Bare Facts

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Box 1982; Topeka, KS 66601 ● Voice Mail: 785-478-BARN ● e-mail: benude@lakeedun.com ● Website: www.lakeedun.com 38° 58′ 7″ North; 95° 47′ 56″ West

Return To Edun/12

Time is running out to get your advance tickets to Return to Edun/12. This year, for the first time, we will feature a staged reading of the four semi-finalists in our contest for one-act plays dealing with body acceptance. See the related article on these plays in this issue of *Bare Facts*.

In addition, we expect to have plenty of Kansas sun and, of course, our wonderful lake to cool off in.

Musical entertainment on Saturday will be provided by two Kansas City groups: Motion plays classic rock and will keep us dancing. The Chaz Singer does vocal impressions of some of the greatest singers we are all familiar with. Of course, between times there are the trails, the lake, the friendly people and wonderful setting that characterizes Lake Edun.

This is our annual fundraiser in support of the LEF mission. Spread the word. It's a great setting for someone curious to experience Naturism for the first time.

Members enjoy a 50% discount for advance tickets. Price at the gate will be \$80/single and \$100/couple for everyone – even members. Use the form in the enclosed brochure to reserve your place under the Lake Edun sun.

One-Act Play Performance Scheduled

Last year, the Lake Edun Foundation sponsored a contest for one-act plays dealing with issues of body acceptance. We received entries from as far away as New York, New Mexico and many places in between. These were read by a panel of judges who narrowed them to four semi-finalists which we will stage.

After an exhaustive search, we selected Jon Lothenore as our director. Jon is an actor and director with experience in Denver and Los Angeles.

Performance dates and ticket prices will be finalized soon. We expect performances will be held in the Black Box Theater at the Topeka Performing Arts Center on September 16, 17, 23 and 24. If you are interested in assisting with these as either an actor or technical, contact Jon.

As an added bonus, Jon has agreed to hold a staged reading of the plays at Return to Edun/12. A staged reading is not a full performance. It is held on stage with actors reading their parts and few, if any, props. There are rolls for four women and four men. If you are interested in participating in this staged reading, or in the final production, contact Jon through LEF. This will be an opportunity for all Eduners to preview the plays.

Full details about the plays will be available in the next issue of *Bare Facts*. This will be a fun evening with no sex, no violence ... only nudity. We hope all Eduners will help promote this opportunity to open eyes toward the beneficial impact living a clothing-free lifestyle can have. If it is successful, we plan to make it an annual event.

President's Corner

By: Ernie Cooper

July is a special month in so many ways. Perhaps the most important is the celebration of the birth of our nation. We all know that the ideals we seek and promote as naturists are, in many ways, outside the norm for our society. The good we find in our natural dress, we seek to bring to others. Many times this places us at odds with social and civic leaders both locally and at state and national levels. Yet with all of the discourse and legal battles, I think we must take a moment to appreciate that in most other nations and societies that have existed on our planet, we would be treated somewhat harsher than we are here. We are a nation founded by rebels! Speaking out and striving for change is just part of our nature as a nation. I hope this Fourth of July we all take a moment and give thanks to our forefathers for the freedoms we enjoy!

The second reason July is a special month for me, is that it was on a 4th of July weekend, not that many years ago that I proclaimed by freedom from the textiled world, and came to Lake Edun! Little did I understand then what a change that one visit would make in my life! Little did I understand then how this one experience would broaden my understanding of the world in which I lived! It was a new Independence Day!

The third reason that July is special this year is that "Return to Edun" will be this month! We have signed the entertainment. The grounds look wonderful. Mother Nature has filled the lake! All we need is for each of you to come and bring a friend to help us keep our special place funded and growing! We have returned to the tried and true "natural" concert/weekend format. Make sure to make room for a couple of days of fun in the sun and entertainment under the stars!

Last but certainly not least, I would like to thank all of you who have been so accepting of the new members and guests at the Lake. Because of your friendliness and courtesy, several new couples have joined the Lake Edun Foundation. To our new members and guests, welcome! I hope to get to meet each of you. I hope you feel a part of our Lake Edun family!

