# Bare Facts

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Box 1982; Topeka, KS 66601 ● Voice Mail: 785-478-BARN ● e-mail: benude@lakeedun.com ● Website: www.lakeedun.com 38° 58′ 7″ North; 95° 47′ 56″ West

#### **Report From The Board**

If "perfect" could be captured in the weather, this Kansas Fall would be in the running. We have seen beautiful sunny days and cool crisp nights. Our special place reflects the change in seasons. We enjoy a splash of colors: Red, green, orange, and yellow ... everywhere one looks, we see color. Soon, it will blanket the trails and meadows.

An update on the bees, beaver and muskrat problem we have reported on for the past few months. The bees appear to be solved. Most are gone and we expect the few remaining bees to leave once Winter arrives.

One of our NUTs members volunteered to address the beaver and muskrats. Already we see that the beaver have removed some of our new trees. We hope to get this problem under control before they make a indelible and undesirable mark on our special place. If you would like to volunteer to assist with this project, be sure to contact us.

Last month we described our work days and how important they are to our operation. Deliberately, we did not add them to our schedule. Rather, when we knew the weather was right, we sent emails to our supporters. With only two work days, we have completed nearly all tasks to prepare for the coming cold weather. Thank you to all who assisted. If you do not receive our periodic emails, be sure to contact us.

Looking forward to the new year, we will need a new weed eater and also a new hedge trimmer. We say this now in the event any of our supporters happen to have one they no longer use. They should be either gas or battery (18 or 24v) powered and in serviceable condition. Remember, all donations to LEF can be tax deductible.

Some reminders: Once again, it is time to change our lock. Members will find the new combination enclosed. We hope all of our supporters will save their aluminum during the winter months and bring out bags of aluminum in the Spring.

Looking back on our season, we appreciate all that our supporters do and wish them the best until next summer.

#### Sauna Season Has Started

We held the first sauna of the season on Saturday, September 24. It was a good group of sauna enthusiasts who initiated this season. Looks like we will have a dedicated group vying for the distinction of jumping into the lake every month of the year.

Be sure to check our schedule and experience the relaxing pleasure a sauna can bring. We also announce these in our periodic emails. It's another reason to be on that list.

It appears we have plenty of burnable material for the season. However, most of it is fiberboard which burns hot but quickly. Some 2x4's would be wonderful to provide a more consistent heat. If you have any scraps of 2x4, please bring them with you on your next visit.

#### **Halloween Party Planned**

Few organizations can boast of a Halloween celebration that compares to the one we have planned. Festivities will begin at the conclusion of the business meeting on October 29. We will enjoy a pot luck dinner, and a large hot tub.

Our (g)host will provide pop, chips, dip, paper plates, napkins and plastic-ware. Eduners provide their favorite dish for the pot-luck, refreshments and, of course, a towel.

Members will find directions enclosed. If your membership in LEF is not complete, use the form in this issue of *Bare Facts* to complete it so you can participate in this event and the other winter activities we have planned.

This is a wonderful setting to celebrate Halloween and will be a fun evening. If you missed last year, don't miss again!

#### **Annual Meeting Scheduled**

Volunteers have met twice so far to make preparations for our annual meeting. We hope you are making plans to be there. You are sure to find the fantastic facility interesting and the host gracious. And, a relaxing soak in his hot tub is incredibly relaxing.

As required by out by-laws, our annual meeting will be held on Saturday, October 29 after our Halloween Party. We will review our operation for the past year and get member input about what they would like to see in the future. We will also elect a new Board of Directors. Those attending will learn more about our operation and can make suggestions for the future. We hope you will come with ideas and suggestions.

All Eduners should consider a position on our Board of directors. A listing of Board responsibilities appeared in the September issue of *Bare Facts*. Take time to review it and decide how you might make a meaningful contribution to our continued success. The dedication of individual board members who assist with their time and energy enables us to provide a wonderful program and facility for our members to enjoy at a reasonable cost. If you are interested in a Board position but will be unable to attend, please contact us.

This meeting will mark the end of another great season for us. Each year our special place seems to become even more beautiful. Members will find directions enclosed.

