# Bare Facts

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Box 1982; Topeka, KS 66601 ● Voice Mail: 785-478-BARN ● e-mail: benude@lakeedun.com ● Website: www.lakeedun.com 38° 58′ 7″ North; 95° 47′ 56″ West

#### **President's Corner**

By: Ernie Cooper

We have received several posts in the past couple of weeks concerning our Return to Edun weekend. When we were looking for the weekend dates one of our high concerns was to find a weekend when the weather would be warm enough, but not to late in the season, and we would have a full moon. The June 18<sup>th</sup> weekend seemed to fit the bill! For some unknown reason we did not look at the Sunday and note it was Father's day! Several options have been put forth since we noted that oversight: a) Keep the same weekend and allow those who have commitments time to get home on Sunday. b) Move the weekend to the following weekend, after all the full moon is on Wednesday the 22<sup>nd</sup>. The only difference being the moon would be rising later. c) Move the festival to the next month and have the probability of much hotter weather.

The board will meet soon and decide which of the options makes the most sense in light of our goals. One thing is for certain, *The Return to Edun festival will occur!* So make your plans to attend!

Thanks to all who posted messages at bornnude@aol.com. Several good suggestions were received as pertaining to future changes at the lake. Please keep the notes coming to help us make the lake a better and even more special place.

We are currently looking at updating our website with perhaps new format and most assuredly new pictures. We have been told that many, myself included, found Lake Edun because of the web presence. Hopefully during the spring we will be able to take more current photos of our special place as we did several years ago, to update the site. If anyone who is currently a member would like to assist with this web project, please contact us by mail at the Post Office box or by e-mail. We think this is key to our future growth at the lake.

Over the course of the past several months we have been in contact with Heartland Naturist in Kansas City. Heartland Naturists are a non-landed group whose activities, other than the monthly swims, are member sponsored. In an effort to promote naturist ideals and fellowship, we have entered into a one year agreement with HN to allow our members to go to their swims in KC at their member price, and for them to come to Lake Edun at a reduced price. All you need to do is make sure your current membership card is with you when you go to their swims to get the reduced rate. The dates are posted on the Bare Facts activity calendar. We will e-mail you or return a phone call to you with the address upon request. Hopefully this is the beginning of a great friendship with Heartland Naturists. We are looking forward to getting to know them better.

What is outside yourself does not convey much worth; Clothes do not make the man, the saddle not the horse.

- Angelius Silesius

#### TNS

The Naturist Society (TNS) is our connection with the wider world of Naturism. Through their wonderful quarterly publication, Nude & Natural, (N), they keep us up to date on naturist issues across the country and around the world. Members of TNS are also members of two affiliated organizations, the Naturist Action Committee (NAC) and the Naturist Educational Foundation (NEF). NAC represent our interests before legislatures and in legal situations to head off mis-directed, or poorly worded legislation and legal challenges to our collective existence. NEF attempts to present naturism in a positive light on a national level and to otherwise educate others about the beneficial impact leading a clothing-free life can have.

Currently, TNS has two incentives for membership that Eduners will want to know about. The first is a trial, three-month membership which includes one issue of their publication, "N." It is a good way for anyone who has never tried a full membership in TNS to "test the water" and see the benefits. The best part is that it will only set you back \$15.

The second incentive applies to anyone who joins or renews their annual membership in TNS during the month of February through LEF. In addition to their one year membership, they will also receive a complimentary copy of the TNS 25<sup>th</sup> anniversary calendar. To receive this incentive, you must join through LEF.

To take advantage of either of these offers, use the form at the end of this issue of *Bare Facts*. But do it today.

