Bare Facts

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Official Publication of the Lake Edun Foundation, Inc.

April 1, 2010

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Check It Out!

We recently updated our web site and added some new products to the LEF store. We also added a new poll on the home page (left side). If you haven't visited recently, we hope all our friends and supporters will visit lakeedun.com and the LEF store. While you're there, take the quick poll.

If you have suggestions on how we can make our web presence more effective, please let us know.

Plant A Garden

Although we get impatient waiting, Spring is definitely on the way. Following the seemingly endless winter, Eduners are anxious to enjoy our special place, once again.

Laying in the sun, hiking our trails, and visiting with other like-minded people are certainly enjoyable. Another activity we are beginning to hear more about should, perhaps, enjoy some of your consideration: plant a garden.

We have some wonderful areas suitable for gardening and there are many crops that require only minimal attention. Fresh produce tastes wonderful and it can also save on grocery bills. In fact, it is entirely possible to grow more than enough to recover one's entire investment to set up the garden.

If you have an interest in establishing a garden, let us know. We will set aside an area, identify it for your use, and assist you to get water to the area in the hot summer.

Now is the time to plan your garden. What crops will you plant? When will you plant? How much care to they require? When will they be ready to harvest?

See! The time to begin this is now.

Random Thoughts And Reflections

With warming weather, we see evidence of the Spring beauty that makes our special place so wonderful. After a couple of good growing years, many of our trees look healthy and are getting noticeable larger. As we have worked, we enjoy what seem to be even more geese using our lake to raise their families. So far, we have found three nesting places but suspect there are one or two more.

At our last work day, we planted some more grass seed ... particularly on the trails from the parking lot. There is still plenty to be done so check the schedule to see if you can join us for an afternoon to help get everything in order for the new season.

In past years, we have received a number of wooden cable spools which we place in our camping areas and elsewhere to use as tables. After a few years in the elements, they begin to rot and must be replaced. If you have access to some cable spools and have a way to transport them to our special place, please let us know. It's time to replace a number of spools.

Caretaker Opportunity

As summer approaches, once again we are searching for a suitable caretaker. If you or someone you know may be interested in this summer position, contact us. The position is full-time, pays \$8-\$10/hour and supports some of the best benefits anywhere: they get to work in a beautiful environment and wear an extremely comfortable work uniform.

Open House Season Arrives

We are all proud of our special place and the opportunities it gives us to spend time with nature. We all know others who would be excited to have the same chances we take for granted to enjoy time at such a wonderful place.

That makes our task of introducing our friends and acquaintances to the benefits of Naturism particularly easy. All we must do is ASK!

Perhaps someone mentioned Lake Edun or Naturism in the past; maybe they did it mockingly or in a laughing manner. If they mentioned it, they're curious. Extend the invitation.

Perhaps you know someone new to the area. Do not let this season pass without informing them of this resource close by.

Perhaps a friend or co-worker asked you about naturism in the past. They wanted to know how it "feels" or what "goes on" out there. They are curious. Extend the invitation.

As in the past, on Open House days, clothing will be required nearly everywhere from noon to 3. That way visitors will not be subjected to unwanted nudity. From 3 to 5, it will be clothing optional so they may elect to join us. After 5 we will be back to normal.

So ... there it is. It depends upon each of us to extend the invitation and spread the word. Check our schedule. We will host an open house each month beginning in May.

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Apr 10; Sat; 8-10; Sauna Apr 11; Sun; 1-3; Board of Directors Apr 11; Sun; 12-4; Work Day Apr 16; Fri; 8-10; HN Swim Apr 17; Sat; 12-4; Work Day

Apr 17; Sat; 8-10; Sauna

May 1; Sat; World Naked Gardening Day

May 8; Sat; 12-4; Work Day

May 8; Sat; 8-10; Sauna

May 9; Sun; 12-4; Work Day

May 9; Sun; 1-3; Board of Directors

May 14-16; Weekend; End Of Cabin Fever Days

May 15; Sat; 8-10; Sauna

May 21; Fri; 8-10; HN Swim

May 22; Sat; 12-3; Open House

May 28-31; Memorial Day Weekend

Enter The Olympics

In June, we will begin our version of the Olympics at our special place. All Eduners will be able to compete and the rules are constructed so any can win.

Olympic events will be held every weekend throughout the season with three competition periods: June, July, and August. Winners for each monthly period will compete Labor Day to determine the final winner.