#### DON'T FORGET

Activities designated HN are sponsored by Heartland Naturists

Oct 8; Sat; 8-10; Sauna

Oct 15; Sat; Sauna

Oct 21; Fri; 8:30-10:30; HN Swim

Oct 29; Sat; 6:30; Halloween Party; Annual Meeting

Nov 5; Sat; 8-10; Sauna

Nov 6; Sun; 1-3; Board of Directors Nov 18; Fri; 8:30-10:30; HN Swim

Nov 20; Sun; 8-10; Sauna

#### **Our Little Bit of Paradise**

by Tom Tweddell

Good things sometimes come from unexpected places. A couple of years ago I had a fairly good running program going for the first time in my life and I was getting in better shape than I had for quite some time. A hernia operation and a divorce interrupted that progress and this summer I found myself glued to the sofa with a mental block against running.

Every evening after work I would say "I should get out and walk or run" closely followed by "mañana." At some point I decided I HAD to do something different.

I had heard of Lake Edun but when a local magazine published a short article and gave the address I got motivated. I had a destination. It was definitely "something different."

After a little trepidation I prepared a lake bag/cooler and headed out. While I had "skinny dipped" for quite a few years in my youth I had never belonged to an organized group. I was in for a real treat.

Naturists are very accepting and friendly folks. That youth and in-shape thing was a long time ago. I also found a beautiful environment with well maintained grounds and trails that were a pleasure to run on. I even experimented with barefoot running that is experiencing a resurgent popularity.

It is great to run barefoot bare on well trimmed trails. I know of no other venue where I can do this (the barefoot part) and trust the surface not to have glass or other debris. After a run I can run right into the lake to cool off and I usually take one of the canoes for a turn around the lake to get a little upperbody workout. This is another flash from the past I had missed. These are always available on both beaches.

Yes, I am gradually getting in better shape (it doesn't happen overnight) but the main benefit is the boost in morale and confidence. My mood and self-esteem have taken an upswing. Being in sales the result is more relaxed and confident customer relations. It is a great way to relax after a work day and I find I get am a lot more productive at home. No more sitting on the couch avoiding tasks.

I see people everyday who seem bored with their lives and I think how they could benefit from such a positive experience. One lady well into her eighties told me she was recovering from a very long illness. She said from this she had learned "if there is something in life that you want to do you should just do it lest you lose the opportunity." I told her about my Lake Edun experience. Her eyes got wide for a moment, and then she said "Well, good for you." Who knows, maybe I'll run into her at the lake some day. [We hope so.]

While I have met some very nice folks there I am always amazed that there aren't dozens more enjoying the beautiful grounds and the relaxing clothes-free environment. It has helped put me right with the world.

#### Items We Need

Please see our website at lakeedun.com for more details.

- Non-motorized boats
- Concrete pavers
- Lawn or lounge chairs
- Aluminum cans, etc
- Large water storage tank
- Plastic barrels

#### Reader Reaction: Did Jesus Rise Naked?

By Darrell McAtee

[This is a reader comment in response to our September article, Did Jesus Rise From The Dead Naked?]

Jesus was nude when he rose from the dead, but that was not the only time. At the last supper for foot washing, Jesus removed his linen clothe so his feet could be dried and again when he returned to heaven, "it is written."

Why do we stare upward? This same Jesus will return in same fashion. We know for a fact Jesus did not spend time at the mall buying new clothes. He was busy about his Father's work and he soon returned to heaven.

Also, doubting Thomas, could not believe Jesus rose from the dead so Jesus told him, "Put your hand in my side." Jesus could not have done this if he was wearing clothes. Sure, you could have seen the spear wound through the clothes but unable to touch it.

Though sight and touch, Thomas knew Jesus was alive and this was the same Jesus he had seen nailed to a cross a few days earlier. Not through clothes but by Jesus' body. "Yes" nude body. The same body he helped bury.

#### The Future Of Naturism

Over the last few years there have been highly publicized laments about the "graying of naturism." Dire predictions about the demise of our favorite lifestyle during the next decade were given. Publicity was given to various attempts to attract young people to try naturism. Over all, fear and dread for the future was the theme.

Certainly naturism won't be "saved" if nothing is done to promote it to a new generation. The solution eluding most of those looking for a silver bullet that would save the day may well be coming from those most directly involved – younger people themselves.

No doubt there is no one solution that will bring about a renaissance to the naturist movement. Many solutions from around the country and around the world, some already discovered, others awaiting a spark of creativity or a favorable societal wind to bring them to light. In any event, a group of young adults in South Florida seems to have found an idea that works for them. Fortunately, Sunsport Gardens in Loxahatchee, Florida provides the incubator for their growth and development. Check out their web site at: http://www.floridayoungnaturists.com/

I think you will be encouraged by what you see. [Ed.]

