

# Bare Facts

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38° 58' 7" North; 95° 47' 56" West

## Don't Forget Your Appointment With The Doctor

One of the most valuable services LEF provides to its members and supporters is an annual visit by a dermatologist. For the sixth year, we are offering a FREE screening to check any spots you may be concerned about or should be.

Regular readers of these pages know about the benefits vitamin D offers. And, we know that sunshine on our skin is the best source for this critically important vitamin. However, we also realize exposure to UV radiation can have some harmful effects.

We encourage everyone to put July 26 on their calendar and make a point to be present for this screening. As is always the case, early detection is critical.

If there is anything you are particularly concerned about, be sure to ask. Even if you think all is well, it is wise to be sure.

## What Kind Of Tree Is That

Eduners are fortunate to be able to get so close to so many different species of plants, trees, and wildlife. It is way too easy to take this splendor for granted. Our special place is a veritable botanical garden of assorted trees and plants, and a habitat to a variety of animals.

How often have we wondered about the trees we see so often? How often have we wondered what Poison Ivy really looks like? Regular visitors will notice we have been identifying many of our trees. This is merely the beginning of an extensive project. We hope Eduners find it instructive.

On July 26, an arborist will be on hand to guide us through our wonderland of nature. He can identify the many plants we see regularly and explain their purpose in the environment.

Even if you are only moderately interested in all Nature has to offer, you won't want to miss this excursion.

## Use Yoga To Relax

In our annual survey we conduct in the Fall, our supporters have expressed an interest in having an opportunity to learn about and practice Yoga.

One of our NUTs, whose day job is spent as a chemical engineer, has graciously agreed to teach Eduners some of the Yoga techniques he has learned. Each of his workouts has been very well received by a select few who participate.

While it appears to be fairly simple, anyone who has participated for a full work-out knows how deceiving appearances can be. The next day, muscles tell us they have been stretched, exercised, and tested. It's a good feeling.

Yoga will once again find a spot at our special place at noon on Sunday August 23. If you have never tried Yoga, this is an opportunity you won't want to miss. Bring a large towel or other ground covering to work out on.

## Report On Topeka Gives

Regular readers of these pages know about Topeka Gives, held on June 2. It was an opportunity for Topekans to visit with and support 132 not-for-profit agencies that make the community better. This year, for the first time, Lake Edun Foundation participated in the event.

We were unsure how we would be received. Would those who visited with other agencies accept our presence? Would they support our mission? What kind of hand outs should we provide? Being the first time, we didn't have many answers.

Some, of course, walked quickly past our table. But, many stopped to ask questions and took literature. Dave, Ralph, Brad and Webb, who volunteered to help with the event, reported their reception was generally good.

Results were announced 16 days later. We were more than pleased! Topekans gave LEF a strong show of support.

Based on the total amount given, the average each agency received was \$2,833.46. LEF actually received \$4,475, more than \$1,600 greater than the average.

We thank all who showed their support during this event. It is good to know we are making a difference in Topeka.

## In This Issue

- ! The latest from the Buff Astronomer
- ! From the Mail Bag and ways to help
- ! Response to a mother's childhood accident lasts a lifetime
- ! Learn what's happening in London pubs
- ! A look at some of the cultures being lost in Africa
- ! First experience with nude Yoga changed her life
- ! Learn to conquer your fears
- ! Naturism: Is it an antidote to hate?

## DON'T FORGET

- July 3-5; Clothing Independence Weekend
- July 5; Sun; 9 am; Yoga
- July 5; Sun; 12-2; Open House
- July 11; Sat; 3; Walk-talk with the Arborist
- July 11; Sat; Evening with the Buff Astronomer
- July 18; Sat; 10-12; Board of Directors
- July 18; Sat; 7pm; Wine & Cheese tasting
- July 18; Sat; Dusk; Movie Night
- July 26; Sun; Noon; Yoga
- July 26; Sun; 3; Visit the Dermatologist
- Aug 1; Sat; 12-2; Open House
- Aug 1; Sat; 3-5; Board of Directors
- Aug 15; Sat; Evening with the Buff Astronomer
- Aug 22; Sat; 7pm; Wine & Cheese tasting
- Aug 22; Sat; Dusk; Movie Night
- Aug 23; Sun; Noon; Yoga
- Aug 29-30; Camping for all Eduners

## Buff Astronomer – July, 2015

I hope that those, who have been out watching the skies, have been as entranced by the approach of Venus and Jupiter as your Buff Astronomer. The night of the moon/planets triangle was especially great to see. If you look with a telescope over several nights you will notice the changing pattern of Jove's moons as they also approach the conjunction.

