# Bare Facts

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Box 1982; Topeka, KS 66601 ● e-mail: nude@lakeedun.com ● 785-409-0274 ● Website: www.lakeedun.com 38° 58' 7" North; 95° 47' 56" West

# **LEF Annual Meeting And Fall Party**

With so much beauty surrounding us, it is easy to forget the Lake Edun Foundation is a not-for-profit, educational foundation. As required by our by-laws, we hold an annual meeting every fall to review the past year's activities and look forward to the coming year. We also use this meeting to select members for our Board of Directors. It is an important (and fun) event open to all members.

This is a particularly important meeting since several board positions are open. We hope all Eduners will consider a position on our Board. You will find a description of Board Responsibilities on page 3 in this issue.

Our Annual Meeting will be held this year at Truck Henge. It will begin at 6:00, Saturday, November 1. Members will find directions enclosed. Non-members are welcome at the meeting but cannot vote. If you do not have directions, contact us by email or at our PO box.

After the meeting, it's Party Time! Bring something for a pot luck. If you play an instrument, be prepared to jam. Eduners do not, generally, support an all-work, no-play outlook.

#### Join The Bon Fire

With Fall firmly in the air, Eduners will gather Sunday evening, Oct. 12, at 5 to enjoy a good, old fashion bon fire. Chris will bring hot dogs and we'll have fixings for s'mores. We hope many supporters will be on hand to join the fun.

It will be an opportunity to see our special place wearing a different look. If you play an instrument, bring it along and we can sing along.

This is scheduled in conjunction with a sauna. That way, we can alternate between the bon fire and the sauna. Maybe, some brave souls will even venture into the lake.

If the response is good, we will schedule bon fires throughout the winter. It will be a way everyone can stay in touch and witness the beauty of the various seasons at Lake Edun.

Mark your calendar and plan to be on hand. In the event of rain, we will automatically reschedule for the following Saturday, Oct, 18.

# **Random Thoughts And Reflections**

Thanks to all who helped at our work days. We were lucky this year. Weather for all our work days was nearly ideal. As a result of the weather and volunteers, we accomplished nearly everything required to end the season. We hope many will consider signing up with the Winter Warriors. Find information on Winter Warriors on page 2.

If you've been saving your Aluminum, please remember to bring it to our special place soon. We will be making our annual trip to the recycler shortly. This is a small way we supplement our budget.

### The Buff Astronomer – October, 2014

Well, fall has come to the land of Oz. The weather is much cooler and a lot of nights full of clouds that block out the stars. We relish those nights with clear skies, even if it means temperatures are dropping because the feast of views is there for the taking if you are attentive.

As you may have noticed, Venus has hidden herself behind the sun and will pretty much stay there the whole month. Jupiter, on the other hand, rises high into the morning sky. He peeks out of the horizon about 3AM and drags four easily seen moons with him into the air. Mercury will go from visibility just at dusk to an early morning riser, just a few minutes before the sun. It can be seen with binoculars.

Saturn is moving westward with the constellation Libra and will be visible around an hour after sunset. Mars on the other hand is traveling eastward. He will be visible very near and just above the star Antares in Scorpio for much of the month. You will notice one blinking and one steady red light in that position. Mars is moving away from us and will appear a lot smaller than last month.

The big news: This month we enjoy two eclipses. A total lunar eclipse will present a pretty orange-red color the evening of October 8. You can watch it enter earth's shadow and leave it a few hours later. Then, when the moon is new, it will cover part of the sun on October 23. Greatest coverage will be in the far Northeast Canadian wilds. We should see about 30% covered if the clouds will cooperate.

The dust from Haley's comet will start to bring meteors from October 2, lasting until November 7. Peak time will be October 21 with the meteors appearing to come out of the constellation Orion. The moon on that day will be a waxing crescent and should allow about 25 meteors an hour to be visible. If you have a telescope, a small comet (Siding Spring) will pass very near the planet Mars on October 19. It will come an astonishing 81,000 miles from the angry red planet.

As you can see there is much to be enjoyed as you join the Buff Astronomer in looking towards the heavens in October.

