

Bare Facts

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Box 1982; Topeka, KS 66601 ! e-mail: nude@lakeedun.com ! 785-409-0274 ! Website: www.lakeedun.com

38° 58' 7" North; 95° 47' 56" West

LEF Annual Meeting & Picnic

Our Annual Meeting this year will be combined with a picnic open to members and guests. Socializing will begin at 4 pm with some planned activities and libations.

At 5:30, we will begin serving dinner. LEF is providing the main course which is FREE for members (\$5 additional donation for non members). Everyone is encouraged to bring a side dish or dessert. Important: pre-registration is required by September 6 for everyone desiring the main course. Pre-register to brad@lakeedun.com.

Our Annual Meeting will begin after dinner. We will elect new members to the Board of Directors, hear reports on our progress for the past year, and discuss issues for the upcoming year will be Saturday, September 12. This is an important opportunity for all members to learn more about our mission.

The Board is our governing body. It sets policy and insures we deliver a quality program. LEF can not exist without an active Board to put our program into action. Next year will be a year of transition. It will be extremely important to the long term health of the Lake Edun Foundation.

Elsewhere in this issue of Bare Facts is a description of the various responsibilities board members undertake. We hope all Eduners will identify an area of interest where they can make a meaningful contribution and give back to naturism in the mid-west.

Details about the picnic will be sent by Brad in his weekly emails. Mark your calendar and make your plans today.

As The Seasons Turn

Temperatures seem to have already headed down; a signal the season at our special place is waning. It is easy to forget the great opportunities available even in cooler weather.

For those disinclined to enjoy Summer camping, cool Fall nights are wonderful. Plenty of firewood is available for all our fire pits to make Fall camping with friends a real treat.

For those who enjoy keeping a bit more active, we schedule work days in the fall to help secure our special place for the coming Winter. This means gathering up the lounge chairs, securing trash cans, and doing the many other tasks necessary. None of it is difficult and with enough hands, it goes quickly. Check the schedule to see if you can assist with one.

Going forward, we will be reactivating the Winter Warriors to do some of the 'heavy lifting' so necessary for our special place. This Winter, we will be concentrating on clearing the trees (that did so well) from the dam and some other tasks. By working together this group becomes close. If you are interested in joining this special group, just let us know.

Jammin' And Jammin'

On August 22, over 20 Eduners and friends were on hand for our first Jammin' and Jammin' event. Ralph Earles, who had pioneered making jam with our plums, provided a delicious recipe. Andy spearheaded this year's effort. He gathered the plums and encouraged enough culinary expert assistants to make it easy. Brad demonstrated his considerable ability on the guitar and helped to make the time disappear as fast as the plums Andy had gathered..

After about 4 hours of hard play and not-so-hard work we put up about 100 jars. Everyone involved admitted 'testing' our product ... more than once. "Delicious" was the verdict.

A limited number of 4 oz. jars are still available for sale at the barn for \$4. A bargain for fresh, delicious, naturally made (by naturists) jam. If you're interested, don't delay. After we sell out, you will need to make your own.

From The Mail Bag

Visits were great! I'll be back next year!

– Aaron C. P.; from North Carolina

In This Issue

- ! Heartland naturist Festival 2015
- ! What one reluctant woman finally learned
- ! What can/should Naturists learn from the LBGT movement
- ! Extend your life & improve your health with vitamin D
- ! First experience with nude Yoga changed her life
- ! What photographers learn when photographing nudes
- ! Haulover Beach turns 24

DON'T FORGET

- Sept 4-7; Labor Day Weekend
- Sept 6; Sun; Noon; Yoga
- Sept 6; Sun; 2-4; Board of Directors
- Sept 12; Sat; 5-6; Pot Luck Dinner
- Sept 12; Sat; 6-8; Annual Meeting
- Sept 12; Sat; 8-?; Music Jam
- Sept 19; Sat; 8-10; Sauna
- Sept 26; Sat; 12-4; Fall Work Day
- Sept 27; Sun; 8-10; Sauna
- Sept 27; Sun; 9-10:30; Lunar Eclipse
- Oct 2, Fri; 8-10; Sauna
- Oct 8; Thur; 7-9; Sauna
- Oct 14; Wed; 7-9; Sauna
- Oct 20; Tues; 12-4; Fall Work Day
- Oct 20; Tues; 7-9; Sauna
- Oct 24; Sat; 8-10; Sauna
- Oct 30; Fri; 8-10; Sauna
- Oct 31; Sat; 12-4; Fall Work Day

