

# Bare Facts

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## \$500 REWARD

The Lake Edun Foundation is sponsoring a competition for the best original one-act play dealing with issues of body acceptance from a Naturist's perspective. We are excited about how this contest can get our message before a larger audience. Early feedback from those in the creative community suggest they, too, are enthused about this event.

While nudity may be an element within the play, it is not required. We are most concerned about the originality employed to effectively convey a body-friendly message.

Final deadline for submission of all original manuscripts is September 26, 2003. We expect to have some submissions by July 21. Of these, three will be selected for semi-blocked readings on August 8 or 9.

A poster describing this event is enclosed. Please help us by making copies and displaying it in prominent locations. Additional information will be available on our website after June 13: [www.Lakeedun.com](http://www.Lakeedun.com). If you know someone who may be interested in submitting an entry, be sure to let them know or send their name and address to our PO box.

This exciting opportunity is partially underwritten by NEF.

## Social Corner

We had a great crowd for Memorial Day weekend and a fantastic jam session. It was good to see so many familiar faces; it was good to see so many new faces.

We have a full schedule of activities in the coming month including a hastily planned event this weekend: a combination party for cousin Bob's birthday and also Steve's (Nancy's son) birthday.

Don't forget the open house scheduled for the 14<sup>th</sup>. It will be followed by a pot luck, our annual renewal of wedding vows and, finally, another jam session. Tuesday the 17<sup>th</sup> will see another open House and a Family Fishing Day.

While there is much work involved in keeping our special place in good order, there is no reason to ignore the good times we can have together. We hope everyone can join us for some (or all) the events planned this month.

## Tell Your Friends About Our Open House

Less than perfect weather made our two Open House's in May less than stellar. Be sure to tell your friends and acquaintances about Naturism and invite them to investigate it for themselves at one of our final two Open Houses.

Our next Open House is the 14<sup>th</sup>. It includes a full schedule of other activities and may be a good opportunity for those who enjoy many activities. On Tuesday the 17<sup>th</sup> we will host a somewhat more subdued Open House. Surely one of these will fill the bill for those you know who want to know more. But, if you don't invite them, they will miss this opportunity this summer. Make a statement! Tell your friends about Naturism; They'll be glad you did.

## Party Invitation Enclosed

The landowners have requested we enclose an invitation to a private party they are holding to benefit our foundation on August 9. We appreciate their continued support for our educational mission and hope all Eduners will join them in supporting the mission of the Lake Edun Foundation. Plan to respond generously to their kind invitation.

## Meet Our Caretakers

The cumulative result of planting over the past 20 years and the increased agricultural demands this year, we have hired three caretakers to handle the load. PtMike, who is known to many Eduners, has a great deal of experience at our special place. He will be working on special projects Monday thru Thursday. Be sure you visit early in the week to renew your acquaintance with ptMike.

He will be assisted by two newcomers to our Lake. Jon Love, who has already written two articles for *Bare Facts*, is anxious to introduce many of his friends to our lifestyle. Jon lives north of Topeka and brings new insights to the tasks we must accomplish. Eduners who have met Jon report he is a friendly and learning quickly about the responsibilities he has undertaken. Jon will work weekends.

Both ptMike and Jon will be assisted by another John, who we are calling Mac. Mac will be filling in on days when either ptMike or Jon have other commitments. Mac will be a senior in high school and is enthusiastic about the tasks ahead of him for the summer. He reports that his friends are jealous of his great summer job! We expect Mac will be at our special place one or two days a week.

## DON'T FORGET

*Activities designated HN are sponsored by Heartland Naturists*

June 7; Sat; Cousin Bob's Birthday Party  
June 14; Sat; 10-12; Board of Directors Meeting  
June 14; Sat; 12-3; Open House  
June 14; Sat; 6-7; Pot Luck  
June 14; Sat; 7:30; Renew Wedding Vows  
June 17; Tues; 5-8; Open House  
June 17; Tues; **Family** Fishing Derby  
June 20; Fri; 8-10; HN Swim in Lenexa  
June 28; Sat; LEF Reunion  
June 28; Sat; 6-8 Pot Luck  
July 3-6: Clothing Independence Weekend - donate clothing  
July 4; Fri; Dusk; Fireworks off the island  
July 5; Sat; Independence Celebration  
July 7-13; TNS; Nude Recreation Week  
July 12; Sat; 10-12; Board of Directors Meeting  
July 12; Sat; 12-3; Open House  
July 12; Sat; 5; Weenie roast or bring your best Brats  
July 13; Sun; HN Sun Run; Race of Belenos  
**July 26; Sat; Christmas in July Family Weekend**  
July 26; Sat; Turkey Pot Luck  
July 26; Sat; White Elephant Gift Exchange  
**Aug 8-10; Closed for Invitation Only Private Party.**