#### DON'T FORGET

Oct 4; Sat; 8-10; Sauna

Oct 8; Wed; 5:25-6:24 am; Total lunar eclipse

Oct 12; Sun; 5-?; Bon Fire

Oct 12; Sun; 7-9; Sauna

Oct 18; Sat; 5-?; Bon Fire (rain date)

Oct 18; Sat; 8-10; Sauna

Oct 25; Sat; 5-7; Board of Directors

Oct 25; Sat; 8-10; Sauna

Nov 1; Sat; 5-?; Annual Meeting

Nov 2; Sun; 2-4; Board of Directors

Nov 2; Sun; 7-9; Sauna

Nov 14; Fri; 8-10; Sauna

# **Winter Warriors Begin To Organize**

With Winter approaching, we once again look forward to those tasks most easily accomplished when temperatures are cool; poison ivy is dormant, and ticks are scarce. A small but hardy band of Eduners we refer to as Winter Warriors accomplish much during the off-season.

This is a group that can assemble on relatively short notice for various projects. After the first freeze, if the weather guessers project a relatively warm day, we notify our team. Our objective is two-fold: to make meaningful contributions to our special place and have meaningful fun in the process.

Even if you have volunteered for this group in past years, you must notify us if you want to be included again this season. No special skill or tools are required. Only a desire to help us meet our two objectives. To join the Winter Warriors, just notify us. Email, phone, mail. All will work.

ad. This year, we will complete work clearing the dam, clear Cedar from the West side, and try to complete the first leg of the North Road. If you wish to join in the fun and work this group enjoys, send us an email.

# Whither Nudity?

I'm not believing it's the best of times for naturism, but then is it then the worst of times? I think the answer to that is "no". That being said, there are a number of glaring retreats for naturism in recent years that come to mind and a sense of increasing hostility toward nudity in society.

However, all is not bleak. In culture there are unpredictable eddies and swirls with surprising innovations bubbling up to the surface. The Nudist Idea, to use Cec Cinder's book title, has had amazing resilience over the last one hundred fifteen years. Naturism has adapted over time to various cultures and eras. There are signs this process is in full force today.

I observe that human nudity has always been represented around the world for the last +10,000 years. It has never been absent despite the thousands of years of clothing whether skins or textiles. Let's face it; clothing has been a tremendous benefit to human expansion and survival. All hail the appropriate use and function of clothing!

The quarrel naturists have with society is the uncalled for and irrational linkage of morality with wearing clothes. Upon reflection, this pernicious teaching is unworthy of any serious consideration. Unethical, immoral, or even barbaric behavior exists independent of clothing.

Such behavior originates in the mind and will of the perpetrator of uncivilized behavior. The recent beheadings are done by humans who only show their eyes and hands. How can anyone be foolish enough to believe clothing diminishes human weakness or evil in the least?

On the contrary, naturist philosophy and practice is highly moral. Women and men are engaged as subjects, not objects. Mutual respect and acceptance are the hallmarks of naturism. Naturism says there is a higher standard for human relationships than the model rigidly enforced by society that so readily lends itself to objectifying behaviors.

Naturists are people who respect themselves and others. They

know sexuality is a healthy part of life. But each person can exercise self regulation. They are fully aware both sexes can appreciate sexuality, but sex isn't the total meaning of the body and focus of life.

We further utterly reject the subsequent development of the belief that the naked human body is shameful, unworthy, and the root of sin. Because this superficial belief is widely held doesn't make it true. We can think of many examples of widely held beliefs throughout history that simply were wrong.

In the following summarized article the writer poses the question of whether nudity is still culturally offensive. The easy answer is yes, nudity is increasingly seen as offensive. Lots of news stories and nude beach closings support this. However, perhaps there is more to the story.

I believe it is a truism that we humans enjoy nudity and when it's most severely repressed, it still has a way of making itself known. The new prudishness itself is producing a backlash, forcing those who want nudity, to find new ways to satisfy their desire. It's sort of like squeezing on a balloon on one end and it expanding on the other. It just happens with a lot of kicking and screaming.

The evidence the author points to is the number of current nude reality shows, VH1's Dating Naked, Discovery Channel's Naked and Afraid, TLC's Buying Naked as evidence nudity isn't so culturally offensive and has returned from its post-taboo status.

Other evidence is the World Naked Bike Ride in a number of cities around the country and world. This event, the writer suggests, is a way of redefining the body as a tool regarding transportation. He says this coincides with those who have a great interest in the environmental movement. Still others are interested in liberating the human body from social and legal constraints opposing nudity, particularly in public spaces.