#### Items We Need

- Coozies
- Wheel Barrow
- Tops for trash cans
- Pitch Forks
- Variable speed, reversible drill
- Chipper/shredder we can use about once a month

#### DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Feb 5; Sat; 8-10; Sauna

Feb 12; Sat; 8-10; Sauna

Feb 18; Fri; 8-10; HN Swim

Feb 19; Sat; 8-10; Sauna

Feb 20; Sun; 3:30-5:30; Board of Directors

Feb 26; Sat; 8-10; Sauna

Mar 5; Sat; 8-10; Sauna

Mar 9; Wed; 7-9; Lake Edun Exposed at Topeka Library

Mar 12; Sat; 8-10; Sauna

Mar 12; Sat; 5-7; Board of Directors

Mar 14; Mon; 7-9; Lake Edun Exposed at Topeka Library

Mar 18; Fri; 8-10; HN Swim

Mar 19; Sat; 1-3; Lake Edun Exposed at Topeka Library

Mar 19; Sat; 8-10; Sauna

Mar 20; Sun; 1-3; Lake Edun Exposed at Topeka Library

Mar 26: Sat: 8-10: Sauna

## **Body Acceptance vs. Body Denial**

Recently, there's been a storm of letters to the editor in the AANR monthly newsletter when one subscriber wrote in that maybe more people would be interested in trying nudism if maybe the newsletter would feature more physically appealing people rather than the average overweight nudists that seemed to populate the paper.

As expected most of the nudists shot back with the traditional body acceptance and accept yourself for what you are rhetoric while deriding the contributor for not understanding the true philosophy of nudism.

If you take a deep breath and step back from the argument there is something positive to be said for both sides of the argument. I'll be the first to say that we don't want shallow converts to the world of nudism just so that they can strut their stuff. However, I also feel that many nudists use the body acceptance rhetoric as a form of denial that many of us share a common attribute with those in the textile world – obesity.

I accept my body for what it is, but I also recognize that there is room for improvement and now that the holidays are over I'm going to try to do something about it. I watched my father die of diabetes limb by limb while he could have lived longer if only he had stuck to his diet and kept active. I did it last year by simply cutting all my portions in half, no in between meal snacks other than fruit, etc., no super sizing, and by walking. Just by doing this I managed to shed 20 lbs.

I accept the fact that I'll never be a model and I accept all my bodily imperfections, but that's no reason why I shouldn't take better care of the only body God has given me.

### From The Mail Bag

Dear Lake Edun,

I wrote the following two paragraphs about the sauna because I've thoroughly enjoyed them.

I've been to sauna most Saturdays since November and I feel great! I came across some research that showed a correlation between regular sauna sessions and decreased illness from colds and flu. Sauna has been referred to as the artificial fever. I'm sure the relaxation helps as well.

Access to the sauna is what convinced me to join Lake Edun. I believe it is the only wood-fired sauna around. The conversation and fellowship at sauna has been fantastic and everyone seems to enjoy themselves. Although I'm a newbie member, I hope I don't seem presumptuous to suggest a sauna to anyone who has never been and is wondering what it is like. I don't think you'll regret it. I felt completely welcomed on my first visit.

Liz, my wife, is still planning to come to sauna this Saturday (I'm keeping my fingers crossed). It's supposed to be my birthday present! [Ed note: She visited and enjoyed the experience.]

- Thanks, Brad

Freed from the pressure of haste, the tyranny of film, and now the restraint of clothes, I found myself looking more closely at what went on around me.

- Colin Fletcher, The Man Who Walked Through Time

#### **Hide the Children**

Another year has come and gone and we are once again on the eve of the Super Bowl. This year's number is XXXVIII. The main difference from Super Bowl XXXVII will be Janet Jackson in the audience, rather than on the stage. The resulting negative economic impact on the nipple jewelry market this year will likely be profound.

More serious is the finding of an FCC study showing that millions of U.S. children were traumatized by the sight of Miss Jackson's partially exposed breast. Commenting on this finding, child therapist Dr. Eli Wasserbaum stated, "No one who lived through that day is likely to forget the horror. But it was especially hard on the children...The horrible image of that breast is likely to haunt them for the rest of their lives."

Among the findings the report found that more than 90 percent of the children who saw the exposed breast said that they were "confused and afraid."

"Mommy has dirty chest bumps," said one 5 year old boy. His statement is but one taken from the thousands of case studies compiled by the FCC. "She's like the bad lady on TV. I'm afraid mommy will take off her shirt and scare everyone. I hate mommy."

Even girls gave statements indicating that they to were traumatized, often expressing apprehension about sexual development. One 8 year old girl told her parent that she didn't "...want to get evil breasts."

It was found that many of the children are still having nightmares of sun-shapes that recall Jackson's nipple ring. Among infants that saw the breast, 76 percent became unwilling to breast feed or use a bottle, forcing parents to nourish them intravenously.