The month of July is in the astronomy news as the first ever flyby of a photo-taking spacecraft (New Horizons) close enough to Pluto and one of its moons (Charon) to do a detailed photo survey. This will occur over a 48 hour time from July 13 to the 15<sup>th</sup>. Pluto is not the first dwarf planet to be seen close up, as the spacecraft Dawn recently flew by the asteroid Ceres. Ceres qualifies in size to be categorized as a dwarf. Even one of Saturn's moons (Rhea) is bigger than Pluto. This is why our past 9<sup>th</sup> planet lost its designation as planet in recent years. Pluto has four other moons, Styx, Nix, Kerberos and Hydra, but little or no chance for close-up photography will occur as New Horizons focuses on the planetismal.

Jupiter and Venus will be only 1/3 degree apart on 30 June and drift apart during July. They are near the constellation Leo in the western sky at dusk. On July 18, just 30 minutes after sunset, a small crescent Moon will be a little over a degree distance from Venus, near the star Regulus in Leo.

Saturn continues to be visible in the early nightfall sky east of Libra and approaching Scorpius. If you remember Scorpius has a prominent red star that can mimic Mars, named Antares. Saturn will be dimming during the month of July somewhat, but should still be a grand sight to see.

Earth is at aphelion (farthest point from the sun) on July 6. At that time we will be 94.5 million miles away. I don't think that the chances for tanning that day will be any less if you are with us at Edun. The moon will be full twice in July, on the first and the 31<sup>st</sup>. The second full moon in a month is sometimes called a "Blue Moon", but it will not appear bluer in color. The moon will be very near Saturn on 25 July, as a waxing gibbous.

I am hoping the weather and my health will help us keep our scheduled "evening with the astronomer" on 13 July at our favorite lake. I hope to see you there as you will scour the skies with your Buff Astronomer.

## Wine And A Flick

If participation is any indication, our Wine & Cheese Tasting events have been popular in past years. This year, they are followed by a movie on the screen in the Main Meadow.

The best part: It is all so easy. Bring a bottle of your favorite wine to share and a modest amount of a tasty cheese you enjoy. Be prepared to explain why you prefer these choices and learn what others find appealing in their choices.

When movie time comes, relax on a blanket or chair and enjoy. It's like a drive-in without the car. Those watching can choose a movie or bring one you've always wanted to see.

This is a great opportunity for singles, couples and families. It is also a way to meet and share with other Eduners.

## From The Mail Bag

Dear Lake Edun,

Thanks so much for having me, it was a beautiful experience. I can't wait to come back someday.

– Trent

Dear Lake Edun,

Hi!

We did enjoy it! We stopped by for my birthday last year, it was a very nice visit. I was hoping there would be much more people there but your friend said it was early in the season.

We're from Kansas City so it is a drive for us but totally worth the trip. We hope to visit more often. Chris and I are both naturists and would love to become more social with a group. Please keep us posted on events at Lake Edun, for us its about finding a good day to drive up.

Thanks,

Ashley

## Willing Hands – Lake Edun Needs You!

There's an old saying passed on to me by my parents, and no doubt to them from theirs. It goes like this: Many hands make for light work." Apparently the first written version of this saying is from the early 1300's. I said it was an old saying didn't I?

As organizations go, Lake Edun Foundation is pretty small. Even so, there are a lot of parts to keep functioning to ensure a smooth operation that translates into a great visiting experience. The Board of Directors has the responsibility to ensure this happens by making decisions that turn into a plan, and executing the plan throughout the year.

In keeping with the goal of providing an enjoyable experience for everyone, input from members and visitors alike is appreciated. Some suggestions are doable, some are desirable, but not immediately doable, and yes, some just won't work. That's the decision part the Board of Directors has to accomplish.

Besides the board members, the rest of the membership is encouraged to lend a hand by participating in activities and work days, as anyone is able. This is a volunteer organization. We thrive on having as many as desire to pitch in for the common good.