A Summer Day At Lake Edun

By: E. Curry

The lake is high because of the rains. The water laps gently on the shore of North Beach. Its 3:30 in the afternoon and the sun shining on the rippling water makes it look like continuous sparkling jewels. We get too hot, we jump in – refreshed in a moment. Then a brief swim toward the small island where the geese raise their little ones. We've watched them for years.

As we would expect, bees are on the clover, various insects buzz on their way to do their thing. A rabbit hops by. The beauty of Lake Edun is simply ... that it is. As a naturist I am allowed to be in nature and enjoy its simple pleasures.

I wrap my eyes around the scene from South Beach. How sad it would be to lose the beauty of the woods walking their way to the lake, so grown and tight you can't see through them. I don't go to Lake Edun without walking the trails – I see, hear, and smell a different part of its beauty.

Late afternoon and the sun is beginning to slide downward. Fish become more daring. Splashes are heard. Then their tails can be seen whipping the water. Yes, mosquitoes may show up. It's their habitat, too. For those of us camping, evening means meal preparations begin and we often share whatever we have.

By nightfall the crickets are chirping while the moon rises and the stars blossom. The lake again looks different with different sounds. Talk is quiet. Cooling breezes move through the campsites. Campfires are sometimes lit even in July. Michael and I have started bringing our camper, "Lucy," so we may not be with the tents. Alone in the woods with "Lucy," WOW! If we're there come visit us. Carl does. The sounds of the night continue from dusk to dawn.

Breakfast at Edun too can be a shared experience. The sun rising on the lake brings freshness and an invitation of welcome. To camp at Lake Edun, to wake up and start with the welcome of a new day gives a sense of refreshment and renewal and always a feeling of, "We're glad we drove the 3½ hours to get here."

I cannot come to Edun without remembering many that for one reason or another no longer come: Bobby, Sally, Cosmo, Cookie, Pastor Bruce and his wife, "Carver," and many others who first welcomed us. We thank you and miss you.

Sauna Season Just Weeks Away

It's hard to believe sauna season is about to begin. Eduners look forward to this Winter treat. It is a chance to relax and visit with other Eduners in our own, wood burning sauna.

To provide this treat to as many as possible, we schedule saunas on various days of the week. Check the schedule each month to find a date/time that fits your schedule.

Most important: Be sure to find time in your schedule for one of these luxuries this sauna season.

"We are ashamed of everything that is real about us; ashamed of ourselves, of our relatives, of our incomes, of our accents, of our opinions, of our experience, just as we are ashamed of our naked skins." – George Bernard Shaw

Buff Astronomer – September, 2015

This month produced a great sky on the "evening with the Buff Astronomer" adventure. I had two telescopes plus binoculars and electronic star viewers and some friends from Kansas City Heartland Naturists brought another telescope. A good time was had by all, including viewing a "double double" star in the Northern skies. The Milky Way was faintly visible (faded somewhat by local light pollution), complete with finding the center of our galaxy just to the west of the constellation Sagittarius. We saw Saturn's rings, the Summer Triangle, Bootes, and even traced Draco as it winds its way between the two bears. Thanks to all for making this night a delight.

September continues to be good for viewing the Milky Way and a better view of the Andromeda Galaxy will occur as Cassiopeia points towards one of the corner stars in Pegasus. Saturn starts September still in the constellation Libra, but will slowly move into Scorpius. On Sept 19, a waxing crescent moon will be only 1.5 degrees above Saturn.

A few days earlier, on Sept 10, the morning sky will have a waning crescent moon between Venus and Mars. Later, on Sept 21 Venus will reach its greatest brilliance, magnitude -4.8, as a blazing Morning Star. On Sept 25, Mars will be close (still in the morning sky) to Leo's brightest star, Regulus. They will only be ¾ degree apart

Finally, on Sept 27 most of North America will see the last total lunar eclipse for a good while. The viewing is better east of the Mississippi, but we should be able to follow about 72 minutes of evolving eclipse with peak coverage at 9:47 in the evening – Central time. The moon at that time will be just below the great square of Pegasus.

