Bare Facts

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Box 1982; Topeka, KS 66601 ! e-mail: nude@lakeedun.com ! 785-409-0274 ! Website: www.lakeedun.com 38^{N} 58' 7" North; 95^{N} 47' 56" West

The Buff Astronomer – November, 2014

Hey, have you noticed? The days are getting shorter and that only means nights are longer with more time to look for heavenly bodies. When the night air is dry and clear, there is much to be seen with your Buff Astronomer.

Mars is still in the early Southwest night sky and sets about 3 hours after the Sun. Mars is moving eastward in the constellations almost as quickly as the Sun does and thus maintains an even angular separation from old Sol. It shines at magnitude 1.0 and is the brightest thing in the SW sky, absent the moon. It still is near the teapot shaped Sagittarius in early November.

Jupiter rises around midnight at the beginning of the month in Leo the Lion. Be sure to see how many moons you can see with just binoculars. Callisto with the largest orbit is far to one side on the 6th and on the opposite side the 14th. Ganymede, Europa, and Io have orbits inside Callisto.

While Venus and Saturn are too close to the Sun to be seen, Mercury pops up before dawn early this month.

The Leonid Meteor Shower, (after the constellation Leo) peaks around November 17 and is visible to the east of Orion and Sirius in the early dawn sky. With dark skies, expect to see a maximum of 15 meteors an hour.

If you remember me talking about the comet, Siding Spring close to Mars last month, on the 19th, we get to see it when the moon is in a dark phase near Serpens and Ophiucus. You probably need at least a small telescope to see this, (4 inches or bigger).

Well, enjoy harvest time and all the great Holidays coming up, and spend some of your time with me looking upwards.

Winter Warriors Ready To Begin

Now that we have had our first hard freeze, it is time for the Winter Warriors to begin looking for opportunities to make a difference at our special place. Thanks to all who have volunteered. We hope others will want to be added to the list.

For those who may not be familiar with this corps of volunteers, it is a group that can assemble on relatively short notice for various projects. When weather guessers project a relatively warm day, we notify our team. Our objective is two-fold: to make meaningful contributions to our special place and have meaningful fun in the process.

Some of our projects are on-going such as keeping the dam clear and thinning Cedars from the west side. Others are special. This year we hope to spruce up the area around the barn, do some work on North Road and the new trail below the dam. Winter Warriors make a meaningful difference.

No special skill or tools are required. Only a desire to help us meet our two objectives. To join the Winter Warriors, just notify us. Email, phone, mail. Any will work.

LEF Annual Meeting

Members of the Lake Edun Foundation held their Annual Meeting the evening of November 1, 2014, at TruckHenge. The meeting was called to order at 6:45 p.m. by Chris who served as Chair. He declared a quorum was present.

Minutes from our prior Annual Meeting held October 26, 2013 and printed in the November, 2013 issue of Bare Facts were approved.

The treasurer distributed financial statements and a discussion followed. Upon a motion made and seconded, the report was approved.

Next, Dave reviewed improvements made to Lake Edun over the prior year, including the trail below the dam, marking trees with the assistance of an arborist, tripling our irrigation capacity, extending the North Road, installing chin-up bars, installing a new Lake Edun sign, and purchasing a phone for the barn.

Dave also shared plans for improvements next year, including a new trail segment linking existing trails, adding another fitness station, adding another truckload of rock to North Road, possibly converting the shed at North Beach into a rustic cabin, and refinishing docks. Discussion followed regarding whether to repair or demolish the stage and whether to maintain or reclaim the volleyball court.

Jeff led a discussion regarding fundraising, marketing opportunities, and techniques to build the membership base.

The members also discussed potential improvements to the website.

Craig discussed the annual survey. Members decided to add questions regarding social media. Members also discussed a desire to create a mini-survey to send to first-time visitors.

Thereupon, the members nominated a slate of current, duespaying members to serve on the Board of Directors. One member declined. The members whose nominations were seconded and carried are: Ralph, Jim, Craig, Dave, Chris, Mike, Brad, Webb, Riley, and Tom.

The meeting was adjourned at 9:35 p.m.

DON'T FORGET

Nov 2; Sun; 2-4; Board of Directors

Nov 2; Sun; 7-9; Sauna

Nov 14; Fri; 8-10; Sauna

Dec 6; Sat; 8-10; Sauna

Dec 13; Sat; 2-4; Board of Directors

Dec 13; Sat; 8-10; Sauna

Dec 28; Sun; 7-9; Sauna

We live in a society that outlaws nudity, yet holds college classes on stripping. Thus replacing something for fear of it being sexual... with something completely sexual.