More recently the Board has been functioning shorthanded. This isn't what we want to continue. We need the energy and input from a full board to take the lead in making sure all the needed tasks are accomplished.

Don't worry that you haven't been a member for years and years or that you don't live nearby. That isn't necessary. Board meetings are monthly and held on weekends, so you might already be planning to visit the lake. Most things that need to be done are relatively simple, but reliability and willingness to take on some area of responsibility are crucial.

Join those of us already on the Board in making Our Special Place that much better. [Ed.]

## What I Learned From My Mum

Since the formation of The Naturist Society, body acceptance has been a founding principal. This emphasis wasn't a clear break from historic naturism, but neither was it identical to the motivations of Richard Ungewitter or Dr. Heinrich Pudor.

The Naturist Society at its founding was not unique in its critique of forces in our culture that placed unrealistic demands to conform to a single standard of physical beauty, especially on women; it has consistently carried this banner for decades. In recent years a growing chorus of voices within the larger culture is echoing the call to body acceptance.

No earthquake sort of event has accompanied the demand for body acceptance. However, with persistence and time, others have discovered the significance of the issue. They in turn have added their voice to the call for body acceptance. Such is the case with the writer of the following summarized newspaper article. [Ed.]

[This writer](#) recounts a terrible accident her mother had as a small child when she spilled boiling water on her upper body. This left scars and led to numerous surgeries.

Despite this, her mom lived life without regard to her scars. This included ignoring being looked at by people and, as an adult wearing sun dresses and taking her children to the beach. The author's take on this is western women have a choice in life, with its emphasis on external appearances.

You can either listen to, look at and absorb all the tidal wave of negativity about what beauty and conformity and "good enough" means, or you can stand up to it as best you can and try to live your one life at peace with your body and yourself.

The writer asserts that the truth is women are encouraged to hate their bodies. This is done so they will buy the clothes, makeup, diets, cosmetic procedures, and crappy magazines with their articles about "how I got my pre-baby body back," and "What body parts celebrities hate" nonsense. She argues that the cultural sense that looks matter above all else has gotten so intense we really do need to fight back.

She suggests this damaging paradigm for women is probably affecting boys too, because we're that superficial in how we judge people. For this reason she keeps an eye on her sons to see that they have healthy feelings about their bodies.

This minimal nod by the author on how males are affected by the distorting influences of culture is unfortunate. It is fair to say that men are just as impacted by the distorting messages of advertising, etc., as are women. The power of these damaging messages is to be seen in the hurtful attitudes and interactions they promote between men and women which reinforces and perpetuates them.

Like it or not, the "herd instinct" is extremely powerful. In truth, our superficial understanding of what it means to be "free" is constantly being manipulated by powerful forces to their advantage. You doubt this? Just consider how few people within our culture who are willing to try social nudity.

The author continues by saying that from the time when girls are as little as her Mum was when she had her awful accident they receive the message that you must battle and struggle to

make your body and your face beautiful enough to meet someone else's standards — you'll probably never make it but still, buy this product and it may help.

The many passionate campaigns launched by activists to help women realize they are not just OK, but super-fine how they are, are extremely valuable. They are about everyday women reclaiming the right to feel good about themselves no matter what body they are in.

These activists are about improving women's quality of life by helping us to accept and maybe even like or love ourselves and have healthy self-esteem, (and model it for our own kids).

## Art And A Pint Anyone?

It's important to keep up with social trends. However, what's going on in London is certainly a new one for us as explained in this article found in the [MailTribune](#). In 2007, a smoking ban was instituted in pubs. That's when the idea of having a nude figure drawing class was introduced to attract customers. However, holding art classes in pubs actually began over a decade ago, and since have spread. [Ed.]

We have all come to the bar to do life drawing. No experience or commitment necessary – just a modest fee of five pounds (roughly \$8), which includes pencils and paper. Drinks are extra. It is announced the model is running late. The leggy brunette sitting next to me volunteers to shed her clothes. Applause erupts. On to the nudity, drawing and drinking.

The fashionable way to hang out in a London pub these days is with a pencil in one hand, a pint in the other and a naked person posing a few feet in front. A growing number of bars attract customers during the week with life drawing classes.

It is not the most obvious pairing.