The author acknowledges nudity, by virtue of its absence in everyday culture, is still taboo in the sense that those who violate the norm are aware they are doing so. He goes on to make an interesting observation saying, "...as one's body is exposed, it grants other people the permission to expose themselves as well. This domino effect leads to a shift in society."

We hope this will be born out in practice. I'm not sure we have a lot of evidence this result is occurring. After all, top freedom is legal in New York City, but there is no great rush by women to embrace this right despite some highly publicized top free women demonstrating their freedom. Perhaps in time a cumulative effect will reach a critical mass allowing a more relaxed societal acceptance of non-sexual nudity.

Finally, he says it's clear there is a market for these naked events and T V programs. Nudity in society, or its absence, inspires the art world, and that in turn inspires society. Perhaps with some wistfulness, the author concludes by saying, "With time, perhaps, the nude human form will once again return to being an accepted form of dress." We can certainly agree with this hope. [Ed.]

Read it for yourself here.

# **Annual Meeting And Board of Directors Responsibilities**

2014-2015

Our Annual Meeting, as required by our By-Laws, is scheduled for November 1, 2014. This is when our Board of Directors reports on past progress and future plans to the membership; it is also an opportunity for members to bring suggestions and concerns to the Board. We hope all members of the Lake Edun Foundation plan to attend this important meeting.

We also hope all members will consider accepting a position on the Board. It is the Board that makes everything happen for the foundation. They make the plans and allocate our budget. Please don't wait to be asked. If you have an interest, review the responsibilities and take some time to give back to an organization that has given so much to all of us.

The Board sets policy and implements the program for the Foundation. Members meet monthly as a group. Each Board member chairs a committee with specific responsibilities and makes periodic contributions to *Bare Facts*.

#### **President:**

Preside at all meetings of the Board of Directors. Sit as an ex officio member of all committees.

#### **Recording Secretary:**

Keep minutes of all meetings of the Foundation. Maintain contact with all appropriate national organizations including TNS, NEC and NAC. Help to educate our membership on the function and importance of these organizations. Encourage support among our members for these groups.

#### **Secretary/Treasurer:**

Check our P.O. Box and reply to inquiries received by mail or email. Update our database so we have accurate mailing address, email address, and an accurate record of payments received. Make bank deposits and pay legitimate invoices. Prepare monthly financial statements. File our 990 taxes and annual form with the State of Kansas. Account for all property and money owned by the Foundation. Run labels for Bare Facts. Print out and mail member cards. Periodically print member lists for the board & caretaker.

#### Promotion/Publicity:

Send out our weekly emails [Currently done by Grace].

Suggest updates & changes for our web page to our Web master. Post updates on Facebook. We really need someone to do more with these. We should probably also do something with twitter, linkedin and other social networking sites.

The promotion and publicity committee should work in concert with the Education Committee to arrange for appropriate publicity of our foundation with the objective of improving the public perception of nude recreation in general and increasing membership in the Foundation. We want to present nude recreation as a healthy alternative to other forms of family entertainment. We should strive to be featured positively in news stories twice during the year.

#### **Facilities and Conservation:**

Supervise the Caretaker. Insure projects are undertaken in a priority consistent with the Board's directives. Keep a list of special projects we can work on. Be present for all work days. Handle personnel matters. Arrange for hosts for winter saunas and summer events. Make recommendations to the board regarding development and improvements.

Insure we meet our obligations for conservation, maintenance and improvement as required by the terms of our lease. Organize resources, including work days, toward achievement of these obligations. Coordinate with other committees to insure their requirements are met.

#### Education/Outreach:

Implement the educational mission of the Foundation to the public through seminars, press releases, articles, presentations, meetings, interviews, etc.

Education & Outreach committee is responsible for spreading the word on the beneficial impact naturism can have on the individual, the family, and our community.

Bare Facts Editor & Publisher serve on this committee. Our monthly newsletter is an important component of our educational mission. Edit, write articles for, produce, print and mail our monthly newsletter. We strive to make Bare Facts a respected source for information on body acceptance, the history of common nudity, and the impact living a clothing-free lifestyle can have on the family and our society.

The **Web Master** also serves on this committee. Maintain and enhance our presence on the Internet. Keep our web presence vital and relevant.

