

Bare Facts

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38° 58' 7" North; 95° 47' 56" West

Computer Monitor Needed

Your Board of Directors has been considering a number of options to streamline the registration procedure at our special place for this season. With the assistance of our good friend, Jeff, we believe we have a secure way to keep all our computer records on site.

We already have a computer and the software. However, given our space limitations, we are looking for a flat-screen monitor that we can install near the front desk. We hope an Eduner has a surplus monitor available they would be willing to donate to the project. It does not need to be large.

If you have a monitor you are not using, please contact us.

From The Mailbag

Dear Lake Edun,

Any good theatre plays coming up? I took my program back to my instructor (I was taking a humanities class and required to see 6 plays during the semester) and I think he was a little unsure what questions to ask me about the play. My friend Shaun that attended with me really enjoyed the play.

I'm the type of person that likes to do things outside the box so I truly thought the play was excellent. I give it to the actors cause no way could I have gotten up on stage without any articles of clothing.

– Jandi

Dear Lake Edun,

I just want to say I had a wonderful time attending the January 23 sauna. Even though there were only two of us, it was enjoyable. I haven't been to a nudist club in thirty years so this was kind of like a first time experience. At that time, I just spent one day in 1978.

I want to thank the editor of *Bare Facts* for all the informative stories about our interest. Having no computer at this time, I can't have access to news and educational materials if it wasn't for the newsletter. I don't feel like I'm weird anymore because I like to be nude. Because of the educational aspect, I have a better body image even though I am far from perfect!

Keep up the good work, editor!

– Thank you, Bart

Quote of the Day

“Complete nudity in itself is not erotic. It becomes so only when preceded by or contrasted to a state of dress. In this limited context then, all clothes become somewhat immoral, if we define immorality as inciting sexual interest. Habitual nakedness may indeed be capable of elevating man to a higher mental plane...”

— Dr. Marilyn J. Horn, *The Second Skin: An Interdisciplinary Study of Clothing*

Where Are They Now?

You probably remember the Englishman who was going to hike naked across England and Scotland nude? He eventually made his final destination, but from there the plot thickens. Recently, Stephen Gough has again surfaced.

He has been jailed in Scotland for his refusal to put on some clothing and keeps being arrested and jailed. Obviously a man of such grit willing to give up so much for the cause he believes in deserves some respect. It just doesn't earn him his freedom. While he stubbornly insists he should be free to be nude, Scots authorities with equal stubbornness insist otherwise. It's a stalemate. Unfortunately for Stephen, the other side has the keys to the jail.

The key emphasis here should be on the word stale. It would seem to me Stephen has made his point. Now it is time to declare a moral victory and go home – to fight another day. [Ed.]

Stephen Gough, the 50-year-old Brit with a passion for walking around naked has been repeatedly arrested for his in-the-buff ways, with Scottish officials telling him that he will spend his life in jail if he keeps refusing to get dressed.

He was released from Perth Prison around Christmas, only to be arrested seconds later after refusing to dress.

Though he was offered bail if he just covered up, the perpetually nude hiker – who has spent much of the past seven years in jail for naked related offenses – turned down the offer and compared himself to civil rights trailblazer Rosa Parks.

“Essentially this is about individual freedom and people's tolerance to other people being different. I understand a lot of people will disagree and have strong feelings about it. Walking the amount of miles I have, through towns and cities, it is on the whole a very small moral minority who act in an irrational way. I believe I am behaving in a reasonable way.” He added, “People who have brought great change often have to go to prison first. People often have to go to prison for many years before others see the light.”

Gough is kept in a segregated unit in the prison, and has cost the government more than £200,000. He has yet to be sentenced, but could face more than 18 months in jail.

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Feb 13; Sat; 8-10; Sauna

Feb 19; Fri; 8-10; HN Swim

Feb 21; Sun; 4:00-6:00; Board of Directors

Mar 19; Fri; 8-10; HN Swim

Mar 20; Sat; 12-4; Work Day

Mar 20; Sat; 8-10; Sauna

Mar 21; Sun; 1-3; Board of Directors

Mar 27; Sat; 12-4; Work Day

Never Forget Your Bicycle Helmet

The next naturist story comes from New Zealand. It's more significant for the sanity and sense of humor of a local police woman. More power to her kind.

