

Bare Facts

Copyright 2013 Lake Edun Foundation, Inc.

Official Publication of the Lake Edun Foundation, Inc.

May 1, 2013

Box 1982; Topeka, KS 66601 • e-mail: benude@lakeedun.com • Website: www.lakeedun.com
38° 58' 7" North; 95° 47' 56" West

Coming Events For May

Our first Open House of the season will be May 18. From noon to 3, almost everywhere textiled (wearing appropriate covering). From 3 until 5 it is Clothing Optional and after 5 we expect everyone to respect our naturist ground rules. As usual, it is always clothing-optional for children under age 18. For those with special considerations, a Pareo can be an option. If you have questions about this, please submit them on the website.

Memorial Day Weekend is always busy at our special place. Carl is planning to bring several guitars and other instruments for playing, jamming, and listening. If we can get it set up safely, archery will be available. Carl will bring 5 different bows, from light to heavy draw. Targets are being designed.

Also, look for some new signs to replace our aging ones before the end of the month.

The Buff Astronomer

Our resident astronomer is planning at least two nights this season where binoculars and telescopes will be available, as well as his expertise in finding the stars and planets. To help you with home star gazing, we are introducing a new section (The Buff Astronomer) to Bare Facts to get your interest up. Why this title? If you look on the internet, you will find sites under the name of Naked Astronomer, and Nude Astronomy. There is even a French TV channel that is broadcasting a nude astronomy show towards a nearby star, hoping (we think) to get naturist aliens to visit French beaches.

Earlier this year, there was much interest in a comet that was in the northern night skies. BUT, there is a new comet coming that may be the brightest one in the last 100 years or longer. Some planets will also be bright and easy to spot this year, and some (like Mars) will spend much time hiding behind the Sun. We will talk about Constellations, Visible Nebulae, and even that regular visitor Luna (the Moon, silly). Other topics may include equipment and astral-photography. We hope you enjoy this new area.

Lake Edun Is Good For Topeka

Eduners receive a lot of benefits from membership in our Foundation. Perhaps the most popular activity at the lake is the chance to enjoy nature, green grass, trees and lake doing absolutely nothing but relaxing. Those who visit frequently wouldn't want to spend our time doing anything else.

What may not be apparent is that we have many visitors, both campers and day visitors, who travel quite a distance to enjoy what we have. There are regulars who spend part of their annual vacation with us each year. And there are visitors who have heard about us on the web or from friends and come from many states away to have the naturist experience. These visitors contribute much in friendship with our members. (Continued Page 6)

From The Board

Your Lake Edun Foundation Board of Directors has grown. We welcome back, Riley, a member who has contributed much in the past. He has agreed to serve as Facility Coordinator and will assume the day to day management of our leased facility that so many of us take for granted when we are at the lake relaxing. We want to note that we are seeking more active members to serve on the Board, especially female members. We covet your participation.

The lake is benefitting from the dreary wet days with increasing water supply. We still anticipate a few more fronts moving through, dropping liquid nourishment to our grounds and lake. Newly planted grass is springing up. To protect it we have marked off some (but not all) of the trails. To avoid tramping the sproutlings, please respect this and try to avoid walking on the new grass even if the trail is not marked. Help make Edun Greener. You will notice trash and waste can cans have been painted and everyone is doing great remembering to stash your trash appropriately.

It won't be too long before the Arkansas Fish Farmers are back in Topeka, and a couple board members make it their task to replenish and restock our fish supply. Many visitors and members enjoy dipping baited hooks in the appropriate areas (not near beaches) to tempt scaly animals to join us at the shore. Many enjoy "Catch and Release", but that is not a requirement. We don't mind campers enjoying fresh grilled catfish for supper, if they are big enough to be "keepers".

DON'T FORGET

May 4; Sat; World Naked Gardening Day
May 4; Sat; 12-4; Work Day
May 8; Wed; 8-10; Sauna
May 11; Sat; 8-10; Final Sauna
May 12; Sun; 12-4; Work Day
May 18; Sat; 12-3; Open House
May 19; Sun; 12-4; Work Day
May 19; Sun; 4-6; Board of Directors
May 24-27; Memorial Day Weekend
May 26; Sun; evening; Music
June 1; Mulberry season begins
June 1; Sat; 1-3 Archery
June 1; Sat; Afternoon; Massage
June 8; Sat; World Naked Bike Ride
June 8; Sat; 7pm; Wine & Cheese
June 8; Sat; Dark; Astronomy (camp w. astronomer)
June 9; Sun; 4-6; Board of Directors
June 15; Sat; 12-3; Open House
June 15; Sat; 2-4; Seminar: Women's Issues
June 22; Sat; Pack the Place
June 23; Sun; Full Moon
June 29; Sat; 11am; Photography seminar
June 29; Sat; Afternoon; Massage
June 30; Sun; Photographer on hand