The Florida Young Naturists (FYN) are a network of young people throughout the US, ages 18-30.

The goal of this site is to invite and inform young people about naturism. Naturism promotes freedom and body acceptance. It's saying to one's self, this is my body, I am not ashamed of it. The freedom of being nude in nature and in the elements brings one a child-like feeling.

Naturism is a beautiful way of life that can be enjoyed at locations across America and the world. Lucky for us, Florida is a particularly great climate to practice this natural lifestyle.

#### From The Mail Bag

Dear Lake Edun,

Hi, I hope you are all doing well. I will be sending the rest of my membership fee, and I'll be making my first visit in October. I'm looking forward to meeting you all, and being part of the Lake Edun family. I will also send a donation.

- Kevin

Dear Lake Edun,

Just saying thanks for the [email] updates. It's like hearing about things from home.

- Dale P.

Dear Lake Edun,

It is great to read about how others live and how they feel about this lifestyle. To answer the question, "Are you a home nudist, too?" Yes, I am. I have gone to Lake Edun and really enjoyed it and I enjoyed meeting people out there too. But, I live on a disability check that seems to never go far enough.

I live in a small apartment here in the city. When I am in my apartment I am nude all day long, but when I go outside to the store or anywhere else, I put on clothes. I do not like that fact. I wish I lived out in the country. That would be great, walking around nude all day, feeling the fresh air and sunshine on my body, like it was meant to be in the first place.

I agree with Nudedude. If nudity was legal, people would have fewer hang ups. We say we are free here in this country, but we are forced to wear clothes for no reason at all. What is the logic in that? We were born nude. Why not be free to live nude, too? Ain't this a God given right too?

The body is a beautiful thing and shouldn't be hidden away. If nudity was more open and legal, I and others like myself, whether male or female, would not have to worry about money to go to places where we can be nude. We could do it anywhere.

- Darrel

## **Danes Not So Tolerant Of Public Nudity**

There are no laws in Denmark preventing people from taking off all their clothes and sunbathing, swimming or strolling naked on the public beaches. Despite this legal good fortune, the acceptance of public nudity has fallen on hard times. Surprisingly, most Danes would prefer not to see bare breasts and burns at the beach.

According to a new opinion poll, the majority of Danes think public swimming and sunbathing in the nude is rude. Even more concerning, a majority of the youngest people in the population think it should actually be outlawed.

Just 32 percent of young Danes between the ages of 18-29 said they thought men should be allowed to swim and sunbathe naked at public beaches. Just slightly more – 40 percent – supported a woman's right to swim and sunbathe in the buff.

For the population at large, just 24 percent approved of nudity for both sexes at public beaches.

According to the co-chairman of the Danish Naturist Association, the reason so few Danes approve of nudity at the beach – even though it is legal – is because society is too focused on sexuality.

"Nudity is almost entirely used as a signal for something sexual in the media and advertising," he said. "That can lead to people saying no to being fed even more sexual hints and suggestions than they already are."

Rules about where people can go nude or not would be overkill, but he agreed that a little self-selecting signage could spare the clothing-clad from being disturbed by unwelcome sights of bare bums and such.

One possible solution would be "...for councils to signpost the nudists to use one end of the beach. That way, anyone who has a problem with nude sunbathers can go to the other end."

For so many years we have had to listen to both Europeans and some Americans looking down their noses at the provincial and prudish Americans. Now we keep reading stories here and there from Europe that tell a different story. For example, seeing topfree women on French beaches is now a lot less common. Perhaps the vaunted tolerance for nudity was overblown, or perhaps the times, they are a changin, to borrow a Bob Dylan line.

If so, what's behind it? It was speculated that in France the presence of so many immigrants from North Africa may be influencing cultural attitudes. Perhaps so, but it's hard to say. Certainly it isn't the influence of the historic Christian churches and their 5% of the population.

As for the explanation forwarded by the Danish Naturist Association co-chairman, what's his evidence? It may be true that Danes are rebelling against the tawdry and blatant sexualization of everything in their media. Perhaps they are fed up with the (in)famously massive amounts of pornography that has come out of Scandinavia and Western Europe for decades. No doubt they are now sickened by sex. Sadly, we may be witnessing the last generation of Danes. Or maybe not.

It is certain that culture isn't static, but is naturism in Europe going to find itself in a crisis in the next decade? Perhaps it's just the passage of time and the fading of the original ideals and purposes that impelled naturism in the first half of the 20<sup>th</sup> Century that is to blame. It's a truism that institutions that don't reinvent themselves periodically, lose relevance and cease to exist.