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

July 4-10; Nude Recreation Week

July 9; Sat; 10-12; Board of Directors

July 9; Sat; 12-3; Open House

July 15; Fri; 8-10; HN Swim

July 15-17; Return to Edun

Aug 6; Sat; 12-3; Open House

Aug 13; Sat; 10-12; Board of Directors

Aug 19; Fri; 8-10; HN Swim

Sept 4; Sun; Battle of Dagorhir

Sept 5; Mon; Labor Day

Airport Nudists

Whether you like it or not, technology is about to make you a nudist. The Parent Television Council and other likeminded groups assert that there's a slippery slope that begins with acceptance of your body and ends in meth-fueled swinger parties.

The Department of Homeland Security is working on a system that will use backscatter X-ray machines in airports. It's already being tested in London's Heathrow Airport. It is an X-ray machine that sees through your clothes, but doesn't penetrate the skin.

"It shows nipples. It shows the clear outline of genitals," privacy advocate Bill Scannell recently told The New York Times.

There is considerable debate about whether the American public will agree to being electronically strip-searched each time they fly. However, the Department of Homeland Security says electronic strip searches are what we need for the "next-level" of security.

[Oh no! Say it isn't so! Anything but nipples!! Ed.]

Are Koreans Ready For A Nude beach?

A Korean newspaper asks this question about a survey being conducted in Gangwon province this summer to find out whether Korea is ready for its first nude beach, which would be somewhere on the east coast. The move is in step with the recent "well-being" trend, said an official at the East Sea Rim Branch Office under the Gangwon provincial government.

The east coast is known for its fine beaches, and now Gangwon wants to develop a "differentiated" resort where people can swim in the sea and soak up the sun without the encumbrance of swimsuits.

The office said it would survey visitors to east coast beaches from July 10 to August 20 to see if Koreans would want a nude beach like those in France or Australia. Based on the results, the office will begin a search for the right place.

The nude beach would be at a secluded and undeveloped spot, the office said, instead of an existing beach facility. The ages and numbers of visitors would be strictly controlled.

This is not the first time that such an idea has surfaced in Korea. Similar proposals date to the 1990's, but were always rejected by public opinion, which concluded it was too soon.

Eager nudists should be warned, though: For the time being, anyone attempting to go nude on a local beach would be subject to lewd behavior charges.

[Darn! If only I had known this **before** I booked my Korean beach vacation. Ed.]

Items We Need

- Tops for trash cans
 Wheel Barrow
- Chipper/shredder we can use about once a month

Nude Statues

Middletown, Connecticut has its own arts scare. A group of nude bronze figures were placed near the senior center, shocking some retirees who have asked that the works be removed. Recently, someone covered the men's "offensive" parts with boxer shorts and a beach towel.

William Vasiliou, president of the housing authority says that permission was never sought to place the sculptures on the lawn near the senior center.

Plans call for placing more than 30 pieces along Middletown's Main Street. A number can be found in front of KidCity, the Middletown Press, Liberty Bank, the Inn at Middletown, the Church of the Holy Trinity, and other businesses.

The man behind the project is William Bendig, In a prepared statement, he said he hopes these sculptures by nationally known artists will transform the city into a "living museum." They are to be in place for two years.

One senior said of the sculptures, "They're disgusting. They should not be here. The sculptor should be deeply ashamed of himself. Children should not see these kinds of things."

A meeting with the mayor has been called for June 21 at the senior center where the public can voice its sentiments.

Gough Begins Second Nude Hike

By: Michael

He's at it again, only this time Stephen Gough, 46, has company for a second attempt to walk the length of Britain in the nude. Accompanying Gough will be his girlfriend Melanie Roberts, 33, of Bournemouth, Dorset, and a librarian from Kent, who does not want to be named..

Gough was arrested 14 times and served two jail sentences when he walked without his clothes from Land's End to John O'Groats in 2003-04.

The former Royal Marine will again set off form Britain's most southwesterly point on the 874 mile trip in order to "celebrate being human."

Mr. Gough said public attitudes to nudity had moved on since his first walk, but admitted he and his companions could still be arrested. He noted that, "Before even setting off this time there has been a lot of publicity so people are going to know it is happening.

Mr. Gough estimates the hike will take two months if he and his fellow hikers are not arrested. He would like it to become an annual event. "Hopefully with this one those people teetering on the edge wanting to join me will come forward."