It seems local police woman Cathy Duder encountered two young men cycling with no clothes on near the Coromandel seaside resort.

When asked what the two were up to, they appeared shocked to have been discovered and attempted to hide themselves with their hands. They explained that they were only wanting to experience total freedom.

She laughed and told them, "The way you're heading, you're going to experience total confinement."

Since it was dark and no one else was around, and they didn't appear to be drunk, she sternly warned them not to be cycling without wearing their helmets and sent them on their way. Go to: <http://news.bbc.co.uk/2/hi/asia-pacific/8427624.stm>

Sounds Delightful

The following is the kind of story you want to read in the middle of the winter from Skinnytrippers Digest. Those of you that make it to the back side of the lake can relate. I know whenever I'm at Lake Edun; I have to walk the trails. If you are quiet, especially early in the morning there's a good chance you will see some deer. Even if you don't, morning walks are a time to see the incredible spider webs these industrious creatures have strung across the trails, glistening with dew.

Late afternoons are another favorite time to walk the trails. The setting sun paints the dried grasses a golden glow. There's often a stillness in the air adding to the mystery of the growing shadows in the trees that calms the soul and adds to the feeling of peace – great memories of a summer gone and an anticipation of a summer yet to be. Read on and enjoy. [Ed.]

Sunning, swimming, and being outdoors nude is a passion for all of us. But hiking nude is an altogether different experience. Walking naked outdoors is a unique blend of satisfaction over a longer period of time and much more terrain. Unlike shedding textiles at the beach or by the pool, comfortable footwear is required to hike well in the buff. Water, snacks, sun or insect cream, and a compass are helpful, along with a hat and a camera if you like. Also unlike the comfortable beach chair perch, clothes are left far behind when hiking naked. Depending on how far you decide to go, trekking naked is a lengthy and thrilling commitment. Here is our account from a long afternoon of hiking, as we discovered a new level of exhilarating naturism outdoors.

Here in Charleston, South Carolina . . . Anne and I went to a secluded island where the tidal sea has taken the beach over time. A once vast forest of trees beautifully spikes out of the beach sand, allowing many local textile and nudists bathers to get away from the city center. Only this time, we brought our hiking boots. Leaving our clothes in a safe place, taking only a small satchel with supplies, we decided to go for a long hike through the forest, along the marsh, and hopefully explore a beach on the other side of the island we'd not

ventured to before.

Hiking nude is different because your body must physically navigate variable terrain. Feeling your body exert itself naked for miles in the context of exploring a fantastic experience. Seeing your partner's body perform the work of climbing, stepping, hopping, walking, and balancing is a completely different experience. . . We had built up a healthy sweat after approximately an hour of hiking, remarking how being naked in the forest felt so different and rugged than on a beach. Just knowing that your clothes are so far away is a powerful feeling of freedom. We came out to the marsh and found a deep pool of tidal waters just beyond the island oyster beds. . . We removed our shoes and socks, and slid into the cold November salt water, which felt incredible on our sweaty skin and warm muscles. We soaked for a while, bathed the dust from our legs and observed the marsh wildlife totally nude.

Off in the distance we could see clothed people hiking, but far enough away and heading in a different direction. It was cold coming out of the water, and our skin was covered in chill bumps. We put on our socks and shoes, and decided to start hiking toward the new beach we'd not seen before. Snack bars and water from Anne's satchel helped sustain us. I applied sunscreen and consulted my compass. We were headed northeast with plenty of daylight remaining.

This part of the island was sandy and vast, with a deep channel ideal for fishing. We trekked for several minutes toward the far end of the forest as the sun warmed our naked skin. Suddenly, a boat came around the channel behind us at a fast pace we could do nothing about. Unlike skinny dipping or sun bathing we were standing tall and in full view, with nothing but our boots on. The two mature couples in the boat were less than 50 meters away, and all we could do was peacefully wave. We heard one woman say loudly over the engine hum "look, they're naked!" and "we see naked people out here all the time." They smiled and waved in return, but I noticed Anne and I did not try to hide or squat down. We marveled at how comfortable we felt being naked, as though zero clothes nearby was the furthest things from our minds.