#### Social:

We realize not everyone will be comfortable with the Naturist lifestyle at first. The Social Committee must plan and coordinate special activities throughout the year that implement our educational objectives with our membership and permit members and guests to learn firsthand about the benefits of naturism. It should plan indoor events during winter months when use of our leased facility is not practical. It should make a special effort to conduct events that will attract women and families to the Foundation. Major summer activities should be limited to not more than one per month.

#### **Member Relations:**

The overall purpose of this committee is to improve membership retention. Screen new applicants. Make a recommendation to the Board concerning their suitability for membership. Maintain contact with members; determine problems or conflicts that may develop with their membership. Work with the Social Committee to develop meaningful activities for all members. Remind members we have not seen about upcoming activities. Keep all members active and interested in the Foundation.

# The Irony Of It All ...

It is ironic there is a growing interest in enhancing body image and well-being by getting naked. The latest fad it seems is shedding your clothes and embracing your true self.

The irony is we "Nudey's" have long extolled the virtues of getting naked as a healthy and invigorating thing to do. It goes a long way to improving your self-body image. However, when a man talks about the benefits of going nude and how it's so great, he gets laughed at or told he is a pervert.

The "Body Image Movement", started up by a woman from South Australia, has bravely made a stand against the media's false portrayal of the "perfect body". This and other brave examples make it appear society is starting to take notice of what Nudism advocates have been saying for years.

The Sydney Skinny is a charitable event to support park improvements around the harbor. The event, held in Sydney Harbor, was reported to have had over 700 participants, most of whom were having their first taste of public nude swimming. Organizers deliberately shied away from calling it a "Naturist or Nudist event" as this, in some people's minds, would stop them from attending. They hoped by integrating it into society as a fun thing to do, negative associations could be avoided. The author believes it is no coincidence that after last year's event internet traffic spiked to Nudist websites looking for more information about the nude lifestyle.

The explanation given for the Sidney Skinny is as follows:

The Sydney Skinny is an event guaranteeing for at least one day a year, everyone, (no matter their gender, size, religion, ethnicity, sexuality, financial status or physical ability) has the opportunity to drop all pretense and focus on the things that unite us and make life worth living: courage, acceptance, kindness, friendship, family, adventure, laughter, nature, shared effort, overcoming adversity, exercise, love, charity, community, diversity, helping others – and above all joy.

The author asks, "...is this the long awaited indicator that society is turning towards nude body acceptance?," but doesn't answer the question beyond hoping naturism will one day be treated like many other slightly unusual hobbies, a little out of the ordinary and not really for everyone, but definitely nothing to be ashamed of.

Hopefully this and other creative approaches such as The World Naked Bike Ride will succeed in demonstrating that simple nudity is not harmful, merely joyful.

Turning to the United States, a recent TV phenomenon is breaking new ground. By this I am referring to the number of successful nudity centered reality shows on TV that have tapped into a fascination toward the naked body in American society. This is evident notwithstanding the silliness of local governments we must endure.

Despite the nudity hook, these programs are not about sex or being sexy. Nudity may make people tune in, but pixilation gets old real quick, yet millions are staying tuned in.

The best of the lot is *Naked and Afraid*. The drama of the interpersonal relationship between the two participants is the key to the success of the program. Their struggle to secure food, water, and shelter is an essential part of the drama, but

it is the interplay of personalities showing courage, perseverance, and an ability to successfully pull together in the face of incredible hardship that keeps people watching the program.

Like participants in the Sidney Skinny, Naked and Afraid viewers are given the opportunity to see naked people in a context not driven by sexuality. This has to be eye opening in a manner the viewer could not have previously conceive as possible. This is truly educational without being a lecture.

Perhaps the words nudist or naturist are so loaded with baggage they no longer are useful when talking to the general public. This is implied when the Sidney Skinny never associates with these venerable names. None of the recent TV programs featuring nudity are making any attempt to recruit for naturism. They just allow the nudity to eloquently speak for itself as being non-threatening, a non event really, and even enjoyable.

Will these programs ever be able to drop the pixilation when shown on American TV? It's doubtful. That's annoying, but in a time when traditional naturism and the nude body are under such heavy assault, these programs are a welcome counter point. This demonstrates that a lot of people in this country and in Australia aren't as antagonistic toward the human body as some grandstanding politicians seem to believe. All is not yet lost. [Ed.]

It's good to follow such movements from around the world. More information is <u>here</u> and <u>here</u>.

# **Swiss Supreme Court Upholds Nudity Ban**

Be warned should you want to do some nude Swiss hiking. Not all parts of the country will appreciate your bare freedom. Oh? You weren't going there anyway? Never mind. [Ed.]