A Devon and Cornwall Police spokeswoman said the force was waiting for advice from the Crown Prosecution Service on whether to take action against Mr. Gough and his fellow hikers.

[Last year Mr. Gough received a lot of attention nationwide and mixed opinions in the British nudist community. Whether the daring acts of a classic British eccentric will have positive benefits for acceptance of public nudity waits to be seen. I for one, wish the three of them well. -Ed.]

From the Mail Bag

Dear Lake Edun,

Sorry I haven't renewed but things have been busy in Minnesota. We have a wedding for our daughter this summer. Not sure if I'll get down at all this year but I will sit down and try to come up with some sort of donation to Lake Edun. I found Lake Edun when she was a student at KU, enjoyed the heck out of the special place and miss it dearly. Now our daughter is finished at KU, getting married and living back in Minnesota. I'll stay in touch and will come up with something over the course of the next few weeks

Thanks again for being the facilitator of such a wonderful slice of paradise!

- Brian, St. Paul, MN

Dear Lake Edun,

Amy and I will miss [Return to Edun] this year. We've got one more year here in Germany then we'll be headed back to the States.

Attached is a photo from one of the many FKK lakes here in Germany. This is where we'll be this weekend.

If any of you are headed over to Germany shoot us an e-mail.
- Steve and Amy

Two Ban The Nude Art Stories

The North Adams, Vermont City Council will review an ordinance proposed by Councilor Robert Moulton Jr. "on moral grounds." It would prohibit displays of nude artwork in downtown shops, galleries, sidewalks and public places.

Moulton said he decided to suggest the ordinance after spotting a nude female sketch hanging in a window display at Gallery Row and Berkshire Gifts on Eagle Street.

The sketch is a black, white and red outline of a woman's body. It belongs to artist and developer Eric Rudd, and owner of the building in question. Rudd was quite surprised by Moulton's ordinance idea.

"If [Moulton's] law was passed elsewhere in the world, it would permanently shut down places like Paris, Rome and even the Vatican," Rudd said.

Moulton said he appreciates art, but believes it should be displayed in certain places. "A mother walking her kids in a stroller wouldn't be exposed to it. If we don't do something, what's the next step? How far do we let this go?"

Another councilor, William Donovan wanted to hear more, but expressed some skepticism saying, "If we pass that, we're going to look like a rerun of the Beverly Hillbillies."

Rudd elaborated that, "With North Adams being admired throughout the nation as a small community that is using the arts as its economic engine for revival...I'd hate to see North Adams become a laughingstock. I think this brings up many constitutional questions that I'm sure the City Council does not want to get into."

[I suppose another solution that Mr. Moulton could suggest would be that mother's with kids in strollers should be banned from the streets for their own protection. Would that be going too far?? Ed.]

Nudity Within The Family Unit

By: Louis and Melissa McBurney

Recently, my nine-year-old daughter accidentally saw my genitalia, and I didn't know what to do. In general, at what age should parents stop allowing their kids to see them naked?

Louis: If you're talking about the parent's age, I'd say about 39, when the bulges and sags become really embarrassing! But seriously, it's difficult to pinpoint an exact age at which children should stop seeing their parents without their clothes on.

Melissa: Many people are trying to move away from the idea of modesty, believing it to be based on unhealthy feelings of shame. But modesty doesn't have much to do with the problem of shame. According to the Scriptures, shame entered the picture at the fall—when Adam and Eve disobeyed God and sin entered the world. Most passages that refer to nakedness and covering up the body have more to do with vulnerability and loss of dignity. The Bible doesn't teach that the body is something evil or shameful that needs to be hidden.

Children should be taught that their bodies are made by God and that they are beautiful and precious. Modesty should grow out of a sense of gratitude for what God has given us and a sense of responsibility about how God wants us to use our bodies. The Bible teaches modesty for a very good reason: Chastity is made more difficult without modesty. Your children will need a healthy respect for and understanding of modesty as they mature.

Louis: But to get back to your question, nudity within a family seems to be very much a culturally determined standard. Japanese families traditionally continue communal nude bathing in hot tubs throughout life, and so do Europeans. Psychiatrically speaking, the attitudes about nudity and the associated sexual behaviors seem to determine the effect of nudity on a child's development.