Wasserbaum is quoted as saying, "...we knew it would cause psychological trauma, but we had no idea how long the effects would last. Our worst fears have been confirmed. It will take years to repair the damage." He added, "There is no way to predict whether the children will recover."

A final finding of the FCC study noted by Wasserbaum is that children in Europe, Australia, and other nations around the world were somehow unaffected by the sight.

[Frankly folks, I can only thank God that I resisted my wife's desire for a high definition, 57" plasma television last year. You can never tell about these things. My as yet unconceived grandchildren possibly could have experienced birth defects due to genetic damage my daughter might have experienced – had she been home to witness Janet Jackson's reveal. Ed] [By the way, satire excerpted from The ONION]

# See More of your Friends **At Lake Edun**

# **In The News**

January was an eventful month for naturists. Again the state of Virginia raised itself to a level of national concern with a proposed law, HB 2806 introduced by Delegate Carrico.

Last year Virginia passed a law aimed solely at naturists, prohibiting issuing a license to any hotel, campground or summer camp conducting a "nudist camp for juveniles" without the parents also being present.

Delegate Carrico voted against this bill, because he didn't' think it went far enough. His bill would delete the exemption allowing children to be nude at a naturist park when parents are present. This deletion effectively would ban minors from being present at nudist resorts in Virginia at any time.

The good news is that ten days later, after successful lobbying, the subcommittee hearing for the bill was ended after brief testimony. There was a unanimous vote to recommend tabling the measure. When the bill goes on to the full committee in a few days it is expected to accept the recommendation and table HB 2806.

Hopefully, nothing more will be heard from this misguided bit of government meddling.

# **Topfreedom**

Swinging now to the left coast (otherwise known as California), Ventura county public defender, Liana Johnsson has asked the state Legislature to make topless sunbathing legal.

Johnsson and other attorneys contend that a December Orange County court ruling could cause women convicted of indecent exposure to be listed as sex offenders under Megan's Law, alongside rapists and child molesters.

State Attorney General Bill Lockyer said women should not be concerned about being identified as sex offenders as California law considers topless sunbathing to be indecent, but not lewd.

At a gathering of lawyers Johnsson made a presentation about this issue, and received their support for a resolution asking that the criminal codes forbidding topless sunbathing be removed. A lawmaker is expected to introduce a bill to this effect in a few days.

The office of Governor Arnold Schwarzenegger declined to comment on the possible legislation.

#### **More Silliness**

Camden County, Georgia mother Rhonda DelBoccio says she wasn't prepared when her eight-year-old daughter told her she has seen a naked man in a magazine at school.

Disturbed by what she had heard, Ms DelBoccio went to Crooked Creek Elementary School and asked to see the magazines the students were using for their project. In a box she found about a hundred or so magazines including *Parenting, Newsweek, Redbook, Time* and *National Geographic*.

It was in the one issue of *National Geographic* that she found the pictures her daughter was describing. "There was page upon page of naked people, of aborigine men," her daughter hadn't known what to make of it she said.

"I wasn't prepared to deal with that, I wasn't prepared for her to have to see that at that time...I don't feel it was the school's job...to make that decision for me, when or how I was going to explain that to me daughter."

Assistant Superintendent Dr. Edwin Davis explained that, "It's and unfortunate incident and one that we wish had not occurred." He explained that its school policy to stop something like this from happening. Teachers are supposed to ensure that material is age and grade-level appropriate.

Dr. Davis says the school board is accepting responsibility and has talked to those involved to make sure this doesn't happen again.

[I'm grateful to have been in grade school during the enlightened 1950's. In the hallway outside my 5<sup>th</sup> and 6<sup>th</sup> grade classrooms was a wonderful collection of bound issues of *National Geographic* going back several decades.

I spent a lot of free time going through their pages. Yes, I did see pictures of naked men and women. I did see the penis sheaths of New Guinea men this little girl saw, and the bare breasts of African and Polynesian women.