- From a post on YNA's Facebook page by Melody Crystal

Scars - Inside And Out

It's true, both literally and metaphorically: if you live long enough, life will give you some scars. To some degree all humans are the walking wounded. The ones inside are easier to conceal. Those in the flesh are there for everyone to see.

It is no wonder we tend to wear masks. We give ourselves a sense of protection by covering our bodies either with clothing or a demeanor that won't allow anyone to get close. Either way, we cover the truth. We may think this allows us to go unnoticed or our scars unrecognized, but this works only so long, despite the energy wasted "looking good."

The paradox is the truth truly sets us free from the toxic power of the cover-up, We may try to keep secret whatever our hurt or shame really is. The fear and shame of discovery is always with us and drives us to ever more extreme efforts to guard the "secret." This is unhealthy, it is "crazy making."

Facing ourselves, exposing our secrets is the path to freedom and recovery of a wholesome appreciation of ourself. To keep our secret is akin to forever keep paying the blackmailer not to reveal what we are ashamed of. The obvious way of disempowering this dynamic is to choose to reveal our secrets. Done in the right manner and context, revealing our secrets allows us to learn that others do not shun or scorn us. This experience is liberating and enables us to get on with life with one less burden to carry.

We all are aware of the judgments of society which brings with it tremendous fear of disapproval. Naturist society is a counterculture, if you will, that rejects society's standard judgments. As the woman in this <u>excerpt</u> discovered, being nude on a nude beach made her feel more comfortable than she felt on a textile beach. It's that paradox thing again. [Ed.]

Our next beach trip was a little different; we went to a naturist beach... It is one of those things that were on my bucket list, something I wanted to try before I died. I had been to one once before but there was no one else on the beach and so this time, going on to a busy nudist beach was a challenge. I was really nervous, Timm and I went to a corner and slipped off our clothes and lay down quickly, giggling like kids. We put on our sunglasses and had a look around to see lots of nude people, some sunbathing, some sat chatting, some walking or swimming.

It was odd at first, I felt extremely self-conscious. But, after a while I realized there was such a nice atmosphere, no one was staring at one another. I felt no judgment, totally comfortable and really relaxed.

The beach was filled with men and women of all shapes and sizes and though you got the odd glance and smile, everyone kept to themselves and there was no judgment. It was a totally different feeling than being on a normal beach. Perhaps it is the fact that without clothes, we are all a little vulnerable. Or perhaps it is that being nude is a great leveler. Either way we loved the day and for the first time I felt great in my own skin and didn't worry about the sight of my scars. Isn't that a weird thing, I felt more comfortable with no clothes on, than with a swimsuit or bikini.

As a woman who is a size 14-16 with lumps, bumps and jiggly bits, a naturist beach wouldn't usually be somewhere

I would think of as relaxing, but it really was. My size wasn't even a thought and my scars were soon forgotten. The most attention I got was for my tattoos!

I wouldn't call myself a naturist now, I don't feel the need to be naked all the time and nor would I go out of my way to find naturist beaches, but I can say that a good chunk of the good feeling on our holiday came from our visits to the nudist beaches and I'm really happy to say that the experience has helped me on my way to accepting and loving my scars.

For more on this, go here.

Talking To Others About Naturism

It's something that eventually comes up for all of us. Either it's with someone we want to encourage to try naturism, or telling someone who discovers you go to "nudie" places and you try to make a case for your naturism. Sometimes you are in charge of the conversation; others you may feel defensive.

In any case, what's the best way to tell others about naturism? Lots of people have attempted to answer this question. A series on this subject has been published in *N*. In this case, I'm calling your attention to a <u>blog</u> called, An Outgoing Nudist – My Naked Life and Dreams and his recommendations for talking to non naturists.

He offers a ten point approach to discussing naturism. For the full article, go to the web site given below. [Ed.]

