Bare Facts

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Box 1982; Topeka, KS 66601 ● Voice Mail: 785-478-BARN ● e-mail: benude@lakeedun.com ● Website: www.lakeedun.com 38° 58' 7" North; 95° 47' 56" West

Memo From The Board

We are all familiar with our special place. Whether we think of quiet hours at the beach, walks around the lake or impromptu potlucks with friends, we all enjoy our time with each other and the great outdoors.

Our time at the lake is probably what each of us picture when we speak or think of the Lake Edun Foundation. But the lake is not the whole picture.

The first paragraph on our website proclaims: "The Lake Edun Foundation is an educational foundation devoted to promoting Naturist values and lifestyles to the general public and to providing a protected environment in which members and their guests may enjoy an atmosphere conducive to living a naturist lifestyle."

Education is central to what we are trying to achieve. In the past we have used various ways to bring our organization and our goals out in the open. We have been on talk shows in the Topeka area. We had a wonderful article published about our place and people that attracted a lot of attention! We have done interviews with several individuals for college papers. We have done visits with philosophy classes. But the jewel in the crown is "The Naked Plays." Or so we thought!

The plays are a way of showing the public at large how absurd some of our social customs are. We had hoped that through the presentation of social nudity in non-sexual ways the public at large would gain an understanding of our ideals and the benefits of body acceptance and perhaps sway some to come join us. The remainder we hoped would understand that we were just like them, except without clothes.

Our first round of plays was well attended and the public seemed to enjoy the presentations. Only one attendee wrote anything negative. The rest applauded our efforts. It seemed our educational goals were indeed being realized.

Several things have transpired since that time. Some of the actors have moved on; some enjoyed the novelty of a nude performance and are now seeking other venues to develop their skills. For many reasons we have had difficulty in stabilizing a cast to present the new series of plays.

In an effort to bring some new ideas and another pool of actors to our venture, we engaged two new directors. Both brought new ideas and plans for the plays. They have both expressed that they believe our plays have social relevance.

We posted auditions for the plays with dates and times. The response was not what we needed to cast the plays which caused our directors to become concerned with the project. So as of present it looks like the plays are on hold again!

No doubt this will bring some measure of satisfaction to our detractors. It will not matter what reason we give for the postponement. Our attempt to produce the plays to show their concerns are unfounded will have to wait until another time.

Remember Work Days

The weatherman has promised a warm summer. Actually he hasn't made that promise but we hope warm weather is coming. As it approaches, we will be making some of the improvements that make our special place so great.

If you can help, please join us. We have scheduled four dates in March and April. That may seem like a lot. However, we feel pretty confident the weather will not cooperate on all those dates. If its raining, we won't be working. If, on the other hand, the weather looks good, we will be clearing, cutting, and making other improvements that all will enjoy.

Join us. It is a chance to make a difference and have some fun early in the season.

Saturday Nights At The Movies

As warmer weather approaches, we are considering offering movies every Saturday night. If there is interest, these will be projected onto a large screen in the Main Meadow. It will be an opportunity to relax after the sun sets with friends.

(Continued on page 2)

Help Wanted - Caretaker

Hopefully summer will come along soon. To insure our special place remains the showplace we enjoy, we will need someone to look after the many details required to maintain 65 acres. Responsibilities include mowing, trimming, spraying, watering, and a seemingly endless list of tasks.

This is a wonderful (and fun) opportunity for someone who is handy and may be retired, between jobs, or looking for summer employment. If you know of someone who may be good in this position, have them contact us.

Our caretaker should be personable, able to work with a minimum of supervision and capable of performing the many and varied tasks required.

DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Mar 1; Sat; 8-10; Sauna

Mar 15; Sat; 5-7; Board of Directors

Mar 21; Fri; 8-10; HN Swim

Mar 22; Sat; 12-4; Work Day

Mar 22; Sat; 8-10; Sauna

Mar 29; Sat; 12-4; Work Day

Mar 29; Sat; 8-10; Sauna

Apr 5; Sat; 8-10; Sauna

Apr 11; Fri; 6 pm until Sat AM; Private Party

Apr 12; Sat; 12-4; Work Day

Apr 12; Sat; 5-7; Board of Directors

Apr 12; Sat; 8-10; Sauna

Apr 13; Sun; 12-4; Work Day

Apr 18; Fri; 8-10; HN Swim

Apr 19; Sat; 8-10; Sauna

The Victorian Inheritance

The twentieth century may have learned to shorten bathing suits and get the body out into the light of day; it may have lightened clothing to allow freer movement and fuller display of the beguiling contours underneath; and it may have campaigned for sexual liberation. But it still has not fully come to terms with the human body.