This is an exciting month for star and planet gazers, and I wish you good viewing as you join me, your Buff Astronomer, as we behold the beauties of the sky.

Body Comfort

Here's a [post](#) on Ali's Nudism blog. What I like about her blog is the brevity. Most posts are no longer than this one. Keep it pithy must be her motto even though she has a lot to say. Here's her answer to a reader's question. [Ed.]

Have you always been comfortable nude in front of others? If not, how long did it take you to become comfortable nude in front of others?

Answer:

No not really. I had a lot of body worries, especially post baby, and even before then I hadn't been the sort of person who felt confident with people seeing my body. It took me almost a year of being a nudist to give social nudism a try and while there were practical reasons for that it was also a lot more about having the courage to do it. In the end what won out was that I wanted to be naked somewhere, anywhere other than my home. And of course as soon as I got there and got naked all my worries went away.

Naturism – What’s It All About

Over the last year or so, membership in the Lake Edun Foundation has significantly increased. Those long time members are very encouraged by this development and what it means for our future. It is the Foundation’s hope that the fantastic Lake Edun property will be available for many years to come for naturists to use in keeping with the tradition and philosophy of historic naturism.

As the times change, continual adaptation is required to maintain our integrity, viability, and relevance. Over the years much has been written in the pages of Bare Facts about what it means to be a naturist. That being said, we turn to you, our members and visitors, to share with us what naturism means to you. What is your experience of naturism that moves you to visit Lake Edun time after time, perhaps year after year?

Please write to us about what naturism means to you. We would like to include your responses in future issues of Bare Facts. We can post your comments with or without your name as you desire. So please send us your comment and answer the following questions for us;

1. What do you enjoy most about Naturism?
2. What do you think Naturism is about, (other than what you enjoy as above)?

Just to give you some further food for thought, check out the LadyGod1va [website](#) and scan the answers from her readers to these questions. [Ed.]

Liberation Through Naturism

The following story chronicles the adventures of a British journalist on vacation with her family in France this summer. As it turns out, the resort included a clothing free area for sunbathing; something called a “balneo,” a kind of walled garden in which clothing was banned until 1 PM daily.

As soon as she saw the sign, she knew it would be professionally remiss not to see what the nudists were up to. Taking one for the journalistic team she says, “I’d have to strip.”

Once again the nearly invariable rule observed about journalists writing about naturism, women are by far more open and serious minded, even handed, and approving than are male journalists. It’s curious this is the case as there are a disproportionate number of men vs. women in naturism.

Many have tried to analyze this disparity and have offered good theories, possibly all containing part of the truth. Most of this inquiry has been initiated by men hoping to find the key to redressing the gender imbalance in naturism. Probably most women would endorse parts or all of these theories advanced. However, the problem is few women have spoken to this issue from their perspective.

While this writer isn’t trying to answer this theoretical problem, she does make a highly interesting observation about her own experience. Her insight is in contrasting male vs. female social experience. Rather than give her insight away, I will say that upon reflection it bears a remarkable correspondence with early naturist theorist Richard

Ungerwittter’s assertion that naturism benefits women even more than men in the struggle for equality.

The author goes on to say she was struck with anxiety about getting naked. She points to her fear of, “What will people think about my body?” She adds that no surgery or endless Pilates will disguise the damage done to her abdomen which had borne three eight-and-a-half-pound babies.

Upon entering the balneo and finding she was almost alone she quickly stripped off but noticed she was in a minority having pubic hair. Finding a sunbed in a quiet corner she began quietly observing those around her. Her fascination unquenched with what she saw, “I went back the next day, and the next, and the next. I couldn’t wait to get my kit off. In fairness, this may have had something to do with the absence of children, but I loved the politics.”

Most people there were pensioners who were clearly long time naturists, “...as you could upholster furniture with their over-tanned skin.” That being said, the writer makes another substantive and appreciative observation. “These bodies had lived well. The thighs were wide. The willies, every shape and size: and since there’s nothing less erotic than a flaccid penis, nakedness was entirely desexualized. There were lumps and bumps and scars. Outside, we’re worn out trying to cling to youth. Here, pensioners and imperfections ruled.”