- 1. Ask them how they feel about nudity. The author believes knowing what people believe about nudity is critical to responding to them.
- 2. Tell them and explain to them why you like being nude at home and/or going socially nude with others. Everyone has the right to be WHO they are whether accepting or rejecting naturism. Working to understand each other's choices is essential. However, explaining your own motives helps others understand your choice. 3. Explain the difference between a true naturist and a swinger.
- 4. If you are comfortable with the person, explain that you enjoy being nude and you enjoy sex, but the true naturist appreciates that they are TWO separate things.
- 5. Never pressure anyone. Also, be a good listener.
- 6. Always answer any question they may have honestly.
- 7. Invite them to try being nude in any way that they are comfortable, whether home alone, with you, or at a "clothing optional" venue.
- 8. Make SURE they understand the way they look means NOTHING at a naturist club/resort.
- 9. That at any TNS or AANR affiliated club or resort, there NEVER will be anything sexual happening, and they will be safe. In the event they do encounter any type of inappropriate behavior, report it immediately and Management will take care of the offenders.
- 10. Naturists are normal, everyday people. The only difference is that they are comfortable in their skin.

These are all good points. Find more information here.

Development Strategy For Tourism

Here is an interesting <u>story</u> from Canada. Two towns are working together to develop a tourism strategy for their area. As it turns out, a very successful naturist resort is associated with one of the towns. While not addressed in the article, it appears that Bare Oaks Family Naturist Park has a working relationship with the community.

This is refreshing; so unlike the open hostility faced by Lake Edun. It makes one wonder what might have been had this history not occurred. Nevertheless, pressing forward with positive energy is what we must do. As with individuals, Lake Eden must make its own breaks using intelligence, courage, and patience.

Lake Edun is a beautiful setting. This is a huge asset. Another is the friendliness and quality of our members and regular visitors. I talked with a number of them this summer and they all commented on how much they enjoy their time at the lake. It's a place to unwind and recover from their everyday life.

The grounds have been beautifully maintained the last two summers by Dave our affable greeter and grounds keeper. We couldn't ask for anyone to represent the spirit of naturism and Lake Edun better than Dave. May he be with us for a long time to come.

We look forward to next year with anticipation of further growth and development. I hope all our members are similarly enthusiastic about next year and will pitch in to make Lake Edun even more a desirable naturist destination.

Turning now to Canada and the truly remarkable success of Bare Oaks, Stephane Deschenes is to be commended and, if possible, his business model copied. Who would believe that a naturist park in Canada of all places could draw 15,000 visits and have an estimated economic impact of \$1.1 million on their community? He is a great spokesman for naturism. His work shows what is possible. [Ed.]

Stephane Deschenes is the owner of Bare Oaks Family Naturist Park and is pleased to hear East Gwillimbury is funding a tourism strategy that will look to benefit businesses such as his. Tourism is an economic development tool that may have been overlooked in East Gwillimbury, since no tourism strategy is in place.

That is about to change with the help from the federal and provincial governments and the East Gwillimbury and Georgina chambers of commerce.

"Everybody seems to believe tourism is a good idea. But no one has put together a strategy," Bare Oaks Family Naturist Park Owner Stephane Deschenes said.

The strategy will have specific recommendations and action items, but the town will have no obligation to implement them. The economic benefits that stem from tourism are substantial and real. Deschenes said.

As an example, he did an economic impact study of Bare Oaks Family Naturist Park, a year-round nudist park and campground in East Gwillimbury. In 2012, Bare Oaks received more than 15,000 visits with an estimated economic impact of \$1.1 million on the community that year.

"That is not the money I make, sadly. But what I bring to the community," Deschenes said.

Considering some in our immediate community react to social nudity, this is refreshing. There is more information here.

The Art Of Life Drawing

Those who have chosen naturism as a way of life accept this fundamental naturist principle: the human body is wholesome in all its parts and functions. Furthermore, they believe men and women can relate to one another naked in a spirit of mutual respect. Naturists are well aware of human sexuality, but are fully capable of discerning it is but one part of being human. In fact our nakedness is a declaration that we stand before one another without pretense, and on equal terms without an audience gaze.

It is from this basis that mutual respect and friendship can proceed. Physical nakedness is actualization of our philosophy about the worthiness of the body. It is also a symbol of dropping masks, artifice, and pretense with each other.

As is indicated in the following <u>article</u>, those in the world of art also hold the body in esteem and turn to the nude model to hone their craft in a way not otherwise possible. Those trained in this manner learn to view the model as a means of learning how to draw, but also that mere nudity is neither automatically erotic, nor an invitation to sex. Instead, mutual respect comes from this creative process. It's unfortunate all college students don't have this opportunity.