Stephen Kern, Anatomy and Destiny: A Cultural History of the Human Body

Mid-Winter Party In Wichita

All who attended our Mid-Winter party in Wichita had a great time. Unfortunately, not many Eduners took advantage of this social gathering.

Our host, Dale, had some wonderful BBQ. We enjoyed his shuffle board table, air hockey and, of course, his hot tub. In short, the evening and company were wonderful. Thank you, Dale, for opening your home and all your hospitality.

From The Mail Bag

Dear Lake Edun -

In about 3 weeks we'll be spending a week on the beach at Haulover, a yearly ritual for us for many years.

Maybe there will finally be a spring season in Topeka, and we'll be able to see you again! All the best for your production!!! We're real busy rebuilding houses, mostly 19th century ones in Historic Northeast, KC.

All the best you!

- Bruce and JoAnn.

Dear Lake Edun

Please update my e-mail address to [].

Also, please, if you could, keep me informed of work dates and other get togethers that may come up. I would really appreciate it. My work schedule will probably not allow me to attend but if I know of them and can get away, I will be there. I enjoy the lake and wish I could help out more. But, due to the distance involved and work, it seems like I never have any time.

Looking forward to warm weather and time at the lake.

Thank you very much.

- Jeff, St. Joseph.

Saturday Nights At The Movies

(Continued from page 1)

We need input from you. Before we make these plans, we need to know if Eduners are interested in regular movies. If they are, what movies they would like to see. We might show Academy Award Winners, or Best Actors/Actresses, Classics, or favorite movies suggested by Eduners or some other criteria. What criteria for choosing movies makes sense to you.

So, we need to hear from you. Are you interested in movies on Saturday evenings through the Summer? If so, what kind of movies do you prefer? Call us and leave a message or send an email. NOW!

Now You see Them, Now You Don't

California is a land of interesting contrasts. An art gallery in a space rented from the city of Modesto, California is the scene of a recent controversy.

Photo artists David Schroeder and Lee Bailey recently learned that three of their photos of nude women had been removed. What upset them was that a jury had selected their photos for display, now three of them were removed.

One of the photos showed the torso of a woman whose head had been cropped out, thus emphasizing her breasts. In protest the two artists removed all their works.

The pictures had only been on display for one day, but a couple of visitors voiced objections. It also seems the photos drew the attention of some teenage boys and a few transient-type men.

Another artist in the show, a female, considered the above mentioned photo as an objectification of women and asked if it had been a picture of male genitalia, how would the public reacted to that? Interestingly, this same artist was showing a nude painting that also features a woman's breast prominently.

[This situation raises some interesting questions. The author of the piece asks himself would he want his 13 year old daughter to walk into this gallery and see the pictures. He states it would only be after serious discussion. He sees the issue as one of those times that art and the freedom of expression have to be weighed against parental responsibility.

He then asks a pertinent question. What of parents that might object to a photo of the naked body in a gallery yet allow their kids to watch movies and TV containing violent scenes, have access to cable channels with sexual content, or fail to monitor their kids' internet access? All are good questions.

At the same time another question can be asked. How did we produce a society in which so many are morbidly curious for the sight of a naked female body that they become gawkers? Indeed, gawking does objectify women. But is that the fault of the photo or does the cause lie elsewhere?

This does not argue that the intent of a photo cannot be to objectify the naked body whether male or female. There really is pornography. In sharp contrast, naturists have always argued that there is wholesome nudity that educates, elevates, and dissuades an unhealthy curiosity---teaching that nude is not lewd. Unfortunately, our society can't seem to grasp this distinction and year after year produces another crop of gawkers, devoid of any sense of appreciation for beauty or respect for the subject. Oh! By the way, breasts aren't genitalia madam. Ed.]