We relaxed on the beach for a while, and explored more terrain back towards the forest line, deciding to head back in the general direction we came. . . We saw birds, a small alligator, and many colorful insects as we hiked through the forest. Since the sights and sounds of everything around us were under the shade of tree cover once again, the brightest element in the woods was our completely naked fair skin. As we began to emerge on the other side of the woods, we realized we had accomplished a great deal of exercise that day. We figured another swim was needed to cool and bathe our bodies.

The length of the hike, the hours spent far away from our clothes, and the exhilaration of experiencing our bodies and the natural terrain without clothing are what made that fall day so amazing and memorable to us both. I highly recommend . . . hiking nude.

"I just love having no clothes on outside, and the only time to do that is when the sun's shining. It's a wonderful sensation to not have any clothes on." - P.J. Harvey, singer.

Nudity In Church?

You find nudity in some unusual places. Take for example the new advertising campaign just announced for the United Church of Canada. Supposedly these are examples of people that might not be accepted in church. Who might fall into the category of the outcasts chosen? Well, they are nudists, criminals, and a Russian ice hockey player. It's an odd selection.

All the same, there they are, a nude couple smiling in their naked glory, (no naughty bits showing) seated in their pew and no one is taking any special notice. Would that it could really happen – not a snowballs chance! [Ed.]

The copy for the ad reads as follows: The United Church of Canada is going the extra mile to make sure anyone feels welcome at their worship services, with a print advertising campaign featuring nudists, an escaped convict and even a member of the Russian ice hockey team. "We're just glad you could make it. Norval United Church. Our Doors Are Open." The message, prepared by Emerging Spirit, is designed for people who fear that they may not be accepted. There's also a subliminal message for judgmental people. "Stay away if you're afraid of meeting people who do not fit your idea of normal." The campaign is being run by congregations on a voluntary basis. See the pictures at: <http://theinspirationroom.com/daily/2009/united-church-doors-are-open/>

Covering Up

Once again a non naturist has some astute observations that call into question mainstream standards about nudity. This sort of essay is published one or more times annually in the press. While calling into question the boilerplate mainstream hostility to nudity with well reasoned analysis, invariably the writer at the last moment pulls back from the logical conclusion of his own argument. This article is no exception.

However, it's worth the read to see that there are non naturists that are critically examining commonly held beliefs. Who knows how many others read the same article and have their automatic thinking about nudity questioned. Some may even be positively influenced to either try naturism or at least be more open minded about it. [Ed.]

You may have seen the recent animated commercial where a man goes to a nude beach and ignores the woman who tries to talk to him. There are censor bars over the usual parts of the characters. While watching it recently, I asked my friends if they thought America would ever get to the point where there would be no censor bars over the private parts.

They didn't have a quick answer and neither did I.

...it's curious we feel compelled to cover up what everyone has. Even more curious is the fact that shows on the Discovery Channel can show "tribal nudity" and no one makes a peep, but if the cute girl from Mythbusters walked around topless there would be a huge uproar.

It is clear that clothing styles reflect how far from nature we have come.... However, from the peak of prudishness in the Victorian age, we have come a long way....

The difficult question to answer is why is there such a taboo with nudity? Let's face it. America loves to cover up, be that unpleasant truths or the human body because, once you're naked, that's it. There is nothing left to spruce up your appearance. It's completely final, and that is a somewhat distressing notion. Looking at oneself while naked is like beholding the truth about one's body.

Unspoken restrictions on clothes have become more relaxed lately, but I suspect that relates more to the need many people have for constant positive reinforcement in the form of being ogled by passersby.... However, being stared at doesn't have anything to do with intrinsic worth as a person, Rather, it merely means the person is an exhibitionist, revealing portions of their body that have a forbidden quality to them to draw the attention of others.

I'm not in favor of a nudist society, but of a calm, level-headed attitude toward the physical realities of the human body. You don't have to go streaking, but it's good to question and examine the things our culture likes to cover up.

The writer of this opinion piece is to be commended for raising questions about American attitudes toward nudity and struggling to make some sense of them. Noticing that there are many inconsistencies, (not to mention racist depictions of tribal peoples nudity) with how nudity is treated in this country is a good starting point.

The writer makes an interesting point about clothing that exposes more skin is being used in a sexualized way to draw attention. Unfortunately, in America skin display with a sexual motive is the norm. This "cultural noise" makes it very difficult for naturists to appear credible when saying that the nude body isn't inherently erotic or in some manner immoral.