Happily, not only did the articles and pictures educate me about different places and cultures, they led to a lifelong interest in travel to exotic places. Have I mentioned going to Africa twice? Lots of bare breasted women there, and I have pictures to prove it. I was 19. I didn't collapse at the sight. I guess we were made of sterner stuff back then. Ed]

# \$10,000 for Topless Mermaid Bust

Every year, Coney Island hosts a Mermaid Parade. In 2001, 31-year-old, Amy Gunderson, from Brooklyn, wore only a thong and body paint at the annual event. New York's finest, in an effort to protect public sensibilities, arrested her. Now, New York City has to fork out \$10,000 for that arrest.

After the arrest, Ms. Gunderson sued the city for violating her First Amendment rights. "A woman has a constitutional right to appear in public topless, the same right that men have," her lawyer, Ron Kuby, said.

The city settled after the charges against Gunderson were dismissed. City lawyer Deborah Meyer said the city "makes business decisions every day" and it was "in our best interest to settle."

Kuby said Gunderson planned to make an encore appearance at this year's parade. He did not say whether she would be wearing a shirt or not.

The body seems to feel beauty when exposed to it as it feels the campfire or sunshine, entering not by the eyes alone, but equally through all one's flesh like radiant heat, making a passionate ecstatic pleasure glow not explainable.

#### What's In A Look?

By: Michael

Looking is probably the primary mode in which most of us perceive our world. Yet, this is problematic. Looking isn't as pure and simple as it might at first seem.

Within the human brain, emotions, experience, values, intellect, and culture interpret the outer world and assign meaning and finally, directs action. All of this occurs within a third of a second, for better or worse.

The process is the same for everyone, yet the outcome, while roughly similar, is unique to everyone. Within this milieu the mystery of male and female interconnectedness plays itself out consciously and unconsciously.

For over 100 years naturists have challenged prevailing notions about the decency of the nude human body. Some few millions over these years have seen fit to throw out current taboos and embrace social nudity. Compared with the numbers in the larger society, it is clear that naturists remain a decided minority, and are often met with skepticism and outright hostility.

Naturists have tried to answer why this rejection is the case. After so much effort in so many countries with such uneven results, it is certain that there is no easy or single answer to this dilemma.

According to the ancient story, man and woman were at one time naked and unashamed. Then, it was said to be good. Not so anymore. Our country routinely declares nakedness not only bad and shameful, but also illegal – unless done for some commercial enterprise.

We spend billions on pornography, not to mention movies, magazines, and advertising that tease us with skin (sex). The connection of commerce with nudity as sex is tediously axiomatic in our culture.

In this context photographer Laurie Edison examines the question of who is seen and who is invisible? Who has the right to see, and who has the right to be seen?

Edison speaks of the "male gaze," as dominating culture, giving us images of women that have defined how women were seen. Others speak of "the gaze" as male property – a tool to transform the power of female sexuality into a malleable reflection of male desire.

Mary Ann Sullivan contrasts the depiction of male and female nudes. The male nude is typically public, personifying communal pride or aspiration. The male nude typically represents power, virility, courage, and sometimes even spiritual beauty. All qualities used to describe Michelangelo's David. By comparison the female nude comes into her own only when art is geared to the tastes and erotic fantasies of private consumers. Men are the gender that looks and women the gender that is looked at.

There are shortcomings to this theory of the all pervasive "male gaze," as feminist writer Camille Paglia vigorously points out. Yet it can not entirely be dismissed.

Additionally, Edison's questions have relevance to naturists in attempting to shed some light on the unending question of why women are generally far more reluctant to participate in naturism than are men.

Culture has nearly overwhelming power to influence how we define ourselves. Women are aware of the changing image of what constitutes beauty. The male perspective is substantial in this, but so is that of women. However, culture usually permits only one kind of beauty at a time and women are more harshly penalized by this than men.

Whatever else may inhibit women, feeling judged as not meeting prevailing standards of beauty is tremendously shaming. Perhaps equally intense is the concern for being seen by the objectifying and lascivious male gaze, as mentioned above.

There is with nudity a sense of vulnerability. An attendant fear is that we will be examined and our fitness judged by all, both by men and women. Who would want to undergo this ordeal? This is scary and I believe a leading cause for fewer women being in naturism.