Attitudes about nakedness and sexuality begin to develop quite early. A baby senses nonverbal signals that demonstrate family members' feelings about sexuality. Shame, embarrassment, discomfort or delight are conveyed when diapers are changed or baths are given. On his or her own, a small child will discover the sensations associated with touching the genital area. Those pleasurable feelings may become confused if anxious adults bring shame into the picture.

Thus, nakedness within the family is interpreted through the lens of countless other experiences. When the experiences associated with nakedness are positive and healthy, that's fine. But when associated behaviors are inappropriately sexual or negative, real damage is done. Exposure to bare bodies is one thing, but any kind of erotic play is completely taboo! At early adolescence, children may become more uncomfortable about nudity because of the awakening of sexual arousal, especially if the family has been uncomfortable with sexuality or has never talked about healthy sex.

However, in a relaxed, intimate family circle, exposure to non-eroticized nudity should cause no damage. If your (Continued on Page 4, col 2)

Trip Report

By: Jack

"Insanity", bemoans Mortimer Brewster in Arsenic and Old Lace "doesn't run in our family. It gallops." That phrase came to mind as I planned going to the Christian Naturist Convention (CNC). Not only was I going to be in the midst of nudists, (and while I've gotten comfortable with myself being nude, being nude with others was quiet another thing) but they would also be Christians. And being with clothes minded Christians can sometimes be stressful, but unclothed? If they serve grape Kool-Aid, I'm outta there.

I was also going to CNC with two fellow Christian naturists who I had never met face to face, but had met and knew over the Internet. Try to tell your adult children, (my wife knew the WHOLE plan) that I was disappearing over Father's Day with 2 guys they had never met or even heard of for a "camping" adventure. **Hello, Mortimer Brewster**.

Meeting my 2 traveling companions was a positive experience. Traveling to Ivor, Virginia through the Blue Ridge Mountains in a convertible under sunny, blue skies was another positive experience. Then driving through the opened security gate at White Tail Park into an A-1 nudist community was — well, for lack of a better term — a real eye opener. People walking around the grounds naked as if it were the most natural thing in the world to do. And 4 hours later, I had to agree.

CNC couldn't have picked a better place than White Tail Park, (which I thought was oxymoronic until I realized it meant deer not people). The facility was impeccable. The staff superb, with the exception of the 1st guy we met who didn't want to let my UK friend in after flying 4000 miles because he had left his driver's license at home, (It was a safety precaution thing: with no license he had a perfect excuse not to drive on the "other side of the road"). Coaxing out a British Naturism Society photo and he got in.

The CNC program was well planned out and varied. Speakers were prepared and gave excellent presentations. Alan Parker did an awesome job, (I've got to read his book, The Nudist Among Us). Tom Pine's presentation started with, "Has naturism had an impact on your faith?" We could have spent the whole session on THAT alone, but he had 5 MORE topics to cover in an hour, (I'm tempted to read HIS book – scary, but I need to expand my comfort level). John Grimes did a presentation on Blood Covenants that was as good an address, (although given in the nude) as I've ever heard in the textile world. And I only had 1 small page on which to take notes that could have filled a notebook, (by the way....didn't someone say they would e-mail text and references?). Cheef Dan challenged us with using our Christian and Naturist heritage and affinity for good in a variety of ways. Sunday saw a prayer service with Dick and Marsha that was innovative, unique and VERY meaningful. The Sunday worship and communion service left me speechless, which doesn't happen often.

A Trustee committee was elected to spearhead the 2006 CNC. General comments I think were to include more music, singing and corporate worship sharing at the individual sessions. The ice breaker on Friday evening probably needed

to be expanded and limited: expanded in time and activity and limited in scope: at the end of the ice breaker, I felt a little overwhelmed with all the information and dialogue about Christian Naturism – and we hadn't even gotten to the main sessions! In 2006, there will be an effort to expand attendance for greater geographic representation, although we had 2 Europeans with us. There was even consideration to see the CNC expand to Europe. But all in all – to be unabashedly trite – a good time was had by all.