In a three to two decision the Swiss Supreme Court ruled that the decision by canton Appenzell-Ausserrhoden to ban naked hillwalking was not unconstitutional.

"It is not arbitrary [on the canton's behalf] to consider naked hiking in public a gross breach of decency and convention," the court said.

The case began when a woman reported to police seeing a naked man wandering near a picnic area where she and her family were seated in Appenzell-Ausserrhoden in October 2009. Local authorities fined him 100 francs (\$109), but the naturist refused to pay.

The judge acquitted him, but the prosecutor decided to take the case to the court of appeals, which disagreed with the acquittal, concluding it was the duty of the local authorities to uphold public morality and ordering the man to pay 200 francs (\$218) for "indecent behavior." It was this ruling that prompted the hiker to take the case to the Supreme Court.

Nudist hikers, mostly Germans have become much more common in Switzerland, often crossing the border for mountain walks.

Citizens grew tired of seeing people walking naked in their mountains and voted overwhelmingly to ban the practice on April 26th 2009. Nudist hiking is not outlawed in the rest of the country.

To learn more, click here.

# **Baring The Psyche In Social Nudity**

Once clothes come off, it is easier to be yourself with others.

There is a truth operating in our modern world: "clothes make the person." Clothing does create a version of who we are that we choose to fit various situations. That is a carefully controlled version. It hides more than it reveals about us.

As a therapist, I typically dress differently than I do when going out with neighbors for a relaxed community event, or to a more formal event. I have a different way of dressing that fits each situation. What do I want to reveal about myself? What do I want others to notice and focus upon? But more often than not, for most people, clothing allows them to hide from themselves. The last thing they want to do is to open up the Pandora's Box which hides the ghosts and shadows of one's past, or the dark shadows of instincts and impulses they sense may be lurking below the level of their awareness.

When we stand in front of a mirror, naked, typically we don't like what we see. We've spent so much of our lives, hiding out bodies from ourselves and others, that there is an uneasiness felt when faced with the truth of our bodies – the scars, the blemishes, and the missing or excessive flesh. It is hard to accept this body is authentic; we want to "fix" it somehow and the normal way to fix it is simply through hiding it. The thought that our students, our co-workers, our bosses, our children would be able to see us stripped down to nothing but our skin sends a ripple of fear coursing through our brains. After all, we have all worked so hard to build our identities which provide us with presence and authority in the community. How will others be able to continue respecting us if they see us naked? Imagine, a teacher being seen nude by a number of her students at a beach - surely those students would lose respect for the teacher and tell others and which would lead to being dismissed as a teacher.

Yet, when we do risk taking off our clothes in the company of others who do so as well, we share something that builds relationship and trust. For example, the teacher naked on the beach is seen by a few of her students – yes, the students are naked as well. Like the teacher, they have taken the risk of being nude in front of others, many of whom are strangers. The likelihood of them telling others is extremely low for they would in turn be exposing themselves to ridicule and peer-censoring. Rather than lose respect for their teacher, they would have an increased respect for the teacher.

I want to use a "counseling" example to show how this is in fact what we do when we risk being vulnerable. A person goes for counseling, usually to a trained professional. Bit by bit, the person discloses to the therapist and gets some relief. Typically the therapist keeps a professional distance as he or she listens and questions. When the counseling process gets stuck, it is usually because the person feels a growing disparity between him/herself and the counselor. At that point, a small disclosure on the counselor's part, an act of exposing and being vulnerable typically helps build a better sense of balance for the person who is being counseled. Trust is increased. Both counselor and client are more authentic to each other. With more trust, counseling continues.

The act of being nude with others is an act of trust. It reminds us that beneath our social roles and our disguises, we are basically all the same: humans sharing the same planet, the same air, the same goal to achieve a bit of happiness and contentment in the world.

(Reprinted with permission.)

This essay was responded to by a reader with a cautionary caveat saying, "I wish becoming "authentic" was as easy as stripping our clothes off, but it isn't. We do shed our clothescreated persona, but little more. Being in the company of other nudists doesn't automatically create a "safe zone" where we are free to be our deeper selves. Often we barely know those people from Adam. They may be acquaintances or familiar-strangers, but we aren't likely to know any more about each other than our respective names, that is, FIRST names. We may share where we call "home", but little more, because we don't know who we can trust. It is also highly-unlikely we will ever see those people outside the boundaries of that nudist venue.