In a well stated critique of our culture the author observes, “In the clothed world, we’re crushed by the tyranny of a physical ideal that is unachievable and unhealthy. In here, perfection was freakish.” She adds, “I realized how easy it is to create a norm – in the case of body shape, entirely artificially – and make everyone who doesn’t conform feel bad about themselves. I decided that this is why my generation was in the minority here. We’ve been crushed by bodily shame and anxiety.”

The author’s concluding paragraph is notable for zeroing in on a crucial cultural distinction between men and women in most of the world. “Chatting about it later with my husband and a lovely Dutch couple, the man, who had dancing eyes and an engaging smile, said: “But I don’t need to take my clothes off to feel free.” *That, I thought to myself, is because you already are free. I’m a woman, and for all my legal freedoms, I live in a prison, where every aspect of my life is controlled by men and judged by women.* Using clothes to make the best of myself was just a form of self-loathing. Taking them off was the only way to liberate myself.”

Naturism endeavors to redress the artificial imbalance between men and women. In naturism women derive a positive benefit that bypasses the impediments imposed on them by the larger society. With greater numbers of women participating in naturism not only do they advance their individual liberation, but also help in advancing this goal in the larger society. [Ed.]

The full story can be found [here](#).

We have come into the world naked, and all the animals are naked, why should man hide his body behind clothes?

The Intimacy Of Relationship

From the moment of our conception the intention of our DNA is to drive us toward intimacy. It is our design and destiny as humans to be in relationship with others of our species. Indeed, this is a drive for bonds of intimacy. These bonds are essential for our survival. How this is expressed after our birth is both biologically and culturally driven.

At the same time, forces in families and culture serve to create alienation. The results are disordered lives filled with pain that often spread their pathology to others. It is the task of civilization to counter destructive forces and encourage healthy relationships.

The German Life Reform Movement out of which Naturism came was one response to societal decline and alienation whose influence has endured and spread around the world. Unfortunately, the inertia of the status quo has prevented a more widespread embracing of naturism.

Intimacy is a loaded word as we tend to think of its meaning as primarily being sexual. This is far from the truth. Intimacy is a far broader term that includes numerous dimensions of a deep and warm relationship in addition to sexual behavior.

The social nudity of naturism by the dispensing of clothing has been long discussed as facilitating intimacy. The mutual agreement to be nude is by its nature an act of trust and faith in those you meet. If you spend extended time among naturists there is a subtle transformation that occurs.

Shame, Judgments and assumptions you may have brought with you from society about self and other people are eroded and eventually fall away in this open and accepting environment. You will discover your values have been re-aligned in a number of areas.

Body acceptance toward self and others really does emerge. Looking at people for who they are rather than their position in the outside world is a reality. Thinking of people largely in sexual terms fades, yet without diminishing sexuality's rightful place in your life. This is the establishment of a new boundary that previously you would have thought impossible.

Naturism teaches each of us to accept and value one another simply as we are without pretensions, grandiosity, or armor. Nudity is a symbolic declaration of freedom from the guardedness and hiding society demands. The naturist is in effect saying, "Here I am, get to know me. I have nothing to hide that society says I should feel shame about. If we grant this to each other, we will grow as individuals and as friends."

I came across a [blog](#) that discusses these concepts. Much of the liberating power of naturism is summed up in what the author briefly argues. [Ed.]

The author states that for him an important aspect of being nude in a social setting is what he refers to as the intimacy of nudism. He is clear to state he doesn't mean sexual intimacy, nudism is not sexual, but rather a form of personal intimacy.

Being nude in the presence of another human being can be a very powerful experience. Letting go of embarrassment, and

shame, and sexual thoughts, all of the things we are taught to associate with nudity, we connect with others in a more meaningful way. In our nude state we are reduced to our most basic essence. When we remove our clothing we remove our affectations of status, our costume of identity, the mask we present to the world.

The writer states when he is nude before others, it is more than just a body on display. What is revealed is far more than just assorted parts. There before you is all of my visible self, including everything the rest of the world does not get to see. Exposed without shame are all the parts I am told I must hide including all of my flaws, and all of my perfection.