From The Mailbag

Dear Lake Edun --

Last year we decided to go searching on the computer to see if there were any naturist resorts in or near Topeka. We found out about Lake Edun Foundation through a website search, and decided right away to give the place a try. This letter is really for anybody who may be thinking of a membership but hasn't yet made the decision to come out to an open house.

We made our decision last spring, and feel that the lake and campgrounds provide a great way to relax and be yourselves. We are Christians and believe there is nothing wrong with being comfortable and in the nude. I was not raised as a naturist, actually my parents were quite the opposite. We have never met a judgmental person out at the lake. Everyone so far has been very friendly and welcomed our family.

The Lake Edun Foundation will continue to be a great value to us; and we are in hopes more families will become members. We like to walk the trails and since we are fortunate enough to live just a few miles away we go "trail walking in the nude" two or three times a week in the mornings. It is a great form of relaxation to walk the trails and then sit down in one of the lounge chairs with a nice cold beverage. We bring the kids out when we get the chance to go walking and swimming. Weekend events provide a great way to meet new friends and have some fun. We bought a tent and some camping supplies and are planning on some outdoor excursions as a family this spring and summer.

We also believe the annual membership fee is reasonable for what family receives. It takes a lot of work and money to maintain the grounds and keep it in top shape; a wonderful place to go to and enjoy. Considering some of the other items we pay for, we are getting a great deal. Here we have access to enjoy the outdoors and to be completely relaxed (and nude). By comparison we pay \$840.00 a year for Direct TV and \$600.00 a year for the cheapest cell phone plan.

So in closing, I guess we would once again say if you're thinking about a membership, give the place a try. It is great to get back to nature.

– Rod & Jenny

The Tyranny Of Good Intentions

The following is a summarization of a blog post by Laura that I found very insightful. That is, I agreed with all she had to say and the way she said it.

Laura was moved to outrage when her sister-in-law passed on to her the contents of an interview she had heard on the radio. It seems that a father had recently been investigated by Child Protective Services after some mothers of his 6 year old son's friends reported him for showering with his child.

Apparently they presumed that because he showered with his son, he was a pedophile. The child had never reported his dad touched him inappropriately or that dad had made the son touch him inappropriately.

No, they viewed it as a problem simply because the dad showered with his 6 year old son. Period. Naturists might argue anyone who would terrify a child for wanting to shower with his or her dad is such an abuser ... even if they cloak

their actions in such high-sounding organization as 'Child Protective Services'.

Laura pronounces her judgment by saying, "You know what I think about that? I think that's bullshit. And I think anyone who takes an innocent act like being naked around a child to the level of pedophilia ought to be absolutely ashamed of their selves.

"There are real cases of sexual abuse out there — cases of children being seriously harmed by the adults around them. THERE ARE REAL PREDATORY ABUSERS OUT THERE SCARRING CHILDREN PHYSICALLY AND EMOTIONALLY. Simply because a parent is naked in front of his children does NOT make him an abuser, and threatening a parent's custody of his child with no evidence of such activity is both negligent and irresponsible.

"What messages are we sending our kids about their bodies if we tell them being naked isn't right? I'll tell you what message. We are saying that the body is something to be ashamed of. That it's unnatural and perverse and *wrong*.

"Well, I say *that's* wrong."

She adds she and her husband have no qualms about being naked in front of their kids. They dress and undress and help the children do the same all in the vicinity of one another. Laura even reveals her husband showers with their 4 year, and she bathes with her 2 year old. For them it saves time.

Laura is clear to point out that, "Neither of us is a pedophile. Neither of our children is scarred by this at all."

Recalling events from her own childhood, Laura says her parents had the same parenting practices as she is now using at bath time. They were always body positive, never indicating there was any reason to be ashamed of the body. They always made us feel natural about the human body. Further, they never sexualized *anything* about innocent activities like dressing or showering.

So how did this affect me? "I don't need therapy for that. I don't feel somehow violated, abused or defiled in any way."