There will be eight events with two events scheduled each weekend; one on Saturday and one on Sunday. All contestants will receive one point for entry. The winner of an event will receive three additional points; 2nd place-2 points; 3rd place 1 point. At the end of the month, we will tally the points to determine the winner for that period.

The actual events are still being finalized. Some being considered include horse shoes, paddle boat race, canoe race, swim race, foot race, hillbilly golf, and two others to be decided. These can be done as a single or a team of two. If you have a suggestion, let's hear it.

The winner? Ah! The winner will receive a free one-year family membership they may give to any friend who has not been to our special place. And, of course, the satisfaction of beating the "pants" off all their competitors.

From The Mailbag

Dear Lake Edun,

I hope by now that you know my husband Jesse Torrez passed away on March 16th. His funeral was yesterday. I apologize that I had no time to see if there might be some people who could have been notified first rather than just finding out by reading the newspaper. My husband truly enjoy Lake Eden. I know it would have been more fun had I joined also but it's just not something I ever cared to do.

Thank you for providing my husband a place to go and relax and be with friends.

- Pat Torrez

Dear Lake Edun,

Hi, it's nice to hear from you. I'm going to be sending the money for my membership in April, 2010. I love reading the Bare Facts newsletter. I love being naked. And, I'm looking forward to being a member of the Lake Edun Foundation. I hope this is ok starting my membership in April, 2010.

- Kevin

Dear Lake Edun,

I hope you all had a great St. Patricks Day and coming up is Easter on April 4. I'm Gerald. I was a member a few years ago. Thanks for send me a subscription to Bare Facts every month. It's good to know about all the good things that goes on at our special place.

I am mostly retired on S.S. and lots of my own time. Topeka has been my home since 1997. I want to be a member once again so my money order is enclosed.

There is no better place this summer to be than the lake. Lake Edun Olympics may be a good thing.

Naked Gardening In Boulder

This is an interesting story. You may not be aware of the likelihood that Boulder is the most liberal town in Colorado, but then again you may not care. In any event a certain Catharine Pierce and her husband Robert have become local celebrities and a source of consternation to many.

Would you believe it? Catharine does her yard work and gardening with her upper torso bare! Below that is just a thong. To be fair, Robert dresses in like fashion when he assists Catharine in her yard chores. However, the liberal folks of Boulder don't take a live and let live attitude toward the two folks minding their own business in their own yard. No. Not at all!

Shock! Outrage! Think of the children! You guessed it, the police were called. Neighbors and even passersby contacted Boulder police to complain about the half naked woman.

Imagine their surprise when they learn from the police that what Catherine is doing isn't illegal! Specifically, since Catharine wore a thong, gardening gloves and some stuff to hide her genitals, she or husband weren't breaking any laws thus; no such complaint against the couple could be launched.

It's true that the police have suggested to the couple that it would be more appropriate for Catharine to cover up with at least a shirt. However, Robert has vigorously defended their personal dress as not being illegal in Boulder or in the entire state. Further, the police are making a big mistake by interfering with their personal life.

The one distasteful note to how this story was written was the final sentence, "Therefore, the neighbors or the onlookers are sure to enjoy the lady frolicking the way she likes it."

Frolicking? Some reporters can't seem to help themselves, they are just asinine. They are ignorant of the actual meaning of the word. Catharine is working in her garden, not engaging in merriment and pranks, you dummy!

From a naturist perspective, just what is to be made of this little dust up in Boulder? Whether what Catharine and Robert are doing advances or hinders acceptance of top-freedom for women remains to be seen.

It must be noted that anyone with the temerity to ignore local standards and assert their point of view is someone to be reckoned with, possibly even admired. Certainly, if any progress in changing enforced clothing in all public settings, someone has to lead the way in challenging that norm in a convincing way.

It is likely that quite a few people would like to do what Catherine has done, but don't have her, "I will go my own way" attitude. When it's "safe" they will jump on the bandwagon with gusto.

Unlike these folks, Catherina and Robert are innovators. They and those like them set trends others follow. Time will tell if greater acceptance of top freedom emerges from the collective efforts of numerous women across the country. [Ed.]