The sessions are normally held in private rooms of the pubs so as not to scandalize passers-by or less artistic-minded patrons.

On the surface, the appeal may seem to be its risqué element. But it is insisted that most people are there for artistic and therapeutic purposes.

"It's a nice way of being creative," said one patron who studied art during college and values the opportunity to reengage with the skills she developed during her student years in a relaxed setting.

Of course, the alcohol helps. The pubs like it for financial reasons.

"It's been really good for business," said the general manager of The Lion pub, "People that come to the life drawing come back on other nights."

Another patron saw nothing exotic about the new setting for an old art form saying, "Pubs have traditionally been a venue for all kinds of social events. Lots of pubs have meeting rooms." Another attendee joked that adding drinking to every activity is the British way.

Another added that, "Instead of just getting drunk, people are looking to do things with their time."

## Lake Edun Basics

Lake Edun is a pretty informal place, but there are some important protocols to follow to ensure safety and protect our beautiful property.

- ! Be sure to check in at the barn upon arrival. It's simple for members. Just show your membership card or inform the caretaker you are a member and give your name. Non-members always must show a valid ID, usually a driver's license so the caretaker can record needed information.
- ! Everyone must be aware glass and glass containers are not appropriate anywhere at Lake Edun. The risks to everyone from broken glass should be obvious.
- ! If you feel like pitching in, ask the caretaker if there is something you can do to help. It takes a great deal of time and effort to keep our special place looking so special.
- ! If you are the last to leave the parking lot in the evening, please lock the chain across the entrance. The chain doesn't have to be pulled tight, just nicely off the ground will do. Most importantly, **place a link in the chain between the two eye bolts and then run the shackle, (the curved bar that is squeezed into the body of the lock) through the top eyebolt, through the chain link, finally through the lower eyebolt**, and then push it into the body of the lock. This secures both the lock and the property for the night.

Enjoy your time at Lake Edun! [Ed.]

## Images Of A Disappearing Africa

Photographers Carol Beckwith and Angela Fisher since 1985 have been documenting the art and rituals of a number of the last remaining pockets of traditional African peoples living as they have for generations. The marvelous photographs that accompany the article are amazing.

Accompanying the photographs is a 23 minute National Geographic film in which two photographers show and discuss their work.

Of particular interest to naturists are the photographs of two tribal groups in Southern Sudan who live a clothes free lifestyle. They also have a rich tradition of highly artistic body painting which is daily renewed on their bodies.

The two women describe the total comfort these people display with their nudity, having none of the Western taboos about their bodies. It was they who had to adjust to this mindset.

Sadly this traditional way of life is being rapidly blown away by governments and development from the outside world. [Ed.]

Enjoy this article for yourself [here](#).

## A Revelation In Nudity

You may have noticed that a number of the articles in this month's Bare Facts have featured the experiences of women with social nudity. It is also worthy to note that none of them identify themselves as naturists.

These women are to be applauded in their candor and insight. They each have body positive attitudes and are happy to share this openly. As a matter of curiosity, I wonder if they would be so enthusiastic and open if they indeed were naturists extolling the virtues of naturism?

No matter, I am pleased with their first person accounts of how valuable their nude experiences were for them. Hopefully, they will exert a positive influence on their readers to view nudity with less anxiety and possibly be more open to giving social nudity a try. [Ed.]

The writer teaches yoga, but when she first heard about naked yoga immediately dismissed it as GROSS! However, after learning more, she signed up for a class, not expecting to really have to go, but surprise! She did get the word that she could attend.

Naturally she was a bundle of nerves. She had never been a person to feel comfortable with her body, and says she didn't even sleep nude.

Unexpectedly, she found that the class was, "...an interesting journey emotionally." Most of the time she says she wasn't aware of the presence of other class members. In the candle lit room she says she was a lot more connected with herself; what she was feeling and thinking. This allowed her to practice letting go of her tendency for self comparison with others. Of this experience she observed that that night truly was as though she had stripped back the layers and was left on her own internal self.

Reflecting on her experience she observes, "It was a beautiful experience as I reflected on how far I had come. This is the girl who used to struggle massively with her body image starving herself throughout her teens. I still bear the scars on my legs from self harming when I was young. I often struggle with intimacy and affection. I have spent so many years of my life hating, hurting and abusing my body in various self destructive ways."