Save Your Aluminum

Remember, we at Lake Edun save our aluminum to recycle. You can help us by bringing aluminum from your home and adding it to our collection. For most families, the amount realized by saving aluminum isn't worth the effort. By combining our effort, we realize enough to help our budget. Remember, aluminum is used in more than just cans.

Lessons In Survival

Haulover Beach in Florida is one of two hugely successful nude beaches on the East coast. Its formation involved huge effort and expense. Many thousands visit yearly to enjoy the fruits of other's labors. Yet few who go there lift a finger to help maintain this treasure they love to visit. Too much is taken for granted, but in the words of the song, "...you don't know what you got till it's gone...." Lake Edun counts on members and visitors to ensure it continues each year. This year, don't forget to offer your help.

At Haulover Beach, very few beach visitors belong to SFFB or support its efforts.

It is not due to their lacking the financial resources; it's due to their lacking the common sense to accept their responsibility.

They have the money to drink imported beer, often bought at a 7/11 market. Many bring bottles and choose to ignore the park rules and naturist beach etiquette.

A look at the parking lot reveals that most drive the more expensive cars.

In non-profit advocacy groups they are politely called "freeriders," a/k/a freeloaders.

But on the other hand, isn't that what we want a nude beach to be? It ends up as a place that people just go to and enjoy, and don't have to think about any differently from any other beach. Maybe Richard and his friends can say, "Yes, this is what it was all for, so this crowd of perfectly ordinary people can come and enjoy themselves."

Exactly, and that is the paradox.

However, human nature being what it is, the one growing the crops expects those that are eating the crops to show some form of gratitude.

The Brook Farm failed and most communes fail because the ones doing the work started resenting those that sat by on the sidelines.

If a Naturist beach was forever a permanent institution, never to be eradicated, then total enjoyment and pacifism would be the joy of it all. But that is not to be. Any adult with the common sense of a flea, that purposely attends a Naturist beach, must know that a Naturist beach is what it is and is in constant danger of being lawfully extinguished.

Thus, there are certain expectations. That is reasonable.

"No man is an island, entire of itself; every man is a piece of the continent, a part of the main......and therefore never send to know for whom the bell tolls; it tolls for thee." ... John Donne, 1572-1631.

And, thus we have before us, Florida House Bill 801. With all the possibilities of eradicating a Naturist beach.

It is only fair and balanced for the one that cares about preserving a Naturist beach to interpret the behavior of the un-involved as being one that cares not for the continuation of the Naturist Beach.

Richard Mason

Nudism/Naturism

Naturists debate/lament a BBC news story about a nude flight for naturists to a German beach next July. The writer repeated a number of the clichéd jokes about nudity we have come to expect from the mainstream press. A number of naturists debated why it is that naturism continues to be the object of sophomoric attempts at humor by reporters.

I think the reason we're the subject of these lame attempts at humor is because there's not a balanced representation of nudism/naturism in the media. Now, because of the Net, we have much more influence on media because often we are the media. We need to get more nude-positive articles, commentaries, and trip reports onto various websites. There are all kinds of sites that let anyone post reviews of places to visit.

When we go on a nude vacation, or even just visit our local nude beach, why do we just post our experience on nudist sites? If we truly believe being naked is for everyone we need to let everyone know about it. The more positive reports of nudity people see the more respect we will get from the public, the business community, and the media.

Also, nudism/naturism needs to be about more than laying in the sun. We need to show we are good citizens. Partnering with environmental groups to adopt a nude beach is a great example. Nudist groups should participate in the sustainability movement. It's a natural fit, since nudism started out with a focus on the environment and personal health!

I'm not convinced, actually, the article was that bad. I agree the best article would be one that is truly positive. However, failing that, I still think this article is helpful to our cause.

One of the biggest problems for nudism is that the general population doesn't talk, or even think about it. It is just this unspeakable evil. Yet none understands why. If a person is asked, they can't give a coherent answer why, yet it is considered wrong. Even asking such a question might be considered offensive.

Well, this article helps in several ways. First, it speaks about what is supposedly unspeakable. Just having articles about nudism read by the general public has to help our cause. It removes the hidden aspect of nudity. It gives permission to talk about nudism if they talk about the article.