Turning the tables on those scandalized by nudity, Laura says that treating the naked body as some sort of mortal sin makes them the weird ones. It is these people that are instilling negative body images in their children. It is they that are sexualizing everything associated with the human body. And they're the ones whose children will suffer the most.

My sister-in-law, who didn't grow up in America observed it is Americans who carry around a Puritanical view of themselves and the world. They continue to find shame in the most harmless of activities. And they still feel the need to persecute those whom they feel violate their dysfunctional standards.

Laura says she is angered by the travesty of what was done to this father and for all other parents and children who are badgered for raising their children in homes where openness and lack of shame prevail. More importantly, she feels outraged for true victims of sexual abuse whose needs remain unfulfilled while citizens and agencies waste time harassing the innocent without any evidence of wrongdoing.

The complete story can be found [here](#).

To Bra Or Not To Bra, That Is The Question

I haven't checked when the modern bra was invented. I suppose women in the Western world have been using something for a very long time to restrain their breasts. At least that appears to be the case going back to clothing styles in ancient Greece.

In any event in more modern times Madison Avenue has foisted on women the notion that they need "support." My suspicion is that is code for, "Stop the jiggle!" It was all backed up with a lot of pseudo medical mumbo jumbo to make everyone think that the only thing stopping breasts descending to the owners navel was their extra firm, (and expensive) product. But really, it was all about the jiggle.

You know, that alluring and seductive sway and bounce with every step just wouldn't do. No, not at all. Men would be, shall we say distracted, possibly even frothing at the mouth and no decent woman would be safe on the streets.

Absolutely must restrain, bind, control, immobilize, and maintain in stasis those dangerous mounds of female flesh. Of course, a generous portion of upper breast and décolletage is quite acceptable. We don't want to become excessive in our efforts to tame the unruly breast do we?

While the final word isn't in, the bad news is that all these years of trying to find the perfect bra may have been in vain. At the same time, the good news is, all those years of trying to find the perfect bra, they weren't needed after all. At least not for "support." It does make me wonder though. What did all our great grandmothers thousands of years ago do without the benefits of the bra? Perhaps only moderns can find solutions to problems that never existed. [Ed.]

Women have long been told that a good bra can help support the chest, relieve back pain and prevent sagging. However, a new 15-year French study reveals the opposite: bras do little to reduce back pain and, over time, they can actually make breasts sag even more.

A sports science researcher from the University of Besançon in eastern France claims that "bras are a false necessity." "Medically, physiologically, anatomically – breasts gain no benefit from being denied gravity," he claimed. "On the contrary, they get saggier with a bra."

Researchers spent fifteen years measuring the changes in the breasts of 330 women using a simple slide rule and found no evidence bras help ease back pain. Instead, he found the chest supports could even add to the problem. This suggest breasts would gain more tone and support themselves if no bra was used. Bras limit growth of supporting breast tissues, leaving the breast to wither and degrade more quickly.

The study found that women who took off their bras for good experienced a 7mm lift in their nipples each year they didn't wear a bra. Researchers also found that bra-less women developed firmer breasts and saw their stretch marks fade.

One participant in the study is quoted as saying that, "There are multiple benefits: I breathe more easily, I carry myself better, and I have less back pain."

However, it is cautioned that the findings do not mean all women should throw away their bras. "It would be dangerous

to advise all women to stop wearing their bras as the women involved were not a representative sample of the population."

As for current long time bra wearers, there would be no benefit from stopping wearing one now. However, I'm not so sure about that. Airport metal detectors would stop going off due to underwire bras.

Learn [more](#) and decide for yourself.

Females In Naturism

Yes, honestly there are a lot of women in naturism that are enthusiastic about being a naturist. For the most part we are more accustomed to men extolling the virtues of naturism.

I'm not sure why, but it seems that for a lot of men dropping their clothes means picking up the pen or keyboard to tell all the world that their discovery of clothes freedom has changed their lives for the better. Women generally seem to be more restrained and tight lipped in announcing their reactions to social nudity.

So finding a blog devoted to women's perspectives on naturism is something I had to bring to the attention of our readers.

This short selection gives you a flavor of the blog and touches on a number of important considerations that speak to women's concerns. Enjoy! [Ed.]

It used to be hard for me to understand why anyone would want to become a nudist. Being naked was always so embarrassing and uncomfortable for me, even when alone or in front of my husband. I made the choice to try nudism because I needed so badly to overcome the negative force that body-shame was having on my life.