In this one experience the writer suddenly realized that something wonderful had happened that changed how she thought about herself. As she looked at her body she says that she felt a whole lot of self love. "My heart was bursting with love and acceptance; for me, myself and all that I am."

Suddenly in that moment she was aware that she loved every single bit of her body, from head to toes.

She concludes by saying, "This is the same person who less than two years couldn't attend shopping centers because of crippling panic attacks. Yet here I was lying naked in a room full of strangers completely calm and without any fear at all. Do you understand how liberating that is?"

Her entire experience can be found [here](#).

# Learn To Conquer Your Fears

By Jeff Jensen, Lake Edun Foundation Member

“Honey, I’m going to Lake Edun. Do you want to join me?”

“No, and don’t ask again! I don’t understand what enjoyment you get running around naked!” Guys, how many times have you heard that? I hear it every time I go to Lake Edun.

What’s so difficult to understand about spending time at a place so relaxing and stress free? Not to mention the fun of visiting and getting to know new friends. I admit I haven’t read, and don’t care to read all the articles on naturism and social nudity. I just know I enjoy it. I like the people associated with it. I like the freedom I feel. I like the feel of the warm sun on my body – I enjoy a clothes free lifestyle.

But why do so many have such difficulty understanding what I and other naturists like? Why is it so hard for them to give it a try? I’m guessing for many there are standard excuses: “I don’t want anyone to see my body cause I’m fat; cause I’m skinny; cause my boobs are lopsided.” The list goes on.

I don’t have movie star looks. I’m going bald, my stomach sticks out farther than I prefer, and I have this pimple on my rear end! Guys have many of the same concerns as women, but it doesn’t seem to bother us as much. I wonder why?

Being nude just seemed natural. From my earliest memories, I recall living on a farm and running around naked all the time. I even remember cousins coming to visit and I was the first to shed my clothes to play in the kiddie pool. I was fortunate to enjoy a nude life style without realizing what I was doing. As I said, it just seemed natural.

One question I think is sometimes forgotten: do you want to do it? Many times we blame our reluctance on our looks, or some other fear, but down deep we have to become willing to try a naturist’s lifestyle. Ladies you are no different than men. We all have a lot of social conditioning to overcome before taking the first step and trying social nudity.

Rest assured a lot of men don’t want to be seen naked either. Whatever your situation, read on if you think, even if just a little bit, you possibly might give it a try, but are nervous about going ahead to your first outing in a social nude setting.

Many people fear appearing nude in public. I bet the fear of public speaking rivals public nudity for its power to induce sheer terror in the hearts of many. But, being nude in public is an experience some secretly long to try. Ladies, if you have ever thought about trying social nudity, but are just too nervous, let me offer some suggestions that may allow you to overcome your fears and enjoy the thrill of being *au natural*.

Phobias can usually be overcome by taking small steps. Start by looking at pictures of nude people in public social settings. Hopefully you will realize it isn’t abnormal or lewd behavior. It may help to know you are not the first person to go naked in front of complete strangers. Many places on the internet deal with social nudity and have tons of photos. Take a minute and have a look. DO NOT look at porn because it is intentional to cause sexual arousal. You must understand that casual social nudity has absolutely nothing to do with sex.

Another step is learning to be comfortable with your own nudity. That step may involve going nude in the safety of your own home. Try reading a book, doing some basic household chores, or just watch television. You might be surprised how you enjoy the feeling of not being restricted by clothing.

The next step takes more courage. The idea of being nude outdoors is daunting. If you have a backyard with a privacy fence or even a patio, you can try it without fear of someone observing you. Wait until dark when there are fewer people out and about. Take a watch and commit to staying at least 15 minutes. Get completely naked and make yourself go outside. You will feel much more comfortable at the end of 15 minutes than when you started. You will need to do this more than once. Try extending the time outside by 5 minutes each time. After a few times you will start to feel more comfortable than you ever imagined possible. The majority of social nudity occurs outdoors, so this is really a big step.

After you feel comfortable with your own nudity and being outdoors, it is time to “fly solo.” Some try a clothing optional beach although this wouldn’t be my first choice. Clothing-optional means just that. Some will be there with swim suits, some fully clothed. This will make it much more difficult to undress.