Second, it makes people think about nudism. Even with the joking attitude, if a non-nudist reads this article, it's bound to be thought provoking. Who are these nudists? Why do they want to take a nude flight rather than just having an orgy at someone's house? Why is the airline catering to these people? These questions are not at all thought provoking to nudist (they're kind of dumb), but they encourage a non-nudist to think of nudism outside of the stereotype.

Third, even though he's making fun of nudism, there are positive aspects that can't help but show through. Nudism isn't about sex. It is a legitimate interest that the tourism industry caters to, (at least to some extent).

I don't claim he was trying to help nudism. He was making fun of us. Yet in spite of that, I think the article was helpful. That's my opinion, anyways. Read it for yourself at: http://news.bbc.co.uk/2/hi/europe/7223733.stm

Exploring the Origins of Naturism

Note: This is the forth in a series of a more in-depth investigation of the historical roots of modern day nudism/naturism. It is difficult to place ourselves in the mindset that existed over 100 years ago in Europe and in Germany in particular. The world has changed a great deal since the turn of the 20th century, but the legacy of naturism persists, having spread around the world. The question is what of this heritage remains, and what is there from the past to inspire us for the future?

The cult of health and beauty swept across Germany at the turn of the 20th century and continued through the 1920's. People turned to the body as both a reflection of their own social problems and a utopian answer in their search for personal control and perfection in the ideal world they sought. In this search, inspiration was derived from Greek antiquity with its ideal of the "harmonious cultivation of body, mind, and soul." As one writer observed, "...the persistent appeal of classicism helps to explain the striking strength of German body culture."

Life Reform as the overall term denoting the desire to create a new person and a new society was not one cohesive philosophy under whose banner everyone in Germany organized. Simply looking at the six roots of naturism makes this obvious. Further, it was largely centered in the northern German cities and was mainly from Protestant communities.

However, there was a good deal of overlap in the practices advocated. These include vegetarianism, nudism, natural medicine, abstinence from alcohol, clothing reform, settlement movements, garden towns, soil reform, sexual reform, health food and economic reform, liberation for women, children, and animals, communitarianism, cultural and religious reform. What was most important was the ability to lead and display a self disciplined and ethical lifestyle in which everything was subject to self-control.

Fueling the desire for Life Reform by those on the political right was discontent with materialism, and the excesses of capitalism, but they also rejected Marxism. Instead, they sought an elusive "third way" between these two, seeking social justice and personal freedom. Theirs was a search for solutions to problems such as the effects of capitalism, death of the natural world, social fragmentation, and loss of community. In general they tended to seek individual, aesthetic, or cultural answers to what were essentially social, economic, or political questions. In this the reformers reflected the enduring influence both of the Reformation and German idealism, with its notion of the perfectibility of the individual through self-cultivation.

Likewise, body culture as a subset of life reform was no unified movement. It is best understood as a grouping of similarly minded movements, often with considerable overlap among groups. These similarities included the belief that theirs was an age of degeneration that would only be ended or repaired by intense work on the body. Further, body culture practices were to lead from a reform of the Self to a social reform of living, resulting in a "New Person" standing in a "New World." The other similarity was that all forms of body culture enjoyed increased popularity and acceptance from 1900 into the 1930's.

One crucial question that must be explored is why was nudity believed by so many to be so central to the renewal of the individual and then society? What power did nudity offer as a means for renewal? That is, what meaning does nudity possess or hold? This is no small question to answer.

One historian answers this by saying, "The nudists were involved in a permanent development of themselves. Freeing oneself from clothes and old skin meant leaving behind the past. At the start of the 20th century this model of organic "emergence from the cocoon" paved the way for a very specific modern self: the New Man firmly associated with the eugenic idea of individual as well as national regeneration."

In 1901 Karl Mann, publisher of the journal *Kraft und Schonheit*, was convinced of the health benefits of nakedness and stressed its moral value. It would, he said, combat hypocrisy and prudery, and reduce the need for pornography and prostitution.

For Adolf Koch, exercise in the nude was the symbol of a new beginning for a new society. He sought to use social nudity in a new political movement to free people from "authority-fixated conditioning which held proletarians in deference to their masters: parental authority, the paternalism of school and church, the mass media, and the organs of law and order." Nudism was an act of liberation.