- Thank you, Gerald

So You Want To Live In A Naturist Village

Ever thought you would like to live in a naturist resort, or better yet a village? Such a place exists in Brazil. It's called Colina Do Sol. There is a documentary featuring one of the residents, Corina that depicts her life at Colina Do Sol shown in two parts at the following address:

http://www.dailymotion.com/video/xbkpdy_a-day-in-thelife-of-a-naturist-par_lifestyle

http://www.dailymotion.com/video/xbkprf_a-day-in-the-lifeof-a-naturist-par_lifestyle

It's not clear when the documentary was made, but probably between 2000 and 2003. However, after seeing the depiction of the idyllic life, I was ready to migrate to Brazil. I wanted to know more, so I Googled Colina Do Sol to find out how well things are going there now. Unfortunately, all is not well in paradise.

The following eyewitness account from 2006 tells a sad story.

http://www.nudistday.com/article/visit-to-colina-do-sol-in-brazil.html

The gated entrance to Colina is not impressive, but as soon as we're waved through, the special characteristics of this community leap out at you. The grounds are thick with tall trees, mostly eucalyptus, the wood and stone houses nestled among them, seeming almost as if they were part of nature's plan! No garbage to be seen anywhere, unlike virtually every other South American community.

I'm led to my rental house, a cozy but more than adequate structure with all the amenities, included wireless internet access. Finally, I get out of my clothes, hoping to stay naked until it's time to go home. With temperatures in summer often soaring above 100 F, clothing just doesn't make any sense here!

After a spot of lunch proffered by my gracious host, I get the grand tour of the community, and this is where surprises surface, both good and bad. Let's deal with the bad, so we don't have to dwell on negative aspects...

Something went wrong with Colina in the past year: The 3 storey hotel Ocara, opened in 2003, is now closed, rotting away fast. The spa is also out of business. With the spa went the gym, pool, and hot tubs. The spiritual center is also history and in worse shape than the hotel. The bed and breakfast is also no longer operating. The tennis courts are in disrepair and covered with weeds. Ponds, some originally meant for swimming are filled with filth.

What the hell happened? According to my guide, they "built it and they did not come". It's a damn shame.

What remains in terms of activities and amenities, in short order, is a white sand beach and beach bar on one side of the central lake, sandy volley courts, one small pool, a hostel, campground and a couple of stores, one that sells clothing (always funny in a naturist environment!) and the other groceries. There are only about 25 permanent households in Colina, out of a total of 80 homes. Some of these are expatriate American and British denizens who speak fluent Portuguese, the only language understood by the native residents. As was explained to me by Mr. Collins, most residents, if not retired, work in the community, mostly by necessity since the village is quite isolated and there's not much economic activity to be had in the few towns within a reasonable distance. Being that most of the community's businesses are gone, it means very little work is left for them. I hope the trend reverses its self, otherwise I can't imagine how this place will survive except as a retirement community.

Even more disturbing was a major scandal and accusations of child abuse toward four members of the community. Apparently all orchestrated by other residents. After a year and a half, all charges were dropped as unfounded.

You may wonder why write about such a disturbing and sordid tale of a marvelous idea that somehow went off the rails. Why give attention to the negative in Bare Facts?

The truth is it's a cautionary tale. In the history of naturism there are a number of examples of people and projects that have gone awry. To ignore this truth does no good as then we learn nothing to guide ourselves.

Lake Edun Foundation is a small enterprise. Certainly, no one intends to do anything that would damage our future. However, there is little margin for error. Even small problems can pose a serious risk to our future. Decisions made by the board and individual members or the landowner from whom we lease our special place can have unintended consequences that have the potential for significant harm.

As one who has enjoyed numerous hours of pleasure and contentment at Lake Edun, I want this opportunity to continue for years to come for all who make use of this beautiful setting. It is hoped that each member and visitor will conduct themselves in such a manner that everyone will say, "It was good to have been here, and I can't wait to get back here again!"

To achieve this means taking seriously naturist ideals of body acceptance; treating each other with respect; living in harmony with nature, and seeking to improve ourselves as persons.

Lake Edun depends on those who love being at our special place, pitching in to do all those things that keep Lake Edun special. The camaraderie of shared work in a common cause creates bonds of friendship that are invaluable.

I hope that 2010 will be a year of great accomplishments for Lake Edun. [Ed.]

Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats Wooden Cable Spools
 - Aluminum cans, etc
- Lawn or Lounge Chairs
 Flat screen computer monitor

The Three Men Of The Beagle – Book Review

by Webb Garlinghouse

The Beagle, of course, is the ship that carried Darwin on his historic five year voyage of discovery. However, it did much more than this single voyage. And on that voyage, it did more than just provide a working platform for the young Darwin.

