements, a path towards tolerance and accepting others and ourselves. Being nude triggers a different relationship with others: without apparel, we cannot belong to a stereotype, we simply exist. Being nude is the most natural way of being ourselves.

My view was focused on these young adults, the new face of Naturism. Their commitment and profound attachment with the values of this practice inspired me to capture this series of images. I started this project wanting to make an inventory of this way of life and make a portrait of this new generation that both intrigues and arouses questions. I thank them for their absolute trust and for the faith they had in this project.

– [Sarah Aubel](#)

If you do not receive our brief, informative weekly emails, please contact us at benude@lakeedun.com

Naturism Growing In Portugal

Here and there naturism makes a breakthrough. Naturist friendly France and Spain have been the popular destinations for a thriving international naturist holiday tourist industry. Portugal with its warmer southern ocean exposure has lagged behind. No more. Naturists are vigorously seeking to change that.

The tourist demand to visit Portugal for holiday is there. The number of visitors is growing which makes investing in more infrastructures viable. The key to further growth naturists say is more promotion and support from local government and media.

Presenting naturism favorably in the media is a problem in a number of countries, including America. The truth is that the majority everywhere tend to allow media opinion makers to shape their views. Until this is overcome, it is unlikely government and media will take a more positive stance toward naturism.

For way too long American naturists have passively waited around, desperately hoping for the "media" to write favorable stories. This is an exercise in futility. Most in the media are as encrusted in the safety and preservation of the status quo as the rest of society. Virtually no one in our media is going to promote naturism. Instead, Portuguese naturists are openly speaking up and boldly promoting themselves. There's a lesson in this for American naturists. [Ed.]

With its beautiful beaches, year-round sunshine and laid-back lifestyle Portugal has always been a magnet for foreign naturists. But it seems the dressed-down way of life is becoming increasingly popular among the Portuguese, too.

There is a growing interest nationally as well as internationally. There are more and more Portuguese naturists, maybe because of a growing open-mindedness, and they are glad to find [options] in Portugal, near home.

This has also been found by Paula Dias, of the Portuguese Naturist Association, who says, "Without doubt the naturist sector has grown in Portugal, not only in Portugal but globally."

She attributes that growth to, "an increasingly promoted way of life, enjoyed more and more around the world and in Portugal due to a surge in the number of clubs and associations that allow this sector to be explored along with its advantages."

According to the Central Naturist Club (CNC), "In Portugal

**Being free is
living nude
and without
shame.
– Nietzsche**

**"There remains
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there is a growing demand among foreign citizens and a greater interest or discovery on behalf of the Portuguese citizens”, which has translated into busier beaches and more demand for information regarding naturism.

For Portugal to make the most of the burgeoning industry, “the first step would be for the Portuguese Tourist Board to acknowledge the importance of this niche market sector, through the promotional campaigns that we have, and to attract investment in this area.”

Over recent winters O Barão has received an increasing number of retired sun-seekers from England, Holland and Germany: “They just want to avoid the bad weather in a comfortable, beautiful and natural environment. This is a growing group.”

“In order to create a more profitable sector in Portugal, all types of tourism need more positive promotion and support from (local) government and media”, a naturist spokesman says, adding: “There remains unharnessed potential to make profit from naturism and with the necessary support Portugal could benefit greatly.”

“The freest people I know are those who have the least to hide, defend or protect. Naked is powerful.”

– Alan Cohen

Den Mother Ousted For Breastfeeding

After a meeting that included their Cub Master as well as Boy Scout Council members and the Boy Scout troop committee, Tess and her husband John were unhappily surprised to discover that they were going to be voted out. Tess says the reason given was the fact that Tess breastfed her little boy during meetings and it was felt to be inappropriate and offensive.

“She was told that breastfeeding is disgusting and that it did not belong in the scouting organization.”

Tess alleges she was then subjected to a verbal tirade – she says was told that breastfeeding is disgusting and that it did not belong in the scouting organization. She and her husband were told that they and their children were not welcome on the premises and they were voted out of their positions, and said that my breastfeeding endangered the boys.

Hard to believe, but you can see for yourself [here](#).

There you have it folks: People being stupid all over the world out of fear of the human body whether live or in artistic representation. Go figure. [Ed.]

“Breast-feeding is disgusting.”

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**Membership Application
Change of Address Form**
Please Print

Name: First _____ MI _____ Last _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ DOB _____ E-mail Address _____

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:	Single	Couple	Amount
Lake Edun Foundation Membership	275.00	350.00	_____
Associate Member (Over 125 miles away)	175.00	250.00	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
NUTs Membership (Must be under 30)	75.00		_____
Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
<i>Lake Edun Exposed</i> – DVD or video		45.00	_____
Naturist Society Membership		60.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation - Improve our Educational Program			_____
Tax Deductible Donation - Legal Defense Fund			_____

Total Enclosed - Check, Money Order, or Credit Card _____

Charge my Visa; MasterCard Discover AmEx # _____ Exp. ____ / ____

Note: There is a \$30 charge for any checks returned unpaid for any reason. Security code _____