And not to be forgotten – and maybe left to last as good things are – was the socializing and fellowship. Watching Myra snap photos of a nude Kevin on his Harley; Gwin and Boyd providing coffee in the AM, (I personally rose up each morning and called them blessed) as well as Earl Grey tea for the wandering Brit who shared my tent, and stimulating conversations with other Naturist Christians I had only met on the Net....priceless.

CNC? A, "you gotta do this in 2006" thing for those of you who value the spiritual impact of naturism on enriching your faith and walk with God, and communication, sharing and love with like-minded believers. Sign up. NOW!

[Jack is an on-line friend who agreed to write about his adventures at the Christian Naturist Convention. If anyone is interested in information about next year's convention, let me know. Ed.]

Nudity within the Family Unit (Cont. from Page 3)

nine-year-old of the opposite sex accidentally sees your genitalia, don't make a big deal of it. Just say, "Sorry—I didn't know you were here." Then, if it seems appropriate, you might even talk with her about the differences between male and female anatomy. The talk could blossom into a natural discussion about reproductive physiology and the moral and relational aspects of sexuality. Nine might be a little late in these days of pervasive sexual awareness, but if you're comfortable with the subject you may learn a lot from the discussion!

[Melissa and Louis McBurney, M.D., are marriage therapists. This is from their Winter 1996 column in Marriage Partners Magazine. Theirs is a thoughtful discussion of family nudity that avoids the typical knee jerk responses that so often pervade conservative Christian writing on the subject.

They make a number of solid points beautifully. First, they correctly point out the Bible's rationale for clothing is for the issues of vulnerability and loss of dignity. Not because the body is shameful. Second, they touch on the culture specific standards of nudity/modesty in the family. Third, they touch on the developmental issues of emerging sexuality even in infancy and the role family attitudes play in this development. Fourth, they recognize and guard against eroticizing nudity within the family. Fifth, and closing the developmental circle, family nudity allows for a natural progression in the understanding of the body and sexuality in a healthy family context. Ed.]

First Visit

By: Chuck

"What do I

do if some-

standing in

front of me,

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talking to

one naked is

Their car turned off the Interstate and onto the paved country road. "So what do we do all day, just stand around inspecting everyone's private parts?"

Joe took a deep breath and let it out slowly. He wasn't mad at his wife, nor was he counting to ten. He was just disappointed. He had tried to explain to Mary over and over again how nudism wasn't something perverted, but was instead a way of finding your humanness while spending the day with understanding, accepting people.

"No, sweetheart," he said. "You don't just stand around looking at each other's private parts. I mean, you will see their private parts, but it's not like they're flashers trying to get off by seeing your surprise. They're just people without clothes. Nothing more, nothing less.

"What am I going to do if they start staring at me?" she asked.

"They're not going to stare at you. They'll see your breasts and everything else, of course, but it's accepted. Being nude is the norm, not the exception."

"Well, I'm not staying if I don't feel comfortable!"

"And I would never ask you to," Joe responded.

The car stopped at the gatehouse. The two went inside and registered. A smiling woman in her fifties named Beth took their registrations. She was nude. Mary was a bit shocked at seeing someone without clothes going about their day's business as if that was the

way it was supposed to be. She couldn't look directly at Beth at first but looked away as she was asking them questions.

"Are you a member of TNS or any other nudist clubs?"

"Yes, we joined TNS recently. Here are our cards," Joe said.

Beth looked at the cards. "Okay, thanks. Have you ever been to a clothes-free location before?"

"I have," Joe said, "but this is my wife's first visit."

Beth nodded. "Well, let me welcome you. I think you'll enjoy your visit." She looked at Mary. "It may be a little shocking at first, seeing so many people without clothes but you'll get over that quickly. I think you'll enjoy your time with us. Everyone here is very friendly. Don't feel bashful about introducing yourself."

Mary's apprehension showed in her face. "I have one question," she said. "What do I do if someone naked is standing in front of me, talking to me? Where do I look? I don't want to stare at...you know."

"Well, what if you were at the supermarket and met someone? Where would you look then?" Beth asked.

"I would look them in the eye."

"Exactly," Beth said. "The same is true here. People are people. Just treat them with respect and they'll do the same with you. You'll get used to being with people who are without clothes. It's really very comfortable. Around here most people would rather be without clothes than have them on.