Historian Maren Mohring states that nudity was the central means of winning back the naturalness of the body. The work of the naked culture was to normalize the body. Its concern was to standardize the 'natural' as beautiful and healthy by exposure and exercise, manufacturing the body again so that it should stand out against the 'ugly' and 'unhealthy' body normality of the dominant society. Adding to this, another historian, Michael Hau, noted that it was believed that nudism created a vision of equality that transcended social and political divisions, intending to create a community of happy people committed to similar hobbies and leisure activities.

Early Swiss naturist, Werner Zimmerman stressed that social nudity was to eliminate body guilt, encourage openness and end what he saw as the cause of sexual deviations such as pedophilia. In his view these stemmed from repression of the human spirit which was at the root of sexual and relationship problems. Honest nakedness ends curiosity about bodies and encourages a healthier attitude to sex and bodily functions.

Chad Ross in his research of German nudism argues that nudism's attempt to beautify the body and remove shame from it constituted the formation of a new national morality, one its supporters saw as more authentically German. The nudists saw the naked body as the tool to inculcate a more natural sexuality in Germans, and to make the German body stronger. This again goes back to the national obsession over racial hygiene.

The point of all this is that health, beauty, and the human body meant different things to different people, but always included a vision of utopianism in a world that seemed threatening, lonely and lacking in promise to people in many different strata of society. Thus there was ascribed both literal and metaphorical meaning to the idea of the physical self, so much so that one writer observed that body history can be seen as a canvas in which the term "body" assumes a meaning beyond its physical existence.

In fact the body became literally a projecting screen for different social groups and their various interpretations of what were in the end the same aesthetic aspirations and the same medical and hygienic teachings. Speaking to this point, a reviewer of Empire of Ecstasy, a study of dance in German body culture, concluded that the body proved an unstable signifier for all the ideas and meanings attached to it.

To the extent that the nude body was used as symbol also means that these ideas and meanings were not inherent to the body itself. Symbols may be powerful, but in the end they point to or represent something beyond themselves. This observation is not meant to say anything negative about the body as symbol. It is useful in a given context. When the context changes however, the value of the symbol in carrying a particular meaning may be lost. A current illustration is the loss of the meaning of innocence that once characterized the very common baby on the bearskin rug photos our grandparents so commonly displayed of their infant children.

However, the gains in the "normalization of the body in all its forms and functions" of the early 20th century seem lost. True, there is a lot of "public skin" to be seen, but always for commercial or sexual purposes. Ordinary Americans in particular have retreated to a repressive phobia about the body that is nearly Victorian in its intensity. The body is no longer cherished; instead it must be nervously hidden as something dangerous. The sexual potential of the body has become the leading signifier for far too many 21st century Americans. Naturists have to fight this disease with the body with passion and creativity, as this is possibly the leading inhibition to the progress of naturism in this country.

Today, looking back at the writings of the early advocates of social nudity and its purported benefits, we are left a bit perplexed by the hyperbolae of their claims. We may recognize echoes of the early justifications for social nudity in the writings of modern naturists, but not delivered with the same impassioned exuberance and grandness of vision. Indeed, the times have changed. Nowadays, naturists mainly read and hear about relaxation, recreation, freedom from stress, and body acceptance as justifications for naturism.

Other themes such as the educational value naturism provides about the body through the life span, its value as social equalizer, and its value as a counter to pornography are also mentioned at times. Unfortunately, these messages fall mainly on deaf ears and do not influence about half the population as did Life Reform and nudism in Germany.

Proponents of Life Reform and nudism in Germany tapped into the spirit of the times and responded to the anxieties and longings that many in that society experienced. Perhaps we can look back to those pioneers for creative inspiration to address the felt needs of our times. Indeed, there are deeply felt concerns in the 21st century that mirror the early 20th century. One immediately thinks of the growing environmen-

tal dangers we face; the widespread emphasis on fitness and exercise; the concerns for health and alternative health care practices; even vegetarianism is more widespread and fashionable than before; now more than ever before, the equality of the sexes is acknowledged. Linkages between naturism and modern life concerns have to be explicitly made.