## From The Desk

*Doug Bennett, President*

June is here already. What wonderful weather we're having to work on our tans. The Lake is warming up and some have even been in for a swim. Growing up in Maine we always went swimming on Memorial day. Usually without suits. Sometimes with ice cakes still floating.

Have you noticed the new sign? It is a good time of year for fishing. Dig out that old rod and reel. Get some fresh tackle and come out to do some natural fishing. If you are new to fishing and need a hand, leave a note at the Barn. If you'd like to give someone a hand with their fishing leave a note ... you guessed it; at the barn. I encourage you to "catch and release". This will ensure we have good fishing for a long time.

Take a walk out around the back side of the Lake. Hike around a bit and look for a good garden spot. Let us know what you think.

The Lake Edun Foundation has decided to sponsor a play writing competition. This will be really exciting. It is a national level contest for the best original one act play dealing with body acceptance from a naturist point of view. The Naturist Society through the Naturist Education Foundation are both on board with us. We expect a number of entries from both amateur and professional playwrights. The winning play will be produced here in Topeka. More details to follow. Or, they will be posted on our web page, soon.

Now for the unexciting part. We still need contributions for the Legal Defense Fund. Lots of them. Many have already given. Many still need to give. Many of us that have already given should consider giving again. It takes money to fight this battle and now is the time to continue the fight. Go ahead, renew your membership, and give a little extra to the legal fund. Show everyone body freedom is worth preserving in Kansas.

## Membership Benefits And Ways To Help

Occasionally, it is good to remind our members about some of the benefits their membership brings. With June weddings upon us, keep in mind that you may give a free membership to the Lake Edun Foundation as your wedding present. This can truly be a present the newly-wed couple will remember and talk about long after the celebration has ended.

Also, keep in mind that if anyone you introduce to the Lake Edun Foundation joins, you will receive a certificate for 25% of your own renewal.

Now, for some ways you can help. We collect our aluminum for recycling. Please bring any aluminum you generate and add it to our collection. We have also started a mulch pile. See the related article in this issue of *Bare Facts* about how you can help with this. Contributions to either of these from home, work or neighbors will be appreciated.

So many Eduners help in so many different ways, it is astonishing how easily our chores get accomplished.

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## Support our Legal Defense Fund!

## Enough Interest??

*By John D.*

Memorial Day week-end was great and opened the Summer season for many of us. There were a lot of familiar faces and we also had a number of new visitors and guests, which we are always pleased to see. Weather cooperated and much was accomplished.

In the evening, we had a great turn-out for camping and a jam session. Special thanks to all who helped set up equipment and make music. We are fortunate to have some very talented folks among our group.

It is clear there is a definite interest in more informal music sessions. What is not certain is the level of interest among novice musicians to learn/teach music that is easy to play? If you are interested in practicing and working on music with other Eduners, please leave a message at 478-2276 and we'll go from there. We are looking at non-amplified instruments, something we can enjoy while not annoying our neighbors, either at home or at our special place.

If we get a good response, we will look into setting practices at convenient time(s) and location(s). Getting a large group together at the same time and same place may not be possible or practical. Acoustic guitar, harmonica, flute, mandolin, violin, type instruments would probably work best. This inquiry is for the novice musician who doesn't have the opportunity to practice with a band or group. If you are interested, leave a message, get your music together and let's have some fun!!!!!!

## Random Thoughts & Reflections

Graduation season has past once again. We congratulate all the recently certifiably smart. I wonder how many walked across the stage wearing only their cap, gown, shoes and socks?

If you smoke, **please** don't flick your cigarette butt!

While tourism around North America has been affected by terrorism, war, and health-related concerns, nude recreation and nude travel has grown into a \$400-million global industry – up from \$120 million in 1992. In the last two years alone, 30 new nudist or clothing-optional clubs have opened their doors in the U.S. and Canada.