"I at me take you on a quick tour. Then you'll be free to visit

"Let me take you on a quick tour. Then you'll be free to visit the resort as you like. Drive on through the gate, park and take your clothes off. I'll join you in a few minutes."

They pulled the car through the gate, parked, got out and began removing their clothes. Actually, Joe began removing his clothes. Mary stood watching him nervously. "Take you clothes off, Hon," he said.

"I don't know if I can. I mean - out in public like this. There

are people walking by and I'm supposed to take my clothes off? Shouldn't I have a dressing room or something?"

"There's no dressing room needed here. Haven't you noticed that those people walking by don't have any clothes on, either?"

"Yes, of course I've noticed."

"Well, you're not the only one who's going to be naked here. And the truth is, in ten minutes it won't matter anyway because you'll be comfortable with it. Why don't you take your clothes off and wrap a beach towel around yourself."

Mary looked disgusted. "The only reason I'm doing this is for you," she said curtly.

"And I love you for it," Joe replied affectionately.

Mary removed her blouse, then her shoes and socks. She stood barefoot on the moist grass and dropped her blue jeans. All that was left was her bra and panties. She wrapped her arms protectively around her body and looked down. "I don't think I can do this."

Joe walked to her side of the car. "Sure you can.

Here's the towel. You get naked and I'll wrap the towel around you. You can leave it on as long as you need to." Mary grudgingly agreed, removed her underwear and wrapped the towel tightly about her.

Beth was approaching in a golf cart. "I just don't understand how you can do this without getting an erection," Mary said with concern in her voice.

"I told you before that this is not about sex. It's about being free and natural and human. It's about enjoying the company of other unclothed people for who they really are, and not for what kind of jobs they have or where they live or how they dress. You can look them in the eye and say, 'I accept you as a human being, I respect you as being a part of God's creation, and all I ask is that you accept and respect me in the same way."

Mary looked at him sheepishly. "Okay. I'll try this, but I have to tell you that it all feels really strange right now."

"I'm sure it does," Joe said as Beth pulled to a stop.

"Okay, hop in folks." Mary sat on the front seat next to Beth. The towel was still wrapped tightly around her. Joe spread his towel on the rear seat and sat down. The electric motor whined as the cart began moving through the park. The hot July morning was calling members and visitors to shed their clothes and enjoy the day at the resort. Families with children ranging in age from infants to teenagers were there along with couples, singles, male and female boomers and seniors.

Beth guided the cart between the naked bodies as they saw the tennis courts, swimming pools, hot tubs, shuffle boards, restrooms, camping facilities, hiking trails, guest rooms, cafeteria and exercise room. "If you like aerobics, we have a class scheduled for ten o'clock this morning on the lawn by the cafeteria. We also have activities for the kids then, too. There are other activities scheduled for two p.m. if you're interested."

Beth stopped the cart as she passed a couple walking towards the cafeteria. "Hi, Sue and Bill," she said enthusiastically.

The couple turned and looked at the cart's occupants. "Oh, hi Beth."

Beth introduced the visiting couple to Bill and Sue. "I think they live near you," Beth observed. The two couples greeted each other and exchanged the names of the communities where they lived. Indeed, they were located near each other.

As Bill and Sue talked to them, Mary realized that they seemed perfectly at ease with being nude. Neither of them tried to hide their nudity at all. She also noticed that both of them looked her in the eye as they talked. Neither of them questioned the towel that was still wrapped tightly around her.

"I'm going in the resort shop to look around," Sue said to Mary. "Would you like to come with me? We can get acquainted."

Mary smiled and nodded. She stepped from the cart, looked at her husband momentarily and then dropped the towel. The light breeze washing over her skin felt good. She had met someone who could be her friend - someone who seemed normal and comfortable in this place. Maybe this was going to be okay after all!

[Thanks to Chuck and the online journal, Fig Leaf Forum for this fictional account of a first visit. Perhaps someone in our readership can take inspiration from this story and submit their own literary effort for publication. Ed.]

Lake Edun Foundation, Inc.

P.O. Box 1982 VC 66601 1000

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Note: There is a \$30 charge for any checks returned unpaid for any reason.

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All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours per year may			with membership. A subscription only to <i>Bare Facts</i> is available for \$20.00. New members will receive a Waiver and Release which must		
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