Naturism promotes the belief that all the vast range of body types, body shapes, and body varieties is to be valued. Each one has its own beauty. Counter intuitively, the practice of social nudity concretely enacts this belief, and brings to participants an empowering new found respect for self and others

Naturists have refused to give up their right to mutually see and be seen. To appreciate not only the body, but also the person whose body is being seen. The tyranny of arbitrary cultural standards of beauty and worth are rebelled against. Men and women look upon one another with a gaze of mutual vulnerability, allowing each to be their self.

Each person can escape the invisibility our culture tries to place us for not conforming to the beauty standard.

Following Edison, we each can say with her, "I am beautiful because I choose to see and present myself as beautiful; your opinion is not at issue."

In this conception of the individual gaze, body image becomes more intricate and powerful. It can be based on how we feel rather than on how we look. Sensation, tactility, health and well-being, all play a significant part in a healthy body image.

Edison goes on to say that shifting the central concept of body image from who has the right to see and be seen, to who feels good and present her/himself as looking as good as s/he feels, is a radical act.

She suggests that if we can imagine a body image that is individual and not determined by anyone's distant gaze, that relies on difference rather than sameness, that is sensual as well as visual, this changes everything. Everyone has the right to determine their own level of visibility, and no one else's. Naturism allows each person to define their own visibility and expand their vision of beauty.

Unfortunately, I can't say I know how to suddenly change our culture's negative view of nudity and the body, nor overcome fears of women about social nudity. I do know we have to clearly articulate naturist values and consistently practice them as a vision that encourages human freedom.

# **Trip Report – Caliente Between Hurricanes**

Yes, Caliente is everything you may have read about and more. First let me dispel one myth. If you read the Nudist Resort bulletin boards on the Internet there are many who say that Caliente is not a nudist resort since nudity is not required throughout the resort. This is true. The only place where nudity is required is in the pool and hot tubs. However, there is also no area where nudity is discouraged. Outside of the pool area you'll see a mixed bag from total nudity to fully dressed. No one really cares! That being said let's proceed with the trip report.

First let me say that being relatively new to nudism I can only compare Caliente to Cypress Cove, Lake Edun, and Haulover beach so I may not be such a well versed critic.

We stayed at the hotel, and though the rooms contained most everything we needed they weren't much bigger than your standard hotel room, but did contain a small frig, microwave, TV, and hair dryer. If you want something bigger you can rent a condo or casita (small mobile home). However, the hotel is right next to the clubhouse and to get to any of the amenities you have to enter through the clubhouse. The kitchen which services the full service restaurant, bar, and disco will deliver food to anywhere on the premises. Their pizza is very good.

Speaking of food it's very good and plenty of it. The full service restaurant is open for lunch and dinner seven days a week and also serves breakfast on Saturday and Sunday. During the week there's a free continental breakfast in the clubhouse lobby for guests. While we were there they had a special every night for ten dollars each, which were quite good. The normal menu items were a little pricey. Dress in the restaurant ranged from full dress to total nudity. At night it was usually on the cool side inside the restaurant. The bar area is large, contains two large screen TVs and also serves food for eating in or for take out. You can also order any drinks or food from the poolside hostesses.

Money is not used inside of the resort. All payments are either with credit card, room tab, or club card, which can be purchased at the front desk.

The disco really swings on the weekends and usually provides a good array of dance music. Normally each night there's a theme contest of some sort. One night my wife came in second for the Best Lacey Outfit. During the weeknights the crowd is mostly residents but on the weekends more outsiders show up. A lot of the Paradise Lakes crowd comes in on the weekends. They even had a local comedy club put on a show one night while we were there. It was interesting to watch the comics perform in front of a semi dressed crowd. Also, every night outside the disco in the clubhouse lobby is a piano bar for those who prefer more quiet entertainment.

For activities there are many to choose from; the lagoon size pool with waterfalls, two conversation pools, two hot tubs, sand beach (no swimming in the lake – alligators may be present), workout room, sauna, water volleyball, sand volleyball, tennis, basketball, horse shoes, and even a kiddie playground. I really liked the two-mile jogging path. Nothing like a good two-mile nude power walk each morning before breakfast.

We found the staff very friendly and ready to assist. The night of the comedy show in the club the rain came down in buckets. All we had to do was call the front desk and they sent a covered golf cart to pick us up at our hotel room and then took us to the clubhouse for the show. Basically if you don't see what you want just ask any of the staff.