Notice the comments of the art instructor about nudity only being sexualized in the last two centuries. Notice the comments of the model. She sounds like a naturist. The point is the practices and beliefs about the body are not exclusive to naturism. Perhaps few of the art students would ever consider social nudity for themselves. Likely, they never actually talk to a naturist, yet their attitudes toward nudity are changed by their art class experiences. They might be more disposed to contemplating of naturism than many others in society. [Ed.]

Nude modeling has been practiced for centuries. The life drawing professor said the reason the model is nude lies in the fact that much of human emotion is conveyed throughout the whole body and not just the face. "The purpose of the model being nude is not to look at them naked." Rather, "It's so you can understand what the anatomy is doing.

Nudity has become sexualized only in the last couple centuries, he added. "In fact in the Renaissance, the early Renaissance, the study of the body was the standard way to understand what it is to depict the person because you want your art to be recognizable,"

The model, Jenny, observes, "I understand that people don't understand it. I know they can have reservations, but it's very professional." Echoing her, the instructor stressed ensuring his students understand how to behave in the presence of a nude model which is incredibly important to him.

He adds, "I've never ever been in any class, whether I was a student or a teacher, where anybody's had a transgression in any way of that sort."

Jenny gets the opportunity to view the students' rendering of

her. She said it's been a great experience for her self-esteem.

"It really has helped my confidence," Jenny said. "I usually walk around and check out [the paintings], to see which ones I like. Most people get a good likeness of me, especially the people who are really experienced."

The instructor said nudity is natural and should be treated as such. "We're all born naked – it's very natural."

Right on professor! [Ed.]

Additional information can be found here.

Would You Sunbathe Topless?

Sounds like a silly question to ask naturists. However, it wasn't a question asked of naturists, but rather of the public at large in the pages of the September issue of a leading UK women's <u>magazine</u>. Since European women have been sunning top-free for over fifty years, it's a wonder such an article would interest an editor.

It just goes to show the depth of the body taboo in Anglo-Saxon England, and by extension in America. In these lands the female breast reigns supreme in its symbolism for all that is sexual, naughty. Hugh Hefner asserted his work liberated women. The opposite and unintended effect was to more deeply ingrain the breast fetish, helping make women more insecure with their non-Playmate bodies.

So it is that a writer tells of her "coming out" on a Spanish beach to bare her breasts and sunbathe. She is very positive about the experience and the new awareness the topfree week in the sun gave her. Nothing short of this experience could have had such a life changing impact. [Ed.]

She and a group of female friends attended a music festival in which European women feel very comfortable having their breasts uncovered. She wonders why Brits are so unlike their European counterparts in this regard.

Perhaps inspired by the moment she and a number of them decided to spend their sunbathing time topless. She recounts that it was a mixture of the relaxed atmosphere and a desire to rebel against the sexualized taboo that surrounds boobs in our culture. That's when the transformation began.

"Going topless on the first day was a feeling similar to taking off a plaster after it had healed its wound. Once removed, you're displaying a much paler part of your body. But then you become accustomed to the breeze on your skin and you realize how nice it is to have liberated yourself from a wet bikini. My fellow topless sunbathers all agreed that it made them feel more comfortable with their bodies, not less. We were united in feeling that it demystifies boobs, too. We were neither staring at each other's bare chests nor looking away from them. We were simply getting used to them as part of our natural bodies."

Two in the group told her they were embarrassed because of their size of their boobs. Another said she saw her boobs as a private and sexual thing she didn't want to be seen by 'everyone' – both reasons echo our overly sexualized culture. Her description of her realization of what going topfree felt like is priceless: "Going topless was a feeling similar to taking off a plaster after it had healed its wound"

She notes that in the UK and the US there is a strong relationship between the media and boobs. We're accustomed to seeing boobs on page 3 and in lads' mags as though they're the latest winners of *X Factor*, but never as simply part of the female body.

Another telling insight the writer discovers is that women are taught to think that having our boobs out is not something you do casually for you – it is done for others. What's worse is we too contribute to this by being self-conscious about our bodies, and obsessing over the ideal we must attain.

All of this is part of a larger body dissatisfaction problem in society. She says she doesn't think there are many women in Britain who have never experienced anxiety surrounding their body. Whether it's a bum/pair of boobs/set of legs, we are constantly trying to fit a very narrow definition of perfection. Her conclusion, "All I can say is that during my week in Spain, all of my anxieties vanished with my bikini top. I really didn't care."

She wishes it could be the same at home, and says that if the predicted heat wave does arrive, she's going to sunbathe topless on Hampstead Heath. To be continued ...