In the last paragraph the writer says he doesn't want a nudist society. Apparently that would be too radical. Instead he wants a levelheaded attitude toward the physical realities of the human body. It's not clear what that means.

Perhaps he is just going through an intellectual exercise, without any thought of real behavioral changes in society. After all, the writer says that the truth revealed by looking at your own nude body tells you something distressing. That sounds pretty negative to me. Something like, "If it's not a great body, it should be a covered body."

Or possibly being levelheaded simply means the writer would be satisfied with having the censor bars removed when nudity is shown on TV. However, accepting nudity in real life doesn't appear to appeal to him. Perhaps that would be too much "truth." Once again, a good analysis caves in to the status quo. [Ed.]

To read the entire article go to: <http://media.www.dennews.com/media/storage/paper309/news/2009/04/17/Opinions/Column.Covering.Up.Nudity.And.Denial-3714924.shtml>

"I believe that people have the right to their own beliefs. I do not feel people have got the right to stop me from expressing my beliefs by picking up the phone, calling the police and having me put in prison." – Steve Gough, he walked naked from Land's end to John O'groats (the length of the British Isles).

First Time Experience At The Lake

by Robert B.

Hello, I just wanted to say thank you. My first visit was better than I could have expected. My first visit to any naturist facility. I am not married and do not have a girlfriend at this time, but I must say, I was treated very well, as if I were family.

Mark this date in time: 27 September 2009....Yeah!!!!

When I arrived I was a bit nervous but was determined to go forward. I just had to do it. I wanted the freedom and liberty to be with others, or by myself, with nature, clothes free and natural. Push, pull, or drag...Just do it! (With Nike cap I did:)

My nervousness and insecurity faded as soon as I was greeted by the first people I met at the barn and I could not wait to remove my clothes. Well, I could see that they were comfortable and I knew I loved to be nude, so there you go!

I was shown the wooded facilities and simply could not wait to take my freedom walk along the many wide hiking paths which allowed 2 people to walk comfortably through the trees and open spaces with a variety of wild flowers and tall grass to take in. I really enjoyed the lake views along the path that goes completely around the lake.

The camp sites were inviting and the small beaches clean and relaxing. Everyone was very kind and respectful and ready to extend their kindness and were easy to talk to. The issues and discomforts went away quickly.

The belonging of spirit and soul free with nature. It is not about my body or your body but that wonderful experience of freedom. That is what I came for and I shared that need to be free with nature with others that felt the same. Oh my God it was so good. The sun and the wind were perfect!

As far as I am concerned the freedom, the sharing God's Universe this way, made everyone beautiful and perfect. My first words, as I got on the hiking trails were: I have arrived!

I thank everyone who has done anything to support Lake Edun. I want Lake Edun to be a part of my life. I will return and hope to spend a week there in bliss.

God Bless all of my friends at Lake Edun.

Fitness Anyone?

Being fit is a popular thing. Infomercials on TV promote one product or diet after another. It's a big business. Still, Americans are among the most unfit, overweight people in the world.

Naturists don't want to be left out of the mix. After all, the earliest naturists in Germany vigorously promoted healthy exercise and good diet (vegetarian), and prohibitions on alcohol and tobacco consumption. This degree of asceticism didn't survive the crossing of the Atlantic. Still, we do take an interest in health and fitness.

With that in mind the following offering of The Fitness Buff Show at <http://www.fitnessbuffshow.com/index.html> will be of particular interest.

The show is hosted by Pete Williams, a longtime fitness enthusiast, triathlete and journalist who is the co-author of

several fitness books. He teamed up with noted trainer Mark Verstegen to write the top-selling book Core Performance, which since its publication in 2004 has revolutionized the way people work out.

What makes this exceptional is that Pete is openly a naturist and the show has a sponsor that offers weekend boating charters for naturists. Is that cool, or what?

You can listen to the archived broadcasts about fitness and read Pete's blog. Be sure to read the entry about the Lake Como 5K nude run organized by one of the show's co-hosts. Pete reports that he has done the run 10 times.

Here's a bit of his report: "It is what it sounds like, a clothing-optional 5K held at one of the nation's oldest nudist resorts, right here in the Tampa Bay area.