Indeed, if you look at internet websites for naturist clubs, you will find a number that tout how "green" they are. Others offer programs on nutrition and weight loss; many clubs sponsor 5k runs to encourage fitness; skin screenings for cancer and massage workshops are offered by others. Yet, these remain individual club initiatives. This does not represent a "Naturist organizational agenda." The question is why isn't there a coherent naturist agenda that promotes Life Reform in keeping with 21st century sensibilities, giving naturism a weightier meaning than simple recreation? MO.

Blog Thoughts

A photographer mom defends the nude photos she posted of her young son. What do you think? Visit her website and decide for yourself if her argument has validity. http://www. flickr.com/photos/cassiefoxphotography/2100965018/

A comment on my Awakened shot provoked quite a strong reaction in me. I wrote a long comment in response, and decided to post it along with this photo, since I'm sure some people will think the same things as the person I'm replying to when they see this image.

Perverts exist everywhere in the world, not just online, and not just on Flickr. I capture my son like this because I see nothing but innocence and a beauty so pure it almost breaks my heart. I share images like this because they are special and important to me in documenting family life, and I will not be held responsible for the perversions of others. There are people who get turned on by feet, by pantyhose, by skirts...should no one post images containing those things?

I'm not trying to be rude, but this is something I hear on Flickr a lot and it always saddens me. I refuse to let my art be dictated by what someone somewhere in the world might think of it. A pedophile is attracted to children, period, whether clothed or not. They've been around since the dawn of time, they aren't a recent phenomenon. I find it disheartening (though I do, of course, understand their reasons) that so many photographers are unwilling to share their wonderful work of children in their natural state because of its small potential to be perceived in entirely the wrong way by someone who is obviously sick.

I understand why people fear this. I understand the desire to protect your images. I just refuse to live in fear of what could be, preferring instead to think the best of people, rather than automatically assume the worst.

This rant isn't directed AT you, by the way. Your comment just sparked something I'd been thinking about in recent months.

I know that I'm in the minority, especially here on Flickr. I accept that by posting images here, especially public images, I risk someone stealing them or using them for some dark and dastardly purpose. I just feel very strongly that art should

not be held back and/or censored by the perverse desires of others. I don't want to see what a pedophile possibly sees when I look through my viewfinder. I don't want their voice in the back of my head, telling me that what I am thinking of shooting may potentially be taken in entirely the wrong spirit by some person, somewhere in all the world.

I refuse to hear their voice in place of my own.

I refuse to create with them in mind in place of my own vision.

I refuse to see something dirty and impure in place of the perfect innocent beauty I see when I look at my child.

I refuse to stop sharing that beauty with the world because of those few who would soil it.

I do not create for them. I create for myself, for my soul, for my child to look back and marvel at the body he inhabited in these wondrous early years.

For him to remember.

For me to remember.

For us all to remember, and find happiness and warmth and familiarity inside the memory.

This is why I create, why I share, and why I stand my ground.

Shocked!

Actress Jessica Alba was said to have been left traumatized when she discovered all the other clients were naked in the Jacuzzi. She claimed to be disgusted when she realized that everyone else was in the nude. She said it was gross, and didn't want to be sitting with a bunch of people letting it all hang out.

Jessica says she chooses to dress in a way that is not highly revealing or highly sexualized. She is well aware of what kind of attention you get that way and it's not the kind of attention she wants.

[I can understand not wanting to be a public sexual display, but what has that to do with a private situation with other women? What's the deal with disgust at nudity? Seems to me something more than not wanting unwelcome attention is at work here. Ed.]

Items We Need

See our website at lakeedun.com for more details.

- Non-motorized boats
- Metal Barrels
- Lawn or Lounge Chairs
- Wooden Cable Spools
- Riding lawn mower
- Aluminum cans

5.04.4.			
Lake Edun Foundation, Inc. P.O. Box 1982 Topeka, KS 66601-1982 (785) 478-BARN		Membership A Change of Ado Please I	dress Form
Name: First MI	_ Last		
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Phone: DOB	per year may of Facts is included is available for Release which	deduct \$50. One subset with membership. Ar \$20.00. New mem	scription to our newsletter <i>Bare</i> A subscription only to <i>Bare Facts</i> bers will receive a Waiver and before membership is finalized.
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Lake Edun Foundation Membership	275.00	350.00		
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Note: There is a \$30 charge for any checks returned unpaid for any reason.