Although it went unnoticed by the mainstream press, May 31 was the 960<sup>th</sup> anniversary of Lady Godiva's successful nude protest when she rode naked through the market square in Coventry, England. Good for her!

## Russian Capitalists Aren't Alone

Last month we carried a piece about a successful Russian promotion that gave away a free mobile phone to any customer who was nude.

Now we learn a music store in Melbourne Australia has sponsored a promotion for the last 10 years where they give away a free Compact Disk to the first 100 shoppers who appear in the shop the way nature created them.

Evidently, at the appointed hour, there is a race to be among the first 100 who qualify for this promotion. No injuries were reported. We are glad other areas of the world have learned the body is not something to be feared.

## Compost Bin Open For Business

by John D.

Our compost bin has been set up at the North end of the parking lot and is available to accept materials for composting. We will post a complete list of acceptable and unacceptable materials for composting. Meanwhile, the following can act as a guide.

### Acceptable items for composting:

Lawn clippings  
Hay-Straw / Bedding from guinea pig or hamster cages  
Fruit-Vegetable peels or rinds  
Tea bags-Coffee grounds and filters  
Egg shells  
Leaves  
House plants  
Manure from Horses, Cows or Poultry  
Saw dust (wood must NOT be chemically treated)

### Not Acceptable:

Dog or Cat poop  
Human waste  
Chemically treated wood products  
Dairy Products  
Bones-Meat-Fat  
Vegetable scraps that have been cooked in grease or oil  
Chemicals, solvents, detergents, cleaners  
Weeds or diseased plants

This is a general guideline. A combination of acceptable materials will insure best results.

If you are unsure of materials you might have to add to the compost, DO NOT add these materials until you have checked with care-taker, Webb or myself.

The compost pile may not look that impressive now, but we will be enlarging it to accommodate more material. Please bring your own (and your neighbor's) grass clippings, etc. and add them to the pile.

We need a chipper/shredder to grind up tree branches occasionally. If anyone has one they can donate or loan, it would be a big help. Also, if anyone has a pitch fork or 2 they are willing to donate, that will make working with the compost pile much easier.

## Is The Sistine Chapel Obscene?

If anyone doubts the need to educate people about the importance of our educational mission, a reading of almost any newspaper is an eye-opener. The Modesto [CA] Bee recently ran an article illustrating the extent of censorship in our schools. As always, it is done "for the children" and is therefore justifiable.

In this instance, a teacher at Beyer High school had obtained permission and support for a school art student to paint the ceiling of her class room with scenes inspired by the Sistine Chapel. What should have been celebrated as an innovative way to reach and inspire students was quickly painted over. The Bee reported "that depictions of nudity were deciding factors."

When administrators discourage creative teachers and inspired students in this way, is it any wonder our schools achieve such mediocre results?

## Let's Exercise!

by Jon Love

The weight bench is assembled and ready for use. I plan on using it when I am on a break and I will be happy to work with any members interested in learning more about how to exercise. If you want to work out and run a little, then be here between 10 and 11 in the morning or whenever it suits your schedule.

Regular exercise will help you feel better and be better able to enjoy our special place. If you have questions, please let me know. I will help you if you will help me quit smoking. (If anyone sees me with a cigarette, please take it from my mouth!)

## Mulberries Are In Season Again

Be sure you park yourself under one of our delicious Mulberry Trees and harvest their delicious, ripe fruit. Will anyone make a Mulberry Pie?

## Paper Prints Guide To Nude Beaches

Given the times we live in, with war, the economy, and all the stresses of daily life nipping at our heels, it's nice to know Californians enjoy a mostly free resource for relaxation and clearing their minds: clothing-optional beaches.

Of course, life isn't always a nude beach. Luckily, there are also clothing-optional lakes, ponds, waterfalls, swimming holes, pools, hot springs, and even a meadow. Still not satisfied? More than 100 nude runners took part in the Bare to Breakers faction of San Francisco's Bay to Breakers May 18 (see [www.baretobreakers.com](http://www.baretobreakers.com)). And on moonlit nights, East Bay resident Tom leads nude hikes of up to 10 people high in the hills, usually on East Bay Municipal Utility District land. ("You do need hiking permits," he warns.)