There's something liberating about running in the nude. Most people, myself included, first experience nude running as drunken streaking during the college years. It's a different experience sober, though no less enjoyable.

I've run this race virtually every year since moving to the Tampa Bay area; Sunday will be my 10th time. Nude 5Ks are fairly common at nudist resorts around the country, but Como was one of the first to stage one. In 1993, my future Fitness Buff co-host **Sabrina Vizzari**, modeled the Como clothing-optional run after one that had taken place for years at a nudist resort near Spokane, Washington."

The Nude Chef

One thing leads to another. In this case, the Nude Chef as featured on The Fitness Buff Show. Yes, nutrition and fitness do go together. Actually, fitness, nutrition and nudity go together. See for yourself. Go to:

http://www.thenudechef.com/Home_Page.php

Sharon Picone, a native of South Africa, is the nude chef and as you may wonder/guess; her cooking show is done in the nude. I wonder if HBO might pick this up??

As for what Sharon stands for she says: As a naturist, my philosophy is that there is a strong connection between nudity and food. I love sharing with people the connection between the natural body and food – for me, both are a celebration of life and a return to the simple pleasures.

Her website is dedicated to vegetarian cooking. She offers a number of recipes and like any good cooking show, there are videos showing Sharon preparing the dishes. There's even a chat room you can sign up for to talk with other naturists/vegetarians.

You get the sense from seeing the pictures and videos that Sharon is an unabashed and unapologetic naturist. Obviously her nudity is what distinguishes this cooking show from all the others, but Sharon's demeanor is very natural. There is no sense that she is up to something other than her cooking. Bon Apatite!

Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats
- Wooden Cable Spools
- Lawn or Lounge Chairs
- Aluminum cans, etc
- Flat screen computer monitor

Naturism Encourages Mutual Respect

Naturism is characterized by the practice of communal nudity. Certainly, nudity is seen by most people as being the most obvious aspect of naturism. Indeed, naturists certainly do enjoy the camaraderie of simple social nudity, rejoicing in the benefits of feeling sun, wind and water over the entire body, leading to a healthful release from daily tensions.

While it is true that social nudity is the central observable feature to what it means to be a naturist, it is what lies behind or motivates this nudity that is crucial. Naturism is understood as a means that encourages respect toward self, others, and the environment.

Naturism isn't simply something a loose collection of individuals do together to while away a few casual hours. Naturism has a larger agenda that encompasses a self awareness as standing in contrast to the larger society that presses values with which naturists disagree. The bed rock core belief of naturists is that the human body is essentially good in all its parts and functions. The body itself is not ever a source of shame.

Naturism seeks to reclaim the rightful heritage of every living person to behold the inalienable dignity of their bodies as good. Naturists reject and condemn any and all efforts to dehumanize the body which has been under assault around the world for generations as in itself bad, ugly, unworthy.

Naturists however, do recognize that this is not a perfect world, that there is no utopian solution to all the world's ills and that people can demean their own and others bodies by their attitudes and actions. What naturist's desire is the freedom to pursue their vision of a way to better themselves and the world without being the object of unrelenting hostility.

In the naturist paradigm, to approach another person completely naked is an act of trust. It is an act of communication in which you are saying in effect, "Here I am, completely unpretentious, with all my physical imperfections on view. Accept me for what I am, and I will accept you as you are. What you see is the whole "me" as I really am." Such an attitude can only engender mutual respect.

Naturism seeks to reorient the age old distortions between the sexes that generally have been characterized by the domination of women by men. Instead, the unity between men and women that is sought regards the other as persons, rather than objects to be controlled, or as means to be used for personal gratification.

Being naked in the presence of others is a pleasurable experience, but it is pleasure in the nicest sense of the word. It is very relaxing and enjoyable. You won't find naturists nervously leering at each other - they are open and trusting of each other, accepting each other's imperfections, and respecting each other's personalities.

When naturists are asked by non naturists, "Why don't you want to wear clothes?" Their question implies the tacit assumption that clothing is mandatory. Further, it often assumes the unsupported belief that wearing clothing denotes

morality, and civilization. Additionally, clothing grants privacy and safety from the judgments and ill intention of others. Conversely, nudity denotes immorality, poverty, and possibly barbarism.

To this question, the naturist replies, "Why do you believe that you have to wear clothing all the time?" The non naturist believes the answer is self evident, and is surprised that the question is being asked.