I am far more "open" in some online groups than in person, because I know there is mutual love and respect in those online communities. Trust can only be built-up over time."

Good points are made in this <u>article</u> by both writers. Genuine relationships between humans take time, and continued opportunities to interact. Simply uncovering our bodies is a powerful act of courage. So seemingly simple, yet revolutionary. It overthrows our cultural conditioning and our personal insecurities about our body that have been so deeply ingrained in our consciousness. This is liberating This is health promoting.

Numerous individual and societal ills are, in fact, caused by a culture that devalues each of us by attacking our body as deficient and in need of being fixed. Amazingly, even the approved models of bodily perfection are themselves filled with insecurity and suffering for fear they will lose the "ideal body." From this anxiety, depression, anger, insecurity, and self hatred arise. This is a toxic recipe for all manner of mental and physical problems. Yet, this is the same society that madly seeks to suppress our freedom to escape their dysfunctional rules.

The experience of social nudity enables us to concretely "know" the taboo we once so fiercely clung to had no substance. What we once thought were facts about human behavior and morality, were revealed as insubstantial and largely imaginary. Nudity doesn't reduce us to lewdness. Just the opposite. Indeed respect for self and others, regardless of gender or physical appearance is enhanced. This is the healing quality of social nudity, and it is no small blessing.

It is true that social nudity does reveal things about us by simple body exposure. Removing our clothing does involve being able to trust others and in full frankness mutually accept the gaze of the other. What we discover is not the disapproving gaze critiquing our body by superficial standards of society, but rather the gaze of reassurance and acceptance by other human beings well aware of their own humanity and mutual need for acceptance. We are all linked with a shared understanding of the worth of the body which is central to naturist philosophy. This is a natural point of contact between people which prepares us to be more open. Going beyond that is, of course, more involved.

The word <u>social</u> is crucial. Striking a balance between individual privacy and relaxation needs, and developing camaraderie with others is the path to be negotiated. Essentially, as the author noted, being yourself with others is key.

Just as removing your clothing is a departure from the norms of the outside world, this act at the same time sets the tone for allowing ourselves to reach out with an offer of friendship. Greet and meet, it sounds so simple. After all, once the risk of taking off your clothes is made, how hard is it to then introduce yourself and open a dialogue, even if briefly, with those you meet?

Of course it's memorable to be nude in nature, but even more so is discovering a kindred spirit to share the day with. What I'm saying is we have to consciously embrace the opportunity to become involved with others.

Each of us has a life story worth knowing. For some, an extraordinary part of this story is written on their body. We honor the courage shown and we reciprocate with welcoming

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Note: There is a \$30 charge for any checks returned unpaid for any reason.

acceptance. This is a remarkable transaction enjoyed by naturists. It makes our encounters special and, in some cases, particularly healing.

As the person responding said: it's not automatic that social nudity will ensure being authentic or involved with anyone. However, the grounds of Lake Edun do make it possible to be that and more when we pursue making relationships and get beyond first names. It is this spirit that keeps people coming back year after year. [Ed.]

### Let's Go Naked - BBC Documentary

Made by the BBC in 1979, this <u>documentary</u> is very positive in tone. It also is very optimistic about the future of naturism. Naturism is described as having emerged from being merely eccentric, to being "fashionable." The economic growth of the nudist tourism industry is cited as another indicator of growing popularity and acceptance.

A number of individuals and couples are interviewed about their introduction to nudism and their comfort with social nudity. The location the British tourists are interviewed is at French resorts such as Cap d'Agde. The issues discussed in 1979 are much the same as are of concern today. How little things have changed.

This is a high quality production that presents naturism in a positive light. [Ed.]

Security code

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All information provided is strictly confidential. If you are joining as a couple, include names for both people. If you are a couple not living together, make a copy of this form for the other individual. (NB: To promote gender diversity, a couple is defined as one male and one female.) Those willing to assist with upkeep a minimum of 10 hours <b>Membership Fees:</b>			per year may deduct \$50. One subscription to our newsletter <i>Bare Facts</i> is included with membership. A subscription only to <i>Bare Facts</i> is available for \$20.00. New members will receive a Waiver and Release which must be completed before membership is finalized. Visitation restrictions apply to Associate Membership.  Single Couple		
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