One of it's important missions was to prepare more accurate maps of various area around the World, particularly the southern tip of South America. Tierra del Fuego is one of the islands in the area. At the time, it was inhabited by Indians the English named Yaghan.

By all accounts, these people lived a brutish existence at the southern tip of the Western Hemisphere. Lying about 750 miles north of the Antarctic Circle, living conditions were primitive. Interestingly, according to the book, this group of Indians were always naked. In addition, there were not at all interested in becoming "civilized".

After the Beagle's encounter, there was one particularly unfortunate incident (for the English). A group went ashore to built a small hut to serve as a church. On Sunday, after it was completed, they went ashore again, unarmed, to worship. A number of Yaghans went into the church also. When the singing began, so did the slaughter. Only the 23 year old cook who had remained on the ship, survived.

Unable to defend the ship alone, he abandoned in a dingy and made a hasty exit to a different beach where he barely survived undetected for several weeks. Eventually he was caught by a family group. They held him down and were probably prepared to send him to his shipmates. In the struggle, they seemed to want to make him appear more like themselves: i.e. naked. Evidently, once they saw he was as human as they, they let him go, took him into their family group. He survived until rescued many months later.

Three Men of the Beagle seems to be a well researched book with much historical detail. It is an interesting read for those who enjoy history. Incidently: the three men were Darwin, of course; the captain, FitzRoy; and one of the Yaghans.

The Naked Eyeful

Fig leaves are large things. That is perhaps why they appeared in the allegory of Adam and Eve. After messing with the apple (a fertility symbol) and the serpent (a phallic symbol), the first couple's innocent pleasure at being naked was lost forever to feelings of guilt, embarrassment and disgrace – so they covered their genitals with fig leaves.

Nudity still troubles us. This can be seen in contemporary versions of the fig leaf, which provoke the double-bind of all censorship: in seeking to screen the view, the fig leaf draws attention to itself, beckoning viewers to imagine – or to seek out and fondle – the illicit thing that lies beneath. This is a point that Edward Lucie-Smith makes in his book *Censoring the Body* (2007): representations of the human form will always be a battleground, especially when depicted nude.

The word nude, of course, rhymes with rude and prude – but who doesn't enjoy getting naked to bathe, make love, plunge into the ocean (only at optional dress beaches, sadly), or lie

disrobed upon cool sheets on a hot night – it is so liberating to fling off undies. Yet humans become extremely censorious about who is nude and in what context. Indeed, nakedness is one of the most rigorously policed social practices.

It seems extraordinary that such mini-crises continue in a world now vastly more exposed to images of the flesh. In May this year, I was not alone in being astonished when Melbourne City Council demanded, after a single complaint, that little black stickers be strategically placed on photographs of nude men in an art exhibition. The organizers spurned the stickers (contemporary fig leaves?) and instead covered the penises with symbolic black shrouds.

Much is said and written about our increased visual literacy in an image-flooded culture but perhaps we are actually becoming less able to read images sensitively and accurately because the opportunity for serious contemplation has diminished? And perhaps we have trouble distinguishing photography – given its overwhelming currency – as an art medium? If these things are so, nudity in art might be easily and mistakenly conflated with sex – or with pornography.

Consider William Bartlett's *Hesitation* (1896), in Ballarat's *The Naked and the Nude* show, exploring similar themes – but hardly likely to cause a stir. It was presumably painted using a live, young girl as its model. Because it is a painting, however, we tend to see it with a certain remove. But perhaps "many people" – even artists – also do not fully grasp the very different ways we perceive photography as opposed to other art forms.

Nakedness is ubiquitous, in fashion, advertising, beach culture and the cinema, let alone the vast and insatiable pornography industry. Engulfed by the ambiguous presence of human flesh at every turn, we do not come innocently to the experience of the naked body.

And yet our naked bodies are our natural condition. Their depiction has the potential to express our fundamental selves, and even something we might count as divinity.

In Victorian times when the Ballarat gallery was established and bought the monumental painting *Ajax and Cassandra* (Solomon Solomon, 1886), the nude figures (though their privates are artfully draped) were legitimized by their connection to classical antiquity, writes Morrison. "Put simply, the ancient Greeks and Romans had no difficulty with the depiction of the naked human form and therefore it was a mark of high civilization to allow the practice in the present age, provided it happened with due decorum on the hallowed walls of a public temple of art."