Historically, the family has been the context in which naturism has developed. Within the family a most important aspect of naturism is its educational effect on growing children. In the clothed world, where everyone goes to great lengths to hide their "private parts," children frequently learn to be ashamed of their own bodies. Since these children are generally deprived of the sight of both the male and female body, they cannot help but become curious about the bodies of others. While not everyone succumbs to this prudishness and repression, it still bears its own bitter fruit of eating disorders, self loathing, and a multibillion dollar sex and porn industry.

The culture of mandatory wearing of clothes and the attendant body shame can lead to the unintended consequence of a negative impact on the development of a healthy attitude toward sex and sexuality. That is, there is a strong tendency to primarily regard the body, especially when nude, as being solely a sex object. This one dimensional view removes sex from the context of the communion of persons and but one aspect of a relationship with the whole person. This means that for many sex becomes a focus in itself, a "forbidden fruit" leading to an unbalanced, intense curiosity which often leads to undesirable behavior.

In the naturist setting, naked bodies are no big deal. There is no prurient curiosity on the one hand or need to be ashamed of one's own body on the other, since others are obviously developing in the same way. Adolescents can see exactly how their bodies are going to change as they grow older. Such youth are acculturated to respond to others as whole persons, not as objectified sex objects to gratify their own selfish needs. It would be unlikely for a person who has been raised in a naturist family to become a sexual deviant or pedophile.

The practice of naturism demystifies and normalizes the body as it changes over the lifespan. In family oriented naturism it engenders both a healthy attitude towards people of the opposite sex, but also a balanced context for healthy, responsible sexuality. All people are seen as whole personalities, and not merely as sex-objects, while the task of objectifying the body is the purview of advertisers and the sex industry.

A fully rounded naturist philosophy addresses not only the body and interpersonal relationships, but also the place of humanity in the natural world. Hence, naturists have a concern for the wellbeing of the environment and humanity's role in protecting and managing resources wisely for the long term benefit of all.

Within naturist circles it is almost a cliché, due to its frequent repetition, that you feel really close to nature when you discard your clothes and feel warm sunshine, fresh air or cool water on the whole of your body. Being naked outdoors gives you a great sense of freedom. At the same time, dispensing with clothing in a natural setting has a way of peeling away our smug reliance on the technology that deceptively deludes us into believing that nature is under our control. None but the most callous can stand amidst the wonders of the natural world without being humbled by the experience and want to preserve it for future generations.

Naturists are grateful for the amazing, complex body with which to interact with others of like mind, and for the wonder of the natural world in which we are graced to live.

A final word. Naturists can well appreciate the language used by Pope John Paul II, and apply it to naturism when he proclaimed that, "Nakedness signifies the original good of God's vision. It signifies all the simplicity and fullness of the vision through which the "pure" value of humanity as male and female, the "pure" value of the body and of sex, is manifested." (Theology of the Body, p. 57)

Inspiration for this was a short essay by an unknown author forwarded to your editor by a friend of Lake Edun. Some of that essay's language of was incorporated in this essay. [Ed.]

Naturist Film from the 60's

If you have the time to stay online, here is a full length documentary with the odd sounding title, "The Raw Ones," done in the 1960's that explains what nudism is all about. It is divided into four segments, each being about twelve to twenty minutes in length.

Being a documentary, narration explains what is being seen and gives the rationale for why nudists want to experience social nudity. The script is somewhat overly dramatic at times, but the arguments in favor of social nudity are intelligent and sound amazingly contemporary in tone. Try as we might, it's obvious the rationale for naturism has been fully stated since the beginning of the movement.

As with other "nudist" films of that era, there are endless scenes of pretty young women playfully swimming, shooting bows and arrows, walking around, etc. There are men involved, but not as prominently. It's obvious the people being filmed aren't actors and they don't have speaking parts. To this extent, what is shown is a stylized and idyllic portrayal of nudism. Full frontal nudity is seen throughout. [Ed.]

Go to: http://www.dailymotion.com/video/xbjbey_the-raw-ones-the-complete-movie-par_lifestyle://news.bbc.co.uk/2/hi/asia-pacific/8427624.stm

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All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

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<i>Lake Edun Exposed</i> – Video		25.00	_____
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