Nudism is not about being seen; it's about the freedom to accept ourselves and others just as we are. We shed uncomfortable clothing to experience the joy of feeling the sun and wind all over us – not just on the body parts that society deems acceptable to be seen.

Nudists are normal people with jobs, families, joys and sorrows. We are young, old, thin, fat, Black, Asian, Caucasian, gay and straight. We are not judgmental about others, contrary to what you may think. We don't critique, grade, categorize, or dismiss you based on your body shape and size. You are what you are, and so am I. I am free to be who I am without prejudice. Body flaws and shame cease to close us off from living life fully because of something we cannot change. And in leaving that shame behind, we become truly free.

It takes courage to push your personal boundaries and go naked with others. Not everyone is able to do this, but I invite you to try it and see for yourself. Your body self-esteem will change for the better. -- Anna

Go [here](#).

"The body seems to feel beauty when exposed to it as it feels the campfire or sunshine, entering not by the eyes alone, but equally through all one's flesh like radiant heat, making a passionate ecstatic pleasure glow not explainable."

– *John Muir, founder of The Sierra Club*

They're Just Breasts

The female author of this essay offers a thoughtful and common sense critique of our Western obsession toward female breasts. She illustrates the problem's perniciousness with contemporary examples and personal experience.

Women have a lot at stake regardless of what direction society takes toward the female body in general or their breasts in particular. We see the back and forth of this evolving conundrum of where to reset accepted norms for women in society internationally and nationally.

The struggle for equality by women with men goes back millennia. We are well aware of this process over the last 113 years. Despite gains in some countries, women worldwide still face daunting challenges on numerous fronts.

Attitudes toward the acceptability of the body being seen partly or fully nude in public arouses passionate debate. Every deviation from accepted tradition is viewed by many as spelling the end of moral order. Generally, in most cases people adjust and adapt. Normality resumes and life goes on.

What those that decry more skin exposure forget is that morality resides within us and in the values of respect for the dignity of other humans, self control, and personal responsibility. Morality certainly does not reside in layers of clothing nor does clothing prevent immoral behavior. Conversely, skin exposure does not invite or necessitate immoral behavior.

The following is a summary of an article that examines the irrationality of body phobia exhibited in this and other countries. [Ed.]

It is appropriate to castigate the photographer who stalked and captured images of Kate Middleton from hundreds of yards away, sunbathing topless....

Given prevailing social norms, this was labeled in the press as a nightmare for Kate Middleton. If so, that would be an understandable reaction. But what does it say about our culture that it's plausibly a "nightmare" for a physically attractive 30-year-old woman to be seen topless at a private home with her husband?

Another prominent celebrity breast exposure comes to mind. Allow me to remind you about Janet Jackson.

You remember the infamous Super Bowl halftime show that ended with her breast exposed for a split second? Without the nipple slip almost no one would've been upset. What boggles my mind is that most viewers likely would have been perfectly content sitting through five minutes of sexually suggestive content with their kids, only freaking out at a nipple, as if the exposed body part itself was the problem....

Clearly as a society, we are both highly conflicted and irrational about the exposure of the female breast. I first became aware of this when I was twenty and spent a summer

studying in Paris... We students took a weekend trip to some famous Mediterranean beaches. It's there that I set foot on my first topless beach.

At first my female classmates sunbathed with their bikini tops on. Less than an hour later they said to hell with it, took their tops off, and left the guys feeling slightly awkward and titillated ... for about 5 minutes. Shortly everyone's notion of 'normal' re-calibrated. That's how fast the mental adjustment happens.

Less than an hour later they said to hell with it, took their tops off, and left the guys feeling slightly awkward and titillated ... for about 5 minutes. Shortly everyone's notion of normal re-calibrated.

Most people have the same experience at nude beaches. At first there is anxiety, but soon enough it fades. From the opposite direction, exactly the same thing is in operation in places where women must wear head scarves. Exposed hair can turn heads. In New York City, exactly no one thinks bare heads are sexually provocative....

It's true that sexual attraction is a force of nature. However, all societies set boundaries that define acceptable behavior. For example, Thou *shalt not rape* is a useful norm. *Treat others as you'd want to be treated* is another. However, *It is shameful to let people see your breasts* is a useless norm. Those

who think otherwise at once give men too much and too little credit: Too little in believing that the mere sight of bare breasts is enough to corrupt men. Too much in that *no matter how women dress*, there is no getting around the fact that many men will lust after them.