Our time at Caliente was absolutely wonderful. We even met a very nice family from Belgium. For those who prefer a slower pace or more family oriented resort Cypress Cove may be your choice. Though I must admit I also liked Cypress Cove.

# Pledge to the Lake Edun Legal Defense Fund

We don't want to allow the county to hassle us out of existence! Our Goal is to raise money for the Legal Defense Fund to complete the counter suit and close the books! Help us reach 100% participation. We need your help:

- 1) Continue your membership.
  - A. Contact others you know who may not have renewed.
  - B. Introduce Lake Edun to new friends.
- 2) Become more involved directly with Lake Edun.
  - A. Serve in direct ways (more opportunities coming!)
  - B. Continue your relationships outside of our beautiful facility.
- C. Write for *Bare Facts*. Tell us what Lake Edun means.
- 3) Help complete the Legal Battle *Pledge!*

Consider this:

We could easily cover costs of the Legal battle if:

- Eating out 1 meal 1/month for 10 months = \$100
- 2 movies/month for 10 months = \$100

I/we are willing to make this commitment to protect what we have at Lake Edun. (Keep in mind our challenge grant that will match dollar-for-dollar the first \$100 of any pledge greater than \$100.) To that goal I/we pledge:

\_\_\_\$100 \_\_\_\$200 \_\_\_\$500 \_\_\_Other to be paid:
\_\_\_\$10/mon \_\_\_\$20/mon \_\_\_\$50/mon \_\_\_/mon

Other: [Tell us how much; tell us how often]

If you wish, we can automatically charge your credit card for monthly pledges.

# Some Thoughtful Words From The Past

At the height of the McCarthy scare in the early 50's, Edward R. Morrow, the then-dean of news anchormen, bravely made the following observations about the tactics used by the Senator. His words still have relevance today for any situation where our national leaders and would-be leaders use fear to move an agenda. It seems to have particular relevance when the self-proclaimed talk about public nudity.

No one familiar with the history of this country can deny that congressional committees are useful. It is necessary to investigate before legislating. But the line between investigating and persecuting is a very fine one and the junior senator from Wisconsin has stepped over it repeatedly.

His primary achievement has been in confusing the public mind between the internal and external threats of communism. We must not confuse dissent with disloyalty. We must remember, always that accusation is not proof, convictions depend on evidence and due process of law. We will not walk in fear, one of another. We will not be driven by fear to an age of unreason. If we dig deep into our history and our doctrine and remember we are not descended from fearful men, not from men who fear to write, to speak, to associate and defend causes that, at the moment were unpopular.

*Note: There is a \$30 charge for any checks returned unpaid for any reason.* 

This is not a time for one who would oppose senator Mc-Carthy's methods to keep silent. Or for those who approve. We can deny our heritage and our history, but we can not escape responsibility for the resolute. There is not way for a citizen of our republic to abdicate his responsibility.

As a nation we have come into full inheritance at a tender age. We proclaim ourselves, as indeed we are, defenders of freedom for where ever it continues to exist in the world. But we can not defend freedom abroad by deserting it at home.

The actions of the junior senator from Wisconsin have caused alarm and dismay among our allies abroad. And given considerable comfort to our enemies. Who's fault is that? Not really his. He did not create the situations of fear. Only exploited it, and rather successfully. Cassias was right, "the fault, dear Brutus, is not in our stars, but in ourselves." Goodnight and Good Luck.

Lake Edun Foundation, Inc. P.O. Box 1982 Topeka, KS 66601-1982 (785) 478-BARN			Membership Application Change of Address Form Please Print			
Name: First	MI	Last				
Address:						
City:		_State	Zip_			
Phone: DOB _		_ E-mail	Address			
All information provided is strictly confidential. a couple, include names for both people. If, you a together, make a copy of this form for the other couple is defined as one male and one female.) The with upkeep a minimum of 10 hours per year management.	re a couple not living or individual. (NB: a hose willing to assist	ship. A membe before	subscription onlers will receive a V	y to <i>Bare Fo</i> Waiver and F	acts is availab Release which	uded with member ble for \$20.00. New a must be completed strictions apply to
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