To be naked before you implies a bond of trust, like a secret shared with a best friend. It is a beautiful moment, pure, and honest, and I am sharing this with you, as you share in turn with me.

Naturism Elevating Your Spirit

Mostly we live mundane lives filled with routine. How could it be otherwise? Still, there is within virtually all of us the desire for something more. This isn't to imply this reality is just "living lives of quiet desperation," to quote Thoreau. Interestingly, Thoreau was no stranger to nudity.

For Thoreau, happiness is the product of shedding false values and living a simplified life focused on essentials rather than trying to fill a void we feel with things: namely money, possessions, fame, etc. However, I see little likelihood we will all turn to an ascetic life. What then can we do between these poles of a hedonist life of materialism and renunciation of the world? It's an interesting question. The answer goes to one of our core values. It's spiritual, if you will.

The following excerpt from a very thoughtful naturist [blogger](#) asks us to think about naturism in relation to our values. [Ed.]

Being skyclad is, in part, reverting back to a previous version of what it meant to be human. Clothing existed for a purpose and not as a fashion statement, at least for the peasants, for those who walked away from lives of privilege, lives of oppressive control. Hmm? I guess it isn't much different now, is it?

Adopting nudity as a way of being is a rejection of so many things in modern life. Yet, it isn't a rejection of the better things that help make us better people. I don't reject the idea of helping others and being helped; I don't reject being kind and trying to think before I speak words that might cause damage to another person's spirit. I like how technology has enabled me to be an artist with the camera and allows me to share with others who I have never met in the face-to-face world. In a way, technology has made it easier to view the larger world as a whole – planet, water, earth, air, animals, plants, and humans – a wholeness probably best viewed through a combination of senses, intuition, thinking, and spirit – a spiritual lens.

Naturism is not a spectator sport. We all have the equipment and everyone can play.

Annual Meeting And Board of Directors Responsibilities

2015-2016

Our Annual Meeting, as required by our By-Laws, is scheduled for November 1, 2014. This is when our Board of Directors reports on past progress and future plans to the membership; it is also an opportunity for members to bring suggestions and concerns to the Board. We hope all members of the Lake Edun Foundation plan to attend this important meeting.

We also hope all members will consider accepting a position on the Board. It is the Board that makes everything happen for the foundation. They make the plans and allocate our budget. Please don't wait to be asked. If you have an interest, review the responsibilities and take some time to give back to an organization that has given so much to all of us.

The Board sets policy and implements the program for the Foundation. Members meet monthly as a group. Each Board member chairs a committee with specific responsibilities and makes periodic contributions to *Bare Facts*.

President:

Preside at all meetings of the Board of Directors. Sit as an ex officio member of all committees.

Recording Secretary:

Keep minutes of all meetings of the Foundation. Maintain contact with all appropriate national organizations including TNS, NEC and NAC. Help to educate our membership on the function and importance of these organizations. Encourage support among our members for these groups.

Secretary/Treasurer:

Check our P.O. Box and reply to inquiries received by mail or email. Update our database so we have accurate mailing address, email address, and an accurate record of payments received. Make bank deposits and pay legitimate invoices. Prepare monthly financial statements. File our 990 taxes and annual form with the State of Kansas. Account for all property and money owned by the Foundation. Run labels for *Bare Facts*. Print out and mail member cards. Periodically print member lists for the board & caretaker.

Promotion/Publicity:

Send out our weekly emails [Currently done by Grace].

Suggest updates & changes for our web page to our Web master. Post updates on Facebook. We really need someone to do more with these. We should probably also do something with twitter, linkedin and other social networking sites.

The promotion and publicity committee should work in concert with the Education Committee to arrange for appropriate publicity of our foundation with the objective of improving the public perception of nude recreation in general and increasing membership in the Foundation. We want to present nude recreation as a healthy alternative to other forms of family entertainment. We should strive to be featured positively in news stories twice during the year.

Facilities and Conservation:

Supervise the Caretaker. Insure projects are undertaken in a priority consistent with the Board's directives. Keep a list of special projects we can work on. Be present for all work days. Handle personnel matters. Arrange for hosts for winter saunas and summer events. Make recommendations to the board regarding development and improvements.