The sad story of the Canadian teen who committed suicide following the posting pictures of her bare body on the internet by her "friend" is a complicated one. She felt foolish and betrayed by someone she trusted. Peers bullied her partly due to violating taboos against promiscuity, not just nudity... But it remains the case that her story wouldn't have been possible save for the flawed norms that make a big deal out of nudity, cloaking it in shame and conflate it with especially transgressive promiscuity. Along with the bullying and slut-shaming that helped drive her to suicide, that norm deserves to be attacked.

With this in mind, let's caution our kids against opening themselves to this sort of exploitation and bullying. Let's also teach them these societal norms are incorrect. Teach them the human body is nothing to feel shame over, that the bullies are not merely unkind, but wrong on the merits. Let's raise kids who grow up with a different culture where they aren't either offended or fascinated by nipple slips, topless beaches, or mothers breastfeeding in public, and are therefore less vulnerable to youthful mistakes, rogue photographers, and slut-shaming.

Let's grow up – they're just breasts.

This is the [link](#).

What Is Nudism And Why Nude Recreation

The following is a well written essay describing what naturism is all about. It doesn't break new ground, but it is a good summary that speaks to many of the points a naturist would want to use when telling others about naturism. [Ed.]

Why?

Being nude is fun, healthy, and good for the soul. It promotes body acceptance and awareness, age acceptance, freedom, self-esteem, self-confidence, and celebrates one of God's greatest creations. Naturally, nudity keeps the body from the restrictions of clothing, which shift and compress our bodies, and exposes the body to the air and sun, which has numerous health benefits. The more aware we are of our bodies, the more likely we are to keep a healthy and active lifestyle. But we will also be less judgmental of others who don't have the stereotypical and hyped "perfect" body.

Being nude will help a society built around shame that the naked body does not equate to the sexual body. While people are nude in sexual situations, the mere presence of the nude body does not presume a sexual situation. The two can be as mutually exclusive as an apple and an orange. The naturist movement intends to enforce this value and show that the nude human body does not exist solely for sex or bathing, and that wholesomeness can walk hand in hand with nudity.

The Swimsuit.

The swimsuit is an example of needless clothing. When we take a shower or bath, do we put clothes on? Do we enjoy the feeling of the water around us or do we hope to come out of our daily ritual with a piece of cloth clinging to our bodies making us cold and keeping us damp? While the answer is obvious, society has been slow to catch up when the bathing comes in a public setting.

The world's best swimsuit is your skin. Without a material swimsuit, you are freer to move around in the water and you won't suffer the chafing that comes from sand or sea salt lodging itself in the lining of your trunks. Naturally occurring bacteria will not crowd your body since there will be nothing to trap it against your skin.

But going without a man-made swimsuit will send another message altogether about respect for the body. Unlike the swimsuits of the past, which covered men and women from head to toe with billowy garments intended to maintain one's "modesty," today's swimsuits are aimed to enhance and promote the most sexualized of body parts. In other words, material swimsuits promote unhealthy attitudes about the human body. With nakedness, you actually remove the sexual context of the beach wear, and all can enjoy the sun together without worrying about how sexy they look in their new bikini or trunks. True modesty is found in chaste nudity.

There was a time where people swam, exercised, and relaxed nude, sometimes quite publicly. John Quincy Adams is said to have skinny dipped in the Potomac River and Benjamin Franklin took daily air baths in the nude at his home with the doors and windows wide open. In 300 years, it seems society has taken a step backwards in regards to the human body.

Set a good example.

Normalizing nudity will take time. Meanwhile, we should respect the laws that make sense and challenge those that are oppressive. On public lands that allow nudity, remember to stay in secluded areas. By being respectful of boundaries, no matter what we think of them, we might win over public favor. If you are in an area that technically doesn't allow nudity, you should cover up or ask if you may continue on with your nude recreation should someone else arrive.

By setting a good example, you can help erase the media-fueled perception that nudity equals sex and can promote the idea that the naked body is actually wholesome.

Family naturist values.

We're often too young to remember the freedom we felt as a toddler running around the house or the backyard nude. We had yet to be told that our bodies must be hidden and we had no awareness that our bodies would one day be seen as something we should be ashamed of. In other words, children are natural nudists.

Nudist resorts provide controlled environments safe for families. Many raised within the body shame system, become obsessed with the naked body, fetishizing certain parts due to their intense curiosity and the equation of the unexposed parts with sex. Research conducted at the University of Northern Iowa found nudist children have more positive self-concepts of the body than non-nudist children and one of the most significant factors associated with a positive body self-concept is the "nudity classification" of a family.