Also, a public beach is an unregulated environment. It is possible some sad souls will be there to gawk at nudists. This is off putting for many. Ignoring or reporting particularly obnoxious ones is the way to deal with this.

Another alternative is visiting a club or resort that owns their land and facilities. Club members are understanding of first timers and in particular will allow women time to assess the surroundings and undress at their own comfort level. This could include a half way measure ... going topless for awhile before removing the rest. After a brief time, many start to feel uncomfortable being clothed when everyone else is nude. If you are too nervous to go by yourself the first time, ask a friend to join you as this may increase your security level.

At this first visit, be sure to participate in as many activities as possible. For example, hike the trails, go swimming, and strike up conversations. Once you see so many naked people around you, you will be surprised at how quickly you start feeling comfortable.

The first time you will have a tendency to look at genitals, breasts, rear ends, etc. That’s ok. Look, but don’t stare. It is normal to look at other people’s body parts when you are not accustomed to seeing them in full view. But this will quickly pass. Be prepared for something you may not always experience in daily life, as you will start to notice yourself and all those around you looking people in the eye when talking. It is the person that matters, not their appearance.

In time you will gain greater comfort spending time nude and greater confidence, also. Now that you have some ideas on how to get there, go and conquer your fears about public social nudity and learn just how much fun and how freeing it feels to go clothes free

# It's About Humanity

It's hard to know where to begin, but something must be said. All humans are in this together and it matters how we treat each other. Unfortunately, our moral IQ lags far behind our intellectual IQ and all of human history is replete with acts of violence toward our fellow man.

The sad events of Charleston, South Carolina shock us, yet around the world countless acts of brutality and murder went on that day unknown to us. For the families involved, their pain is no less great than the suffering wrought by a lone gunman in Charleston.

To those in Charleston and those unknown, we also grieve and extend our heartfelt condolences.

We can rage at the injustices daily perpetrated, but we can also engage in healing. There also lies within humanity the capacity for empathy, understanding, faith in the future, and most importantly, love. To focus on anger serves only to empower the darker side of our nature and fails to advance the human condition. While not forgetting evil, but turning more of our energies to the healing of ourselves and others bear far more rewarding results.

People of good will, whether standing in the tradition of faith or not, want the world to become a better place in which to live. Naturism has always espoused human betterment both

individually and collectively in the context of the challenges of the day. [Ed.]

## An Addendum

Concerns for health, body acceptance, gender respect and equality, and breaking down barriers between people are all included in modern naturism. We say the act of baring our bodies to each other is a symbol and a concrete commitment to achieving these stated ideals.

We welcome anyone willing to take up these ideals to join with us in mutual acceptance of our humanity in spite of whatever differences we maintain. In viewing our naked bodies, vulnerable and bare, an opening for healing emerges in the context of one to one relationships.

Lest we become simplistic, to think that mere nudity in itself heals all, flies in the face of the facts. Mostly, or fully naked peoples have also engaged in warfare and other evils. However, the nudity of naturism isn't a mere dress code, but rather an intention of life reform in which nudity plays a role.

We at Lake Edun seek to live peaceably with everyone. Taking in the sun and water, walking among the trees, or contemplating the wind and sky is an environment in which to discover peace of mind. It is brief respite from the troubled realities of the outside world. [Ed.]

### Lake Edun Foundation, Inc.

P.O. Box 1982  
Topeka, KS 66601-1982

### Membership Application Change of Address Form

*Please Print*

Name: First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ DOB \_\_\_\_\_ E-mail Address \_\_\_\_\_

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

#### Membership Fees:

	Single	Couple	Amount
Lake Edun Foundation Membership	275.00	350.00	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
Associate Member (Over 125 miles away)	175.00	250.00	_____
NUTs Membership (Must be under 30)	75.00		_____
Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
<i>Lake Edun Exposed</i> – DVD or video		45.00	_____
Naturist Society Membership		60.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation			_____

**Total Enclosed** - Check, Money Order, or Credit Card \_\_\_\_\_

Charge my G Visa; G MasterCard G Discover G AmEx # \_\_\_\_\_ Exp. \_\_\_\_ / \_\_\_\_

Note: There is a \$30 charge for any checks returned unpaid for any reason. Security code \_\_\_\_\_