Despite our armor of clothes, our passionate censorship debates and our protective love for our children who arrive unclothed from the womb, it is something we all ultimately remain: naked, human and vulnerable.

One hundred years after our emergence from the Victorian Era, we still struggle to come to terms with its legacy. The power of Victorianism to have had such powerful influence around the world for so long a time is something we find difficult to comprehend. So removed are we from those times, we forget the extent and majesty of the British Empire. Times change as they always do. However, never as rapidly as we naturists would like. (Ed.)

Stimulate your Brain – Go Naked!

For your enjoyment, here's an extended excerpt from a good article advocating our favorite activity – being clothes free! See the link below to read the full article and numerous comments written by readers.

It's amazing! Imagine readers writing comments to an author about his story. One response is included here because it captures so well what naturism has to offer families. Go to: http://hplusmagazine.com/print/1101

Okay, buck naked? I am. Fun. Toes wiggle in the shag carpet. Butt cheeks stick to the chair. Nipples goose-bump. We're natural... nudists! Our huge organs (skin) tingle with sensual data that's zipped to our thrilled brains. We feel... wild, healthy, alert, and spunky. Alive.

Clothing is crushing us! Trapped in tomb-like textiles, we exile our flesh from experiencing the environment. We atrophy the majority of our epidermis. We hide in cocoons, when we could be free as butterflies.

Specific studies have not yet proven that full-scale nudity directly benefits brain performance, but here's peripheral evidence indicating that skin-only is superior:

1. The Clothes You Were Born In. Pediatricians agree that infants thrive with a daily dose of "naked time" because the unhampered range of motion aids brain development. Recent discoveries reveal that the "plastic" brain changes and develops throughout our entire lives. Neuroplasticity pioneer Michael M. Merzenich believes, "everything you can see happen in a young brain can happen in an older brain." This indicates that "naked time" is equally valuable for humans of any age, especially the elderly.

2. Barefoot Medicine. Going shoeless is now recognized as an anti-Alzheimer's, brain-boosting activity because the sole sensation entices your brain into growing extra, efficient neuron connections. Merzenich believes our brains decline if we "limit the sensory feedback from our feet." He advocates walking barefoot (to improve balance, posture, and coordination functions in the vestibulo-cerebellum). Dr. Norman Doidge, (author of *The Brain That Changes Itself*) concurs that skipping shoes will increase brain flexibility and youthfulness, and many podiatrists now advise going barefoot as much as possible. Bare feet are today's prescription. Tomorrow's elixir will take the next step: Bare Body.

Clothing is crushing us! Trapped in tomb-like textiles, we exile our flesh from experiencing the environment.

3. Soothe Away Your Crazies. Massage is recognized as a therapeutic treatment for mental health issues like depression, anxiety, schizophrenia, bipolarism, borderline personality disorder, learning difficulties, and low self-esteem. The skin stimulation of massage – improving blood flow and detoxifying the lymph system – is duplicated by the warmth, freedom, and improved circulation generated in Nakedness.

4. Socialization. Self-actualization proponent Abraham Maslow believed "Nudism... is itself a kind of therapy." Health benefits of social nudity include stress reduction, satiation of curiosity about the human body, reduction of porn addiction, a sense of full-body integration and develop-

ing a wholesome attitude about the opposite gender. Research at the University of Northern Iowa discovered that nudists have significantly higher body self-acceptance. Another study by Lawrence Casher concluded that teens at a New York nudist camp were "extra-ordinarily welladjusted, happy, and thoughtful."

5. Weak Body, Worried Mind. Clothes are a breeding ground for filthy fungi and bad bacterium, causing yeast infections, urinary tract infections, rotting toenails. Plus, sunlight that nudists receive produces vitamin D that creates strong bones and prevents osteoporosis and cancers.

I had to do a double take after reading this reader response. I'm so used to thinking in terms of American horror of nudity that I couldn't imagine how they got away with being nude around their children's friends visiting in their home. They had permission from the other parents, but that in itself astounds. What isolated utopia did they live in? [Ed.]

Great article. However I think it is a little optimistic to think Americans will overcome the socially required taboo thinking associated with naturalism. That said I want to share with you and your readers an interesting observation. As my wife and I raised our children we did indeed follow a European outlook and philosophy regarding open nudity around the house and during our recreation time. Before anyone goes off on this, we taught our kids the concept of a proper time and place for everything which we as a family followed. A way of life they are now using to rear our grandchildren. Often the kids' friends were also exposed to this openness but only after their parents gave the okay. Two things stand out as very memorable regarding these interactions.