The stagnation of naturism in the United States is self evident. That doesn't mean that those dedicated to historic naturist ideals aren't grappling with this problem. It's just that no one has figured how to either hitch the naturist wagon to a friendly cultural trend that will lift it out of its ghetto, or to create a bandwagon that huge numbers of recruits will join.

Fortunately there is no slogan that says, "As Denmark goes, so goes the world." [Ed.]

Go to: <a href="http://www.cphpost.dk/news/national/88-national/51878-not-as-nude-as-reputed.html">http://www.cphpost.dk/news/national/88-national/88-national/51878-not-as-nude-as-reputed.html</a>)

#### **TopFree Sunbathing Is A Moral Threat**

What's this world coming to? Now women can't be topfree on New Jersey beaches! A New Jersey judge worries about the decline of morals in his state says so. This is what comes from the state that has given us Jersey Shore, the crème de la crème of cultural enlightenment?

If exposed breasts had such power to ruin a whole state morally, a moral God wouldn't have created women to have them. After all, you can get dairy in any store. [Ed.]

A New Jersey court has ruled that there is no constitutional right for women to expose their breasts in public. According to the judge, they are inherently indecent.

Enter New Yorker Phoenix Feeley whose breasts have run into the law before, and was arrested twice in 2008 after refusing to put on a shirt while sunbathing at a New Jersey beach. She appealed the charges, arguing that if a man can walk around shirtless, a woman should be afforded that same right.

The judge argued that her exposed breasts were a threat to "the public's moral sensibilities."

Just because a woman wants the right to be topfree at the beach, it doesn't mean that there are hordes of women wanting to go grocery shopping topfree. However, at the beach, as was the case in this particular situation, it is absolutely the cultural norm to strip down and wear swimsuits that in some cases barely conceal a woman's nipples or a man's testicles. This being the case, the notion of a woman sunbathing topfree is by no means unreasonable. Rather, it is fair. If you've ever sunbathed topfree where it's permissible, you know this. Once the momentary first-time weirdness passes, it is wonderful.

As soon as you take off that swimsuit top, you realize just how unfair it is that you ever had to wear one at all.

Go to: http://jezebel.com/5840395/court-rules-that-topless-sunbathing-is-a-moral-threat

### **Looking For A Place To Feel At Home?**

If you are a traveling naturist, nationally or internationally, don't have a lot of money, or just want to meet the folks, this story is for you.

This is a new one. CouchSurfing is a social networking Web site whose members make their homes available to travelers for free. For example a couple of German students drove across the United States without paying for nearly any of their accommodations, while staying overnight in 20 cities.

The thing of most interest to naturists is that those looking for a nudist-friendly environment have a variety of groups from which to choose — not just Clothing Optional, but also Naked at Home, Freedom for Nudity, Nudist Lifestyle and nakedveganpotsmokingcyclists, among others. By designating their homes as nudist-friendly spaces, members of these groups provide travelers with temporary havens from the tyranny of fabric and public nudity laws.

CouchSurfing has been in operation for seven years globally. Membership has soared to more than 2.8 million, up from 4000 in 2004. However, 1,100 people belong to the Clothing

Optional group. Their goal isn't to cater exclusively to naturists, but to "create inspiring experiences." Naturally, CouchSurfers have to be open-minded, and in fact many of the guests follow the hosts lead in getting naked.

Check it out at: <a href="http://www.nytimes.com/2011/09/01/garden/">http://www.nytimes.com/2011/09/01/garden/</a> nudists-open-their-homes-to-budget-minded-travelers.html?\_r=3&pagewanted=all

#### More California Angst

In a city in which naturists just to keep a few acres of private property available, nudists in San Francisco seem to be living on another planet. By that I mean nudists in San Francisco can go about nude in public, including public streets and restaurants. The problem that has local officials and the public alarmed has nothing to do with nudity, but rather nudists not placing something under them while seated.

In a city where almost anything goes, there is a movement afoot to come back a bit from the edge.

San Francisco Supervisor Scott Wiener is pushing for a city law requiring nudists to cover public seating before sitting down as well as to put clothes on before entering restaurants.

Nudists outraged about having to put a towel down before they park it on a seat at a sidewalk café operate under the assumption their rights are absolute.