Insure we meet our obligations for conservation, maintenance and improvement as required by the terms of our lease. Organize resources, including work days, toward achievement of these obligations. Coordinate with other committees to insure their requirements are met.

Education/Outreach:

Implement the educational mission of the Foundation to the public through seminars, press releases, articles, presentations, meetings, interviews, etc.

Education & Outreach committee is responsible for spreading the word on the beneficial impact naturism can have on the individual, the family, and our community.

Bare Facts Editor & Publisher serve on this committee. Our monthly newsletter is an important component of our educational mission. Edit, write articles for, produce, print and mail our monthly newsletter. We strive to make *Bare Facts* a respected source for information on body acceptance, the history of common nudity, and the impact living a clothing-free lifestyle can have on the family and our society.

The **Web Master** also serves on this committee. Maintain and enhance our presence on the Internet. Keep our web presence vital and relevant.

Social:

We realize not everyone will be comfortable with the Naturist lifestyle at first. The Social Committee must plan and coordinate special activities throughout the year that implement our educational objectives with our membership and permit members and guests to learn firsthand about the benefits of naturism. It should plan indoor events during winter months when use of our leased facility is not practical. It should make a special effort to conduct events that will attract women and families to the Foundation. Major summer activities should be limited to not more than one per month.

Member Relations:

The overall purpose of this committee is to improve membership retention. Screen new applicants. Make a recommendation to the Board concerning their suitability for membership. Maintain contact with members; determine problems or conflicts that may develop with their membership. Work with the Social Committee to develop meaningful activities for all members. Remind members we have not seen about upcoming activities. Keep all members active and interested in the Foundation.

Let Us Begin

What does it mean to be human? Perhaps a more perplexing problem is how do we learn to treat everyone as human? As far as we can look back into history, we humans have supplied ourselves with “reasons” not to respect the humanity of those deemed to be outsiders or competitors. Nothing about this has changed in the last ten thousand years. I fear for us all.

The following are a few lines of poetry written by John Denver. They speak to this conundrum for once again humanity seems on the verge of a great conflict both nationally and internationally. These words speak to that fear and challenge us to at last do something about it.

For the first time in my life I feel like a prisoner
 A slave to the ways of the powers that be
 And I fear for my children, as I fear for the future I see
 Tell me how can it be we're still fighting each other
 What does it take for a people to learn
 If our song is not sung as a chorus, we surely will burn
 Have we forgotten all the lives that were given
 All the vows that were taken saying never again
 Now for the first time this could be the last time
 If peace is our vision let us begin

I came across a [website](#) entitled, Naked Black Justice—We are not a stereotype... But we are making a statement. A large number of black men and women bare their bodies on which are written in large letters the thought provoking message each one has to say.

Once again nudity is used to convey a number of messages overt and covert. The paradox is that the naked body reveals both vulnerability and at the same time strength. In the context of these pictures it also reveals our beauty, our humanity dignity, and an unflinching commitment to a noble cause. In short, the figures shown are heroic in pose and demeanor, transcending convention to reach across a historic and racial divide that begs to be healed.

What better way than the nude body to denote the naked truth of our common humanity if we would but see and claim it. We are stripped to our elemental self. Pretense and artifice are disposed of with the absence of clothing. Truth is revealed – we are human.

The nakedness of naturism is in solidarity with this purpose, whether male or female, whether from whatever racial or ethnic group the accident of our birth bequeaths us. All are to be celebrated for we are one. Let us begin!

Lake Edun Foundation, Inc.
 P.O. Box 1982
 Topeka, KS 66601-1982

**Membership Application
 Change of Address Form**
Please Print

Name: First _____ MI ____ Last _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ DOB _____ E-mail Address _____

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:

	Single	Couple	Amount
Lake Edun Foundation Membership	275.00	350.00	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
Associate Member (Over 125 miles away)	175.00	250.00	_____
NUTs Membership (Must be under 30)	75.00		_____
Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
<i>Lake Edun Exposed</i> – DVD or video		45.00	_____
Naturist Society Membership		60.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation			_____

Total Enclosed - Check, Money Order, or Credit Card

Charge my G Visa; G MasterCard G Discover G AmEx # _____ Exp. ____ / ____

Note: There is a \$30 charge for any checks returned unpaid for any reason. Security code _____