People raised in a nudist environment grow up with healthy attitudes about the body and easily understand the changes in their bodies. Instead of preaching shame about body parts and functions, the naturist movement instills respect for the body. They will understand better the ramifications of jumping too soon into adult behaviors and will be less apt to turn the body of another into an object of desire. This respect for humanity will carry through a lifetime. As the body ages, one will more readily accept the natural changes the human form undergoes through adulthood and into old age.

That is good for our society.

It is nice to associate with like-minded people, and a group of nudists are like-minded. They enjoy recreation without clothing. The shame that one feels about one's body will be erased in a group of others who are nude. As with the clothes, the mental and emotional barriers are lifted when a supportive group gathers together and you are welcomed as you are for whom you are, not for what you're wearing or how you look. With the support of the group, you will then embrace the freedom you once thought to be shameful or forbidden and lose the feeling that the human body is somehow obscene. Your mental and emotional health will benefit from being nude in a social setting.

Conclusion

To protect yourself from the elements, clothing serves a

purpose. But you shouldn't wear clothes out of a sense of shame. We live in a society where a woman's breasts or a man's penis or even the rear end will be blurred out for public consumption, but the media shows little remorse for showing graphic violence unedited. The naked body is not disgusting, rude, or shameful. Being naked in public is about highlighting our collective humanity and should not result in persecution. As active members of society, nudists should be free to come together and celebrate the values of respect and wholesomeness brought upon by positive body awareness.

And besides, it's fun!

Learn more [here](#).

Lake Edun Is Good (Continued from Page 1)

They also fill their gas tanks, eat in restaurants, and many stay in local hotels and motels. This helps the Topeka economy and we want to crow about it. We're proud that last year, we hosted 53 different visitors from 13 states and one Canadian province. We want to do even better this year.

Not every Topekan wants to enjoy nature naturally, but many residents benefit a lot from the visits of people who come to this city primarily to visit us and then spend time and money in town. We are proud to be a thriving part of the Topeka community. We thank our visitors for contributing to our city.

Work Days Get Much Accomplished

In spite of inclement weather, some very faithful members spend many hours on Work Days sprucing up our area for the coming season. Grass has been planted, old trees and brush cleared, and the beach areas continue to be renovated to make the relaxing experience great for our members and guests.

An important project is repair of the water tank for our west irrigation system and the pipe to fill this needed asset. Thank you, Jeff, for your contribution to this effort.

Our remaining workdays will focus on using a generous contribution we received last year to spread gravel on the North Road, making access to the west side more available. One member volunteered his dump truck to haul the rock. This will allow us to purchase more gravel with the donation. Then comes spreading, for which we solicit your help. Three more work days are planned in May. If needed, we can schedule more. This allows you to both see a different side of the facility we enjoy and earn a discount on your membership.

Skin: Never be ashamed of yourself. Because you are born into one skin. You can scar it, stretch it, burn it, mark it, tan it, peel it. But you are always in it, so you might as well learn to love it.

Lake Edun Foundation, Inc.

P.O. Box 1982
Topeka, KS 66601-1982

Membership Application Change of Address Form

Please Print

Name: First _____ MI ____ Last _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ DOB _____ E-mail Address _____

All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours

per year may deduct \$50. One subscription to our newsletter *Bare Facts* is included with membership. A subscription only to *Bare Facts* is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.

Membership Fees:

	Single	Couple	Amount
Lake Edun Foundation Membership	275.00	350.00	_____
Associate Member (Over 125 miles away)	175.00	250.00	_____
Working Membership (Discount)	(50.00)	(50.00)	_____
NUTs Membership (Must be under 30)	75.00		_____
Separate Mailing Address for members		12.00	_____
<i>No Sex, No Violence ... Only Nudity</i> First Naked Plays – DVD		25.00	_____
<i>Lake Edun Exposed</i> – DVD or video		45.00	_____
Naturist Society Membership		60.00	_____
Subscription to <i>Bare Facts</i> only		20.00	_____
Tax Deductible Donation - Improve our Educational Program			_____
Tax Deductible Donation - Legal Defense Fund			_____

Total Enclosed - Check, Money Order, or Credit Card _____

Charge my Visa; MasterCard Discover AmEx # _____ Exp. ____ / ____

Note: There is a \$30 charge for any checks returned unpaid for any reason. Security code _____