You'll notice no one is saying outlaw public nudity in San Francisco. The problem of the slippery slope in this case isn't government regulation chipping away at rights. By abandoning common sense etiquette nudists are bringing it on themselves.

http://www.mantecabulletin.com/section/38/article/27021/

But Wait! Here's the rest of the story. http://blogs.sfweekly.com/thesnitch/2011/09/take\_your\_clothes\_off\_nude\_in.php

The supervisor's proposal to sanitize public nudity has given San Francisco's exhibitionists more reason to strip down and go au natural. (Exactly where is this prejudicial label established as a fact that accurately describes the motives of the nudists? [Ed.])

A group of nudists are planning to take off their clothes at noon on Saturday, Sept. 24 on the Castro Commons and hang out—literally—for a few hours for a Nude-In. The goal is twofold: First, the bare-skinned men want to try to "normalize public nudity" and moreover, they want to protest the proposal which would force naked people to cover up a little more when they are in public.

Earlier this week Supervisor Wiener rolled out legislation that would require nudists to cover up when they enter a restaurant, and to place a towel, napkin, or perhaps a newspaper down before sitting anywhere in public.

A nudist spokesman says they aren't offended by Wiener's plan – he's all for sanitary nudity. However, he believes the goal is ultimately to draw attention to the issue of public nudity and ban it altogether.

Come on folks. Would a politician be that sneaky, underhanded, deceitful, and downright conniving? [Ed.]

# Where Are The Naturist Females?

In the naturist blog world, ladygod1va is one of the most thoughtful, and confidently passionate about naturism of any on the internet. What makes her stand out above the others in my estimation is that she leads by example. She documents in photos of herself living a naturist life. I admire her down to earth courage. Go to: http://ladygod1va.wordpress.com/

A couple of years ago she went public with her pro nudity performance art demonstration on the fourth plinth in Trafalgar Square in 2009. While there, she debated and educated the crowd about body acceptance and the virtue of simple nudity. You can view a clip on YouTube at: http://www.youtube.com/watch?v=sh6YpuOI04Q

Ladygod1va says she has been a naturist since her late teens, but while a lot of naturist men are in the public domain online, females are hard to find. Because of her unique outspoken public advocacy of naturism, many have asked her to comment on why there aren't more women in British naturism.

From the earliest days of naturism the effort to achieve a gender balance in social nudity has been deemed key to the acceptance and expansion of the movement. The ability to involve women in naturism continues to hold this crucial position.

Ladygod1va offers her perspective on this pressing concern which will be summarized here. I encourage you to go to her website for her full analysis. While there, look around. There are a lot of good things to enjoy. [Ed.]

I do not claim to be an expert but being a female I feel I can shed some light on this. There are some people who have deeper understanding and may relate this issue with some social or demographic reason, I am unlikely to be able to write something as serious as that, but I am entitled to my opinion and this is what I think.

**UK Attitudes.** Noting the frequency with which British tourists will be nude abroad, but not at home, she suggests that its, "... probably the social pressure where the friends and relatives do not approve of nudity and we are not able to argue the case with everyone...Nudity is not seen as a respectable activity even if it is acceptable for the most influential females or celebrities to be caught nude on holidays. This is obviously double standards, one rule for home and another when on holidays."

**Sex.** "...a lone female doesn't need to use naturism to attract a sexual partner and even if she is a naturist in her private life, she doesn't need to be open about it in the social media because to do so would invite criticism and unwanted attention."

Having said this, there are obviously men who just wish to be in mixed sex company and if they don't have their own partner they appreciate the company of other females. This adds up to the imbalance of numbers.

**Shame**. A critical problem pointed out is that naturists avoid disclosing their identity in social media and in their private lives out of fear about public opinion, or being judged by friends/family. She suggests that naturist women don't disclose their naturism on social media to avoid unwanted advances by men.

**Sexy Females.** Another source of confusion comes from an unexpected source. "Females who hide under a false id and get a kick out of their sexual contact with others do not help the

situation. It leads men to believe females who identify themselves as naturists/nudes are open to sexual kicks and mistakenly treat naturist women the same way..." Naturist women who do declare their naturism are put off by this from men.

No Need. This is probably the biggest reason why there are very few naturist females in public. Females do not need to go nude all the way to enjoy nudity. Because we as females are able to dress up or dress down and still enjoy a level of nudity/freedom in normal places, there is no need for us to go to a designated naturist place. For example, on a beach; if a female wishes, she can go topless in most areas.... In addition to going topless, like me, other females are quite happy to wear a small thong that covers no more than 2 inches of the body. ...So if a female or a group of females can do this on a normal decent beach, why would they wish to go out of their way to a naturist beach that very often is out of the way and has no amenities....