First is that for the most part none of the other parents had any kind of objection which was actually kind of surprising. Mostly the only concern was that privacy was maintained. Seeing we had a large enclosed yard and an indoor pool this was not a problem. As the kids grew, swimming and staying over at our house never became an issue most likely because this was the norm since the kids were little. Sex never entered the picture at all and we attribute that to the very openness and body acceptance that was fostered from such an environment.

But also, later on in life several of our kid's friends have said to my wife and me that they had realized a much more secure self image when dealing with nudity in common scenarios than most of their friends. One once told me while she was studying to be a marine biologist that she never realized how much time was wasted while changing into and out of diving suits because most of the students would search out private corners to change in. She would just change right there next to the van and be in the water in no time. She attributed that ability to the time spent growing up around our house.

When I get stressed out I use a simple form of relaxation that has never failed me. As you know, totally nude exposure of the body senses provides an intense sensory input to the brain. I relax by taking the time to stop and in my mind place myself back on that beach and feeling all those sensations of sun, air and water – the sound of the surf, the smell of the sea mist. The next thing I know I feel like I have been decompressed and ready to deal with whatever is in front of me.

Musings On Finding Other Naturists

This is perhaps one of the greatest "nudist" challenges i.e. finding other nudist in your own community or hardly a 100 mile radius! Sometimes, I'm tempted to just streak through town and see if anybody notices - (besides the dry-cleaner who is just dying to press my suit or the undertaker who ultimately gets to see everybody naked anyway and thinks I'm stiff enough already!) Yikes!

I tell almost everyone I know or meet that: "My wife and I are Nudist" and Nobody takes me seriously! The village idiot gets more respect! Nudism is no doubt the ultimate "minority" in the social structure! And yet everybody is born NAKED!! I just don't get it!

But nothing to get all dressed up and stressed out about I guess! And the people at our local Wal-Mart – such prudes! Every time the door alarms goes off (whether I'm going through it or not) – I rush over yelling: "it's alright – I'm a nudist - so strip search me!" and NOTHING! NEVER! Not vet anyway – even if I tripped the alarm! You would think in all of Wal-Mart there might at least one other nudist hiding in there! But nope apparently not! Everybody just looks the other way and or acts like I'm invisible (even family members!)

Geeeeeeze - it's not like I'm Rodney Dangerfield or anybody like that! One month, I signed all my checks: "nanookthenudist" !! The bank passed each one and not a comment from anyone! (not even Sears and Roebuck!) The gal at the electric utility examined the check very closely and still - said not a word beyond: "Electric or Cable payment?"

But so help me, if I live to be 70, every restaurant in town will have to change their little signs on the door "no shoes, no shirt, no service" SAYS not a damn thing about PANTS! But they WILL, so help me – though it might be my only legacy that I was ever on earth! Nude or otherwise!

But why is it so hard to meet other nudist? (other than nudist parks and the net web) We just can't really be THAT rare? Are we? I think we should write the EPA and every other Gov. agency claiming our "endangered species" status (rare beyond compare) and DEMAND if not support for time and eternity – at the least a little respect! (I'd settle for a free membership at Sam's club!) Surely to God there might be another nudist hiding in there! (but not in my neighborhood I guess!) It is VERY distressing! (nobody is un-dressing!) Not around here anyway! I know it is the bible belt - but just slip up and get between them and the ABC store (and all hell breaks loose!) so why not a little social nudity!

Geeeze!

Lake Edun Foundation, Inc. P.O. Box 1982 Topeka, KS 66601-1982 (785) 478-BARN		Membership Application Change of Address Form Please Print			
Name: First	MI	Last			
Address:					
City:		S	tate	Zip	
Phone:	DOB	_ E-mail A	ddress		
All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours			per year may deduct \$50. One subscription to our newsletter <i>Bare Facts</i> is included with membership. A subscription only to <i>Bare Facts</i> is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.		
Membership Fees:		Single	Couple	Amount	
Lake Edun Four	dation Membership	275.00	350.00		
Associate Member (Over 125 miles away)		175.00	250.00		
Recession Discount – if you need help		(50.00)	(75.00)		
Working Membership (Discount)		(50.00)	(50.00)		
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