Official (!) Naked-friendly Trail

This must be a first for the United States. A small portion of a New York state park is nude friendly due to the circumstances of how the land was donated to the state. Still, this is quite a story even if I will probably never visit. [Ed.]

I haven't counted exactly how much but a good share of our blog posts is about hiking. This one is special because it is about a trail that is officially designated for nude recreation!

Yes, there is one (hope not the only one!) – at Split Rock in Mohonk Preserve, New York! I heard about it from Young Naturists America, as they organized a couple of outings there; you can also read about their correspondence with the park officials as to why there is no information about this trail on their website. The bottom line is that this is private land, and one of the conditions of the owners to give it for public use was keeping its tradition of skinny-dipping. Well, if only more land-owners were like that!

Unfortunately, clothing is only optional behind the actual Split Rock formation (the name speaks for itself – it's a split rock with a creek and small waterfall in the middle), and the nude-friendly trail is just about 10 min walk of easy hiking.

I had a bitter-sweet feeling about this place. On the one hand, it was exciting to finally find an official place for naked hiking. On the other, it also seemed unfair to not include the main attraction in the clothing-optional part. Come on, if you decided to give ONE single trail of a huge preserve for nude recreation, can't you give at least this one entirely? Nevertheless, I was happy to see this sign – I could get naked in the forest, 'as nature intended', without worrying about rangers.

The entire story can be found here.

How Do Women Feel About Social Nudity?

From the very beginning of the nudist movement, including women has been a priority. It is rightly recognized naturism has no future without a fair representation of both genders.

Naturism was born in an era when Victorian sensibilities were the default standard for behavior throughout the Western world. While greatly diminished today, this past influence is easily detected heavily influencing the public square. Our legal code has changed little over the last 100 years regarding what is prohibited in public. Witness the

recent dust up in Topeka after a lone individual walked along a street naked.

The public outcry reinforces the nudity taboo and attempts to strangle any vestige of public nudity. No doubt this negative impetus will reverberate throughout the region causing most people, male and female, to be further deterred from any consideration of social nudity.

The following excerpted essay attempts to tease out factors that place disproportionate barriers before women who may be asked to consider social nudity. You are asked to read the full essay and even follow this blog. [Ed.]

In our society, nudity is regarded as risible, awkward, or uncomfortable,

at best – and scandalous, shameful, embarrassing, or disgusting at worst. Consequently, people who hold a contrary view – that nudity is wholesome, enjoyable, and life-enhancing – have no choice but to speak up. This includes men and women equally.

Women who have tried social nudity at trusted, safe locations, find it just as pleasurable as men do. This includes traditional naturist/nudist resorts and clubs.

An article in a national magazine recently puts this issue squarely in a feminist context – and the feminist attitude (in this case) is: enjoyment of nudity, free from both male preferences and harassing behavior, is a woman's right as much as it is a man's. In short, nudity is something feminists can affirmatively support – as long as they have a say.

Many people seem confounded by expressions of female nudity that are not sexual – because, isn't titillation the whole point of women's nakedness? The real question about female nudity isn't why anyone would want to show or see women's breasts if they're not titillating. The real question is about who has the right to say what they're for, where and when they can be seen and by whom. That's about power.

What woman want, but often don't have, is *control* of their bodies – equally as much control when their bodies are partly or fully naked as when they aren't.

Having control is not an abstract issue for women who have discovered they enjoy nonsexual nudity, and want to have as much freedom as men to live their private lives, *sans* clothing, when they choose. It's an everyday concern.

Adult women in our society also feel a lack of control over their lives, even more than men. This is true at least as much where nudity is concerned as in most other ways. So is it any wonder open nudity is a problem for most women, even in "safe" places like Lake Edun, or their own homes?

[P]eople who hold a contrary view – that nudity is wholesome, enjoyable, and lifeenhancing – have no choice but to speak up. This includes men and women equally.

Naturist/nudist places are different, of course. Or at least, we'd like to think so. But how is a woman who might consider trying such a place the first time supposed to know that? Isn't it likely she's going to have concerns about safety? This may include physical safety, but also safety from adverse judgments about the appearance of her naked body? Perhaps there may be concerns for safety from unwanted sexual attention? Or safety from adverse judgments of non-naturists about her "morals" if it becomes known she enjoys nudity?