The San Francisco Bay Guardian nude beach guide, now in its 29th year, includes five northern California counties and 44 sites in the paper and another five counties and 81 sites online ([www.sfbg.com/nudebeaches](http://www.sfbg.com/nudebeaches)), including four new spots. In addition, there is a link to 2001's comprehensive list of nude beaches throughout, what the paper calls, "this great naturist-friendly state of ours". When totaled, the Guardian is listing of 281 sites, just in northern California. With this kind of civic attitude, its no wonder they attract tourists from around the world and industry is flourishing.

They even rate the sites: A for places that are large or long-established and where the crowd is mostly nude, B to ones where fewer than half of the users are nude, C to small or emerging nude areas, and D to spots they recommend readers avoid. They also note new nude listings as well as truly exceptional spots that warrant special recommendation.

## Nude Picnic In Hyde Park London

"Just to let you know," writes Mike Charles, "that there is a nude picnic planned to take place in Hyde Park [London, England] on Sunday 1 June – World Naturist Day. I understand that the police have given the green light." Given the general state of undress in Hyde Park in mid-summer, it's not certain the police will be able to tell the difference.

## Update On Joni's Medical Condition

by Tony Claus

A former member and frequent visitor to Lake Edun, Joni Heim, has been diagnosed with Leukemia. She will go to Seattle June 16th for a bone marrow transplant. Actually, the procedure is going to be a stem cell transplant (the new bone marrow will form from those cells).

The reason she must go to Seattle for the procedure is that no clinic in Kansas will do it unless the donor is a blood relative. Joni's two sisters and brother were tested and are not compatible (although they are compatible with each other). I believe even her parents were tested without finding a close enough match.

Joni is 40 years old with a 10 year old daughter. The clinic in Seattle has a couple of donors from the national bone marrow donor list that may match Joni. If successful, there is a very strong possibility she will be completely cured. However, if her body rejects the transplant there is no alternative care for her condition.

This procedure, along with around four months of hospitalization and out-patient care (in Seattle, WA.) will cost nearly \$100,000. She just underwent a second round of

chemotherapy last week and is generally doing well and trying to keep her spirits up. If people are interested in donating to the Joni Heim Transplant Fund, they can contact any UMB Bank nationwide. They can also contact the Salina UMB at (785)826-4000.

The Salina Journal just ran an article about another young woman looking for bone marrow donors. They will be having a donation clinic on Saturday, June 7th at the Salina Regional Hospital Penn Campus from 10am to 4pm. The process consists of a few screening questions and having your finger stuck for a blood sample.

I did a little asking around and was given the number for the Heart of America Bone Marrow Donation Center. Anyone interested in being a potential donor can call 1-800-366-6710. While not everyone will be a match for Joni, more people on the nationwide donor list might just save someone's life.

### Items We Need

- Gas powered generator.
- Wood for the Sauna.
- Can crushers to attach to the recycling containers.
- Chipper/shredder we can use about once a month
- Digital camera
- Pitch Forks

# Enjoy Membership In The Naturist Society

## Lake Edun Foundation, Inc.

P.O. Box 1982  
Topeka, KS 66601-1982  
(785) 478-BARN

**Membership Application  
Change of Address Form**  
*Please Print*

Name: First \_\_\_\_\_ MI \_\_\_\_ Last \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ DOB \_\_\_\_\_ E-mail Address \_\_\_\_\_

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If, you are a couple not living together, you may make a copy of this form for the other member of the couple. (NB: a couple is defined as one male and one female.) A \$50.00 membership discount is offered to those willing to assist with upkeep a minimum of 10 hours per year. One subscription to our newsletter,

*Bare Facts*, is included with membership. Some may wish to receive *Bare Facts* without becoming a member. A subscription only is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:	Single	Couple	Amount
Lake Edun Foundation Membership	250.00	300.00	_____
Associate Member (Over 125 miles away) - deduct	(100.00)	(100.00)	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
Assist with educational mission (Discount)	(25.00)	(50.00)	_____
Student Membership (full-time student)	150.00	200.00	_____
Separate Mailing Address for members		12.00	_____
<i>Lake Edun Exposed</i> – Video		35.00	_____
<i>Return to Edun Documentary</i> – Video		35.00	_____
Naturist Society Membership		50.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation - Legal Defense Fund			_____

**Total Enclosed** - Check, Money Order, or Credit Card \_\_\_\_\_

Please charge my  Visa;  MasterCard # \_\_\_\_\_ Exp. \_\_\_\_ / \_\_\_\_ \$ \_\_\_\_\_

Note: There is a \$30 charge for any checks returned unpaid for any reason.