**Fear.** Females don't generally want to upset the balance of their environment, they fear that they will be judged as sex mad if they are the first ones to do something that might be controversial, even going topless as I have explained above. So it takes one woman to set the trend and others then follow....

**Fashion.** Finally, Fashion. Men see it as 'erotic' whilst women see it as 'feel good' more than erotic. It is much easier for the females to use fashion to feel good, maybe sexy, (I don't mean take me I am yours kind of sexy!) and maybe experience the enjoyment and freedom of being nude or semi-nude...Fashion lets females feel free and good about themselves....

**Conclusion**: The society allows females to enjoy a level of nudity through fashion or because of their unthreatening female form. This means that there is less of a need for girls to be activists for naturism than men....

Ladygod1va puts her finger on a very important societal consideration. In general, men around the world are socialized to objectify women as sex objects. Equally, women are socialized to be aware of this fact. This creates a need for women to be guarded in every encounter with a man until his intentions are clear. Women can't be expected to drop their caution upon hearing of naturism. All of their upbringing screams at them to not trust the claims that naturist values promote equality between the sexes and the wolf has reformed his ways.

As Ladygod1va says, "If she is seen only as a sex object, then there is every need for her to cover up for safety...."

"If this helps you to understand any of my views, I am very happy, I may not be right, but I am honest and open about my views and identity, which is lot more than vast majority of social media users."

As Ladygod1va says, these are just her observations, not a scientific study. In any event, they are worthy of consideration, especially as they are a woman's point of view. That is refreshing in itself as almost all naturist writing is done by men and mainly consumed by men trying to figure out how to interest women in naturism. What's with that?

Yeah! What's with that? I find no lack of writing by women on almost any other subject in which I have an interest. While there are many thousands of women in naturism, somehow very few of them lend their voice to the discussion in writing.

I can point to a handful of women that prominently declare their love of naturism on the internet. Another handful have done scientific research and published books on the subject, while a few others have written positively of their personal experiences and reactions to social nudity in book form.

One of these, Susan Stanton in her 2000 book entitled Naked, writes of her discovery of social nudity. She observes that, "Nudists are able to overthrow the nearly irresistible force society uses to pressure individuals, which is the intangible standard tow which we compare others and ourselves. This incompatible notion affects how we reason and make assessments. Indeed, society's ideal body image is a symbol of the impossibility of what one should be and what one never will be. This concept usurps our culture, favoring capitalistic society, with the individual paying a high price."

In her concluding remarks she says, "There is nothing mysterious about the human body. It is the human attitude toward the human body that is mysterious and bewildering." How very true.

While not writing about social nudity, John Gardner in his book, Self Renewal offers an insight into the general reluctance to consider social change. He says, "...the thing that is really blocking self-development – the individual's own intricately designed, self-constructed prison, or to put it another way, the

individual's incapacity for self-renewal." He adds that societies have, "...developed defenses against new ideas – "mind-forged manacles," in William Blake's vivid phrase. "

However, Gardner also stipulates that people have a craving for independence, and that, "The creative individual has the capacity to free himself from the web of social pressures in which the rest of us are caught."

Psychologist Sidney Jourard in his book, The Transparent Self, observed that, "A given culture offers its denizens a design for living that includes valued goals and specification of means for reaching these goals." He then adds, "...a given culture may require people to avoid behavior which, if engaged in, might yield rich gratification." Exactly!

Later Jourard observes that, "If a person is proud of his or her body's appearance, nakedness will not be much of a threat. If a person is not ashamed of his real self, then disclosure of self should not be highly threatening either...The initial shyness in the presence of another's nakedness may change to frank acceptance of nudity."

Still, we have but a partial understanding of why women are less likely to become naturists than men. It's a complex problem, and more input from women is needed to understand both their reluctance, and the best approach to empowering them to overcome their social conditioning. [Ed.]

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Membership Application Change of Address Form

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a couple, include names a together, make a copy of promote gender diversit	It is strictly confidential. If you are joining as for both people. If you are a couple not living f this form for the other individual. (NB: To y, a couple is defined as one male and one o assist with upkeep a minimum of 10 hours	Facts is is availa Release	included with membership included with members	One subscription to our newsletter Basership. A subscription only to Bare Fasew members will receive a Waiver appleted before membership is finalizate Associate Membership.	cts ind
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