Concerns like these all chip away at the amount of control a woman has in choosing to be naked, even in an environment of nonsexual social nudity. Naturists generally

take great care to protect everyone's safety in naturist environments. But these efforts can't do much to overcome the negative attitudes and prejudices from general society.

Shame is "a painful feeling of having lost the respect of others because of improper behavior, incompetence, etc. of oneself or of someone that one is closely associated with." Thus, any risk of shame in connection with nudity is certain to have a negative effect on anyone's ability to enjoy nudity – especially so for women.

Contrary to the author's assertion, not included in this excerpt, researchers have asked female naturists about their introduction and continued participation in naturism. Hartman, Fithian, and Johnson in chapter 10 of their 1970 study published as *Nudist Society*, questioned many women about being naturists. Many extended quotes from these women were included. They documented the positive reasons for being naturists and their enjoyment of the practice.

As always, the personal experience of naturism is the true litmus test. It moves a person beyond the theoretical to the actual reality. Most discover the accepted "taboo" does not stand the test of experience. Given all the barriers suggested above to be overcome, we commend naturist women everywhere for their courage. [Ed.]

Body Acceptance Is Only A Beginning

The blog, <u>Mojonude</u> caught my attention with this short plea to naturists. I strongly agree with what the writer says and have expressed similar views in Bare Facts over the years.

The concern for health as a crucial element of naturism has largely been lost over the years. Recreation, relaxation, and body acceptance have dominated the naturist talk for decades. Laudable as these purposes are, it does rob us of a vital part of early naturism.

Early German naturists decried the dirty, polluted cities newly urbanized Germans were crowding into as unhealthy and sapping the strength of the German people. Their response was to place naturist parks in the country with fresh air, often a vegetarian diet, and daily exercise to restore health and vigor to people.

Lake Edun has a wonderful lake in which to swim and extensive trails to walk. Both activities are delightful and beneficial to health. While participation in these activities is voluntary, think of being at Lake Edun as your own health club with sun, water, and clean air abundantly available to improve your health as is sauna in the winter.

So, the next time you go to Lake Edun think of it as one more good thing you are doing for both your peace of mind and improving your health. [Ed.]

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Larry Darter's article *Roots of Nudist Culture* reminded me that many of my own ideas about naturism are grounded in the ideals, concepts and philosophies of the Nacktkultur and Freikörperkultur movements of the early 20th century. There was an emphasis on fitness and health that seems to be generally lacking in nudism today.

It seems that in the last 40 or 50 years, the emphasis shifted from health and fitness to body acceptance and nude recreation. There is nothing wrong with body acceptance and nude recreation. There is a need for body acceptance and nudism should be fun. However, body acceptance is a beginning, not an end in itself. Many people mistakenly equate body acceptance with body satisfaction — "I accept my body as it is and I'm okay with it. I don't need to do anything else." They accept their body and go no further. We need to accept things as they are but if we can change what is for the better, it behooves us to do so.

I'm not advocating a return to group calisthenics at the crack of dawn or anything like that. Nor am I advocating nudists strive to achieve some impossible aesthetic ideal of "looking good naked." I'd like to see more emphasis on health and fitness, promotion of nudism, naturism as a healthy lifestyle and more healthy alternatives offered at nudist venues.

Learn more about body acceptance <u>here</u>.

Lake Edun Foundation, Inc. **Membership Application** P.O. Box 1982 **Change of Address Form** Topeka, KS 66601-1982 Please Print Name: First ______ MI ___ Last _____ City: _____ State ____ Zip _____ Phone: _____ DOB ____ E-mail Address ____ All information provided is strictly confidential. If you are joining as a per year may deduct \$50. One subscription to our newsletter Bare Facts couple, include names for both people. If you are a couple not living is included with membership. A subscription only to Bare Facts is available for \$20.00. New members will receive a Waiver and Release together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one which must be completed before membership is finalized. Visitation female.) Those willing to assist with upkeep a minimum of 10 hours restrictions apply to Associate Membership. **Membership Fees:** Single Couple Amount 275.00 350.00 Lake Edun Foundation Membership Working Membership (Discount) (50.00)(50.00)Associate Member (Over 125 miles away) 175.00 250.00 NUTs Membership (Must be under 30) 75.00 Separate Mailing Address for members 12.00 No Sex, No Violence ... Only Nudity First Naked Plays - DVD 25.00 *Lake Edun Exposed* – DVD or video 45.00 Naturist Society Membership 60.00 Subscription to *Bare Facts* only 20.00